



**The
Resilience
Canopy**

Practitioner Training

Intro/Session 1



Acknowledgement of Country

We acknowledge the First Nations people, who have been the custodians of this land for many thousands of years; and pay respect to their Elders past and present.

We acknowledge that First Nations knowledge and practices have built the resilience of Country for over 65,000 years and appreciate the ongoing integrity of First Nations custodianship and connection with Country.

We acknowledge that the land on which we live, and work is the place of age-old ceremonies, celebrations, initiation and renewal; and that the First Nations peoples' living culture continues to have a unique role in the life of this Country.

We celebrate the diversity of Aboriginal and Torres Strait Islander peoples and their ongoing cultures and connections to the lands and waters of Australia.



Welcome



Why we're all here?

Supporting communities to be resilient in the face of increasing shocks and stresses.

We do this by...

- *Providing a training pathway for you to learn how to **work with communities to create resilience plans***
- *Using the **Resilient Communities Framework** as the foundation*
- *Using the **Six-Step Future Ready Communities Model** as the process to develop and deliver on the plan.*



A bit about you and who's who

Who's in the room? Let's introduce ourselves....



**Your name and
organisation (if applicable)**



**A word that describes
resilience for you**

The how



TRAIN

Upskilling community members as practitioners of locally led resilience

With plan and priorities established, we help connect communities with potential partners who can help them implement - by investing their time, knowledge or funds.

Communities, supporters, and changemakers come together on Canopy House, our online platform, to share resources, insights and opportunities.



ACTIVATE

Engaging the whole community to be challenge-ready

With guidance from a Resilience Canopy Practitioner, or by using Canopy's open-access resources, a community comes together to begin the Six-Step process - exploring the strengths, challenges, and opportunities that shape their future.

It's a process that takes time and commitment from both community members and supporters. The result? A living roadmap of strategies and actions that strengthens the community's ability to adapt, respond, and thrive.



CONNECT & SHARE

Communities matched with funding partners, mentors and expertise

With plan and priorities established, we help connect communities with potential partners who can help them implement - by investing their time, knowledge or funds.

Communities, supporters, and changemakers come together on Canopy House, our online platform, to share resources, insights and opportunities.

Activate your community with \$25K

What is an Activation Grant?

Funding to kickstart inclusive community engagement and locally led projects that respond to your community's priorities — identified through the Six-Step process — and are designed to positively impact people and communities experiencing hardship, helping them build resilience for the future.

Now open!

Rolling intake until June 2026 or until funds are exhausted.

Notification within about 8 weeks.

Why do we fund?

The Resilience Canopy is an Australian for-purpose organisation. We distribute funds to communities in need on behalf of our partners.

Funding for this intake is made possible by Minderoo Foundation.



Session map

Session 1

Session 2

Session 3

Session 4



Learning objectives



Understand the global trends impacting communities and the interconnected nature of acute shocks and chronic stresses.



Learn the characteristics of a resilient community and the importance of Connection, Respect and Inclusion, Empowerment and Wisdom (CREW) in fostering community resilience.



Understand the key components of a community resilience narrative, such as acute shocks, chronic stresses, community demographics and geography, vulnerabilities, strengths and opportunities.



Understand the process and relevant information to assess a community's readiness to engage in community led resilience planning.

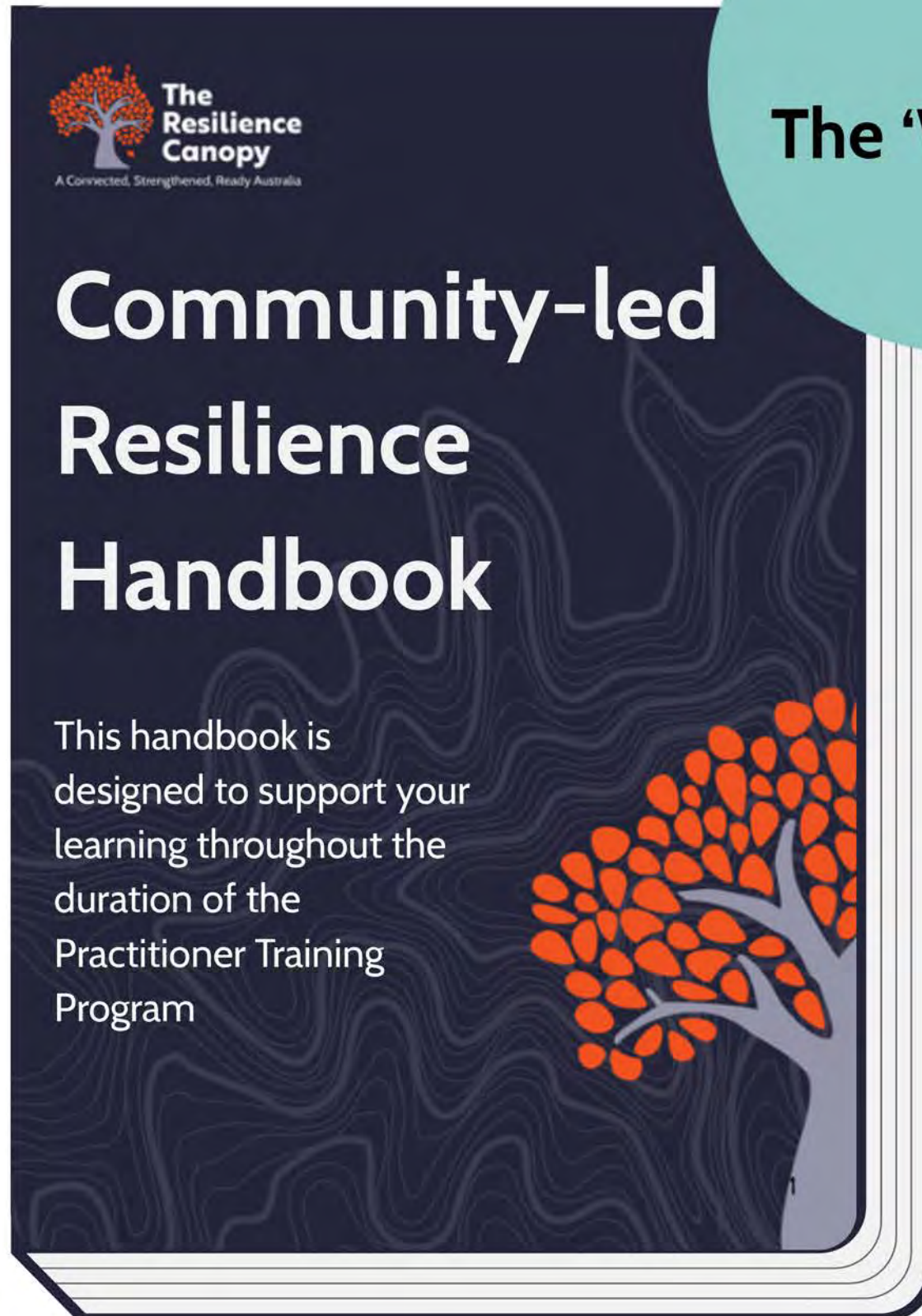


Learn about the role of the practitioner in this process and how to work in a way that empowers and builds CREW.

