

Part A

Purpose

This activity is designed to assist you in facilitating a process with community representatives to better understand their community's strengths and worries with regards to resilience, both in the current state, and future. What we synthesise as a result of this activity contributes to the community's resilience profile, an important step before we start thinking about solutions.

Note

This activity empowers the community group to collectively examine key factors influencing resilience, thereby aiding in identifying areas of strength and potential vulnerability.

Framing

"As representatives of your community, you are well placed to understand the community's strengths and worries related to the community's resilience."

The purpose of this activity is to hear your individual and collective perspectives. There are no or wrong answers.

How to use

- Print A1 size templates for strengths and worries and stick them to the wall
- Depending on the community group's size, consider forming smaller groups. Adjust the quantity of print outs accordingly
- Using sticky notes, identify the community's resilience strengths (what are the strengths of the community that are already helping to build community resilience? i.e. multiple sporting clubs, diverse economic base, regular community groups)
 - » The current strengths are the things benefiting and aiding resilience in the community now
 - » The future strengths are the things that the community would like to see in a generation's time
- Move onto the resilience worries. Using sticky notes, identify the community group's resilience worries, the things that are holding the community group back from feeling more resilience i.e. very few community networks, limited skills, power dynamics etc.)
 - » The current worries are the things that are limiting resilience now, or the things that keep the community up at night
 - » The future worries are the things that the community is worried will get worse

Opportunities and Enablers

Part B

Purpose

After Part A, the community group will have developed a more comprehensive collective grasp of their community's resilience strengths and concerns—both present and into the future. In Part B, it is useful to synthesise insights and identify emerging opportunities and enablers from the discussions with the group.

Note

This is not the time to dive into detailed solutions or actions, but rather, this is a sense making activity that builds on the previous activity.

How to use

- Print out the Opportunities and Enablers template in A1 size, stick it to the wall
- Referring to the previous exercise, ask the community group to take note of any opportunities or enablers that have arisen
 - » Opportunities: What are the emerging opportunities that will shift the dial on building resilience in the community?
 - » Enablers: What are the things that will help to unlock these opportunities?