

Improve Your Memory 200% with Tansel Ali

COURSE

Supercharge your brain, learn faster, and remember more, with proven techniques from Australia's four-time Memory Champion.



About This Course

In an age of information overload, the ability to remember and learn effectively is one of the most powerful skills you can possess. In this engaging and practical session, Tansel Ali, four-time Australian Memory Champion, reveals the secrets behind his extraordinary memory and how anyone, regardless of age or background, can dramatically improve their recall, focus, and learning speed.

Drawing on real-world examples and his own transformation from having a "crap memory" to mastering the art of memorisation, Tansel guides participants through proven tools and exercises to unlock their full cognitive potential.



Learning Objectives

By the end of this course, educators will be able to:

Master Memory Techniques:

Learn simple yet powerful strategies to remember lists, facts, and names with ease.

Understand the Science of Recall:

Discover how memory works, and how to strengthen it through practice and association.

Accelerate Learning:

Apply principles of *speed reading*, *mind mapping*, and *visualisation* to retain more in less time.

Enhance Focus and Productivity:

Develop mental habits that reduce distractions and optimise study or work sessions.

Apply Memory to Life:

Use advanced memory tools to improve academic performance, professional success, and personal growth.

This course blends science, storytelling, and practical application, proving that memory isn't about talent, it's about technique.



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Why This Matters for Educators and Families

Strong memory skills are not just academic tools, they're life skills that foster confidence, discipline, and curiosity. Educators and families will benefit from:

- **Enhanced Academic Outcomes:** Equip students with strategies to study smarter, not harder.
- **Improved Professional Efficiency:** Help working adults manage information, recall details, and communicate effectively.
- **Lifelong Cognitive Fitness:** Encourage seniors and adults to maintain sharp minds and mental agility.
- **Shared Learning Culture:** Turn memory improvement into a family challenge that promotes teamwork and mutual growth.

By integrating these tools into daily life, families and educators can create an environment where learning is faster, easier, and more enjoyable.

About the Presenter

Tansel Ali is one of the world's leading memory experts, best known for memorising two entire Yellow Pages phone books in just 24 days. A four-time Australian Memory Champion, author of *The Yellow Elephant* and *How to Learn Almost Anything in 48 Hours*, and a regular guest on *Redesign My Brain* with Todd Sampson, *Sunrise*, and *The Project*, Tansel has inspired millions to tap into their brain's full potential.

He has represented Australia at the World Memory Championships and holds multiple national records. Beyond his competitive achievements, Tansel serves as a Celebrity Ambassador for Crohn's and Colitis Australia and an AFL Multicultural Community Ambassador for the Richmond Football Club. With Master's degrees in both IT and Business, he brings a unique mix of science, strategy, and storytelling to his teaching.

Perfect For

- Students seeking to improve study habits and exam performance.
- Educators and trainers wanting to teach smarter learning strategies.
- Professionals aiming to enhance productivity and focus.
- Families interested in boosting collective learning, creativity, and cognitive health.