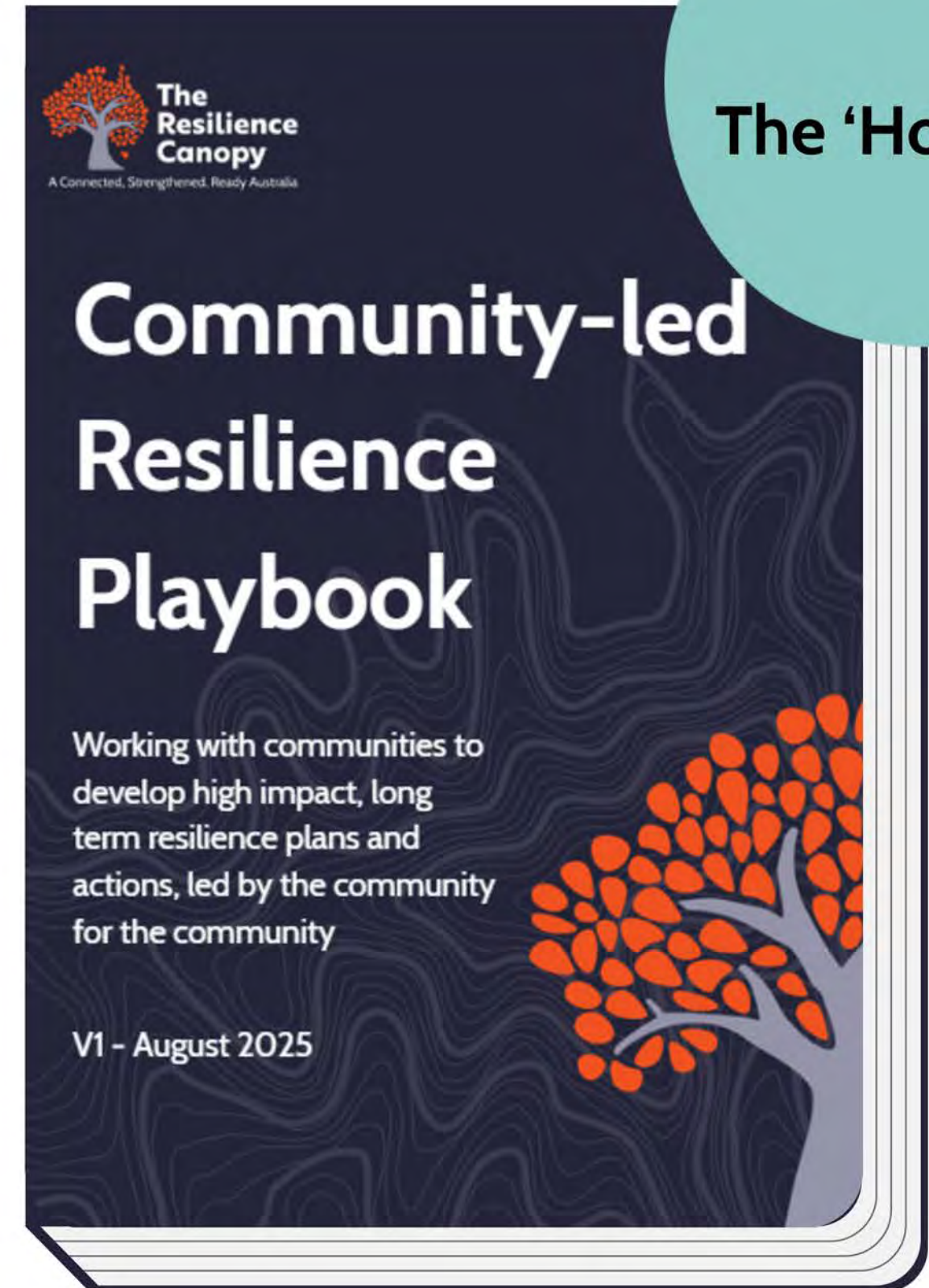


Feel ready to apply the Six Step Future Ready Communities Model and facilitate activities to support a community to create its own resilience plan.

Handbook and Playbook



The 'What'



The 'How'

Learning environment



Knowledge

Building your subject matter expertise.



Activities

Providing you the opportunity to apply what you have learnt.



Case studies

Providing examples of resilience planning in action.

Working together



How we will be working:
online and in person,
interactive



We ask you to bring:
curiosity, courage, openness to
learning



Community focus:
have at least one community in
mind to use as an example



Working together - agreements

- This is a space of respect and curiosity
- Do what you need to engage and be comfortable
- All activities are invitational
- Meaningful work isn't always comfortable, so we aim for safe enough
- We acknowledge your expertise and wisdom
- We will let you know if we need to move on in the interests of time
- Content warning
- Anything else?



Practitioner Training

Session 1

Context setting and assessing
community needs and readiness



Session 1 outline and key concepts



Session 1 outline

Session 1

Topics:

- The Resilience context
- Resilience characteristics - CREW
- Six Step Model and Resilient Communities Framework
- Community engagement models
- Data to tell the community story
- Putting it all together

Session 2

Pre-step

- Assessing community readiness and willingness to engage

Foundations

- Identification of networks and leaders within selected communities
- Prepare and support community leaders to lead

1

Session 3

Deep Dive

- Identify challenges
- Understanding strengths, community assets
- Conduct deep dive into areas of interest, concern and opportunity
- Connect community to knowledge / wisdom

2

Field of Opportunities

- Developing the long list of ideas, potential solutions and projects
- Identify potential partners for next step

3

Session 4

Partner

- Grants programs
- Corporate support
- Other Community Groups
- Government
- Philanthropic

4

Implement

- Implement selected projects
- Continue to galvanize support, locally and beyond, to deepen impact, sustain community buy-in

5

Review

- Celebrate
- Review
- Close / Continue / Evolve

6

Session 1 learning objectives



Understand what we mean by **resilience** in a **community context** and why it is so important right now



Understand the role of the **practitioner** in working with community and approaches to building **CREW**



Learn about the **Six Step Future Ready Communities Model** and how it can be applied to undertake a community-led process



Understand how data can be used to assess a community's **readiness to engage** in community resilience planning

Key concepts



Knowledge

Before we get underway, some key concepts we'll be referring to...

- Six-step Future Ready Communities Model
- Defining community and resilience
- Resilience characteristics - CREW
- Millgrove (case study)



Key concepts - Six-step model



Knowledge



Key concepts - defining community and resilience



Community

A social group with a commonality of association and generally defined by location, shared experience, or function and **with a number of things in common**, such as culture, heritage, language, ethnicity, pastimes, occupation, or workplace.

