Category	menu_item_name		allium	eggs	fish	milk	peanuts	sesame	soybean	tree nut	wheat
Bowls	Cumin Carrots & Smoky Broccoli		✓							✓	
Bowls	Customize										
Bowls	Essential					✓					
Bowls	Garlic Steak		✓								
Bowls	Herb Roasted Chicken		✓								
Bowls	Mediterranean Seared Pork		✓								
Bowls	Pita Dust		✓			✓		✓			✓
Bowls	Roasted Broccoli		✓							✓	
Bowls	Shawarma Steak		✓								
Bowls	The Oasis		✓	✓		✓		✓		✓	✓
Sides	Hummus		✓					✓			
Sides	Pita										✓
Desserts	Basic B										
Desserts	Chocolate Chip + Sea Salt Cookie										
Desserts	Chocolate Chip Brownie										
Desserts	Churro Cookie			✓		✓					✓
Desserts	Double Double Cookie										
Desserts	Pistachio Lemon Cookie			✓		✓				✓	✓
Sauces + Dips	Caesar Dressing		✓	✓	✓	✓					
Sauces + Dips	Cherry Pepper Vin		✓								
Sauces + Dips	Cilantro Crema		✓			✓					
Sauces + Dips	Citrus Vinaigrette		✓								
Sauces + Dips	Herb Tahini Dressing		✓					✓			
Sauces + Dips	Med Fire		✓								
Sauces + Dips	Pepper Crema					✓					
Sauces + Dips	Sesame Chili Crisp	✓	✓					✓			
Sauces + Dips	Tzatziki					✓					
Modifier	Brown Rice + Lentils		✓					✓			
Modifier	Charred Broccoli		✓							✓	
Modifier	Cucumbers										
Modifier	Cumin Carrots and Broccoli (served cold)		✓							✓	
Modifier	Cumin Roasted Carrots & Broccoli		✓							✓	
Modifier	Feta					✓					
Modifier	Feta Cheese					✓					
Modifier	Herb - Roasted Chicken		✓								
Modifier	Herb Roasted Chicken		✓								
Modifier	Marinated Tomatoes		✓								
Modifier	Massaged Kale										
Modifier	Mediterranean Seared Pork		✓								
Modifier	Pearl Couscous & Farro Salad		✓	✓							✓
Modifier	Romaine										
Modifier	Shawarma Steak		✓								
Modifier	White Rice										
Modifier	Zesty Braised Beef		✓								
Modifier	smoky roasted carrots & broccoli (served cold)		✓							✓	