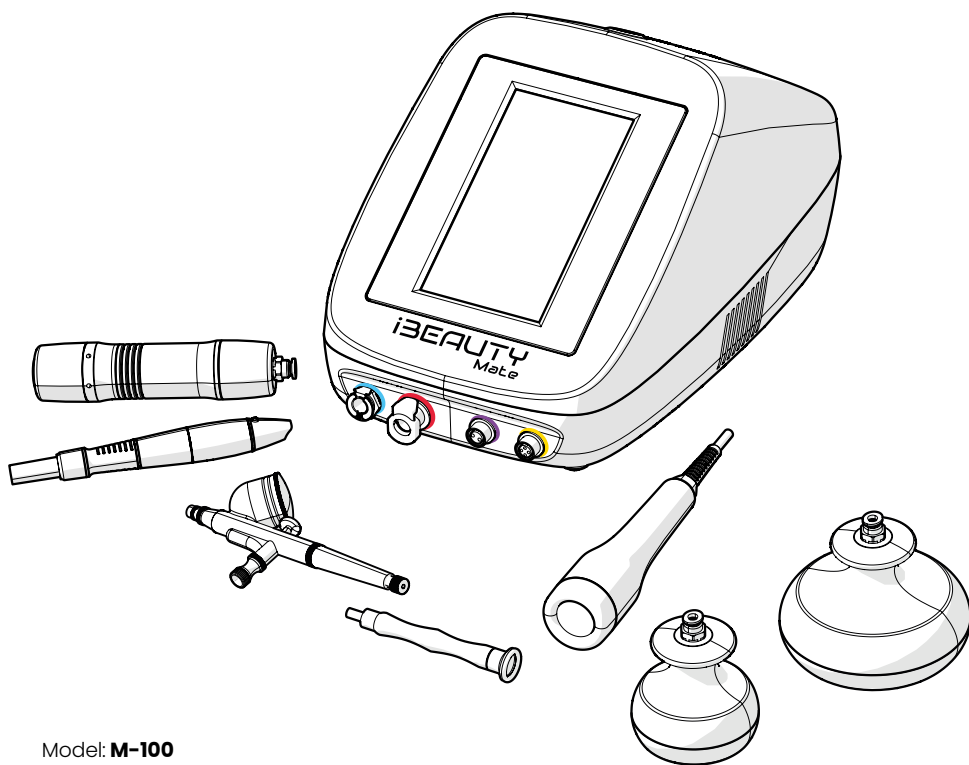


iBEAUTY Mate

INTELLIGENT,
MULTIFUNCTIONAL
DEVICE FOR COSMETIC
PROCEDURES

OPERATING MANUAL

EN



Model: **M-100**

Producer:

IBEAUTY MATE SP. Z O.O.

WROCŁAWSKA 35-37, 62-800 KALISZ

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POLAND, EUROPEAN UNION

www.ibeautymate.com



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Dear Customer!

Our congratulations! You have made a right choice. We are sure that using your iBeautyMate will be more than pleasant! Read this Manual carefully because it contains important information and remarks concerning the correct installation, use and maintenance of the device.

1. GENERAL REMARKS

- **iBeautyMate is a cosmetic device for performing non-invasive treatments on the area of a face, body and head skin.** It means that no part of the head penetrates physically below the top layer of the skin. This device **is not a medical device** and it is not intended for diagnosing, curing or preventing any disease. If you are not sure whether a given treatment may be performed, you should consult a specialist, such as a cosmetologist, a dermatologist or an aesthetic physician.
- **iBeautyMate holds a CE declaration of conformity for the EMC and LVD standards, and it satisfies all the European standards for this type of devices.** The manufacturer ensures the correct functioning of all the electronic components.

2. SAFETY OF USE

Safety rules:

- Before you start using iBeautyMate, read carefully these safety rules in order to use this device correctly.
- In each case, use iBeautyMate in a reasonable way, following the steps recommended.
- If iBeautyMate functions incorrectly or a non-typical reaction to a given treatment occurs, stop using the device immediately and contact a distributor based in your country or the manufacturer.
- Do not use the iBeautyMate device if there are any damage signs because it may lead to personal injuries.
- The precautions mentioned in the Manual are crucial. Follow them in order to ensure the safe use of this device.
- The precautions are classified as: DANGER, WARNING, CAUTION and INFORMATION, and they specify clearly a hazard level and likely risks which may occur if the iBeautyMate device is not used properly.

Warning symbols and their meaning:**DANGER!**

It indicates a dangerous situation which, if not eliminated, will generate a likely risk of death or severe injuries.

WARNING!

It indicates a dangerous situation which, if not eliminated, may generate the following risks: device failure / short-circuiting / fire / electric shock likely to result in severe personal injuries or death.

CAUTION!

It indicates a situation which, if not eliminated, may result in personal injuries or property damage (damage to a flat or household appliances).

INFORMATION!

It indicates information which is important for a given subject or purpose.

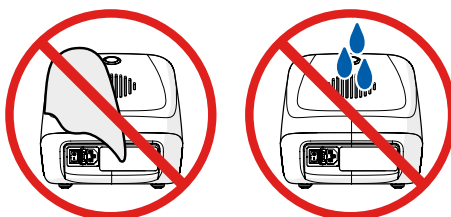
DANGER!

Using this device may result in the incorrect functioning of an electronic medical device, therefore do not use iBeautyMate in connection with electronic medical equipment:

Pacemakers or other implanted electronic medical devices / heart-lung machines or other life support electronic medical devices / Electrocardiograms or other carried electronic medical devices.

WARNING!

Under no circumstances you may cover the upper ventilation opening and under no condition you may allow any liquid to enter this opening. A failure to follow this recommendation may lead to short-circuiting, permanent device damage and it is also hazardous to health and it may be life-threatening.

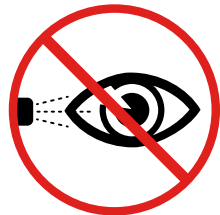


WARNING!

Pregnant women are forbidden to undergo any treatments.

**WARNING!**

It is not allowed to direct the LED head and other heads to the eyeball. It is not permitted to perform the treatment with the LED head on the upper or lower eyelids.

**WARNING!**

- **Do not use this device if the mains cord is damaged or the plug is loose.**
- **Do not move or lift the device by pulling any cord.**
- **Do not wet, wash or immerse the device and treatment heads in water.**
- **If any extreme abnormalities occur, switch the device off immediately and disconnect the mains cord.** Do not use the device if its functioning is faulty, if you detect any smoke, non-typical sounds or odours, or if the device works improperly.
- **Disconnecting the power supply cord from the socket must be carried out by grasping the plug and not the cord (do not touch the metal pins).**
- **Do not pull the plug from the socket or from the device during the treatment.**
- **If you do not use the device or if you clean it, disconnect the mains cord from the socket.**
- **Do not use this device if there are some serious health contraindications. Read the list of all the contraindications in the chapter: "10. Contraindications".**

- **Do not use this device in the cases indicated below.** It may cause an accident or other health problems:

Wounds / Places on which a surgery was performed (including plastic surgery) / Inside mouth, lips, around the pubic region or mucous membranes / Skin areas with suppurative inflammation / Areas with itching or hot feeling / Convex marks / Viral warts / Adam's apple / Over implants / Eyeballs / Eyelids / Eye areas / Sunburnt skin / Injuries (scars or other dark regions) / Fresh scars / Eczema, marks / Eyebrows / Ears / Nipples, areole / Inside the navel / Areas with permanent makeup / Areas with visible large veins or other blood vessels / Tattoos or painted skin areas / Genitals.

If you are not sure whether using the device is safe, consult a specialist (cosmetologist / dermatologist / aesthetic medicine physician) before use.

- **Large pump maximum operation time** (Shallow kinetic massage, Oxybrasion, Oxygen infusion) **is 20 minutes**. After this time, **wait 15 minutes** until it can be used again.

If the device works more than 20 minutes, there may be a message displayed concerning the activation of the cooling process. See **"14. Troubleshooting"** (Message: **"A pump cooling process activated"**).

