



**Summer 2026**

**Guidebook for J Dallas Camps:**

Camp Chai  
Gymnastics Camp  
Sports Camp  
Camp StarQuest  
Camp StarPower  
One Weekers  
Teen Travel Camp (TTC)  
Tennis Camp  
CIT – Counselor in Training

**Serving Campers in Grades K – 9 since 1977**

Dear Parents and Campers,

Welcome to J Dallas Camps Summer 2026! Camp is a time to explore your passions, connect with others, and discover your purpose. As we prepare for an incredible summer, there are a few important things for you and your camper to do. The first step is to review our J Camp Guidebook and complete all required forms. Your involvement is key to ensuring a great summer experience!

All of our J Camps adhere to the highest safety standards and protocols, while each camp offers its own unique focus and flair. This guidebook provides general information, and you will receive additional details for each specific camp your camper will attend.

For **Specialty Camps** (Gymnastics, Sports, Tennis, StarQuest (SQ), Teen Travel Camp, StarPower (SP), and One Weekers), we invite you to attend our **Parent Orientation Night** on **Tuesday, June 2, 2026, at 7:00 PM via Zoom**. This is a great opportunity to learn about camp plans and meet our staff, including a chance to connect with each Camp Director.

For **Camp Chai**, **Parent Orientation Night** will be held on **Thursday, June 4, 2026, at 7:00 PM** in person at the JCC, where you will meet our staff and get all the information you need for a successful camp experience.

We encourage you to share your feedback and questions with us before, during, and after the summer. All our Camp Directors are available to you. During camp, you can reach out (call or text) to Camp Central at **214-810-2377** to leave a message, or contact us via email ([jcamp@jccdallas.org](mailto:jcamp@jccdallas.org)), and we will respond promptly. With your support, we will keep you informed about your camper's activities and progress throughout the summer.

This will be a special summer filled with lasting memories, cherished traditions, and a true sense of belonging. We can't wait to share it with you!

Shalom,

Tara Ohayon, Chief Impact Officer  
Laura Seymour, Camp Chai Interim Director &  
Director of Jewish Experiential Learning  
Emmaline Rosenthal, Camp Simchah Co-Director  
Danielle Retan, Camp Simchah Co-Director  
Josh Goldstein, Sr. Sports & Recreation Director

Abby Tarlo, Gymnastics Director  
Emily Kramer, Gymnastics Camp Director  
Alise Robinson, J Performing Arts Space and  
Specialty Camp Director (SQ, SP, One-Weekers)

## Table of Contents

Camp Hours & Session Dates .....	Page 3
Extended Care .....	Page 4
Bus Transportation .....	Page 4 - 5
Carpool & Drop-Off.....	Page 5
Carpool & Pick-Up .....	Page 5 - 6
What To Wear & Bring To Camp .....	Page 6 - 8
Lunch, Snacks & Treats.....	Page 8
Cell Phones & Electronic Devices.....	Page 8 - 9
Medication Procedures .....	Page 9
Immunizations & Immunization Policy .....	Page 9 - 10
Insurance Coverage .....	Page 10
JDallas Camp App .....	Page 10
Additional Details .....	Page 10 - 11
Camp Calendars.....	Page 11

### Camp Hours

**Camp Hours:** Monday – Friday, 9:00 AM to 4:00 PM

**Before Care:** 7:45 AM to 9:00 AM

**After Care:** 4:00 PM to 6:00 PM

### Session Dates

#### Camp Chai, Gymnastics, Tennis and Sports

- **Session 1:** Monday, June 8 – Friday, June 26
- **Session 2:** Monday, June 29 – Friday, July 17
- **Session 3:** Monday, July 20 – Friday, August 7

#### Performing Arts Camps and One-Weekers

- **StarQuest:** Monday, June 8– Friday, July 3
- **StarPower:** Monday, July 6 – Friday, July 17
- **One-Weeker Week 7:** Monday, July 20 – Friday, July 24
- **One-Weeker Week 8:** Monday, July 27 – Friday, July 31
- **One-Weeker Week 9:** Monday, August 3 – Friday, August 7

