Abigail Calcamuggio was born in Jackson, MS but grew up in Mayfield, KY for almost her entire childhood. She received her Bachelor of Music in Instrumental Performance from the University of Louisville studying under Kathy Karr. During her undergraduate years, Abigail traveled with the university Wind Ensemble as a performing member in the 2015 WASBA Conference where her love of performance was solidified.

After graduating from UofL in 2017, she went on to get her Master of Music in Instrumental Performance from The University of Alabama, studying under Diane Boyd Shultz. While there, she won the Alabama Music Teachers National Association (ALMTNA) soloist competition in the graduate division. Graduating in 2019, Abigail moved back to Western KY with her husband, Nick Calcamuggio, and began teaching lessons to local students.

Abigail currently lives in Murray, KY and is now the Adjunct Professor of Flute for Bethel University as well as the flute instructor for other local high schools. Her students have made several accomplishments over the past 6 years: acceptance into the KY Governor's School for the Arts, music scholarships to the University of Louisville and Murray State University, performing in All-District Middle and High School groups, performing in KMEA All State bands, being chosen to participate in other honor band groups such as Murray State's Quad State Festival, Western KY University's Honor Band Festival, and the University of Louisville's Wind Band Institute.

Now a new mom, Abigail spends most of her time at home with her son Liam and her husband. If not at home and not teaching lessons, she enjoys boating on KY Lake, hiking through Land Between the Lakes, and reading.