



Writing Moving Stories

Build a healing story around a metaphor:

- Think about what a healing message or theme that addresses the group or person needs.
- What is a metaphor, that speaks to that need?
- Write a story with a beginning, middle and end around that metaphor.
- Keep it short.

Stories that come from life:

- Stay open and listen for stories that teach and heal—they happen every day.
- Write a story that is based on something that happened. Feel free to change the story for the purposes of your setting (e.g. make the main character consistent with the sex of the child).
- Feel free to change it in ways that enhance the healing/learning message.
- Credit the source of inspiration.
- Keep it short.

Moving Stories Format:

Follow the handout on creating steps for each of the levels. Write up how the story will be told in the sandtray.