

# Culture Quest

Respectful Relationships

To help students celebrate both their own identity and the diversity of their classmates through fun, respectful sharing and active listening, strengthening inclusion and understanding in the classroom.



## Learning Intentions

**Students learn to talk about the special traditions, values, and interests within their families.**

This helps students develop pride in their identity and appreciate their uniqueness.

**Students explore the ability to listen to and learn from others who have different backgrounds to themselves.**

This encourages empathy, inclusion, and respectful curiosity about diversity.

**Students learn to explain why it's important to include and celebrate everyone, even when there are differences.**

This supports belonging and promotes a safe, welcoming class environment.



## Success Criteria

### Self-Awareness:

Students can confidently share something special about their culture, family, or values.

### Active Listening:

Students can recall and respectfully retell something interesting about someone else's background.

### Inclusive Thinking:

Students can describe why including people with different experiences and traditions makes a group stronger and kinder.



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### Objective:

To help students celebrate both their own identity and the diversity of their classmates through fun, respectful sharing and active listening, strengthening inclusion and understanding in the classroom.

### Players:

Whole class activity (moving and mingling)

### Materials:

- "Culture Quest Cards" (printed templates or blank cards) with 3 prompts: (found in PDF resource tab)
  - a. A special tradition or celebration in my family
  - b. My favourite food or activity
  - c. A value that is important in my home (e.g. kindness, honesty, hard work)
- Timer or music (to manage timing of swaps)

### Setup:

Each student completes a *Culture Quest Card*, writing or drawing their answers. Ensure a calm and open discussion environment is established, with respectful sharing expectations set.

### Activity:

#### 1. Create Your Culture Quest Card:

Students fill in their card with three personal or family-related responses. Younger students can draw or get help writing. Please ensure the students names are on each card.

#### 2. Pair and Share:

Have the students walk around the room at random for 20 seconds, mingling as they walk. After the allotted time, say "freeze!", ask students to pair up with the person closest to them. They take turns sharing their responses on their card.

#### 3. Pass It On:

Once both students have shared, they swap cards. Now, ask the students to find a new partner, but this time, they share what they learned by reading the responses from their first partner's card they just inherited, encourage students to share whose card and responses they are now discussing.

Repeat for a set time (e.g. 5 minutes or 4 rounds of swapping). This creates a chain of learning and sharing that helps students understand the personalities and family traditions/cultures within their class more deeply.

#### 4. Whole Class Reflection:

Sit in a circle or as a group and ask:

- "What did you learn about someone that surprised or impressed you?"
- "Did anyone have a tradition or food similar to yours?"
- "Why is it good to have different stories and experiences in one class?"
- Is there a family tradition or culture you would like to learn more about?



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## Reflection Prompts:

- What's something you're proud of in your culture or family?
- How did it feel to share your story?
- Why do differences make our class stronger?

## Winning the Game:

Everyone wins by learning more about each other, finding unexpected connections, and practising respect. Celebrate by creating a classroom mural, quilt, or "We Are One" wall with contributions from each student's Culture Quest Card.

## Additional Notes:

*Culture Quest* is more than a sharing game; it's a movement activity that builds bridges between students. It encourages openness, empathy, and joyful curiosity. Most importantly, it shows every child that their story matters and helps cultivate a classroom where diversity is celebrated every day.



# CULTURE QUEST CARDS

PRINT THIS PAGE AS NEEDED AND CUT OUT THE CARDS. GIVE ONE TO EACH STUDENT TO FILL IN WITH DRAWINGS OR WRITING. ONCE COMPLETE, HAVE STUDENTS WALK AROUND AND SWAP CARDS TO LEARN ABOUT EACH OTHER'S TRADITIONS, FOODS, AND VALUES.

1. A SPECIAL TRADITION OR CELEBRATION IN MY FAMILY:

2. MY FAVOURITE FOOD OR ACTIVITY:

3. A VALUE THAT IS IMPORTANT IN MY HOME (E.G. KINDNESS, HONESTY, HARD WORK):



1. A SPECIAL TRADITION OR CELEBRATION IN MY FAMILY:

2. MY FAVOURITE FOOD OR ACTIVITY:

3. A VALUE THAT IS IMPORTANT IN MY HOME (E.G. KINDNESS, HONESTY, HARD WORK):



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