Resilience

The capacity of individuals, communities, institutions, and systems exposed to hazards and societal stresses to survive, adapt, and thrive in the face of adversity.

Key concepts - resilience characteristics/CREW

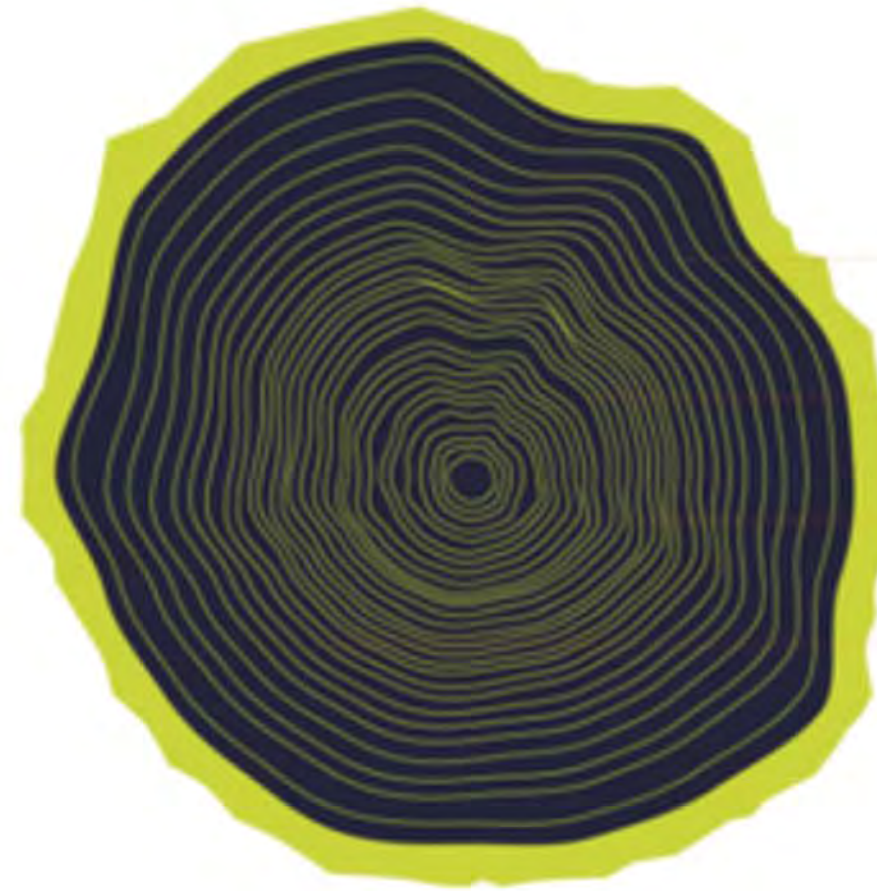


Knowledge

C.R.E.W.

At the centre of a Resilient Community

What characteristics does a resilient community have in common? Connection, Respect, Empowerment and Wisdom, also known as C.R.E.W.



• **C**onnection

• **R**espect

• **E**mpowerment

• **W**isdom

Connection

Social and cultural connections – to place, friends, neighbours, people of influence – provide vital support networks and deep bonds that strengthen collective resilience.

Respect

Respect and inclusion builds trust, encourages diverse perspectives and strong support networks. This enables greater adaptability and collective problem solving.

Empowerment

Putting the pen in the hands of the community to take collective ownership, find solutions and act in their own way to create lasting positive change.

Wisdom

Wisdom is beyond knowledge; it is the communities' capacity to act with insight and experience drawn from more than one perspective over more than one lifetime.

Resilient Millgrove



“Never doubt that a small group of thoughtful, committed citizens can change the world. In fact, it's the only thing that ever has”

- Margaret Mead



“Over a 14 month period, we captured the essential ingredients, lessons and aspirations, and took them further. We designed 9 key projects we think will make the most difference to our community, and which we want to pursue. Some projects are relatively straight forward and easy to implement. Others are more ambitious, complex and expensive but will have big benefits for our community, in good times and bad, for generations to come.”

- Maureen Halit (MRAG)



**The resilience context:
Why resilience and why now?**



Our complex world



Knowledge



From global to local



Knowledge



Urbanisation



Climate change



Globalisation

Shocks and stresses



Knowledge

Acute Shocks

Sudden disruptive events that take us by surprise



Chronic Stresses

Slow burning issues that weaken the fabric of a community on a day to day or cyclical basis



Shocks and stresses – impacts



Knowledge

“Natural disasters are expected to become more complex, more unpredictable, and more difficult to manage. We are likely to see more compounding disasters on a national scale with far-reaching consequences”

Royal Commission into National Natural Disaster Arrangements



No food, no fuel, no phones: bushfires showed we're only ever one step from system collapse

Published: February 7, 2020 6:03am AEDT

ONE IN 25 Australian properties will be effectively uninsurable by 2030, due to rising risks of extreme weather and climate change, a detailed analysis from the Climate Council has found.

Shocks and stresses – opportunities

“The systematic, coordinated efforts by locals and civilians was heroic, dynamic, and effective in saving hundreds of lives. This is the responsiveness, flexibility and cohesion that rescue agencies would dream of.”

Lismore, NSW, 2022

Sharing books through Street Libraries spreads love of reading and community connection



By Grace Whiteside

ABC Wide Bay

Libraries, Museums and Galleries

Tue 14 Mar 2023



Your local story



Knowledge

Think about your local climate projections, stories, community efforts, history of shocks and stresses, and any local government policies (i.e. climate emergency declarations)