#### Teen Travel Camp & CIT Counselor in Training

- **Teen Travel Session 1:** Monday, June 8 – Friday, June 26
- **Teen Travel Session 2:** Monday, June 29 – Friday, July 17
- **CIT Counselor in Training Session 2:** Monday, June 29 – Friday, July 17
- **CIT Counselor in Training Session 3:** Monday, July 20 – Friday, August 7

## Extended Care

We offer **Before Care** (7:45 AM – 9:00 AM) (please drop off prior to 8:30 am as campers will be walking up to the patio to meet their groups) and **After Care** (4:00 PM – 6:00 PM) at The Lodge, located at the end of the tennis court drive. [View map](#). Registration is available for AM only, PM only, or both. Activities include swimming (PM only), crafts, games, and social time in a supervised environment. Registration must be completed online prior to the start of camp.

### Extended Care Fees\* (With Prior Registration):

- Before Care Daily: \$25
- Before Care 1 week: \$117.00
- Before Care 1 Session: (3 Weeks) \$189.00
- Before Care 2 Sessions (6 Weeks): \$282.00
- Before Care 3 Sessions (9 Weeks): \$567.00
- After Care Daily: \$35
- After Care Weekly: \$159.00
- After Care 1 Session: (3 Weeks) \$282.00
- After Care 2 Sessions (6 Weeks): \$564.00
- After Care 3 Sessions (9 Weeks) : \$846.00

### Extended Care Fees (Without Prior Registration):

If your child is not registered for extended care but attends, the following fees will apply:

- **First Instance:** freebie
- **Second Instance:** (AM/PM) Daily Rate will be charged to the credit card on account.

### Important Notes:

- All campers in grades K–6 who are at the JCC before 8:45 AM or after 4:00 PM without adult supervision **must** be registered for Before/After Care.
- Before Care drop-offs must be completed by 8:30 AM. After 8:30 AM, campers should be dropped off during regular carpool at 8:45 AM.
- After Care pick-ups are between 4:00 PM – 6:00 PM. Park in the Tennis Lot and come into The Lodge. All campers will be out of the pool by 5:30 PM.
  - **If you fail to pick up your camper(s) by 6:00 pm, your account will be charged one dollar (\$1.00) for every minute past 6:00 pm.**

## Bus Transportation

Bus transportation is available from four locations in Dallas, North Dallas, Plano, and Frisco. Each bus has assigned Bus Counselors to ensure a safe and convenient experience for both campers and parents. Campers must be registered for the bus prior to the start of camp. Bus schedules will be sent out before camp begins.

If there are any changes to your child's bus schedule, please email [icamp@jccdallas.org](mailto:icamp@jccdallas.org). For safety reasons, we cannot allow children to ride a different bus, go home with a friend, or be picked up at the J without written confirmation. Last-minute changes can be made by calling the camp before 2:30 PM.

To ensure the safety of all children, please drive carefully and avoid blocking the bus pick-up area or its path.

Each bus will have at least one staff member, with additional staff on hand as needed for extra support. The Bus Counselor will carry emergency contact information for all campers. Health forms and information will be accessible via phone during transportation.

#### *Bus Stop Addresses:*

- **Parkhill Junior High School** (formerly known as the Brentfield stop): Parkhill Junior High School, 16500 Shadybank Dr., Dallas, TX 75248
  - **Plano:** Kohl's at Preston & Spring Creek Pkwy, 5800 Preston Rd., Dallas, TX 75093
  - **Frisco:** Frisco Main Event, 9375 Dallas Pkwy, Frisco, TX 75034
- AM Bus PickUp and PM Bus Drop Off Details will be sent prior to camp.**

### **Carpool & Drop-Off Procedures**

**Camp Hours:** 9:00 am – 4:00 pm daily.

**Camps Included:** Camp Chai, Gymnastics, Sports, Tennis, StarQuest, StarPower, One-Weekers, and Teen Travel.

#### **Morning Drop-Off: One Location for ALL Camps**

**Time:** 8:45 – 9:10 am

All school-aged camps (including Camp Chai, Gymnastics, Sports, Tennis, StarQuest, StarPower, One-Weekers and Teen Travel) **use the same morning carpool lane.** All vehicles must use the **far-right lane** and display a camp car tag for access. Follow the signs to the designated drop-off area and ensure that campers exit from the **driver's side** of the car. Continue straight to exit at Valleydale Drive.