In the event of other treatments (Endermomassage, Diamond microdermabrasion, Nano-needle mesotherapy, LED light therapy), the maximum uninterrupted operation time is **60 minutes**. After this time, stop the operation of the device for at least **10 minutes**.

- **Do not use this device near flammable substances (such as alcohol, diluter, benzene, nail remover or spray).**
- **Do not perform any treatments without earlier removal of a make-up base or other make-up products which are applied on the skin.** It is necessary to remove make-up before using the device. A failure to follow this recommendation may result in skin damage or problems.
- **Do not use this device if the fan does not work (or if you cannot hear it working).** A failure to follow this recommendation may result in smoke, fire, malfunction or injuries. If the fan is broken, contact a distributor based in your country or the manufacturer.
- **Do not use or store the device in the following locations:** A place with a high humidity level, such as a bathroom / Dusty places / A place in which the device is exposed to direct sunlight / A place in which water or other liquids may splash the device / Places with a significant inclination / Places exposed to vibrations or shocks / Outdoors / A place with an exposure to oil smoke or water steam / Places which become hot, for instance, near heating devices (e.g. stoves, ovens, etc.) / Places with drastic temperature changes (e.g. near an air-conditioner or a heater).
- **Do not leave the device which is switched on unattended.**
- **Do not use the device for purposes other than those specified in this Manual.**
- **Do not allow children or disabled people to use the device.** The underage people may use this device only under the supervision of a caretaker who expressed his/her consent.
- **Do not place any objects on the device, do not leave the device during its use and do not expose the device, by other means, to strong impacts or forces.**
- **Do not dismantle, modify or attempt to repair the device in any way whatsoever.** Incompliance with this recommendation leads to the loss of a warranty and may result in fire, electric shock or personal injuries.
- **Stop using the device and do not use it again in the event of detecting an unpleasant odour or excessive heat generation.** In the event of any malfunction, contact a distributor based in your country or the manufacturer.

CAUTION!

- **Do not lift the device by holding it on the top part of the housing.**
- **The head should be connected before pressing the start button. As far as the LED head is concerned and the Nano-needle mesotherapy head, the device will not start working if the head is connected after clicking the start button.**
- **Do not touch the display with dirty hands, especially stained with treatment oils, cosmetics, ultrasonography gel, etc. The display should be operated with a clean and dried hand.**
- **Do not clean the control device body with dissolvents, such as alcohol, diluter, benzene, nail remover, kerosene, chemicals or polishing powder.** A failure to follow this recommendation may result in damaging the device surface.
- **Do not use this device on pets.**
- **Do not use this device on a treatment area which is covered with clothes.**
- **It is necessary to remove make-up before using the device.** If the device is used on skin with make-up, a fluid may cause dark skin pigmentation.
- **Supply the following required protective equipment before the treatment,** such as: protective gloves, protective glasses, head band, treatment scarf, which are specific for a given treatment. See **“12. Informative tables » Accessories”**.
- **When working on a given cosmetic problem, use recommended cosmetics during a treatment series** or cosmetics which contain a desirable ingredient, see **“12. Informative tables » Cosmetics”**.
- After a finished treatment, always follow the after-treatment recommendations. See **“12. Informative tables » After-treatment recommendations”**.
- The elements of the iBeautyMate device which contact skin must be cleaned and disinfected carefully after each use and they must be kept clean.
- After finishing the treatment, disinfect the head according to the information displayed on the device screen, see **“13. Maintenance, disinfection”**.
- **Ensure that ambient temperature in which iBeautyMate is used is proper. The ambient temperature range, in which the device may be used, is from 5 to 35°C.** The device may have problems to adjust to ambient temperature in a new location immediately after its moving. A failure to follow this recommendation may lead to a malfunction or incorrect functioning of the device.
- **If the device was not used for a long time, before starting it again, check whether it works properly.**

INFORMATION!

- **A treatment process depends on many factors, such as: established parameters, treatment frequency and personal predispositions. The manufacturer of the device does not guarantee any treatment effects because they cannot be foreseen.**

3. PROPER USE AND APPLICATION



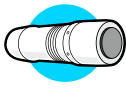
3.1 Purpose and scope of application

iBeautyMate is a smart, multifunctional device for cosmetic treatments which is ideal for beauty salons and professionals providing services at a client's location - its compact size makes it a mobile device suitable for transport.

It is an excellent choice for those who want to perform advanced cosmetic treatments at home.

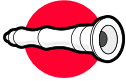
iBeautyMate enables advanced cosmetic treatments both by professionals with a background in cosmetics, and people trained for performing cosmetic treatments who have read this Manual in full.

iBeautyMate enables performing cosmetic treatments, such as: Oxygen infusion, Oxyabrasion, Shallow kinetic massage, Endermologie, Diamond microdermabrasion, Nano-needle mesotherapy, LED light therapy (LED for short).

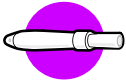
Head symbol	Treatment name	Treatment description
	Oxygen infusion	During an oxygen infusion treatment, oxygen molecules are applied deep into the epidermis along with a mixture of active substances contained in a specialised ampoule or serum. It is a banqueting, moisturising and nourishing treatment recommended for all skin types.
	Oxyabrasion	The oxyabrasion treatment consists of exfoliating the dead layer of the epidermis, using simultaneous application of oxygen and a jet of water or a substance of your choice. The oxyabrasion treatment cleanses and oxygenates the skin. Blood circulation is improved, the skin is hydrated and nourished.
	Shallow kinetic massage	Shallow kinetic massage is used for non-invasive skin firming and relaxation of subcutaneous tissue. The method is completely safe. The head does not generate electromagnetic radiation and the energy is caused solely by compressor pressure. The treatment consists of applying mechanical waves to selected parts of the body to improve skin tone and significantly reduce the appearance of cellulite. The head under no condition may be used for fatty tissue removal or reduction.

**Endermomassage**

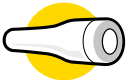
Endermomassage is a combination of mechanical massage and negative pressure. The treatment head sucks in a fold of skin, which is further massaged by moving rollers located in the head. The treatment is completely non-invasive. Lymphatic drainage significantly improves skin tone and texture. **The head under no condition may be used for fatty tissue removal or reduction.**

**Diamond micro-dermabrasion**

The purpose of diamond microdermabrasion is to exfoliate dead skin, using diamond crystals placed on the head and vacuum generated by a compressor. Microdermabrasion cleanses, smooths and firms the skin, and evens out skin tone.

**Nano-needle mesotherapy**

Nano-needle mesotherapy uses high-frequency strokes aimed at introducing cosmetics deep into the epidermis. The head has a cartridge containing 0.1mm-long nano-pipes, with which the chosen ampoule is gently applied.

**LED**

LED is light treatment with different wavelengths. It is a non-invasive, safe method that does not damage the continuity of the epidermis. The technology uses white, blue, green, red, orange and yellow light. Each has different effects, including, skin rejuvenation and regeneration, regulation of exfoliation processes, has brightening properties, improves pigmentation and reduces the visibility of scars.

3.2 User's responsibilities

The **User** of the iBeautyMate device is any entity who is in possession of the iBeautyMate device as an owner, a lessee, a licensee, a renter or a person with other title to the iBeautyMate device, as well as each entity who uses it by itself or to the benefit of whom the iBeautyMate device is used.

The User is obliged to ensure that the iBeautyMate device is used only in accordance with its purpose and in dedicated conditions, following this Manual.

The User is obliged to undertake all the necessary measures in order to ensure the correct functioning of the product and prevent safety, life and health hazards of the user and of people undergoing treatments. The operation of the device is allowed only by authorised personnel, which is trained and familiar with this Manual. The User must guarantee that all the people operating the iBeautyMate device read, understand and adhere to this Manual.