Resilience and adaptive/coping capacity can offset vulnerability

Disasters are profoundly discriminatory

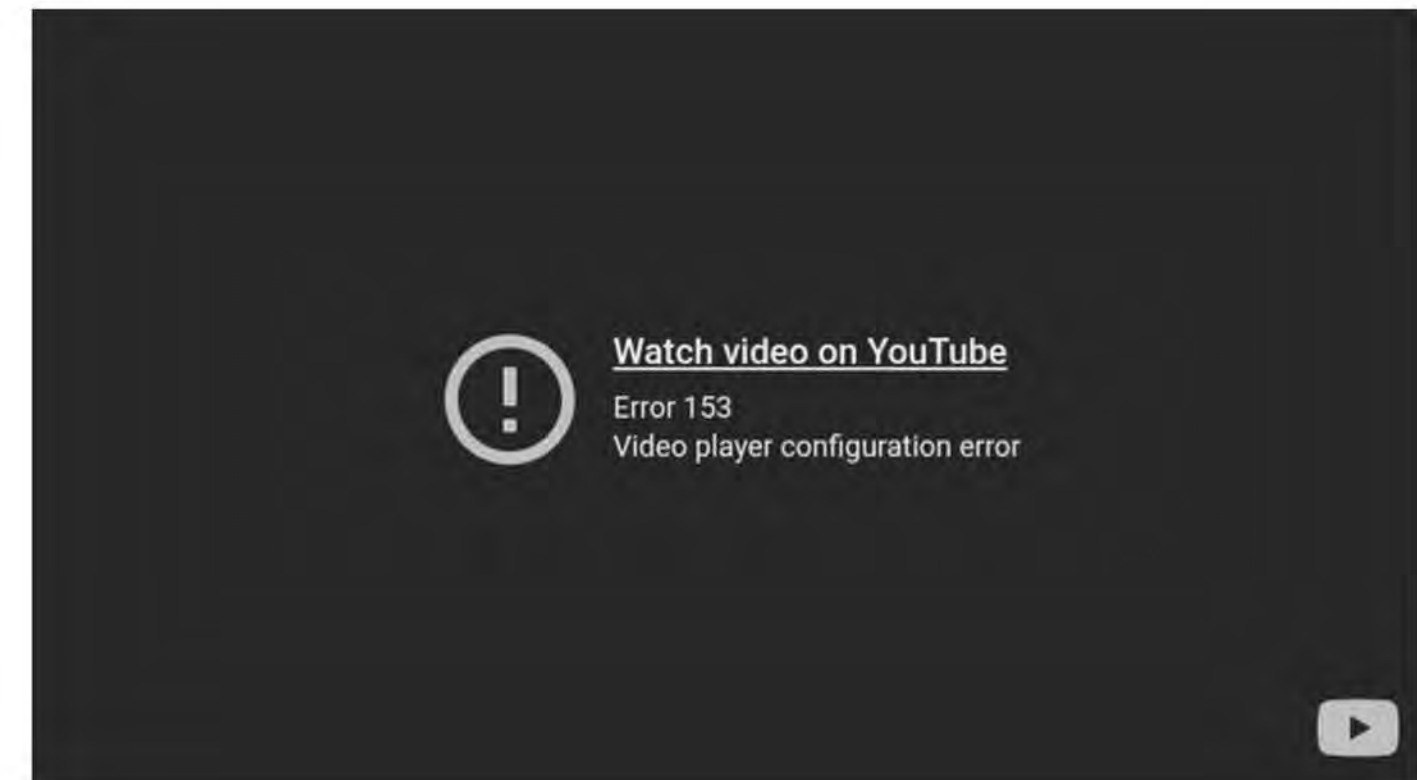


Knowledge

“Experience and research tells us that disasters are in fact “profoundly discriminatory”, both in where they strike, and in the way they affect people”
- Victorian Council of Social Services

Demographic factors influencing vulnerability:

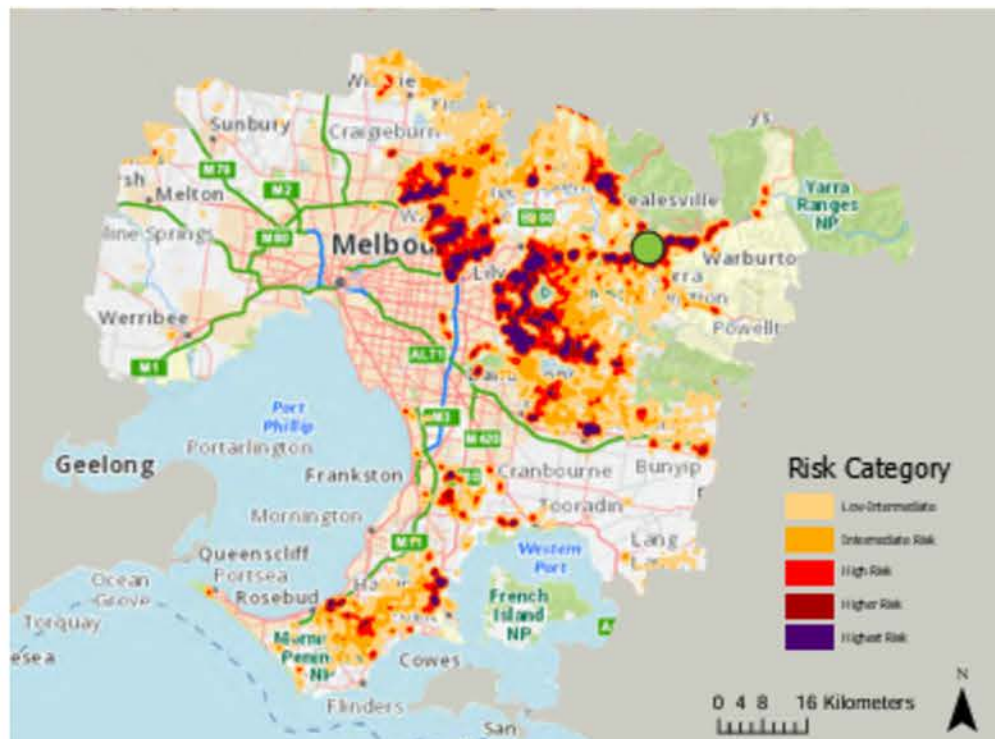
- Financial disadvantage
- Housing quality
- Location
- Age
- Disability and chronic health conditions.
- Cultural and linguistic diversity;
- Employment
- Gender
- Family violence and pregnancy.



Millgrove - shocks and stresses



Activity



Activity: your shocks and stresses



Activity

1. What is an example of an acute shock and chronic stress that might be experienced where you live?
2. What might be the impact of them occurring at the same time?



10 minute break



Resilience theory and frameworks



Origins of Resilience Theory



Aboriginal people have lived in and cared for this country for thousands of generations. As the oldest culture in the world, Australian First Nations people have demonstrated resilience in the truest sense of the word.



Resilience Theory



Knowledge

Ecological systems perspective (after Holling 1973)

Describes resilience as:
the ability of a system to absorb disturbance and maintain function; the capacity of the system to self-organise (versus lack of organisation, or organisation forced by external factors)



Socio-Ecological Systems perspective (Folke, 2006)

Recognises:
the powerful capacity of people to learn from their experiences and to consciously incorporate this learning into their interactions with the social and physical environment

