

TOULOUS

WRAPS

All dishes below come with salad & crisps

Vegetarian V 12.95

Selection of roasted vegetables, feta & salad

Tricolore V 12.95

Mozzarella, cherry tomatoes, cos lettuce, avocado & pesto

Falafel VE 12.95

Homemade falafel, hummus & Israeli salad

Fish Finger 12.95

Breaded cod, cos lettuce, tartar sauce

Chicken Schnitzel 12.95

Chicken schnitzel, hummus & Israeli salad

Chicken & Pesto 12.95

Grilled chicken, olives, pesto, parmesan & salad

Aromatic Duck 12.95

Aromatic pulled duck, cos lettuce, cucumber, spring onions & hoisin sauce

Chicken Caesar 12.95

Grilled chicken, cos lettuce, avocado, parmesan & caesar dressing

Salmon Caesar 14.95

Grilled salmon, cos lettuce, avocado, parmesan & caesar dressing

BAGELS

Smoked Salmon & Cream Cheese 12.95

On an open toasted bagel

Aubergine, Egg & Hummus V 11.95

Aubergine, sun-blush tomatoes, hard boiled egg & hummus on an open toasted bagel

SANDWICHES

Chicken Club 13.95

Grilled chicken, mayo, avocado, crispy bacon & cos lettuce

Smoked Salmon Club 13.95

Smoked salmon, mayo, avocado, sliced egg & cos lettuce

Salt Beef 12.95

With mustard mayo on rye bread with pickled cucumber & coleslaw

Hot Dog 11.95

7" frankfurter in brioche bun with fried onions

MELTS

Tuna mayo & cheese 9.95

Cheese & tomato 9.95

Cheese & smoked crispy bacon 9.95

Cheese & caramelised onion 9.95

Cheese & mushroom 9.95

Fully Loaded 10.95

Cheese, mushroom, smoked crispy bacon & caramelised onion

On toasted white or brown sourdough

SALADS

House 15.95

Grilled chicken, smoked crispy bacon, avocado, hard boiled egg, cherry tomatoes, cucumber, roasted red onion & parmesan with house dressing

Tricolore V 14.95

Soft mozzarella, avocado, sun-blush & cherry tomatoes & pesto with balsamic glaze

Bosco V 14.95

Warm mushrooms, soft mozzarella, roasted vegetables, sun-blush tomatoes & avocado with balsamic glaze

Roots V 14.95

Butternut squash, sweet potato, roasted vegetables, halloumi, quinoa & toasted pumpkin seeds with house dressing

Superfood V 14.95

Feta, avocado, broccoli, cucumber, French beans, edamame & quinoa with house dressing

Add chicken 3.95

Roasted Cauliflower VE 14.95

Baked cauliflower in a tahini dressing with avocado, cucumber, chilli, crispy onions, seeds & pomegranate with balsamic glaze

Asian 16.95

Teriyaki grilled salmon, cos lettuce, avocado, cucumber, edamame, broccoli & sesame seeds with teriyaki dressing

Aromatic Duck 15.95

Aromatic pulled duck, cos lettuce, spring onion, avocado, edamame, cucumber & pomegranate with hoisin dressing

Nicoise 14.95

Tuna, olives, hard boiled egg, French beans, cucumber, cherry tomatoes & new potatoes with olive oil & balsamic vinegar

Chicken Caesar 14.95

Grilled chicken, cos lettuce, parmesan, hard boiled egg & roasted croutons with caesar dressing

Salmon Caesar 16.95

Grilled salmon, cos lettuce, parmesan, hard boiled egg & roasted croutons with caesar dressing

PLATES

Schnitzel 15.95

Chicken schnitzel, avocado, hummus, tahini, olives, pickled cucumber, Israeli salad & pita

New York 18.95

Salt beef, homemade rosti, sauerkraut, pickled cucumber, coleslaw, salad & rye bread

Israeli 14.95

Smoked salmon, halloumi, avocado, hummus, olives, Israeli salad & pita

Vegetarian V 13.95

Homemade falafel, halloumi, avocado, hummus, olives, Israeli salad & pita

Sharing Mediterranean (2 ppl) 22.95

Homemade falafel, hummus, taramasalata, tzatziki, halloumi, olives, tabuleh, Israeli salad & pita