3.3 Technical data

General

Power consumption	150 W
Voltage	220-230 V
Frequency	50-60 hz
Display	7" LCD, touch-sensitive IPS 1024 x 600 px
Ventilation method	Air fan
Base dimensions	38,5 x 21 x 21,5 (cm)
Weight	7,4 kg
Standards / Certification	CE

Nano-needle mesotherapy

Cartridge type	with 0,1 mm nano-needles
Frequency	level 1: 25-30 insertions/sec
	level 2: 35-40 insertions/sec
	level 3: 45-50 insertions/sec
	level 4: 55-60 insertions/sec
	level 5: 65-70 insertions/sec
Line feed depth	0 - 3 mm
Head dimensions	15 x 2 cm
Head weight	77 g
Head material	aluminium
Cable length	1,8 m

Diamond microdermabrasion

Pump capacity	12-15 l/min
Pump pressure	0-2,2 bar
Types of abrasive tips	7 mm (D-240)
	8 mm (D-200)
	14 mm (D-180)
	14 mm (D-120)
	17 mm (D-240)
	17 mm (D-180)
	20 mm (D-180)
	20 mm (D-75) FOR FEET ONLY
	22 mm (D-120)
Head dimensions	1,5 x 11 cm
Filtration type	pre-filter, liquid filter on the hose
Hose length	1,8 m

Oxybrasion

Pump capacity	25-28 l/min
Pump pressure	0-12 bar
Output maximum pressure	2 bar
Head dimensions	15 x 7 x 3 cm
Head weight	110 g
Tank capacity	7 cm ³
Head material	aluminium
Hose length	1,8 m

Oxygen infusion

Pump capacity	25-28 l/min
Pump pressure	0-12 bar
Output maximum pressure	2 bar
Head dimensions	15 x 7 x 3 cm
Head weight	110 g
Tank capacity	7 cm ³
Head material	aluminium
Hose length	1,8 m

LED

Number of diodes	7
Current for a single diode	18 mA
Colours	white, blue, green, red, orange, yellow, purple
Dimensions	3,7 x 19 cm
Head weight	130 g
Head material	Poliaceta
Cable length	1,8 m

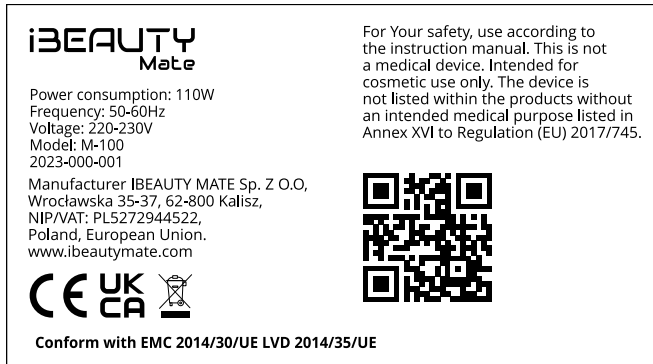
Shallow kinetic massage

Pump capacity	25-28 l/min
Output maximum pressure	2 bar
Pump pressure	0-12 bar
Head dimensions	3,7 x 19 cm
Head weight	650 g
Head material	Poliacetal, stainless steel, aluminium
Filtration type	condenser on the hose
Hose length	1,8 m

Endermomassage

Pump capacity	12-15 l/min
Pump pressure	0-2,2 bar
Under-pressure	0- 53 cmHg
Large head diameter	12 cm
Large head weight	700 g
Small head diameter	7,5 cm
Small head weight	280 g
Head material	Poliacetal
Roller material	Stainless steel
Filtration type	pre-filter + liquid filter on the hose
Hose length	1,8 m

3.4 Data and symbols provided on the product (nameplate)



CE marking

iBeautyMate holds a CE mark. Related declarations of conformity are available for downloading in the electronic format at: www.iBeautyMate.com.



UKCA marking

UKCA which stands for UK Conformity Assessed (United Kingdom Conformity Assessed is a conformity mark for some products sold in Great Britain).



WEEE marking (waste electric and electronic equipment)

Do not dispose of the product with household waste but in accordance with regulations concerning the disposal of electronic waste which are binding in the installation site.

Additional information provided on the nameplate:

- Manufacturer's logo.
- Energy consumption.
- Electric parameters (voltage and frequency).
- Device model and serial number.
- Manufacturer's details (full name, address, website address)
- Warning:

For your own safety, use the device in accordance with the Manual. This is not a medical device. It is intended only for cosmetic use. The device is not listed as a product without specific medical purpose mentioned in Appendix No. 16 to Regulation (EU) 2017/745.

- QR code directing to the manufacturer's website.

3.5 Transport

The iBeautyMate device may be transported by all generally available covered means of transport. When transported, the device should be protected against humidity and mechanical damage.

The device must be transported in the following conditions:

- temperature: -10°C to 45°C ,
- relative humidity: 20% to 80%.

If there is a significant temperature difference between the room temperature in which the device is placed and the transport temperature, the device must be left until it reaches the room temperature in which it is placed. Only after this time, the device may be started.

4. IBEAUTYMATE DEVICE OPERATING RULE

IPS touch display (15) – an interface which will enable selecting and adjusting the device functions and settings. The touch screen is used for navigating in the menu, selecting operating modes and, depending on a given

Heads – iBeautyMate is delivered with replaceable heads which are intended for specific treatments. These are: oxygen infusion and oxyabrasion head (2), shallow kinetic massage head (4), diamond microdermabrasion head (7), nano-needle mesotherapy head (11) with a power supply cord, two endermomassage heads (10), LED therapy head (with integrated power supply cord) (12). The design of these heads enable the precise and effective performance of every treatment.

Lines – iBeautyMate device is equipped with pressure lines which connect the heads with the main control device (1). These lines transmit signals and energy to the heads in order to perform a given treatment.

The iBeautyMate **control device** (1) is the heart of the system which uses a compressor (CAUTION – This device does not use an oxygen concentrator).

The Oxygen infusion and Oxyabrasion treatments are performed by means of compressed air. Endermomassage and Diamond microdermabrasion are possible thanks to under-pressure and suction.

LED light therapy makes use of the LED diode light.

Nano-needle mesotherapy is based on non-invasive nano-needles.

Treatment algorithms – iBeautyMate innovation. The device has programmed treatment algorithms which, depending on a selected operating mode, will allow you to:

- perform a treatment on a pre-selected part of the body,
- process a cosmetic problem, such as: "Stimulation of hair growth on the head" by means of a carefully selected series of treatments.

The device will guide you by your hand and show you step by step how to perform a given treatment, it will suggest proper power (which you can change depending on individual needs) and instruct you how long a given activity should be performed. There will be useful information and its description displayed on the screen to make you sure that you know what you do at each treatment stage.