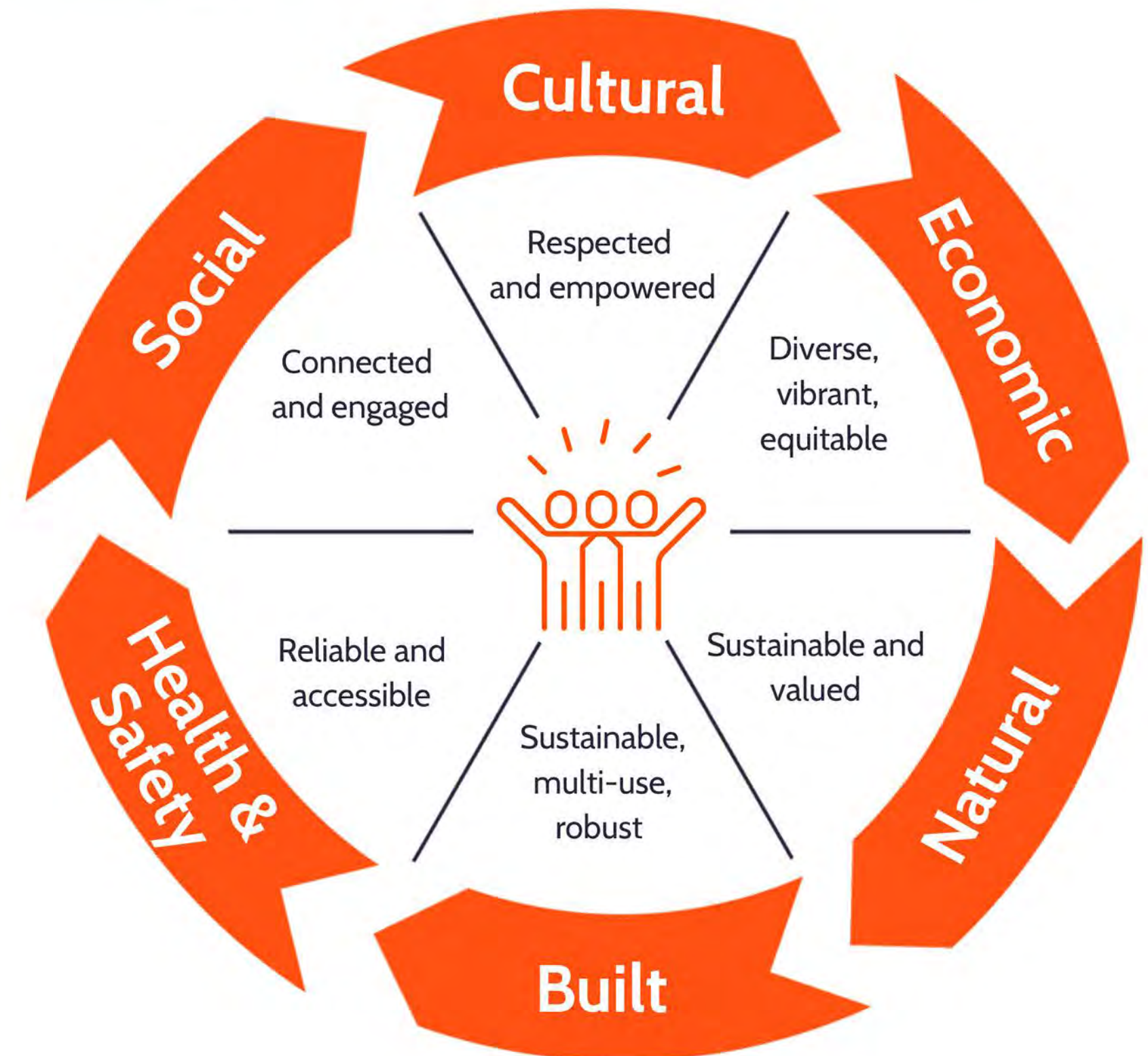
Resilient Communities Framework



Knowledge

Resilience:

The capacity of individuals, communities, institutions, and systems exposed to hazards and societal stresses to survive, adapt, and thrive in the face of adversity.



CREW and community resilience



Knowledge

C.R.E.W.

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Connection

Respect

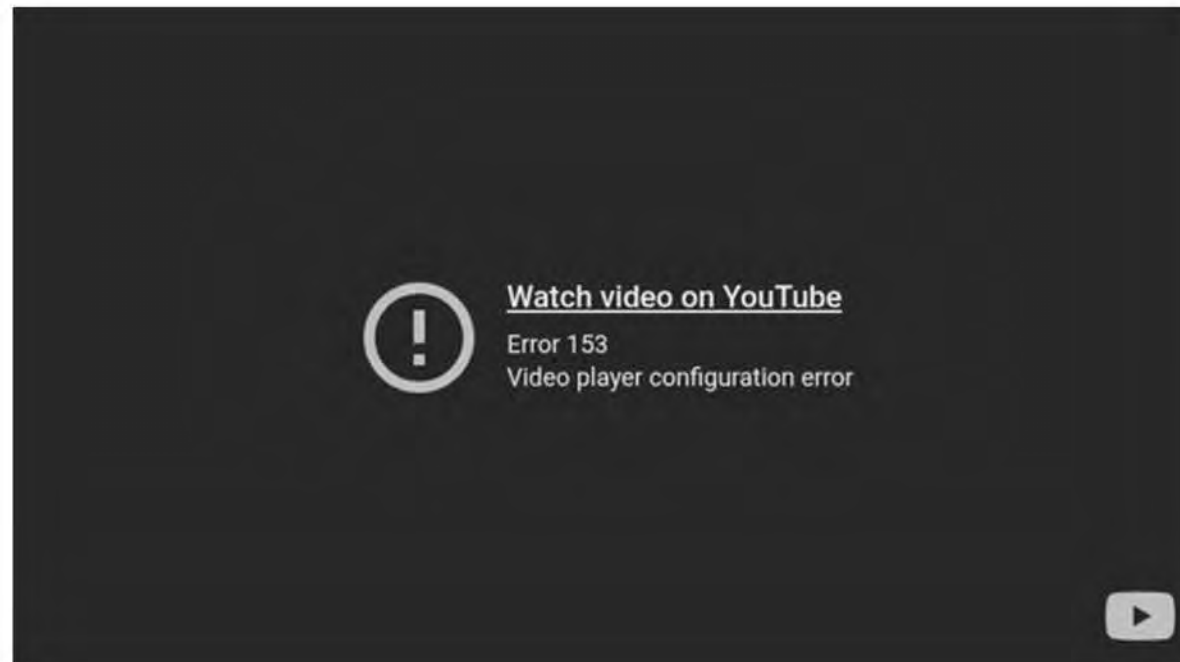
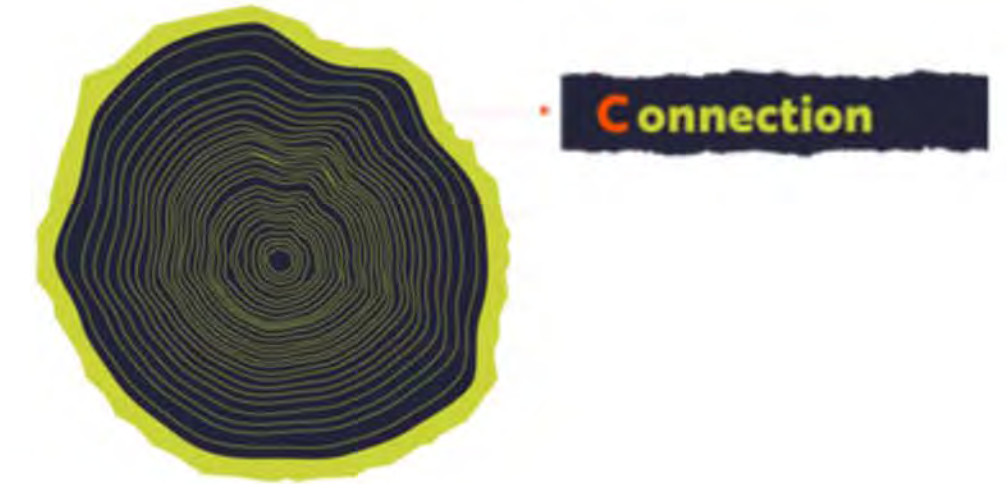
Empowerment

Wisdom

C – Connection



There's a growing consensus among emergency response researchers that in communities where social ties are strong and there is a sense of connectedness, residents are more readily able to rebound after a disruptive event such as an earthquake, storm, floods, bushfire, or illness.

