

TOULOUS

WRAPS

All dishes below come with salad & crisps

Vegetarian 	13.25
Selection of roasted vegetables, feta & salad	
Tricolore 	13.25
Mozzarella, cherry tomatoes, cos lettuce, avocado & pesto	
Falafel 	13.75
Homemade falafel, hummus & Israeli salad	
Fish Finger	13.95
Breaded cod, cos lettuce, tartar sauce	
Chicken Schnitzel	13.75
Chicken schnitzel, hummus & Israeli salad	
Chicken & Pesto	13.75
Grilled chicken, olives, pesto, parmesan & salad	
Aromatic Duck	13.75
Aromatic pulled duck, cos lettuce, cucumber, spring onions & hoisin sauce	
Chicken Caesar	13.75
Grilled chicken, cos lettuce, avocado, parmesan & caesar dressing	
Salmon Caesar	14.95
Grilled salmon, cos lettuce, avocado, parmesan & caesar dressing	
BAGELS	
Smoked Salmon & Cream Cheese	13.25
On an open toasted bagel	
Aubergine, Egg & Hummus 	12.75
Aubergine, sun-blush tomatoes, hard boiled egg & hummus on an open toasted bagel	
SANDWICHES	
Chicken Club	15.75
Grilled chicken, mayo, avocado, crispy bacon & cos lettuce	
Smoked Salmon Club	15.75
Smoked salmon, mayo, avocado, sliced egg & cos lettuce	
Salt Beef	13.95
With mustard mayo on rye bread with pickled cucumber & coleslaw	
Hot Dog	12.75
7" frankfurter in brioche bun with fried onions	
MELTS	
Tuna mayo & cheese	11.95
Cheese, fresh & sunblush tomatos	11.95
Cheese & smoked crispy bacon	11.95
Cheese & caramelised onion	11.95
Cheese & mushroom	11.95
Fully Loaded	12.95
Cheese, mushroom, smoked crispy bacon & caramelised onion	
On toasted white or brown sourdough	

SALADS

House	16.95
Grilled chicken, smoked crispy bacon, avocado, hard boiled egg, cherry tomatoes, cucumber, roasted red onion & parmesan with house dressing	
Tricolore 	15.95
Soft mozzarella, avocado, sun-blush & cherry tomatoes & pesto with balsamic glaze	
Bosco 	15.95
Warm mushrooms, soft mozzarella, roasted vegetables, sun-blush tomatoes & avocado with balsamic glaze	
Roots 	15.95
Butternut squash, sweet potato, roasted vegetables, halloumi, quinoa & toasted pumpkin seeds with house dressing	
Superfood 	15.95
Feta, avocado, broccoli, cucumber, French beans, edamame & quinoa with house dressing	
Add chicken	3.95
Roasted Cauliflower 	15.95
Baked cauliflower in a tahini dressing with avocado, cucumber, chilli, crispy onions, seeds & pomegranate with balsamic glaze	
Asian	17.95
Teriyaki grilled salmon, cos lettuce, avocado, cucumber, edamame, broccoli & sesame seeds with teriyaki dressing	
Aromatic Duck	16.95
Aromatic pulled duck, cos lettuce, spring onion, avocado, edamame, cucumber & pomegranate with hoisin dressing	
Nicoise	14.95
Tuna, olives, hard boiled egg, French beans, cucumber, cherry tomatoes & new potatoes with olive oil & balsamic vinegar	
Chicken Caesar	15.95
Grilled chicken, cos lettuce, parmesan, hard boiled egg & roasted croutons with caesar dressing	
Salmon Caesar	16.95
Grilled salmon, cos lettuce, parmesan, hard boiled egg & roasted croutons with caesar dressing	
PLATES	
Schnitzel	16.95
Chicken schnitzel, avocado, hummus, tahini, olives, pickled cucumber, Israeli salad & pita	
New York	19.95
Salt beef, homemade rosti, sauerkraut, pickled cucumber, coleslaw, salad & rye bread	
Israeli	15.95
Smoked salmon, halloumi, avocado, hummus, olives, Israeli salad & pita	
Vegetarian 	14.95
Homemade falafel, halloumi, avocado, hummus, olives, Israeli salad & pita	