5. CONTENTS OF THE SET

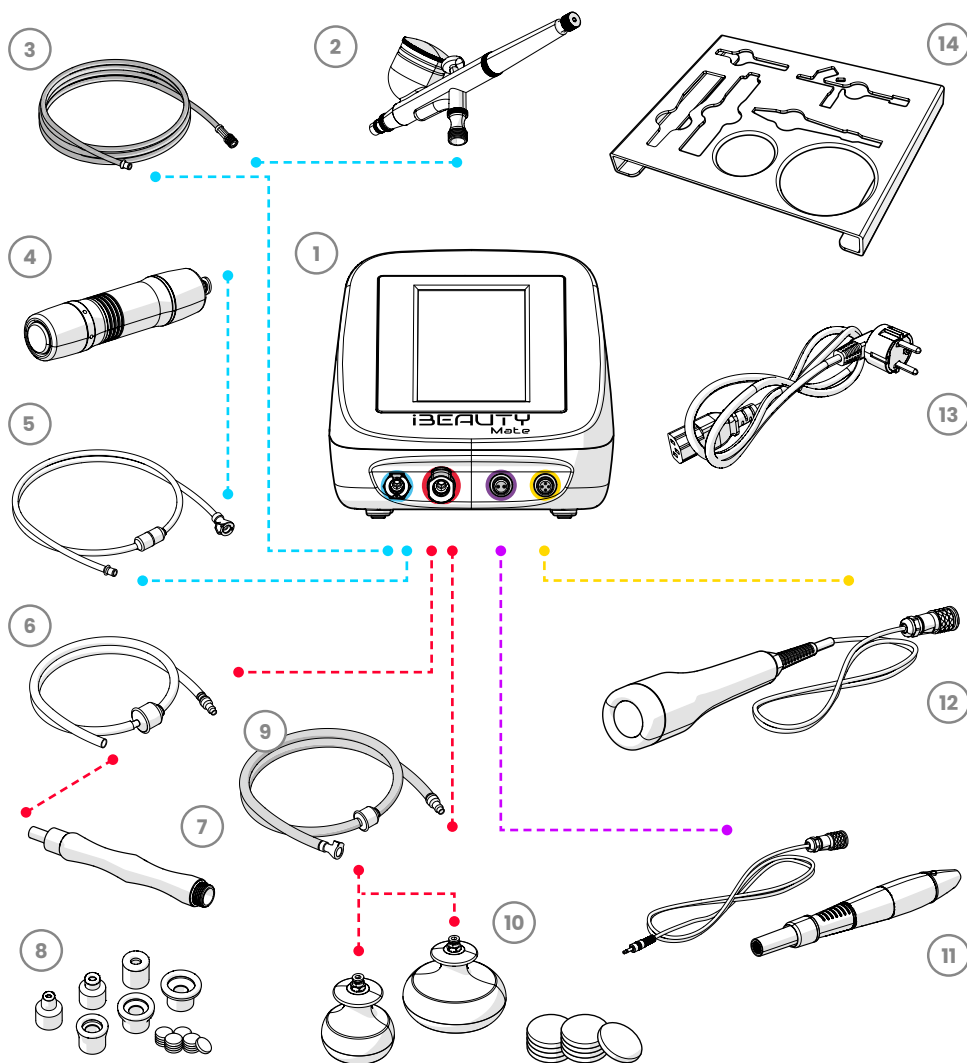


Fig. 5.1 Contents of the set / connection diagram

1. iBeautyMate control device
2. Head for Oxybrasion and Oxygen infusion (aerograph)
3. Flexible pressure line for Oxybrasion and Oxygen infusion
4. Head for Shallow kinetic massage
5. Line for Shallow kinetic massage with a condenser
6. Line for Microdermabrasion with a filter (transparent)
7. Head for Microdermabrasion (3 pcs.)
8. Diamond tips for Microdermabrasion (10 pcs.) with filters
9. Line for Endermommassage with a filter (grey)
10. Two heads for Endermommassage with filters (5 pcs. each)
11. Pen for Nano-needle mesotherapy with a line, cartridge (2 pcs. in a set)
12. LED head with an integrated cord
13. Power supply cord
14. Organiser for heads

