

THE ART OF LIVING

THE CARDINAL VIRTUES
AND THE FREEDOM TO LOVE



In *The Art of Living*, Dr. Edward Sri breaks down each of the cardinal virtues, the ways we can strengthen our practice of these virtues, and the vices that oppose them. Using real-life examples, thoughtful storytelling, and the rich history of the Catholic Church's saints and theologians, you will be inspired to love others more deeply and authentically.

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FROM THE **Augustine** INSTITUTE



WITH DR. EDWARD SRI

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