MAINS

Salmon Teriyaki	17.95
Teriyaki grilled salmon, pad broccoli & jasmine rice	
PASTA	
Penne Napoli 	11.95
Rich tomato sauce & fresh basil	
Spaghetti Carbonara	13.95
Cream, egg, parmesan & pancetta	
Spaghetti Bolognese	13.95
Italian meat sauce & parmesan	
Spaghetti Funghi 	13.95
Mushrooms, spinach & cream	
Penne Chicken & Pesto	15.95
Chicken, olives, pesto, cream & basil	

BURGERS

Full Stack	16.95
8oz Beef on a toasted brioche bun, smoked crispy bacon, cheese, caramelised onion, cos lettuce, tomato, relish & mayo with coleslaw & salad	
Classic	14.95
8oz Beef on a toasted brioche bun, tomato, cos lettuce, relish & mayo with coleslaw & salad	
Chicken Fillet	14.95
Grilled chicken on a toasted brioche bun, cos lettuce, tomato, sweetcorn relish & mayo with coleslaw & salad	
Fish Finger	15.95
Breaded cod on toasted brioche bun, tartar sauce, cos lettuce & gherkins with coleslaw & salad	
Halloumi & Mushroom 	14.95
Grilled halloumi & mushroom on toasted brioche bun, cos lettuce, tomato, mayo with coleslaw & salad	

JACKETS

Cheese	11.95
Beans	11.95
Tuna mayo	13.95
Cheese & beans	13.95
Crispy bacon & cheese	13.95
With salad	

SIDES

Skinny fries	5.50
Sweet potato fries	5.50
Coleslaw	4.50
Mixed salad	6.50
Marinated olives	4.50

KIDS

With kids apple & pear juice & a scoop of ice cream (vanilla, strawberry or chocolate)

Fish goujons, fries & cucumber	9.95
Chicken goujons, fries & cucumber	9.95
Vienna's, fries & cucumber	9.95
Penne with napoli sauce & cheese	9.95
Penne bolognese	9.95

TOULOUS

COFFEE

Americano	3.95
Espresso	3.85
Cappuccino	4.25
Latte	4.25
Flat White	4.25
Cortado	4.25
Mocha	4.25
Hot Chocolate	4.25
Chai Latte	4.25
Dirty Chai Latte	4.95
Matcha Latte	4.25

Alternative Milk	0.50
Oat, almond, soya	
Syrup	0.50
Vanilla, hazelnut, caramel	

TEA

All loose leaf with free refills

English Breakfast	3.95
Fresh Mint	3.95
Lemon Tea	3.95
Green	3.95
Camomile	3.95
Earl Grey	3.95
Rooibos	3.95

SOFT DRINKS

Fentimens Lemonade	3.95
Fentimens Pink Lemonade	3.95
Fentimens Elderflower	3.95
Coca Cola	3.95
Coca Cola Zero	3.95
Diet Coke	3.95
Fanta Orange	3.95
Still Water	2.95
Sparkling Water	2.95
Kids Apple & Pear Juice	2.25

FRESH JUICE

Orange	4.45
Carrot	4.45
Apple	4.45
Two mixed	5.25
All three	5.75

MILKSHAKES

Chocolate	5.50
Strawberry	5.50
Banana	5.50
Vanilla	5.50
Oreo	6.45
Aero Mint	6.45
Malteser	6.45
Kitkat	6.45

SMOOTHIES

Berry	5.95
Mixed berries, banana	
Exotic	5.95
Strawberries, mango, banana	
Tropical	5.95
Passion fruit, mango, papaya, pineapple	
Detox	5.95
Apple, pear, melon, avocado, spinach, mint	

Frappe Iced Coffee	5.95
Iced Latte	4.45
Iced Matcha	4.45

ALCOHOL

Corona, Peroni	5.95
White, Rosé	6.95

SWEET

Gâteau	5.95
Loaf cake	4.95
Teacake	5.95
Crumpets (2)	5.95
With butter & strawberry jam	
Loaded Pancakes	12.95
Four buttermilk pancakes, sliced banana, strawberries, chocolate & caramel sauces & vanilla ice cream	
Waffles	10.95
Two waffles, caramel sauce, sliced banana & vanilla ice cream	
Ice Cream (per scoop)	2.25
Vanilla, chocolate, strawberry	

All our dishes are prepared where nuts and other allergens are commonly used so unfortunately we cannot guarantee dishes will be free of traces.

Allergen information available on request.

Olives may contain stones.

Fish and meat may contain bones.

All dishes may contain items not mentioned.

All prices include VAT.

Kids meals served to children under 11 only.

We reserve the right to serve meals only.

We may reclaim any table at our discretion.

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