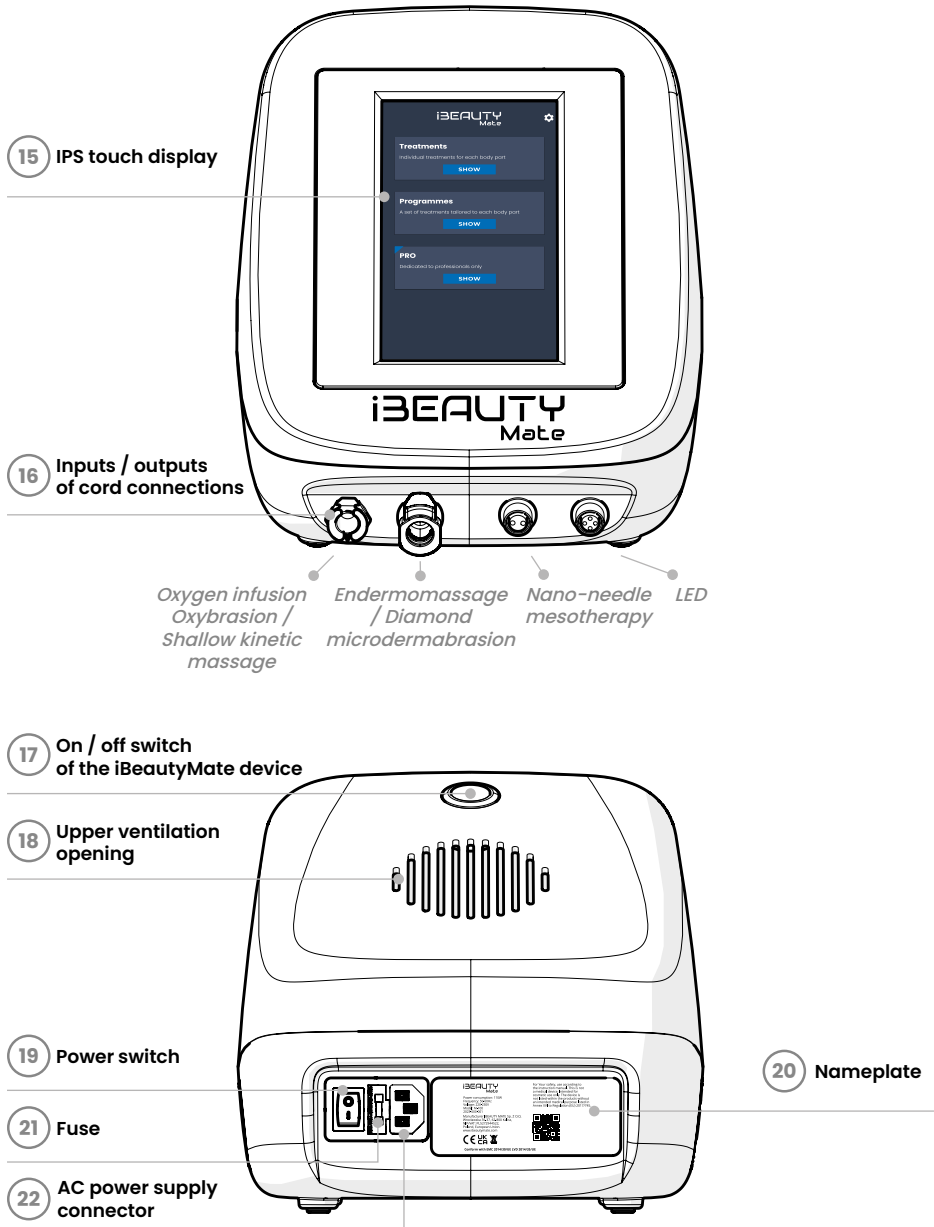


Fig. 5.2 Control device, top / rear view

Simplified head connection diagram

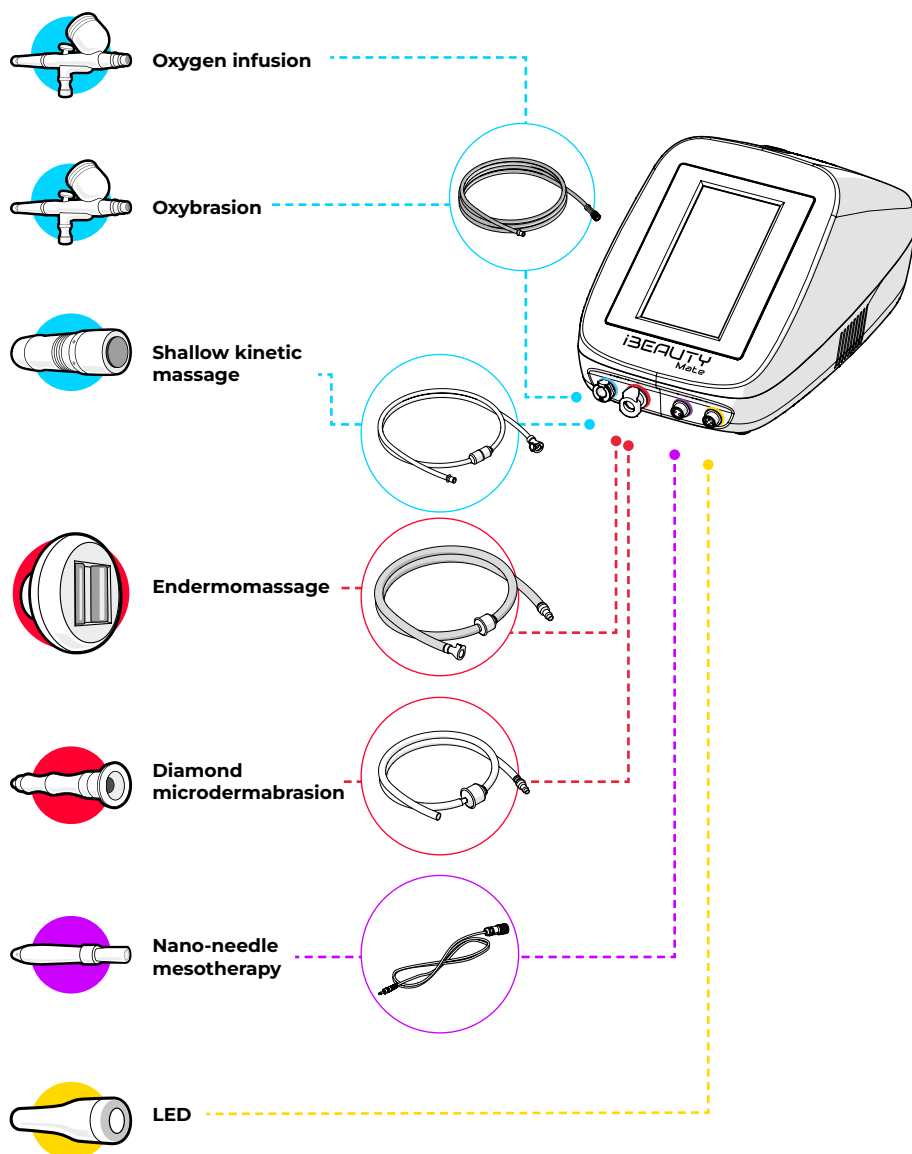


Fig. 5.3 Simplified head connection diagram

6. CONNECTION OF HEADS AND ACCESSORIES

WARNING!

After unpacking the device make sure that the set includes all the elements and that they are not damaged mechanically. If in doubt, contact a distributor based in your country or the manufacturer.

The illustrations provided below depict the connection patterns for the heads which will be necessary for conducting a given treatment.

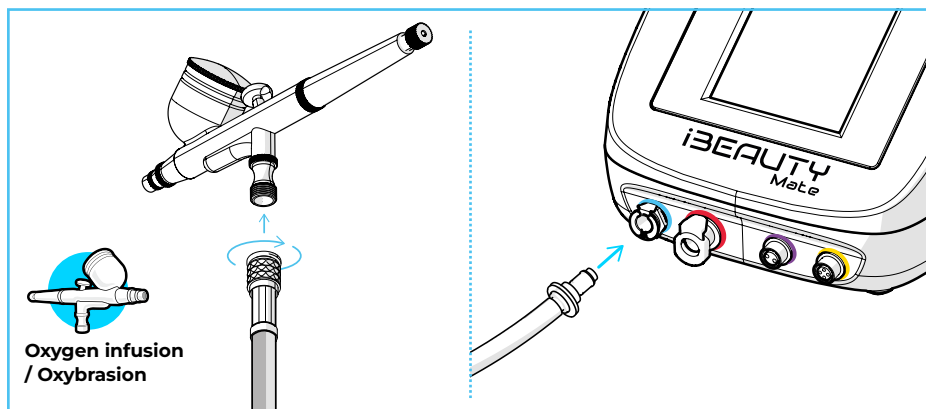


Fig. 6.1 Oxygen infusion / Oxybrasion - connecting the line with the head and the control device

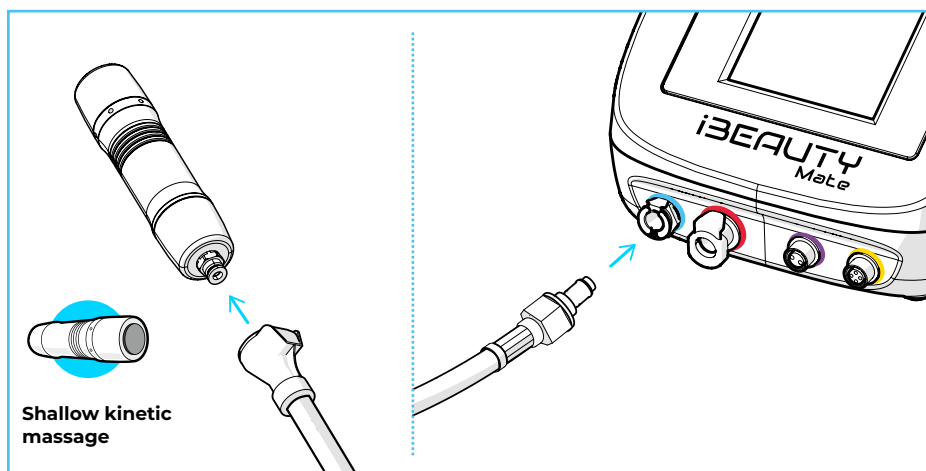


Fig. 6.2 Shallow kinetic massage - connecting the line with the head and the control device

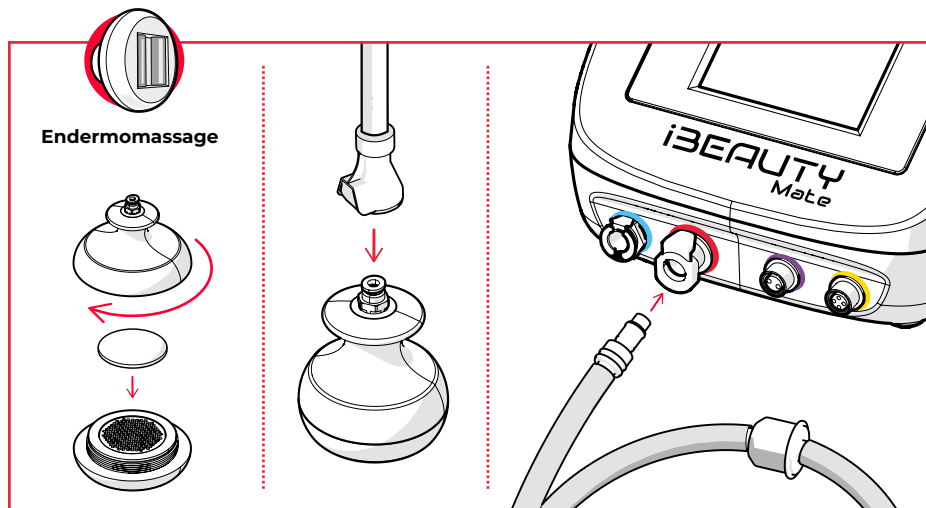


Fig. 6.3 Mounting the filter / connecting the endermomassage line to the head and the control device

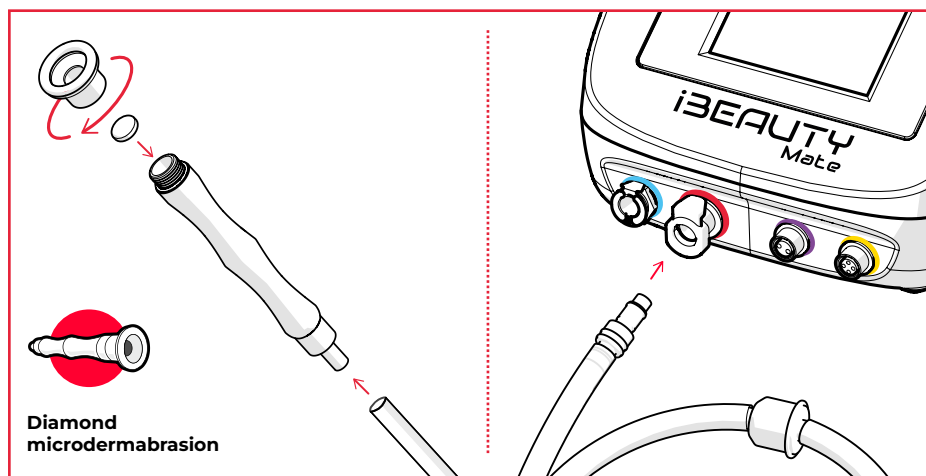


Fig. 6.4 Mounting the diamond tip and filter + connecting the head with the line and the device

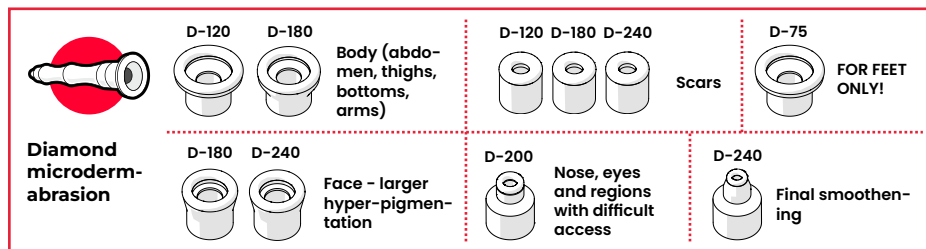


Fig. 6.5 Purpose of diamond tips - the larger the grains (lower D number) are, the stronger the exfoliation is. Do not use the D-75 tip on other areas than feet!

