

Q3 & Q4

One Summit YEAR END SNAPSHOT

In Case You Missed It - Momentum in Motion



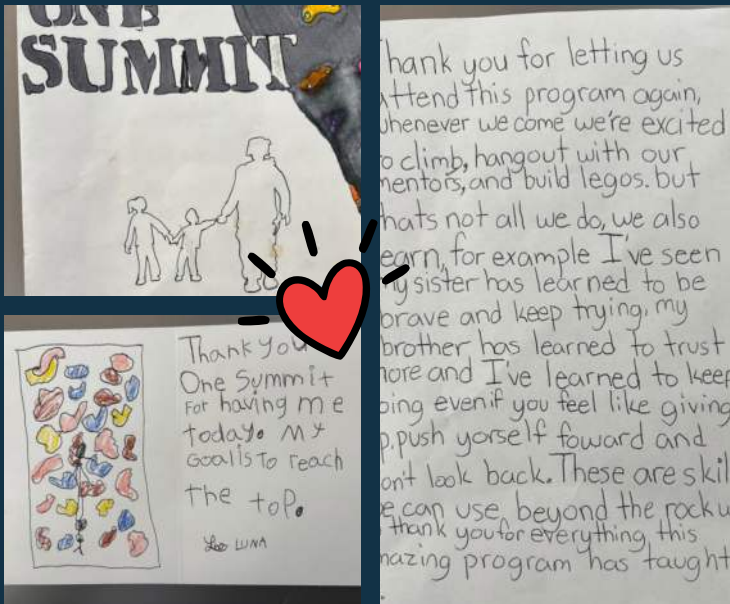
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CLIMB FOR COURAGE - READ OUR BLOG

This fall and winter, we welcomed a new group of Little Warriors and mentors into the One Summit community and loved hearing from those who make it so special.



San Diego

Thank you for letting us attend this program again. Whenever we come we're excited to climb, hangout with our mentors, and build legos. But that's not all we do, we also learn, for example I've seen my sister has learned to be brave and keep trying, my brother has learned to trust more and I've learned to keep going even if you feel like giving up and push yourself forward and don't look back. These are skills we can use beyond the rock wall, so thank you for everything, this is an amazing program.

Little Warrior

New England

When I volunteered for One Summit, I thought I was going to help someone in need grow stronger. But I actually discovered just the opposite. Every day I think about what my warrior has overcome at such a young age and find myself pushing harder to become a stronger teammate and a better man. I can only hope to bring a fraction of that motivation to my warrior and his mother as they continue to overcome whatever challenges tomorrow may bring. If there is one common thread in the SEAL community, it is mental resilience, so I believe what One Summit is doing for these young kids is truly special.

US Navy SEAL Mentor



Virginia Beach

[My kids' mentors] were amazing and really made my boys feel connected to them. [The One Summit staff] and all the other leaders were amazing and made my family feel so special and part of a community that understands us. I personally crave a community that understands the battle we are in and have been in and comforts, listens and become friends with the community that cares for us. I am so thankful for including us in the great day. Thank you so much.

Caregiver



STORYTELLING

Profiles & Resources in Resilience highlight the power of storytelling to heal, connect, and foster growth. [Read Away!](#)

A Sibling's Story

Thomas, the youngest son of OS Executive Director Dianne Lynch, was born just 40 days before his brother Jack passed away from cancer. Now, 18 years later, he's headed to college to study neuroscience and child psychology, inspired by his journey as a bereaved sibling. His story is one of resilience, reflection, and hope—and it's one we're honored to share.



Posttraumatic Growth

What if the challenges that change us forever could also become the source of our greatest growth? In this Resource in Resilience, we highlight Boulder Crest Foundation, a national leader in advancing the science and practice of Posttraumatic Growth. Their work—and our shared mission—reminds us that with the right support, struggle can be transformed into strength.



Warrior to Warrior

When 9-year-old Leo reached the top of the rock wall, it wasn't just another climb—it was a powerful symbol of the battle he and his family had fought and won. In this inspiring blog post, parents Yessenia and Anthony Villalobos share the raw, honest story of their son's journey through acute lymphoblastic leukemia and the unexpected strength that emerged along the way.



IN THE COMMUNITY

The fun continues across the country as our little warriors, siblings, mentors & their families join and participate in community building events.

LEGOs & Ice Cream

**NE Revolution
Box Car Movie Night**

Skating at the Del

Norfolk Admirals

**NE Revolution Fight
Childhood Cancer Night**

Patriots Halloween

Topsfield Fair

Portland Sea Dogs

Banana Ball

Coronado Parade



SPONSOR SPOTLIGHT - Golf Fights Cancer

For the past four years, One Summit has partnered with Golf Fights Cancer as part of their 100-Hole Marathon fundraising event. A steadfast champion in the fight against cancer, GFC transforms a passion for the game into tangible support for patients and families. Their collaborative approach is helping redefine nonprofit partnerships in New England, proving that when organizations work together, they can serve more families and create lasting change.



The GFC Dream Team - Cheryl, Susan, Sandy & Brian

“Golf Fights Cancer’s Golf Marathon is a powerful example of community and collaboration, inspiring 20 cancer-related nonprofits to unite around a common cause. Together, we are driving real impact in the cancer space. In 2025, 137 golfer marathoners raised an incredible \$1.3 million, proving what’s possible when we work together for good.” **Cheryl McGuire - ED**

Special Thanks to our Climbing Partners

We are incredibly fortunate to partner with climbing gyms that donate 100% of their space, time, and staff to make our programs possible in San Diego and Boston. Their generosity fuels every climb and every connection. Thank you for helping us Climb Higher!



Wreaths Across America - Celebrate, Honor, Educate

In gratitude for our US Navy SEAL mentors volunteerism and in honor of their' fallen teammates each holiday season, One Summit proudly sponsors wreaths at Arlington National Cemetery through the Team Bear Wreaths Across America program. Based in Virginia Beach, Team Bear's work directly impacts the teammates of our Navy SEAL mentors, and we are deeply grateful for their commitment to service and remembrance.



"Remembering our fallen service members is not limited to a single day- it's a sacred responsibility we carry every day. Their sacrifice, and the enduring strength of our Gold Star Families, demand our continued remembrance, gratitude, and action. We are deeply thankful and humbled by One Summit for their steadfast support and partnership.

Honoring our fallen heroes at Arlington National Cemetery would not be possible without committed organizations like One Summit, which ensure these heroes and their families are never forgotten." **Bre Kingsbury - Team Bear**

DONATE



With your support, we can end 2025 strong.
Please consider making a gift to advance our mission.