**Alternate Drop-Off Option:** Families may also park and walk their campers to the Patio, where all campers gather in the morning. **Note:** The first few days may take longer as families adjust to camp routines.

**Late Drop-Off:** If arriving after 9:10 am, park in the main lot and walk your camper to Camp Central (located in the main building, take a left at the front desk) to sign them in. Campers will then be escorted to their camp group.

### **Carpool & Pick-Up Procedures**

#### **Afternoon Pick-Up: Two Separate Locations**

There are two different afternoon carpool lanes, depending on the camp:

##### **1. Camp Chai Pick-Up:**

**Time:** 3:45 – 4:15 pm

Follow the **same morning carpool traffic pattern.** Families of campers attending Camp Chai, or any K-9 camps with siblings in Camp Chai, will use the same lane as in the morning.

##### **2. Pick-Up for Gymnastics, Sports, StarQuest, StarPower, Teen Travel, One-Weekers and Tennis Camps:**

**Time:** 3:45 – 4:15 pm

Enter through the **main entrance**, turn into the first parking lot entrance after the "The Gan" (grassy area on your left) and follow the signs to the camper loading zone. After picking up your camper, continue straight, take a left at the stop sign, and a right at the guard shack to exit onto Northaven Rd.

**Late Pick-Up:** Campers not picked up when carpool ends (4:15 pm) will be sent to Extended Care in the Lodge. The first instance of late pick up is a freebie. The second instance, your credit card on account will be charged the daily fee.

3. **If you arrive after carpool has ended**, please follow the signs to pick up your child from After Care in the Lodge.

### **Early Pick-Up Procedures:**

**We discourage early pick-ups** as they can disrupt your camper's day. If you must pick up early:

- Notify us by email ([jcamp@jccdallas.org](mailto:jcamp@jccdallas.org)) no later than the day before, with camper(s) names, camp(s)/tribe(s), time of pick-up, and the name of the person picking up. We will have your camper waiting in Camp Central at the time you specify, so please be prompt.
- **Early pick-ups must occur before 2:30 pm.** For Gymnastics, Sports and Tennis Camps, pick-ups should be before their swim time.
- Go to **Camp Central** to sign out your camper.
- **Last-minute requests:** For unforeseen needs, email at least 2 hours prior. Expect 15 – 20 minutes for pick-up if notice is less than 2 hours.

### **Carpooling with Other Families**

If you are regularly carpooling with another family, email details to Laura Seymour, [lseymour@jccdallas.org](mailto:lseymour@jccdallas.org). Single family carpools do not need additional forms.

### **Inclement Weather Procedures**

In case of inclement weather, **all drop-offs and pick-ups** will be in the front of the **J Dallas Main Lobby**. Check the **Dallas J Summer Camps mobile app**, [J Dallas Camps Facebook Page](#) or the [J Dallas Camps Website](#) for updates.

### **Absences:**

If your child will be absent or arriving late, notify **Camp Central** at 214-810-2377, or email [jcamp@jccdallas.org](mailto:jcamp@jccdallas.org).

### **Important Reminders**

- **Car Tag:** Pick up your car tag ahead of camp. Times to pick up will be announced.
- **Camp Central Contact:** Phone number is 214-810-2377. Call or text during camp hours (8:30 am – 4:30 pm)
- **Communication Guidelines:** When leaving a message, include your name, camper's name, camp and tribe, and phone number.
- **Pick-Up Restrictions:** Campers may only leave if Camp Central has received a call or email. If someone other than a pre-assigned individual is picking up, notify us of their name.  
**Identification is required.**
- **Display your camp car tag:** Ensure your camp car tag is always visible during pick-up and drop-off.
- **Bring your J Membership Card or barcode** (via the app): Show your J Membership Card or app barcode when entering the J building.

