Category	menu_item_name		allium	eggs	fish	milk	sesame	soybean	tree nuts	wheat
Bowls	Meat + Rice									
Bowls	Meat + Rice + Meat	✓	✓			✓	✓			
Bowls	Protein + Calorie Build									
Bowls	Rice + Meat									
Desserts	Chocolate Chip + Sea Salt Cookie									
Desserts	Chocolate Chip Brownie									
Desserts	Double Double Cookie									
Desserts	The Basic B									
Modifier	150 Cals		✓							
Modifier	200 Cals		✓							
Modifier	250 Cals		✓							
Modifier	300 Cals		✓				✓			
Modifier	30g Protein / 340 Cals		✓							
Modifier	350 Cals		✓				✓			
Modifier	400 Cals		✓				✓			
Modifier	40g Protein / 320 Cals		✓							
Modifier	40g Protein / 450 Cals		✓							
Modifier	450 Cals		✓				✓			
Modifier	50g Protein / 400 Cals		✓							
Modifier	50g Protein / 550 Cals		✓							
Modifier	60g Protein / 480 Cals		✓							
Modifier	60g Protein / 675 Cals		✓							
Modifier	70g Protein / 550 Cals		✓							
Modifier	70g Protein / 780 Cals		✓							
Modifier	Brown rice pilaf [10oz]		✓				✓			
Modifier	Garlic-Lime Steak [6oz]									
Modifier	Herb chicken [6oz]		✓							
Modifier	Mexican red rice [10oz]		✓							
Modifier	More Salt and Pepper Seared Pork		✓							
Modifier	More garlic-lime steak [3.5oz]									
Modifier	More herb chicken [3.5oz]		✓							
Modifier	More slow roasted chicken [3.5oz]		✓							
Modifier	Salt and Pepper Seared Pork		✓							
Modifier	Slow Roasted Chicken		✓							
Modifier	Slow roasted chicken [6oz]		✓							
Modifier	White rice [10oz]									