



Joyful Connections with Andy Milne

COURSE



Bring joy, connection, and community back into the classroom with simple, research-informed activities that create meaningful relationships and energised learning.



About This Course

Connection and joy are at the heart of every thriving classroom. In this uplifting and practical session, Andy Milne, award-winning educator and international presenter, shares ready-to-use activities and initiatives that help teachers create engaging, emotionally rich, and positive learning environments.

Drawing from over 25 years of teaching experience across four continents, Andy demonstrates how small, intentional actions can make a big difference in student engagement, classroom culture, and teacher well-being. Participants will leave with a toolkit of ideas they can immediately implement to make learning more connected, inclusive, and fun.



Learning Objectives

By the end of this course, educators will be able to:

Spread Joy in the Classroom:

Use playful, purposeful strategies to cultivate a positive and supportive atmosphere.

Enhance Student-Teacher Connections:

Build authentic relationships that promote trust, empathy, and belonging.

Strengthen Classroom Community:

Implement routines and rituals that encourage collaboration and shared success.

Reignite Teaching Passion:

Rediscover the joy and purpose of education through meaningful connection and play.





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Why This Matters for Educators

When classrooms are filled with joy, connection, and laughter, learning flourishes. This course empowers educators to:

- **Boost Student Engagement** – Use connection-based strategies to motivate and inspire learners.
- **Support Well-being** – Reduce stress and increase happiness for both students and teachers.
- **Create Inclusive Classrooms** – Build spaces where every student feels valued and seen.
- **Model Joyful Learning** – Lead with positivity and presence, setting the tone for school-wide culture.

About the Presenter

Andy Milne is a globally respected educator with over 26 years of experience teaching and coaching across four continents. Originally from England, he taught Physical Education in London for 12 years before moving to the United States in 2008, where he now teaches Kinetic Wellness and Health at New Trier High School.

In 2017, Andy was named SHAPE America's National Health Education Teacher of the Year. He is also the creator of slowchathealth.com, a blog and online community that connects health and physical educators worldwide. Andy is passionate about helping teachers foster connection, empathy, and joy, both in their classrooms and across their school communities.

Perfect For

Educators, well-being leaders, and school teams who want to:

- Build strong, connected classroom communities.
- Foster joy and belonging through play and positive relationships.
- Reignite motivation and engagement in teaching and learning.