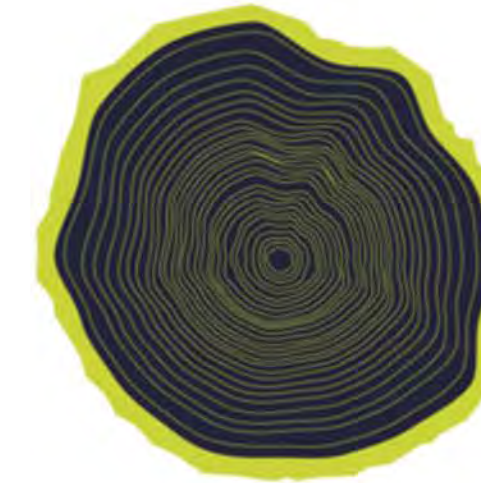


The Bushfire-Ready Neighbourhood Planning information stall at the 2020 Kangaroo Valley Agricultural Show. Image: Paul Cooper

R – Respect



Coffs Coast Multi-Lingual Emergency Warnings Network: a community-government-NGO partnership for disaster communications in 22 languages



Respect

The Coffs CALD Emergency Grapevine is a community network on the Coffs Coast using WhatsApp to support culturally and linguistically diverse residents to access timely and accurate information before, during and after disasters.



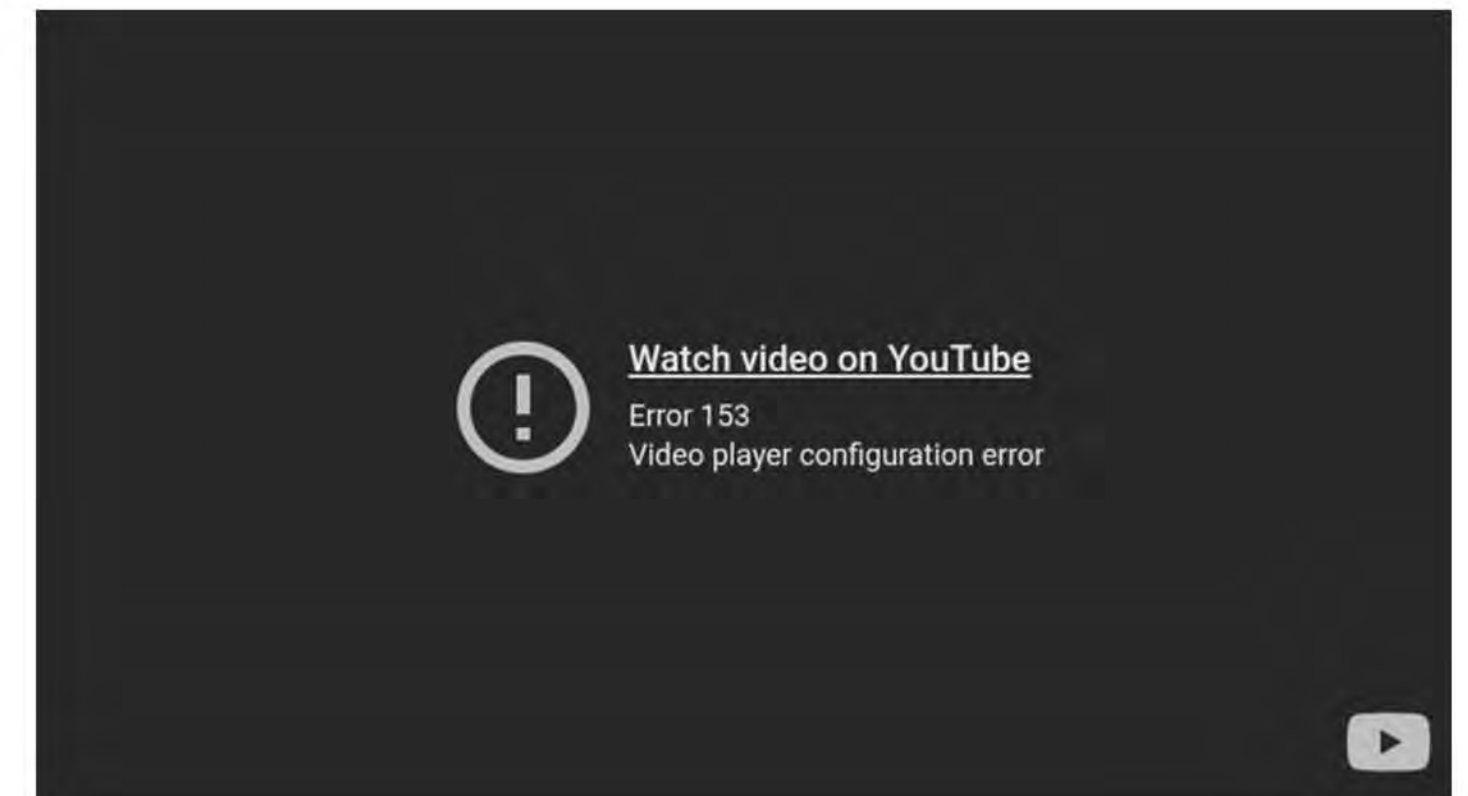
E- Empowerment



'Empowerment' refers to the process by which people gain control over the factors and decisions that shape their lives.

It is the process by which they increase their assets and attributes and build capacities to gain access, partners, networks and/or a voice, in order to gain control.