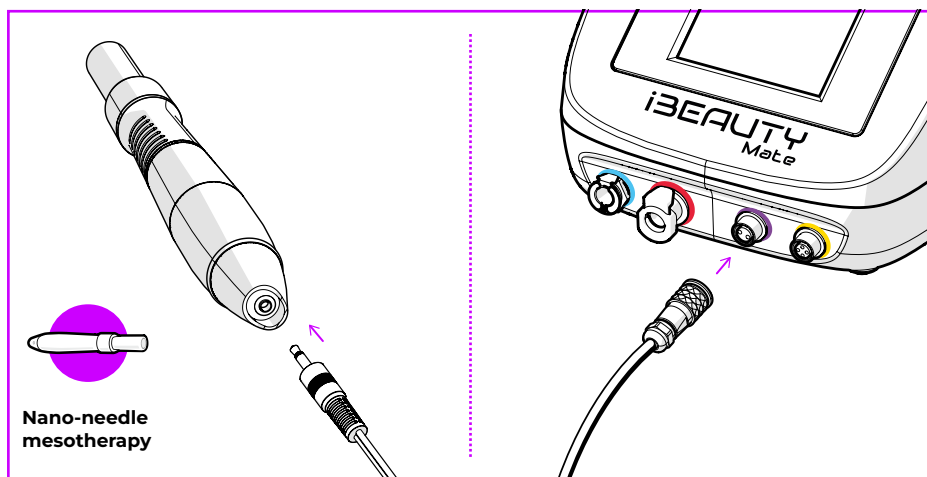


Fig. 6.6 Connecting the mesotherapy power supply cord to the head and the control device

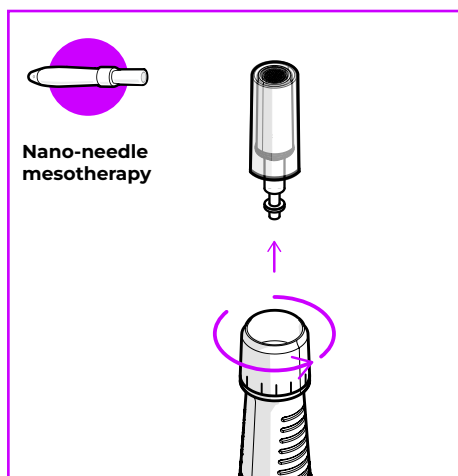


Fig. 6.7 Replacing the needle cartridge

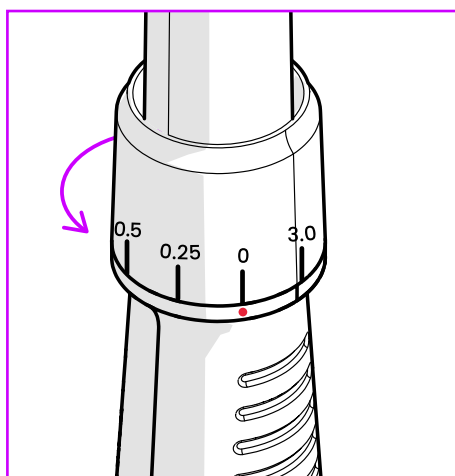


Fig. 6.8 Adjusting the needle line feed

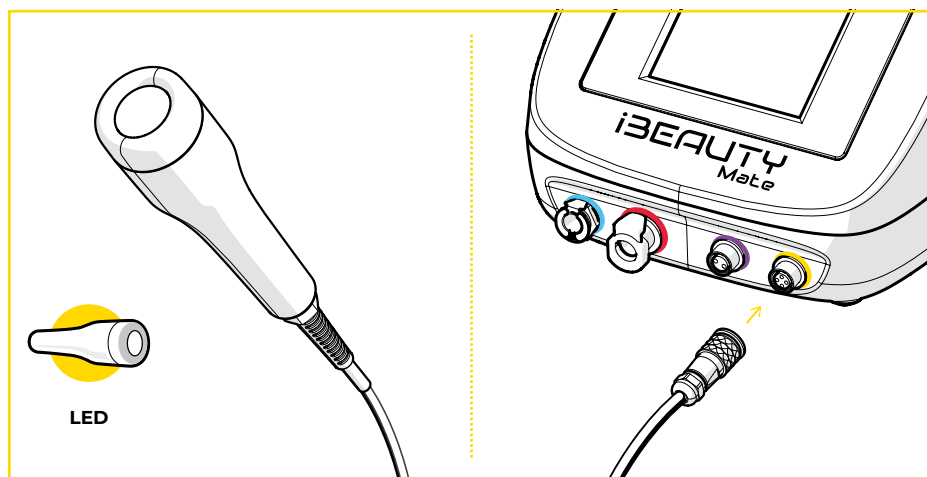


Fig. 6.9 Connecting the LED power supply cord to the head and the control device

7. FIRST START-UP

Connect the power supply cord (13) to the rear connector (22) and then switch the power on: (19). Start the iBeautyMate device with the upper button (17) which will turn blue after activation. Wait until the control panel (15) starts (the start time of all the subassemblies may take about 30 seconds).

After starting the iBeautyMate you can choose one of the following 3 operating modes:

Treatments, **Programmes** and **PRO** mode for professionals (Fig. 7.1).

Treatments – single treatments for a given part of the body.

Programmes – a set of treatments dedicated to a specific part of the body.

After choosing the area of the body, you can select a related programme. On this basis, the device selects treatments (in a pre-defined sequence, power and duration).

PRO – a manual mode dedicated to advanced users and professionals who want to perform a given treatment. It enables setting the power and time of a given treatment.

INFORMATION!

Operating modes are described in detail in chapter » **“8. Operating modes”**.

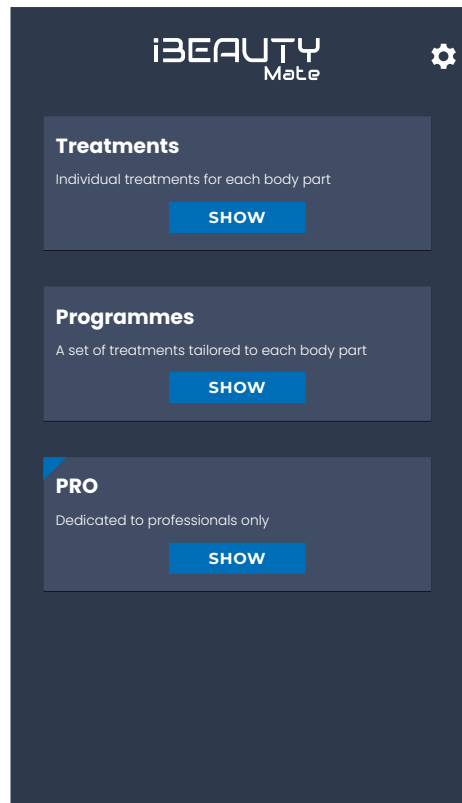




Fig. 7.1 Device application start screen

First start-up

- 1 If you start the device for the first time, click the icon  (Fig. 7.1) and then create a user profile by selecting sequentially the fields **"Switch the user"** (Fig. 7.2), and then **"New user"**.
- 2 Select a language, enter the name of a new user and **"SAVE"** the profile.
- 3 Then choose contraindications for treatments or confirm their lack. On this basis, the device will display treatments which are advised against.