## **What to Wear to Camp & What to Bring**

Campers should dress comfortably in clothes that allow them to move freely, participate in all camp activities, and withstand outdoor play. **Label all clothing, bags and items with your child's full name.**

### General Guidelines

- **Sunblock:** Apply before arriving and pack extra for reapplication throughout the day.
- **Refillable Water Bottles:** Campers should bring a refillable water bottle daily to stay hydrated. Staff will encourage frequent water breaks.

### Camp Chai

- Socks and sneakers or closed toe sandals with a strap (**No Crocs or flip flops**).
- Shorts and t-shirts with appropriate designs.
- Swimsuit, towel and sunblock. Swimsuit can be worn under clothes.
- Bag or backpack to pack belongings in.
- Water Bottle
- Hat and sunglasses (optional).

### Gymnastics Camp

- Refer to the **Gymnastics Camp Welcome Letter** for specific attire requirements.
- Water Bottle

### Sports Camp:

- Socks and sneakers (**No Crocs or flip flops**).
- Shorts and t-shirts with appropriate designs.
- Swimsuit, towel and sunblock. Swimsuit can be worn under clothes.
- Water Bottle
- Additional items may be required for specific sports. Refer to your camp materials for details.

### StarQuest & StarPower

- Close-toed shoes and socks. (**No Crocs, flip flops, or open-toed sandals**).
- Comfortable clothing for various theatrical and outdoor activities.
- Dance or jazz shoes (optional for dance class).
- Water Bottle

### One-Weekers

- Daily attire and materials depend on theme and scheduled activities.
- Close-toed shoes and socks. (**No Crocs, flip flops, or open-toed sandals**).
- Comfortable clothing for various theatrical and outdoor activities.
- Water Bottle

### Teen Travel Camp

- Daily attire depends on the scheduled activities and trips. Please refer to the trip itinerary for guidance.

### Tennis Camp:

- Non-marking sneakers and socks (**No Crocs or flip flops**).
- Shorts and t-shirts with appropriate designs.
- Swimsuit, towel and sunblock. Swimsuit can be worn under clothes.
- Tennis bag or backpack.
- Water Bottle

- Hat and sunglasses (optional).

**Important:** Campers should not bring valuable items, such as cell phones, iPads, watches, trading cards to camp. Our camps cannot assume responsibility. Money is not needed at camp. Dangerous items, weapons and other inappropriate items are never allowed and will be confiscated immediately!!

## **Lunch, Snacks, & Treats**

### Our Kashruth Policy

- Send either kosher meat OR a dairy sandwich.
- Avoid combining meat and dairy products in the same meal.
- Please do not send shellfish, pork or lard products.

### Allergies

- The health and safety of our campers is our top priority. Parents are asked to complete the CampDoc paperwork to inform us of any allergies, allowing us to provide a safe and inclusive experience for all.

### Lunch

- Send a lunch, clearly labeled with your child's name, Monday through Friday.
- Hot Lunch: purchase a Kosher lunch via Avocado.

### Snacks

- Morning and afternoon snacks are provided daily by the camp. If you have a child with specific snack needs, please send them to camp with their preferred snacks.

### Birthday Treats

- For birthday or special group treats, please send kosher items (with a kosher symbol) during morning carpool. If you are unsure what to buy, feel free to call us for assistance.

## **Cell Phones & Electronic Devices**

At J Dallas Camps, safety, program quality, and fostering positive social interactions are our highest priorities. We recognize that cell phones and other electronic devices have become a common part of everyday life, but to ensure the well-being and privacy of all campers, we ask that our camp families support our cell phone/technology policy to promote a healthy, engaging camp environment.

- **General Policy:** We strongly discourage campers from bringing cell phones or any electronic/web-linked devices to camp. Camp is a unique opportunity for children to unplug, immerse themselves in nature, build friendships, and fully engage in camp activities. To support this environment, cell phones and electronic devices are not permitted for use during the camp day. Bringing these items can lead to distractions and hinder the camp experience for both the individual camper and their peers.
- **Communication:** In the event of an emergency or urgent message, contact Camp Central at **214-810-2377**, and we will relay the information to your child promptly.