- World Health Organisation



W - Wisdom



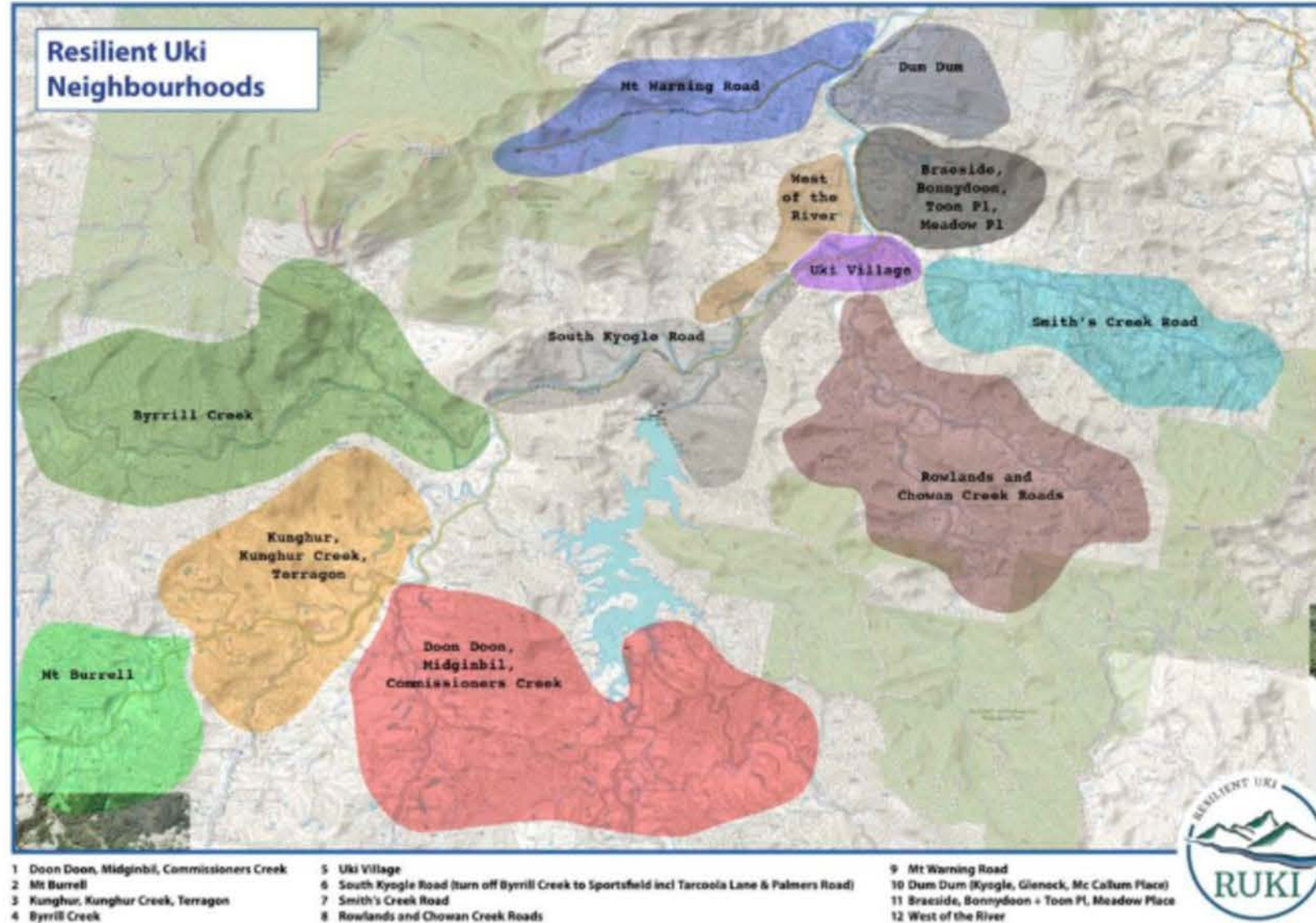
Collective wisdom can be enabled through community coming together, telling stories and reflecting on why things are the way they are.

Following a shock, we can learn from an event (and its root causes) and re-organise, so much so that we take action to reduce likelihood of it happening again



CREW at the heart of Resilient Uki

 Case study



Connection
Respect
Empowerment
Wisdom



**Community engagement and
facilitation in building
community resilience**



Community engagement 101



Knowledge



“Equipping communities to lead collectively, build connections and grow wisdom in an environment of empowerment and respect”

Levels of community engagement



Knowledge

International Association of Public Participation (IAP2):
Determining our commitment to how we engage with communities is crucial to building trust with the communities we work with.



IAP2 Spectrum of Public Participation



IAP2's Spectrum of Public Participation was designed to assist with the selection of the level of participation that defines the public's role in any public participation process. The Spectrum is used internationally, and it is found in public participation plans around the world.

INCREASING IMPACT ON THE DECISION 					
	INFORM	CONSULT	INVOLVE	COLLABORATE	EMPOWER
PUBLIC PARTICIPATION GOAL	To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions.	To obtain public feedback on analysis, alternatives and/or decisions.	To work directly with the public throughout the process to ensure that public concerns and aspirations are consistently understood and considered.	To partner with the public in each aspect of the decision including the development of alternatives and the identification of the preferred solution.	To place final decision making in the hands of the public.
PROMISE TO THE PUBLIC	We will keep you informed.	We will keep you informed, listen to and acknowledge concerns and aspirations, and provide feedback on how public input influenced the decision.	We will work with you to ensure that your concerns and aspirations are directly reflected in the alternatives developed and provide feedback on how public input influenced the decision.	We will look to you for advice and innovation in formulating solutions and incorporate your advice and recommendations into the decisions to the maximum extent possible.	We will implement what you decide.

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Role of the practitioner as facilitator



Knowledge

- **Creating the conditions for creativity**, so brilliant ideas are easier to find
- **Making space for diverse perspectives to be heard**, which leads to better decisions
- **Cementing a sense of shared purpose**, enabling people to act coherently as a group
- **Helping people learn something new** (about themselves, each other, or their community)