After selecting  you can set-up the following parameters:

Contraindications – a list of health conditions based on which iBeautyMate will select the best treatments for you.

Settings – you can change a language or user name here.

Switch user – you can choose a current user or add a new user here. After selecting a user, choose health contraindications or confirm their lack.

Favourite treatments – create the lists of treatments, which you use the most frequently. You can add a given treatment to your favourites after its completion (by clicking a dedicated press button "Add to favourites").

Favourite programmes – create the lists of programmes, which you use the most frequently. You can add a given programme to your favourites after its completion (by clicking a dedicated press button "Add to favourites").

Switch off – you can switch the device off from the menu position.

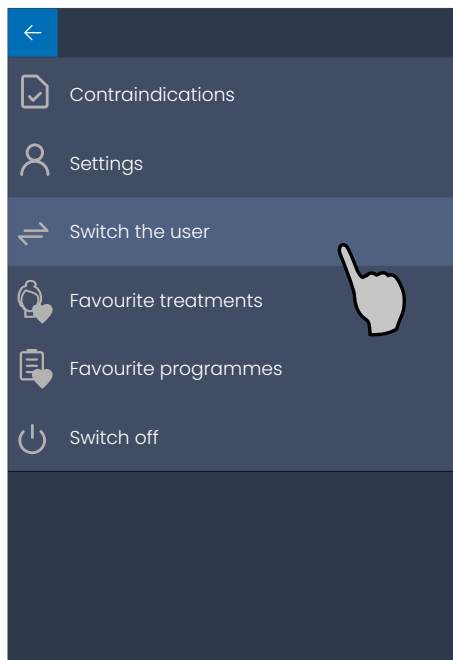


Fig. 7.2 Parameters set-up

8. OPERATING MODES

8.1 Treatments

Treatments are device operating modes in which you can choose a single treatment for a given part of the body.

- 1 Choose a part of the body on which you want to perform the treatment (Fig. 8.1.1).

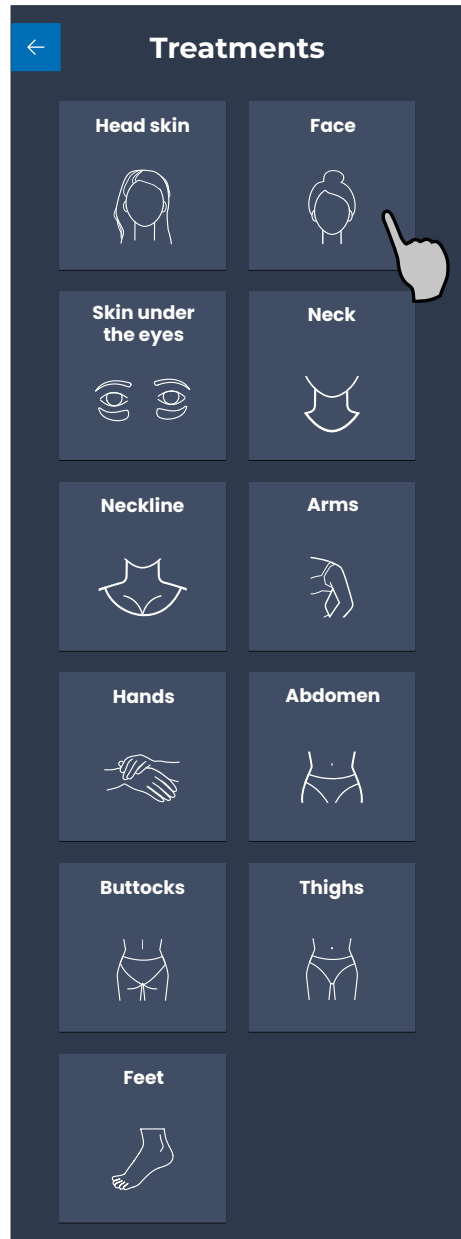


Fig. 8.1.1 Start screen of the "Treatments" mode

- 2 Select a treatment you want to perform.

INFORMATION!

Check the list of all the treatments available for a given part of the body, see “12. Informative tables » Treatments”.

WARNING!

Before you perform your treatment, make sure that you have read all the contraindications carefully, see “10. Contraindications”.

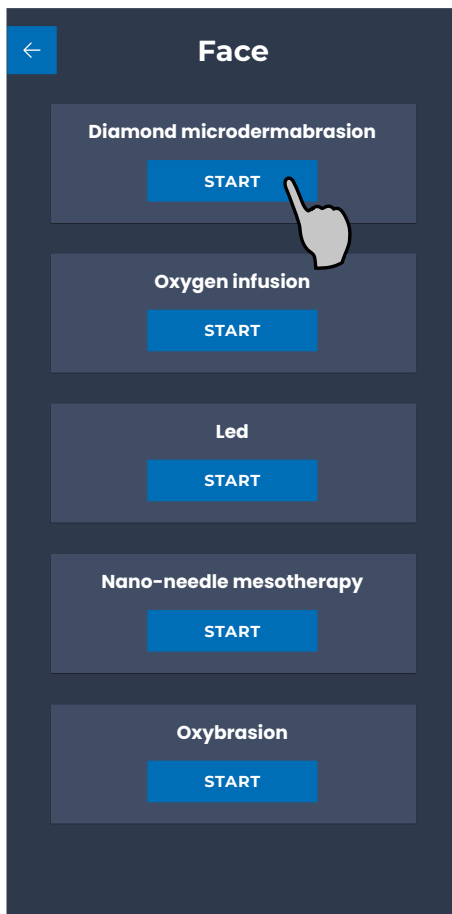


Fig. 8.1.2 Treatments available for a given part of the body (an example for the Face)

3

Ensure that you have accessories which are necessary for the treatment. Prepare the head and go **“NEXT”** (Fig. 8.1.3)

INFORMATION!

Make sure that the head and lines needed for performing the treatment are clean, dry and not damaged.

INFORMATION!

Read the list of all the accessories required for performing given treatments, see **“12. Informative tables » Accessories”**.

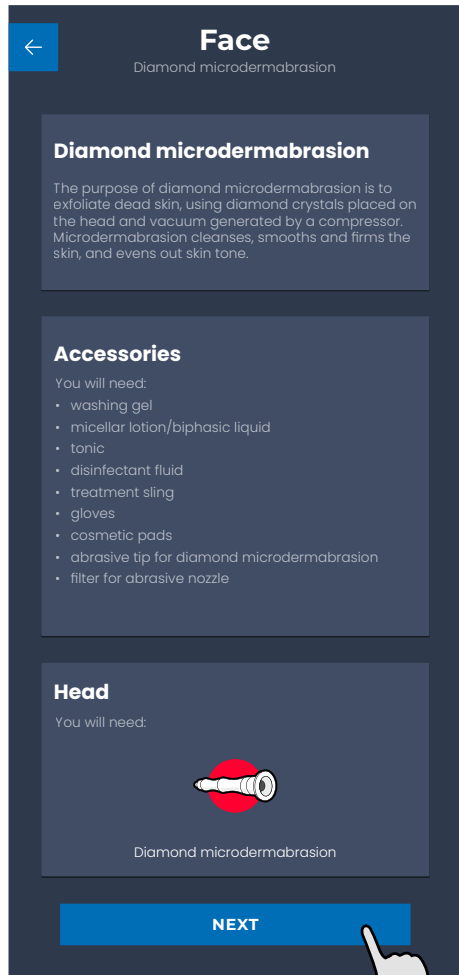


Fig. 8.1.3 Preparation for the treatment

- 4 Connect the head and go
"NEXT" (Fig. 8.1.4).

