

Swimming Programme Schedule

BY LEVEL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parent & Infant*		NEW 3-3.45pm (4-23 Months)			Existing 3.45-4.30pm (6-23 Months)	NEW / Existing 8.45-9.30am (4-23 Months)
Parent & Infant Advanced*					3.45-4.30pm (6-23 Months)	
Pre-School*		NEW 3.45-4.30pm (2-4.11 Years)	Existing 4.30-5.15pm (2-4 Years)			Existing 9.30-10.15am (2-2.11 Years) NEW 11-11.45am (2-4.11 Years)
Pre-School Advanced*	3.45-4.30pm (2-4.11 Years)		3.45-4.30pm (2-4.11 Years)			9.30-10.15am (2-2.11 Years) 10.15-11am (3-4.11 Years)
Beginner 1	3.45-4.30pm 4.30-5.15pm 5.15-6pm	4.30-5.15pm 5.15-6pm	3.45-4.30pm 4.30-5.15pm	6-6.45pm	3.45-4.30pm 4.30-5.15pm 5.15-6pm	8.45-9.30am 9.30-10.15am 10.15-11am 11-11.45am
Beginner 1 Non-Swimmer	3.45-4.30pm		4.30-5.15pm		3.45-4.30pm	
Beginner 1 Advanced	5.15-6pm	6-6.45pm	3.45-4.30pm 5.15-6pm	3.45-4.30pm	5.15-6pm	8.45-9.30am
Beginner 2	4.30-5.15pm		5.15-6pm	4.30-5.15pm	5.15-6pm	9.30-10.15am 11-11.45am
Beginner 2 Advanced	4.30-5.15pm		5.15-6pm	5.15-6pm	4.30-5.15pm	11.45am- 12.45pm
Beginner 3	5.15-6pm		5.15-6pm	5.15-6pm	4.30-5.15pm	11.45am- 12.45pm
Improver	6-7pm		6-7pm		6-7pm	11.45am- 12.45pm
Swim Team	6-7pm		6-7pm		6-7pm	

* Parental assistance in water is required.
Please see the activities policies from the reverse side.

Swimming Programme Schedule

BY DAY

MONDAY		THURSDAY	
3.45-4.30pm	NEW Pre-School (2-4.11 Years) /	3.45-4.30pm	Beginner 1 Advanced
	Beginner 1	4.30-5.15pm	Beginner 2
	Beginner 1 Non-Swimmer	5.15-6pm	Beginner 2 Advanced / Beginner 3
4.30-5.15pm	Beginner 1	6-6.45pm	Beginner 1
	Beginner 2 / Beginner 2 Advanced	FRIDAY	
5.15-6pm	Beginner 1 / Beginner 1 Advanced	3.45-4.30pm	Existing Parent & Infant / Parent & Infant Advanced (6-23 Months)
	Beginner 3		Beginner 1 Non-Swimmer / Beginner 1
6-7pm	Improver	4.30-5.15pm	Beginner 1 / Beginner 1 Advanced
	Swim Team		Beginner 2 Advanced
TUESDAY			
3-3.45pm	NEW Parent & Infant (4-23 Months)	5.15-6pm	Beginner 1 / Beginner 1 Advanced
3.45-4.30pm	NEW Pre-School (2-4.11 Years)		Beginner 2
4.30-5.15pm	Beginner 1	6-7pm	Improver / Swim Team
5.15-6pm	Beginner 1	SATURDAY	
6-6.45pm	Beginner 1 Advanced	8.45-9.30am	NEW / Existing Parent & Infant (4-23 Months)
WEDNESDAY			Beginner 1
3.45-4.30pm	Pre-school Advanced (2-4.11 Years)		Beginner 1 Advanced
	Beginner 1 / Beginner 1 Advanced	9.30-10.15am	Existing Pre-School / Pre-School Advanced (2-2.11 Years)
4.30-5.15pm	Existing Pre-School (2-4 Years)		Beginner 1
	Beginner 1 Non-Swimmer		Beginner 2
	Beginner 1	10.15-11am	Pre-School Advanced (3-4.11 Years)
5.15-6pm	Beginner 1 Advanced		Beginner 1
	Beginner 2 / Beginner 2 Advanced	11-11.45am	NEW Pre-School (2-4.11 Years)
	Beginner 3		Beginner 1 / Beginner 2
6-7pm	Improver	11.45am-12.45pm	Beginner 2 Advanced / Beginner 3
	Swim Team		Improver