



Hui International™

Art of Parenting: Kapua Hui Overview

Introduction

- Kapua is a program for parents and caregivers of children ages 0 through 5.
- The purpose of the program is to create safe, stable, nurturing, and empowering relationships and environments where all can thrive.
- *Kapua* is the Hawaiian word flower and child.
- It is our hope that with this program you and your hui (group of parents/caregivers) will blossom and thrive.

Essential Program Information

- Parents and caregivers meet once a week for ten weeks to learn about early childhood development and build resilience, friendships, and the five protective factors for Strengthening Families™.
- The group (hui) is led by either a peer or staff from a partner organization.
- Organizations can also have a peer/professional team co-lead.
- The hui discussions focus on information and activities found in the Kapua curriculum.



Curriculum Topics Include:

Chapter 1:

Welcoming and Growing

Chapter 2:

Expectations & Realities

Chapter 3:

Crying and Sleeping

Chapter 4:

Early Childhood Development

Chapter 5:

Nutrition

Chapter 6:

Adversity & Resilience

Chapter 7:

Mindful Discipline

Chapter 8:

Health & Safety

Chapter 9:

Play and Learning

Chapter 10:

Educate & Celebrate



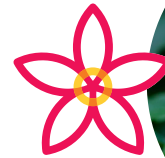
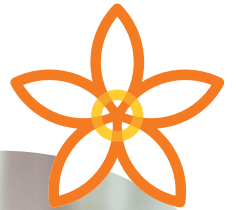
Hui International provides:

- Kapua Leader's Guides
- Kapua Program Notebooks for the leader(s) and participants
- Mohala activity materials for the leader(s) and participants
- All program materials
- Pre & Post Surveys with post program analysis
- Three trainings – One overview training and two content intensives
- A basic organizational stipend to cover additional expenses. This money can cover a stipend for the leader(s), snacks, childcare, whatever your organization's community requires to launch and run successful programming.
- Online support throughout the program



Kapua Checklist:

- Schedule an overview training _____
- Decide who will lead and how – in-person or online.
- Pick a start date: _____
- Schedule content and materials training
 - Training 1: _____
 - Training 2: _____
 - Training 3: _____
- Promote, promote, promote and/or recruit
- Adapt the time and place based on the needs of the group
- Notify Hui International of number of participants 10 days prior to program start date so materials can be shipped.
- Create a support plan based on community needs, organizational needs. The support plan can be financed with the organizational stipend.
- Begin!
- Send Weekly reminders via text and phone calls.
- Meet weekly for ten weeks
- Evaluate
- Celebrate!



Thank you

Our mission is to create safe, stable, nurturing and empowering relationships and environments where all can blossom and thrive. By working together we can achieve this mission and so much more.





Hui International

Lucy Morse Roberts

Co-Founder & CEO

Hui International

lucy@huiinternational.org

www.huiinternational.org