- **Usage Guidelines:** If a camper brings a cell phone to camp, it must remain powered off and stored in their backpack while on campus. Cell phones or electronic devices may be used during bus travel, but campers must store them in their backpacks when directed. Failure to comply with these rules may result in the device being stored in the office until the end of the camp day.
- **Liability:** J Dallas Camps and the JCC Dallas are not responsible for lost, damaged, or stolen devices brought to camp. Our campers participate in a wide range of activities that require their full engagement and social interaction. To maximize the camp experience, we aim to create a distraction-free environment that fosters fun, connection, and personal growth.

## **Medication Procedures**

If your child has any allergies or activity restrictions, please ensure this is clearly noted on their medical form in CampDoc. (You should have received an email invitation to access CampDoc).

If your child requires medication during the camp day, complete the appropriate form in CampDoc with detailed instructions. Be sure to include your child's full name, the name of the medication, dosage, frequency and reason for administration. You must send the medication in its original prescription bottle with your camper. We cannot administer medication without the original prescription packaging.

All medications, including over-the-counter drugs, must be stored at Camp Central. Over-the-counter medications will only be administered with written authorization from a parent or guardian, which should be provided through CampDoc.

If you have specific concerns or questions about your child's medical needs during camp, please feel free to contact us during the camp day. We will notify you if any issues arise, including contacting you immediately if your child sustains any injuries that require more serious attention.

## **Immunizations**

Immunization records, signed by your child's doctor, must be submitted directly by the doctor and received before camp begins. These records are required for participation and are essential for the health and safety of all campers.

The authorizations provided in your registration forms allow us to administer emergency medical treatment to your child if you cannot be reached. This policy is in place to ensure the well-being of all campers.

Please help us by keeping your camper home if they are ill. We will call the primary and secondary contact on file if your camper becomes ill at camp.

### **JCC of Dallas Immunization Policy**

*Effective for Goldberg Early Childhood Center (GECC) and all J Dallas Camps*

All children must have a current health statement or health record signed by both a parent and a physician. In addition to the required annual health statement, all children attending the GECC or J Dallas Camps must provide proof of immunizations in accordance with the most current immunization schedule adopted by the

State of Texas. These records must be submitted before the first day of camp. A child's enrollment will only be considered complete once immunization records have been reviewed and approved by the GECC or J Dallas Camps. Immunization records must remain up to date for a child to attend.

We understand that in extremely rare cases, individuals may have documented allergies, severe adverse reactions to specific vaccines, or medical conditions that prevent them from following the immunization schedule within the required time frame. In these cases, a written and signed statement from a licensed physician (M.D. or D.O.) board-certified in allergy/immunology, infectious disease, or hematology/oncology will be required. These statements will be reviewed and approved or declined by an anonymous team of physicians selected by the JCC.

**\*Please note, that exemptions for reasons of conscience will not be accepted.**

## Insurance Coverage

The JCC provides accident insurance coverage for all campers attending camp. This policy offers a maximum benefit of \$35,000 per injury, with no deductible. Dental injuries are covered under this plan, provided the treatment is directly related to the injury.

Please note that this is supplemental insurance, meaning you must first submit any claims to your primary insurance provider.

## JDallas Camp App

1. Download the app from App Store or Google Play. Search for "Dallas J Summer Camps".
2. Tap "Create an Account", enter your email address (use the same one we have on file) & set your password.
3. Go back to the Sign In screen and login with your email address and password.



## Additional Details

- **Personal Equipment:** Items like cell phones, iPods, skateboards, and trading cards should not be brought to camp unless approved by the Camp Director. Camp is not responsible for lost or damaged personal items.
- **Prohibited Items:** Dangerous or inappropriate items will be confiscated.
- **Message Deadlines:** To ensure delivery, all messages must be left by 3:00 pm. Messages left after 3:00 pm will be addressed and returned the next business day.
- **Money:** Campers should not bring money to camp.

- Exceptions include afternoon extended care: campers who attend afternoon extended care can purchase snacks from the café at the pool.
  - Please note that we do not have staff available to monitor or enforce spending limits with cash or credit cards.