

SEASON

THE MED FLING

10,50

(645 kcal)

Spinach, rosemary freekeh, Mediterranean veggie tray-bake, roast baby tomatoes, basil green goddess dressing, garlicky seeds.

* Great with herb & lemon chicken / lemon labneh / eggs

SUNSET GLOW

9,50

(585 kcal)

Late summer mix, zesty grains, roasted heirloom carrots, pumpkin moons, olive sherry dressing, hazelnut bits.

* Great with lemon labneh / aubergine stew / crumbled feta

THE UMAMI

10,50

(465 kcal)

Spinach, seasonal slaw, asian ginger rice, pumpkin moons, mushrooms, pickled radish, creamy sesame dressing, seaweed furikake.

* Great with spicy honey chicken / pickled eggs / flamed beef

BUILD YOUR OWN

11,50

1. Choose your base. Any two.
2. Add 3 goodies.
3. Dress me up.
4. Add a super crunch.

PREMIUMS

WARM PREMIUMS

Spicy honey chicken	(249 kcal)	6,00
Herb & lemon chicken	(242 kcal)	6,00
Hot smoked salmon	(190 kcal)	7,00
Flamed beef	(230 kcal)	6,50
Sweet potato falafel	(155 kcal)	3,50
Aubergine stew	(112 kcal)	3,50

COLD PREMIUMS

Eggs	(130 kcal)	2,50
Pickled eggs	(128 kcal)	3,00
Lemon labneh	(150 kcal)	3,00
Crumbled feta	(100 kcal)	2,50
Sourdough slice (Wolf bakery)	(120 kcal)	2,00

HOMEMADE DRINKS & BITES

Fresh & zesty lemonades	(55+ kcal)	4,95
Power pressed juices	(48+ kcal)	4,95
Energy boosting smoothies	(98+ kcal)	4,95
Hummingbird breakfast cake	(225 kcal)	3,25

CLASSICS

SEASONAL CAESAR

9,00

(490 kcal)

Romaine mix, parmesan, sourdough crumble, caesar dressing.

* Great with eggs / herb & lemon chicken / lemon labneh

FALL GREEN GODDESS

10,50

(410 kcal)

Spinach, late summer mix, seasonal slaw, goddess greens, roasted orange fennel, basil green goddess dressing, sweet & savoury pecans.

* Great with hot salmon / flamed beef / sweet potato falafel

AUTUMN SUNSHINE

9,50

(570 kcal)

Late summer mix, bulgur, lentils, harissa sweet potato, chickpea salad, pickled red pepper, smoked almonds, spicy date dressing.

* Great with herb & lemon chicken / crumbled feta

SIDES

SWEET POTATOES

5,50

Sweet potato / aubergine stew / feta	(293 kcal)
Sweet potato / sesame dressing / kimchi	(280 kcal)
Sweet potato / lemon labneh / chutney	(300 kcal)

SWEET POTATO FALAFEL

4,95

Rose harissa mayo & cabbage curtido

AUBERGINE STEW

5,50

Harissa aubergine, chickpea, sourdough slice (Wolf bakery) (385 kcal)

ROAST CORN RIBS

4,00

Rose harissa mayo, parmesan, jalapeño (260 kcal)

DAILY SOUP

6,00

Whatever's delicious & in season (80+ kcal)

* Great with sourdough slice (+2,00)

have a nice greenday®