Welcome to The Catholic Parent,
a video series created *for* Catholic parents *by* Catholic parents!

Created through a collaboration between the Augustine Institute and Catholic Sprouts, each of the six short episodes in this stunning video series features real Catholic parents sharing their struggles and victories. Through *The Catholic Parent*, the Catholic families you serve will find solidarity and encouragement as they embrace their vital role as formators of their children.

The Catholic Parent will empower parents in your community to:

- *Faithfully take their families to Sunday Mass, even in difficult seasons*
- *Commit to praying as a family, even when life is hectic*
- *Receive Jesus' forgiveness and mercy in the Sacrament of Confession, even when it's hard to face our sin*
- *Live sacrificially for each other out of love, even when it's uncomfortable*
- *Give generously to those in need, even when it requires a lot of trust*
- *Raise the next generation of saints, even today*

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The Catholic families featured in this series reflect the rich diversity of families in the Church: large and small families, families with young children and older children, and single-parent families. This series sought to create a resource to support every Catholic family in their unique faith journey.

How to use *The Catholic Parent*:

The Catholic Parent is designed to fit a variety of parish needs. It can be used by individuals as well as in group settings. Parishes are encouraged to use this series in the following ways:

- *Small group study offered to welcome families joining the parish*
- *Required study for parents seeking Baptism for their child*
- *Required study for parents preparing their child for First Holy Communion*
- *Supplemental content for parents of children enrolled in religious education or attending the parish school*
- *Adult faith formation or parish small group programming*

Find the Study Guide on FORMED! Each episode includes questions for group discussion or personal reflection and ideas to try at home.

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