

Recipe

Family Teamwork Trifles!



"How good and pleasant it is when God's people live together in unity!" Psalm 133:1

One way to practice unity and teamwork as a family is by making something together in the kitchen. Here is a recipe to help you get started!

Ingredients

- Chocolate muffins (or brownies or chocolate cake, prepare according to box directions beforehand if you are using a mix)
- 1 package instant chocolate pudding mix
- 1/2 cup water
- 1 can sweetened condensed milk
- 1L tub of frozen whipped topping, thawed
- Strawberries, sprinkles, chocolate shavings or any other toppings you have on hand
- Trifle/glass dish (Really any dish will do! alternatively you can use a few glasses and portion out the ingredients accordingly)



Directions

- Bake your muffins/brownies/cake according to box directions if using a baking mix. (In the video we just used ready-made muffins!)
- Crumble half of your muffins at the bottom of your trifle dish to make the first layer (there will be 6 layers total)
- In a medium bowl, combine pudding mix and condensed milk with an electric beater (or whisk until combined). Add 1 cup of whipped topping and fold it in until there are no streaks left. (Refrigerating for an hour or so will help it to firm up if desired)
- Add half of the pudding mixture to your dish for the second layer
- Add half of the remaining whipped topping to your dish for the third layer. Repeat layers 1-3 with your remaining muffins, pudding mixture and whipped topping.
- Add your favourite toppings! We like strawberries, but see what you can come up with as a family!

Don't have chocolate muffins, pudding or whipped cream on hand? Work as a team to come up with another trifle treat!

See what you can come up with from the ingredients you already have in your kitchen! You could make a vanilla cake/pancake trifle with red jello and fruit salad for the layers, or make a yogurt parfait-style trifle with yogurt instead of whipped cream, fruit, and granola/cereal layers!

