

# Lead with Respect

## Respectful Relationships

To develop respectful leadership skills through active play, helping students understand how their words, actions, and decisions can influence others in positive ways.



### Learning Intentions

**Students practice demonstrating leadership through listening and fairness.**

This helps students practise inclusive leadership that makes others feel seen, heard, and supported.

**Students aim to recognise the traits of respectful leaders.**

This builds awareness of empathy, communication, and calm decision-making in peer relationships.

**Students learn to reflect on how leadership can influence others in a positive way.**

This encourages students to lead with kindness, confidence, and integrity.



### Success Criteria

**Inclusive Leadership:**

Students can lead activities by encouraging participation, listening to ideas, and valuing everyone's contribution.

**Reflection & Awareness:**

Students can describe what respectful leadership looks and feels like.

**Positive Influence:**

Students can support their peers to succeed by building trust and solving problems calmly.



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### Objective:

To develop respectful leadership skills through active play, helping students understand how their words, actions, and decisions can influence others in positive ways.

### Players:

Small groups of 4–6 students

### Materials:

- Blindfolds
- Open space or classroom area
- Challenge resources - Playing cards/jenga blocks/recycled building materials for creating a tower (shoe boxes, books, tubs etc).
- Poster paper and coloured pencils for the final reflection activity

### Setup:

Divide students into small teams. Each group selects a new leader for each challenge round. The leader takes responsibility for guiding the team through the task.

Set up a blindfold maze in a designated area, keep it simple, use chairs, tables, books, pencil cases, school bags etc. Create the *Tower Building* area with required materials. Clear a space for the *Silent Shape* challenge.

### Activity:

#### 1. Challenge Rounds (3–4 rounds):

Teams rotate through a series of fun, interactive leadership tasks such as:

- **Blindfold Maze:** The leader must guide a blindfolded teammate safely through an obstacle course using only their voice.
- **Silent Shape Challenge:** Teams must form a specific shape (e.g. square, star, letter) without speaking. The leader organises the group through gestures only.
- **Tower Building:** Teams work together to build the tallest tower using playing cards or the recycled materials (or both!), with the leader assigning roles, taking charge and offering support.
- **Follow the Flow:** The leader invents a pattern of simple movements (e.g. clap-spin-jump-wink-click) or must teach their group a dance routine and then guide the group to follow in sync.

#### 2. Reflect After Each Task:

Team members answer:

- “Did our leader listen to everyone?”
- “Did everyone feel included?”
- “How did our leader support the group or solve problems?”
- “How did the group respond to the leader’s style?”

#### 3. Create a Class Display – *Respectful Leader Posters*:

Each group makes a mini-poster titled “What Makes a Respectful Leader” using words, drawings, or symbols based on their experience. Display them around the classroom to create a visual reminder of kind leadership.



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### Reflection Prompts:

- What made a leader stand out in your group?
- How did it feel to be included or left out?
- How can you show leadership in everyday situations, even without a title?

### Winning the Game:

There's no scorecard, students "win" by leading with empathy, reflecting with honesty, and supporting their team. Highlight acts of kindness, inclusion, and calm problem-solving with "Respectful Leader" awards or stickers.

### Additional Notes:

**Lead with Respect** turns leadership into action, helping students *feel* the impact of different leadership styles. It builds trust, boosts group communication, and gives every student the chance to practise leading and following in safe, supportive ways.