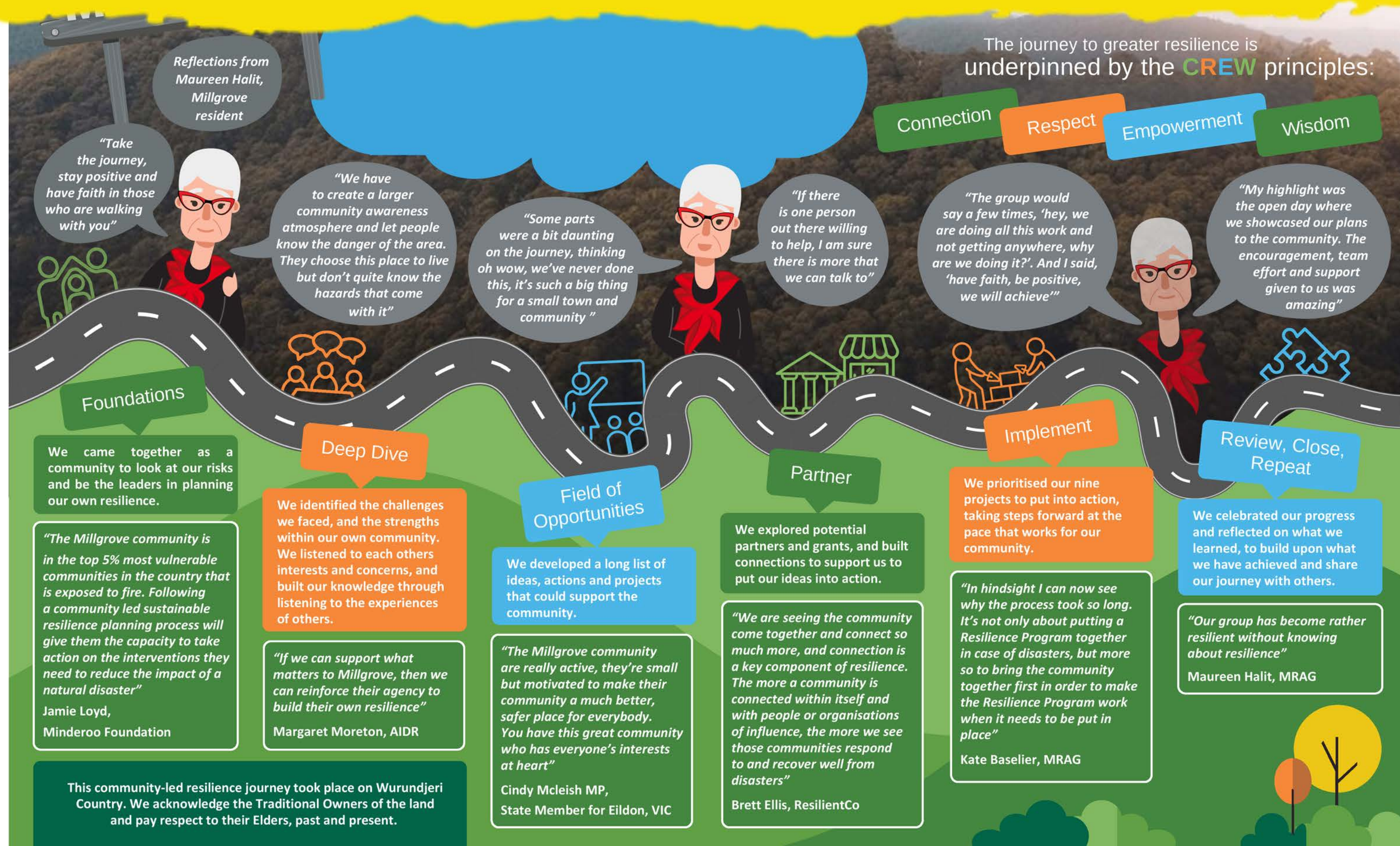
**“IT IS THEIR
TRUTH THAT IS
IMPORTANT, NOT
YOURS”**



Millgrove engagement



Millgrove journey



Millgrove video



Case study

Pre-step: Part A



Using data to assess Community Readiness



Knowledge

.idcommunity | demographic resources

community profile

social atlas

population forecast

economic profile

housing monitor

community views

Find your community profile...

.id (informed decisions) maintains suburb-based community profiles for councils across Australia. These are delivered in public websites, branded [profile.id](#), for anyone to access. The websites are funded by the relevant council or regional organisations. More than 80% of Australians live in an LGA covered by profile.id.

Click on the councils and regions below to view their community profiles.

Can't find your local government area? [Learn more about .id's digital information platform.](#)



Unpacking Community Readiness



Knowledge



Gathering (initial) data



Knowledge

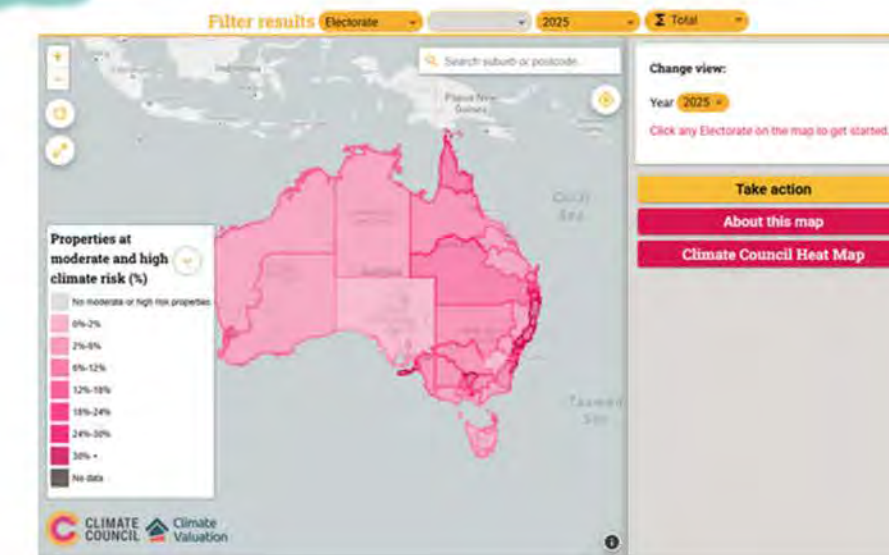
SEIFA Index

Profile ID

Local climate change impacts

Local risks

Demographics



.idcommunity | demographic resources

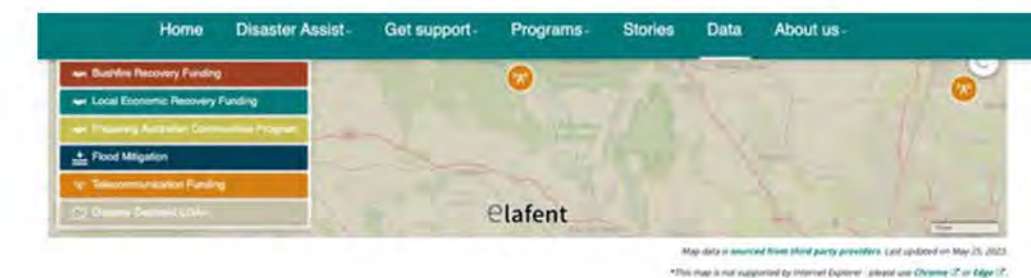
community profile social atlas population forecast economic profile housing monitor community views

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Local Government Area profiles

The information in the interactive map is also available in Word document format (as at September 2023).

Click on a link in the table below to download the profile for your Local Government Area.

State	Local Government Area
All	hepburn
VIC	Hepburn

Homework



Activity

Paint a picture of your community...

- Think about the community you have in mind
- Priority shocks and stresses
- Exploration of disaster risk (vulnerability, capacity etc..)
- Resilience indicators (SEIFA, ProfileID, demographics, climate risks etc..)

Volunteer: Acknowledgment of Country Session 2



Reminder of Session 1 learning objectives



Understand what we mean by **resilience** in a **community context** and why it is so important right now



Understand the role of the **practitioner** in working with community and approaches to building **CREW**



Learn about the **Six Step Future Ready Communities Model** and how it can be applied to undertake a community-led process



Understand how data can be used to assess a community's **readiness to engage** in community resilience planning

Thank you

Visit resiliencecanopy.com.au for more.

