Presence

THE MYSTERY OF THE EUCHARIST

About Presence

Presence explores the radical mystery of God's love expressed in the Eucharist and shows how in this sacrament God is really present to help and strengthen us at every step of life's journey. By diving into the story of God's love for his people in Scripture and the Church's teaching on this sacrament, *Presence* invites each of us into a deeper, more intimate union with God. He is ready and waiting for us—all we need to do is receive his gift.

PRESENCE: THE MYSTERY OF THE EUCHARIST

Session 1: God Is With Us (35 min)

Session 2: The Story of the Eucharist (40 min)

Session 3: Bread for the Journey (34 min)

Session 4: (Bonus Episode) Biblical Foundations of the Eucharist (68 min)

HOW TO USE PRESENCE IN YOUR PARISH:

- Parish-wide study on the Eucharist
- Discipleship small groups
- Parish mission during Lent or Advent
- OCIA formation
- Family faith formation: children and parent track
- Eucharistic adoration retreat
- Parent formation for children enrolled in First Communion
- Sponsor formation for children enrolled in Confirmation



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Schedule Ideas

ONE-DAY OPTION:

Registration/Gathering/Introduction	8:30 AM	
Session 1	9:00-10:00 AM	
Break		
Session 2	10:15-11:15 AM	
Break		
Session 3	11:30 AM-12:30 PM	
Break		
Session 4	1:30-2:30 PM	

Advent Lent Spring preparation for First Communion, or for the Feast of Corpus Christi

SEPARATE MEETINGS OPTION:

You can use *Presence* over three or four evenings following this schedule for 60-minute sessions. To use for 90-minute sessions, extend the Connect and Discuss steps:

Time	Steps	Overview
5 minutes	Opening Prayer/Introduction	Begin with the Opening Prayer, then go through the introduction of the session
5–10 minutes	Connect	Ask the Connect questions to familiarize participants with the topic
30–40 minutes	Video	Play the video segment
10 minutes	Discuss	Facilitate discussion
5 minutes	Commit	Discuss take-aways and invite participants to choose one to work on in the next week.
5 minutes	Wrap Up/Closing Prayer	End with the Closing Prayer

Evangelization and Parish Outreach Using *Presence*

- Invite Catholics to share eucharistic testimonies after Mass leading up to your Presence parish mission.
- Run an evangelistic adoration night where you ask volunteers to invite neighbors, locals, or people who happen to be walking outside the parish to come light a candle or say a prayer. Run *Presence* for volunteers leading up to the event.
- Sing the Anima Christi prayer after communion during Mass; print prayer cards for each pew so parishioners can learn the prayer.
- Share a eucharistic miracle story prior to each session of *Presence*.
- Ask your pastor to facilitate a "walk through the Mass" event to explain the different parts of the liturgy. Prepare for the event or follow up afterward with parish-wide or small-group formation using *Presence*.

BONUS RESOURCES

- For a children's eucharistic track, check out the *Digital Disciple: Carlo Acutis and the Eucharist* comic book on Catholic Market.
- To supplement the video series, invite parishioners to read Jesus and the Jewish Roots of the Eucharist.
- Lectio: Eucharist can serve as an excellent follow-up study to Presence.

FAMILY FAITH FORMATION

- Provide a children's track with content from *Marcam*, *Real* + *True*: *Eucharist*, or *Signs of Grace* videos from Formed.
- Invite kids to watch *Presence–For Children: The Miracle at Every Mass* while their parents watch *Presence–For Parents: Prepping Your Child for First Holy Communion* during a retreat, at religious education class, or at home.



Find ready-to-use materials at **leaders.formed.org** to promote *Presence* in your community.

VISIT US AT: WATCH.FORMED.ORG/PRESENCE

