

# Roll & Respond: Friendship Fixers

Respectful  
Relationships

To help students practise managing friendship dilemmas using respectful strategies, creative thinking, and peer support.



## Learning Intentions

**Students learn to identify problems that happen within friendship circles.**



This builds students' awareness of common social challenges and helps them label emotions and dilemmas.

**Students aim to choose respectful ways to solve issues that arise in friendships.**

This teaches students to respond thoughtfully using kindness, fairness, and empathy in friendships.

**Students learn to talk and listen to each other to make things better.**

This supports development of communication skills and encourages positive conflict resolution.



## Success Criteria

### Awareness of Friendship Challenges:

Students can recognise situations that may lead to conflict or hurt feelings in friendships.



### Problem-Solving and Kindness:

Students can think through respectful and calm ways to resolve the problem using their values and social skills.

### Help-Seeking and Expression:

Students can explain how they would seek support and show understanding of others' feelings through respectful actions.



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## **Objective:**

To help students practise managing friendship dilemmas using respectful strategies, creative thinking, and peer support.

## **Players:**

Pairs or small groups. Can also be used in a class-wide circle or rotation activity.

## **Materials:**

One six-sided dice per group

Scenario reference sheet or visual displayed (found in PDF resource tab).

Paper and pencils for drawing comic strips

## **Setup:**

Assign each dice number a friendship dilemma:

- A friend won't let you join their game
- You and your friend want different things
- Someone says something that hurts your feelings
- A friend accidentally breaks your stuff
- You say something unkind without meaning to
- You feel left out at lunch

## **Activity:**

### **Roll the Dice:**

Students take turns rolling the dice to reveal their friendship scenario.

### **Respond Creatively:**

In pairs, students work together to create a comic strip showing how they could:

- Stay calm
- Use kindness and words to solve the dilemma
- Identify someone they could talk to for help if needed

### **Extension:**

In pairs, students act out their chosen scenario and role-play a respectful solution to demonstrate listening, compromise, and empathy.



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## Reflection Prompt:

- What helped you come up with a kind solution?
- How can talking and listening make a big difference in friendships?
- When is it okay to ask for help with a problem?

## Winning the Game:

There are no winners or points. The focus is on learning how to solve problems kindly and respectfully with friends.

## Additional Notes:

This game uses everyday dilemmas to help students practise respectful responses in social situations. It encourages empathy, communication, and creativity through drawing and acting, while reinforcing the importance of emotional regulation and friendship care.



# DICE SCENARIOS SHEET

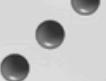
PRINT AND DISPLAY THE DICE SCENARIOS SHEET. STUDENTS TAKE TURNS ROLLING A SIX-SIDED DICE TO REVEAL THEIR FRIENDSHIP DILEMMA. THEY WORK TOGETHER TO SHOW HOW THEY COULD RESPOND RESPECTFULLY THROUGH A COMIC STRIP OR ROLE-PLAY.



A FRIEND WON'T LET YOU JOIN THEIR GAME



YOU AND YOUR FRIEND WANT DIFFERENT THINGS



SOMEONE SAYS SOMETHING THAT HURTS YOUR FEELINGS



A FRIEND ACCIDENTALLY BREAKS YOUR STUFF



YOU SAY SOMETHING UNKIND WITHOUT MEANING TO



YOU FEEL LEFT OUT AT LUNCH