MAINS

Salmon Teriyaki 16.95

Teriyaki grilled salmon, pad broccoli & jasmine rice

PASTA

Penne Napoli V 10.95

Rich tomato sauce & fresh basil

Spaghetti Carbonara 12.95

Cream, egg, parmesan & pancetta

Spaghetti Bolognese 12.95

Italian meat sauce & parmesan

Spaghetti Funghi V 12.95

Mushrooms, spinach & cream

Penne Chicken & Pesto 14.95

Chicken, olives, pesto, cream & basil

BURGERS

Full Stack 15.95

8oz Beef on a toasted brioche bun, smoked crispy bacon, cheese, caramelised onion, cos lettuce, tomato, relish & mayo with coleslaw & salad

Classic 13.95

8oz Beef on a toasted brioche bun, tomato, cos lettuce, relish & mayo with coleslaw & salad

Chicken Fillet 13.95

Grilled chicken on a toasted brioche bun, cos lettuce, tomato, sweetcorn relish & mayo with coleslaw & salad

Fish Finger 13.95

Breaded cod on toasted brioche bun, tartar sauce, cos lettuce & gherkins with coleslaw & salad

Halloumi & Mushroom V 13.95

Grilled halloumi & mushroom on toasted brioche bun, cos lettuce, tomato, mayo & mushroom ketchup with coleslaw & salad

JACKETS

Cheese 10.95

Beans 10.95

Tuna mayo 12.95

Cheese & beans 12.95

Crispy bacon & cheese 12.95

With salad

SIDES

Skinny fries 4.95

Sweet potato fries 4.95

Coleslaw 3.95

Mixed salad 5.95

Marinated olives 3.95

KIDS

With kids apple & pear juice & a scoop of ice cream (vanilla, strawberry or chocolate)

Fish goujons, fries & cucumber 9.95

Chicken goujons, fries & cucumber 8.95

Vienna's, fries & cucumber 8.95

Penne with napoli sauce & cheese 8.95

Penne bolognese 8.95

TOULOUS

COFFEE

Americano	3.85
Espresso	3.45
Cappuccino	3.95
Latte	3.95
Flat White	3.95
Cortado	3.95
Mocha	3.95
Hot Chocolate	3.95
Chai Latte	3.95
Dirty Chai Latte	4.25
Matcha Latte	3.95

Alternative Milk	0.50
Oat, almond, soya	

Syrup	0.50
Vanilla, hazelnut, caramel	

TEA

All loose leaf with free refills

English Breakfast	3.95
Fresh Mint	3.50
Lemon Tea	3.95
Green	3.95
Camomile	3.95
Earl Grey	3.95
Rooibos	3.95

SOFT DRINKS

Fentimens Lemonade	3.95
Fentimens Pink Lemonade	3.95
Fentimens Elderflower	3.95
Coca Cola	3.25
Coca Cola Zero	3.25
Diet Coke	3.25
Fanta Orange	2.95
Still Water	2.25
Sparkling Water	2.25

Kids Apple & Pear Juice	1.95
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FRESH JUICE

Orange	3.95
Carrot	3.95
Apple	3.95
Two mixed	4.95
All three	5.50

MILKSHAKES

Chocolate	4.95
Strawberry	4.95
Banana	4.95
Oreo	5.95
Crunchy	5.95
Aero Mint	5.95
Malteser	5.95
Kitkat	5.95

SMOOTHIES

Berry	5.95
Mixed berries, banana	
Exotic	5.95
Strawberries, mango, banana	
Tropical	5.95
Passion fruit, mango, papaya, pineapple	
Detox	5.95
Apple, pear, melon, avocado, spinach, mint	

Frappe Iced Coffee	5.95
Iced Latte	4.45
Iced Matcha	4.45

ALCOHOL

Corona	5.95
Rosé	6.95

SWEET

Gâteau	5.95
Loaf cake	4.95
Teacake	5.95
Crumpets (2)	5.95
With butter & strawberry jam	

Loaded Pancakes	12.95
Four buttermilk pancakes, sliced banana, strawberries, chocolate & caramel sauces & vanilla ice cream	

Waffles	8.95
Two hot waffles, caramel sauce, sliced banana & vanilla ice cream	

Ice Cream (per scoop)	1.95
Vanilla, chocolate, strawberry	

All our dishes are prepared where nuts and other allergens are commonly used so unfortunately we cannot guarantee dishes will be free of traces.

Allergen information available on request.

Olives may contain stones.

Fish and meat may contain bones.

All dishes may contain items not mentioned.

All prices include VAT.

Kids meals served to children under 11 only.

We reserve the right to serve meals only.

We may reclaim any table at our discretion.

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