

Compliment Chain

GRATITUDE

To help students experience the joy of giving and receiving kind words. In this heart-warming activity, students will create a "Compliment Chain," passing positive words around the group to show gratitude and kindness just like the Playful Astronauts learn on Earth: when we care for one another, we help the world grow kinder and stronger.

Learning Intentions

I can give a kind compliment to someone in my class:

This helps students practice gratitude and learn to express appreciation for others.

I can listen carefully and feel happy when someone says something kind to me:

This encourages students to receive kindness with gratitude and build confidence.

I can help create a chain of kindness by being generous with my words:

This supports the idea that small, thoughtful actions can create a big positive impact just like taking care of our Earth.



Success Criteria

I can think of a kind compliment and share it with another student:

This ensures students reflect on positive traits in others and practise expressing them out loud.

I can listen to compliments and respond with a smile or a thank you:

This supports emotional connection and social skills.

I can help continue the chain by passing on kindness to the next person:

This promotes generosity and the joy of giving without needing anything in return.



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Objective:

To help students experience the joy of giving and receiving kind words. In this heart-warming activity, students will create a “Compliment Chain,” passing positive words around the group to show gratitude and kindness just like the Playful Astronauts learn on Earth: when we care for one another, we help the world grow kinder and stronger.

Players:

Ideal for groups of 4–26 students seated or standing in a circle.

Materials:

None required, but optional:

- A “Kindness Chain” paper display for compliments to be written or drawn later.

Time Required:

10–15 minutes

Setup:

Gather students in a circle and remind them that Earth is the first stop in the Playful Astronauts journey. It is a place full of life, love, and kindness. Today, they'll practise giving a gift that doesn't cost anything but they mean a lot! Compliments are free, let's share them more often!

Explain that a compliment is something kind you say about someone else, like:

- “You're a great friend.”
- “I like how you help others.”
- “You have a lovely smile.”

Gameplay:

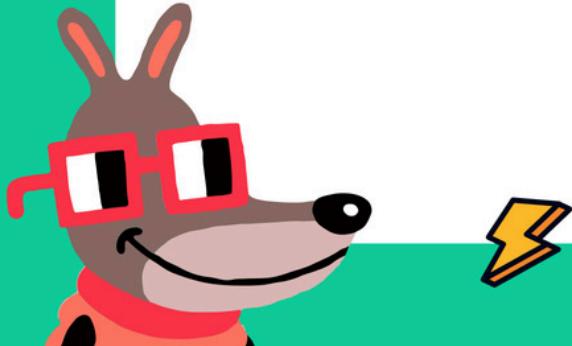
Explain the Activity:

Start the chain yourself by giving a compliment to a student sitting next to you. That student then turns and gives a compliment to the next person, and so on, until the compliment has travelled all the way around the circle.

Encourage students to use their own words and keep it simple and heartfelt.

If a student is unsure, you can gently guide them with prompts like:

- “What do you like about your friend?”
- “Has someone helped you today?”



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Extend the Experience (Optional):

After the verbal chain is complete, you may invite students to draw or write one of the compliments on a coloured paper strip and create a visual "Kindness Chain" to display in the classroom.

Encourage Reflection:

Once the chain is complete, bring the group together and ask:

- "How did it feel to give a compliment?"
- "What was something kind you heard from a classmate?"

This reinforces the power of kind words and helps students reflect on gratitude.

Winning the Game:

There is no winner in this activity. The reward is the warm feeling of sharing and receiving kindness just like how Earth blossoms when people take care of one another.

Classroom Variation:

In the classroom, you can create a "Compliment Jar," where students drop kind notes for their peers to read during the week.

Additional Notes:

"Compliment Chain" is a gentle, confidence-building activity that helps students practise gratitude and kindness in a tangible way. It aligns perfectly with the theme of Earth, our home planet, where kindness, sharing, and appreciation make the world a better place. This is a wonderful way to close the first week of *The Playful Astronauts* curriculum with warmth, connection, and smiles.

