

Swimming Programme Schedule

BY LEVEL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent & Infant*		NEW 3-3.45pm (4-23 Months) Existing 3.45-4.30pm (13-23 Months)			NEW / Existing 3.45-4.30pm (6-23 Months)	NEW 8.45-9.30am (4-23 Months) Existing 11-11.45am (13-30 Months)
Parent & Infant Advanced*		3.45-4.30pm (13-23 Months)			3.45-4.30pm (6-23 Months)	11-11.45am (13-30 Months)
Pre-School*	NEW 3.45-4.30pm (2-4.11 Years) Existing 3.45-4.30pm (2-4.11 Years)	Existing 3.45-4.30pm (2-2.11 Years)	NEW / Existing 4.30-5.15pm (2-4.6 Years)			NEW / Existing 9.30-10.15am (2-4.6 Years)
Pre-School Advanced*	3.45-4.30pm (2-4.11 Years)	3.45-4.30pm (2-2.11 Years)	3.45-4.30pm (2-4.11 Years)			10.15-11am (3-4.11 Years)
Beginner 1	3.45-4.30pm 4.30-5.15pm 5.15-6pm	4.30-5.15pm 5.15-6pm	3.45-4.30pm 4.30-5.15pm	3.45-4.30pm 6-6.45pm	3.45-4.30pm 4.30-5.15pm 5.15-6pm	8.45-9.30am 9.30-10.15am 10.15-11am 11-11.45am
Beginner 1 Advanced	5.15-6pm	6-6.45pm	5.15-6pm 6-6.45pm	4.30-5.15pm	5.15-6pm	8.45-9.30am
Beginner 2	4.30-5.15pm	6-6.45pm	5.15-6pm	5.15-6pm	5.15-6pm	9.30-10.15am 11-11.45am
Beginner 2 Advanced	4.30-5.15pm		5.15-6pm	5.15-6pm	4.30-5.15pm	11.45am- 12.45pm
Beginner 3	5.15-6pm		4.30-5.15pm		4.30-5.15pm	11.45am- 12.45pm
Improver	6-7pm		6-7pm		6-7pm	11.45am- 12.45pm
Swim Team	6-7pm		6-7pm		6-7pm	

* Parental assistance in water is required.
Please see the activities policies from the reverse side.

Swimming Programme Schedule

BY DAY

	MONDAY	THURSDAY	
3.45-4.30pm	NEW Preschool (2-4.11 Years) / Existing Preschool	3.45-4.30pm Beginner 1	
	Preschool Advanced (2-4.11 Years)	4.30-5.15pm Beginner 1 Advanced	
	Beginner 1	5.15-6pm Beginner 2 / Beginner 2 Advanced	
4.30-5.15pm	Beginner 1	6-6.45pm Beginner 1	
	Beginner 2 / Beginner 2 Advanced	FRIDAY	
5.15-6pm	Beginner 1 / Beginner 1 Advanced	3.45-4.30pm	New Parent & Infant (4-23 Months)
	Beginner 3		Existing Parent & Infant / Parent & Infant Advanced (6-23 Months)
6-7pm	Improver		Beginner 1 / Beginner 1 Advanced
	Swim Team	Beginner 1 / Beginner 1 Advanced	
TUESDAY		4.30-5.15pm	Beginner 2 Advanced
3-3.45pm	New Parent & Infant (4-23 Months)		Beginner 3
3.45-4.30pm	Existing Parent & Infant / Parent & Infant Advanced (13-23 Months)	5.15-6pm	Beginner 1 Beginner 1 Advanced / Beginner 2
	Existing Preschool / Preschool Advanced (2-2.11 Years)		6-7pm
4.30-5.15pm	Beginner 1	Swim Team	
5.15-6pm	Beginner 1	SATURDAY	
6-6.45pm	Beginner 1 Advanced / Beginner 2	8.45-9.30am	NEW Parent & Infant (4-23 Months)
WEDNESDAY			Beginner 1 / Beginner 1 Advanced
3.45-4.30pm	Preschool Advanced (2-4.11 Years)	9.30-10.15am	NEW / Existing Preschool (2-4.6 Years)
	Beginner 1		Beginner 1
4.30-5.15pm	NEW / Existing Preschool (2-4.6 Years)		Beginner 2
	Beginner 1	Preschool Advanced (3-4.11 Years)	
5.15-6pm	Beginner 3	10.15-11am	Beginner 1
	Beginner 1 Advanced	11-11.45am	Existing Parent & Infant / Parent & Infant Advanced (13-30 Months)
Beginner 2 / Beginner 2 Advanced	Beginner 1 / Beginner 2		
6-7pm	Improver	11.45am-12.45pm	Beginner 2 Advanced / Beginner 3
	Swim Team		Improver