Category	menu_item_name		allium	eggs	fish	milk	peanuts	sesame	soybean	tree nuts	wheat
Bowls	Basic Cowgirl Bowl		✓			✓					
Bowls	Build Your Own Cowgirl Bowl										
Bowls	Charred Broccoli Vegetarian Bowl										
Bowls	Hungry Cowboy Bowl		✓			✓					
Bowls	Pollo Verde Asado Bowl		✓								
Bowls	Pork Asado Bowl		✓								
Bowls	Roasted Carrots & Broccoli Vegetarian Bowl		✓							✓	
Bowls	Seared Steak Bowl										
Bowls	Slow Roasted Chicken Bowl		✓								
Bowls	Steak Asada Bowl		✓								
Bowls	The Hungry Cowgirl Bowl		✓			✓					
Bowls	The Hungry Cowgirl Bowl		✓			✓					
Sides	Chips and Guac								✓		
Sides	Chips and Queso					✓			✓		
Sides	Chips and Salsa								✓		
Sides	Elote Salad		✓	✓		✓					
Sides	Side of Chips								✓		
Sides	Side of Guacamole										
Sides	Side of Queso					✓					
Desserts	Basic B										
Desserts	Chocolate Chip + Sea Salt Cookie										
Desserts	Chocolate Chip Brownie										
Desserts	Chocolate Chip Brownie										
Desserts	Churro Cookie			✓		✓					✓
Desserts	Double Double Cookie										
Desserts	Pistachio Lemon Cookie			✓		✓				✓	✓
Desserts	Tres Leches Cake			✓		✓					✓
Salsas and Sauces	Cantina-Style Salsa Roja		✓								
Salsas and Sauces	Cilantro crema		✓			✓					
Salsas and Sauces	Citrus Vinaigrette		✓								
Salsas and Sauces	Pepper Crema					✓					
Salsas and Sauces	Salsa Macha (mexican chile crisp)	✓	✓					✓			
Salsas and Sauces	Side of Chips										
Salsas and Sauces	Side of Guacamole										
Salsas and Sauces	Side of Queso										
Salsas and Sauces	Smoky Hot Sauce (hot)		✓								
Salsas and Sauces	Sour Cream					✓					
Modifier	Massaged Kale										
Modifier	Mexican Rice		✓								
Modifier	Pork Asada		✓								
Modifier	Tex Mex Chicken		✓								
Modifier	White Rice										
Modifier	asada steak		✓								
Modifier	black beans		✓								
Modifier	charred broccoli		✓							✓	
Modifier	cheddar cheese					✓					
Modifier	cheese					✓					
Modifier	corn		✓								
Modifier	corn salsa		✓								
Modifier	mexican rice		✓								
Modifier	pico de gallo		✓								
Modifier	pollo verde asado		✓								
Modifier	romaine										
Modifier	seared steak asada		✓								
Modifier	slow roasted chicken		✓								
Modifier	slow-roasted chicken		✓								
Modifier	smoky chipotle beef		✓								
Modifier	smoky roasted carrots & broccoli (served cold)		✓							✓	
Modifier	white rice										