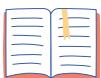


# Values Showdown

# Respectful Relationships

To help students identify their personal values and practise using them to guide respectful, thoughtful responses to social situations and relationship dilemmas.



## Learning Intentions

**Students explore which values are most important to them.**

This helps students explore their beliefs and recognise how values shape their actions and choices in relationships.

**Students learn to use their values to guide how they respond to social situations.**

This supports students in making thoughtful, respectful decisions when faced with challenging or emotional peer interactions.

**Students learn to explain their own decisions and listen respectfully to others' points of view.**

This builds communication skills and empathy, promoting healthy discussion and deeper understanding of diverse values.



## Success Criteria

**Personal reflection and values awareness:**

Students can name values that are important to them and explain why they matter.

**Respectful debate and listening:**

Students can share opinions respectfully and listen openly to views that are different from their own.

**Decision-making and integrity:**

Students can show how their values guide their actions in peer relationships and social challenges.



# Values Showdown

# Respectful Relationships

## Objective:

To help students identify their personal values and practise using them to guide respectful, thoughtful responses to social situations and relationship dilemmas.

## Players:

Designed for whole-class participation, but can also be adapted for small groups of 6 - 10 students.

## Materials:

- Printed value signs (found in PDF resource tab)
- Printed or downloaded list of Social Dilemma's (found in PDF resource tab)
- Open space in the classroom or hall for movement

## Setup:

Place signs for 6 - 8 values in different corners or spots around the room. You can tape them to the walls or place them on chairs or cones. If you wish you can complete this part as a class brainstorm to create a list of common values the students hold, simply write them individually on a blank piece of paper to stick up around the room.  
Print or download the Social Dilemma's.

## Activity:

### 1. Introduce the value zones:

Briefly discuss what each value means and give examples of how it can show up in everyday life.

### 2. Read out social dilemmas:

Read statements aloud one at a time (e.g. "Your friend flirts with someone you like," "Your partner checks your phone without asking," "A peer asks to copy your homework").

### 3. Choose and move:

Students silently reflect, then move to the value they believe should guide their response to the dilemma.

### 4. Explain reasoning:

Invite volunteers from each zone to share why they chose that value and how it could help in that situation.

### 5. Debrief:

Highlight how everyone's values might differ, and how understanding these differences helps us communicate, compromise, and act respectfully in relationships.



# Values Showdown

# Respectful Relationships

## Reflection prompt:

- What values do you rely on most in your friendships and relationships?
- How do your values help you decide what's respectful or disrespectful?
- What did you learn from hearing other people's reasons today?

## Winning the game:

There is no "winner." The focus is on honest self-reflection, thoughtful discussion, and learning how to act in line with your values.

## Additional notes:

This activity encourages students to think critically about the role of values in respectful relationships. It also supports empathy and inclusion by helping students recognise and understand the diverse beliefs that shape their peers' actions and boundaries.



# VALUES SHEETS

## HONESTY

PLAY

PLAY

PLAY

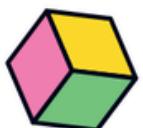
# VALUES SHEETS

## LOYALTY

PLAY



PLAY



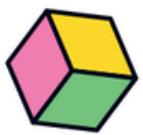
# VALUES SHEETS

## FAIRNESS

PLAY

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PLAY



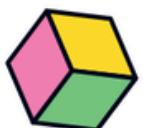
# VALUES SHEETS

## KINDNESS

PLAY

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PLAY



# VALUES SHEETS

## INDEPENDENCE

PLAY



PLAY



# VALUES SHEETS

## RESPECT

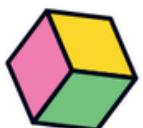
PLAY

PLAY

PLAY



# VALUES SHEETS



# VALUES SHEETS

## TRUSTWORTHINESS

PLAY



PLAY



# SOCIAL DILEMMA CARDS

YOUR FRIEND FLIRTS  
WITH SOMEONE YOU  
LIKE.



YOUR PARTNER CHECKS  
YOUR PHONE WITHOUT  
ASKING.



A PEER ASKS TO COPY  
YOUR HOMEWORK.



YOU SEE A CLASSMATE POST  
SOMETHING EMBARRASSING  
ABOUT ANOTHER STUDENT  
ONLINE.



# SOCIAL DILEMMA CARDS

YOUR FRIENDS MAKE FUN OF SOMEONE WHO ISN'T THERE TO DEFEND THEMSELVES.



YOU'RE INVITED TO A PARTY THAT ONE OF YOUR CLOSE FRIENDS WASN'T.



YOU OVERHEAR A TEACHER BEING UNFAIRLY TALKED ABOUT BY CLASSMATES.



A FRIEND SPREADS A RUMOUR ABOUT YOU BUT LATER DENIES IT.

