

Week Three Menu

Served weeks commencing:
16th June – 7th July – 8th Sept – 29th Sept – 20th Oct



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta with Sausage and Tomato Sauce Diced Potatoes Sweetcorn and Peas	Mild Chicken Curry with Rice Peas, side Salad	Roast Gammon with Gravy Roast Potatoes Green Beans	Minced Beef Lasagne with Potato wedges Sweetcorn Broccoli	Fish Fingers Chips Peas or Beans
VEGETARIAN	Vegetable Chilli Nachos Vegan Quorn Cumberland Sausage Diced Potato Sweetcorn and Peas	Macaroni Cheese Warm Baguette & a Side Salad	Quorn fillet with Gravy Roast Potatoes Carrots	Tomato and Pizza Cheese Pinwheel Potato Wedges Sweetcorn Broccoli	Vegan Quorn Cumberland Sausage Diced Potato Peas or beans
JACKET POTATO	Jacket Potato with a choice of filling Tuna Cheddar Cheese Baked Beans	Jacket Potato with a choice of filling Tuna Cheddar Cheese Baked Beans	Jacket Potato with a choice of filling Tuna Cheddar Cheese Baked Beans	Jacket Potato with a choice of filling Tuna Cheddar Cheese Baked Beans	Jacket Potato with a choice of filling Tuna Cheddar Cheese Baked Beans
Pasta	Pasta With a Tomato and Basil Sauce	Pasta With a Tomato and Basil Sauce	Pasta With a Tomato and Basil Sauce	Pasta With a Tomato and Basil Sauce	Pasta With a Tomato and Basil Sauce
DESSERTS	Strawberry Ice Cream and Fresh Orange Slices	Coconut Biscuits	Flapjack	Chocolate Brownie and Fresh Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