INFORMATION!

All the connections of the heads to corresponding inputs / outputs can be checked in chapter

"6. Connection of heads and accessories".

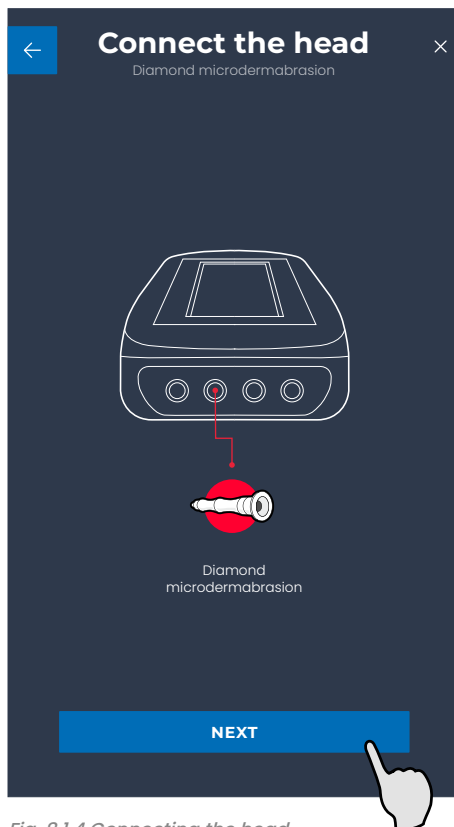


Fig. 8.1.4 Connecting the head

5

Prepare a pre-selected part of the body for the treatment according to the instructions and animations displayed on the device screen (Fig. 8.1.5).

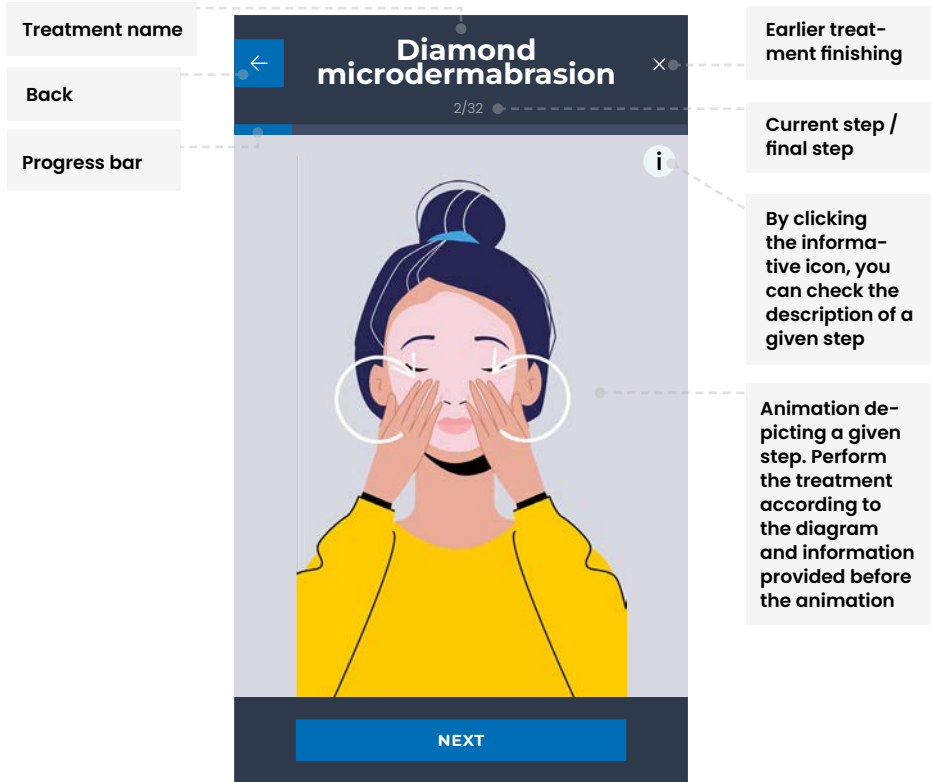


Fig. 8.1.5 Preparation for the treatment

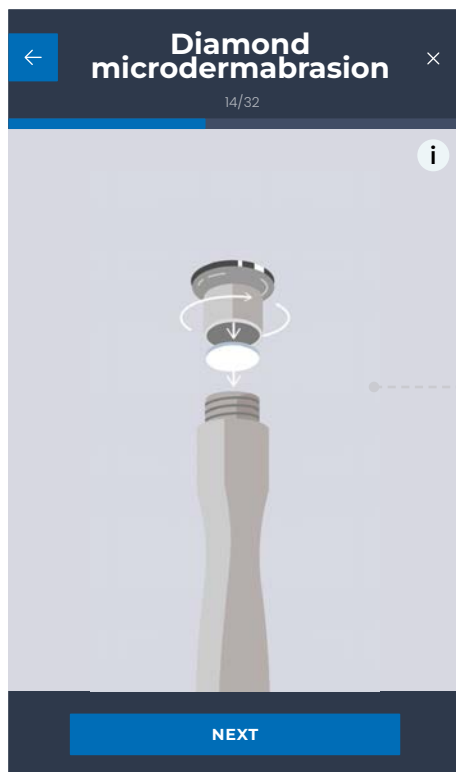
INFORMATION!

If you created a user profile and you perform a given treatment again, you can skip the tutorial by clicking the **"Skip the tutorial"** press button. The pre-animation instruction screens will be hidden (you can at any time return to the text instruction by clicking the informative icon "i").

If you finish the treatment earlier, you will lose your progress and the treatment steps carried out will not be saved.

6

If the head you use needs installing additional accessories / filters / filling – you will be informed about this. Follow the information displayed on the screen (Fig. 8.1.6).



The animation depicts a technique of mounting the head and other necessary accessories (if present)

Fig. 8.1.6 Preparation of the head

7

Select the treatment power (pressure value) and go "NEXT" (Fig. 8.1.7).

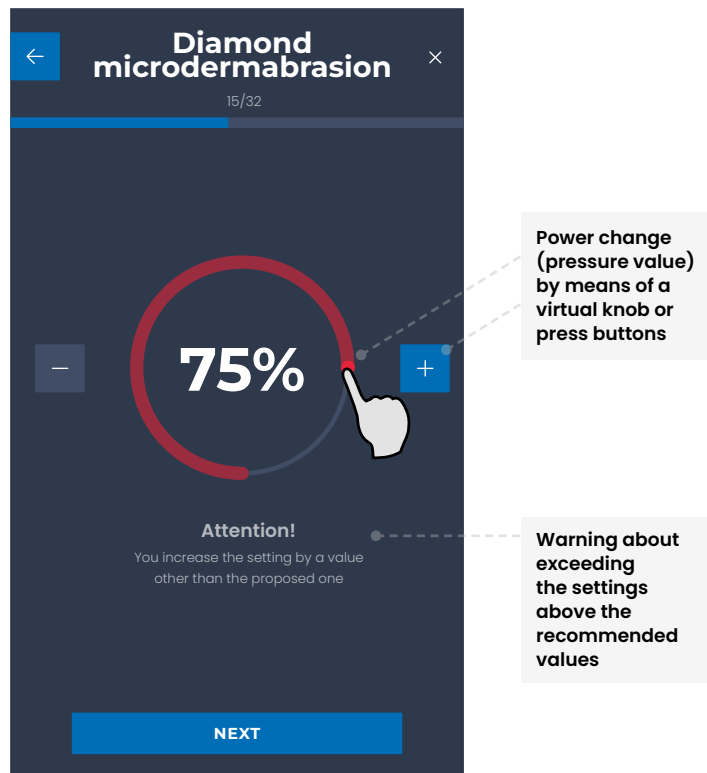


Fig. 8.1.7

WARNING!

Choose the parameters based on your sensations - treatments cannot be painful. Discontinue the treatment as soon as you feel any discomfort during the treatment.

8

Press the “**START**” press button. Perform the treatment in a manner illustrated in the animation within the time counted by the timer which can be seen in the screen corner (Fig. 8.1.8).

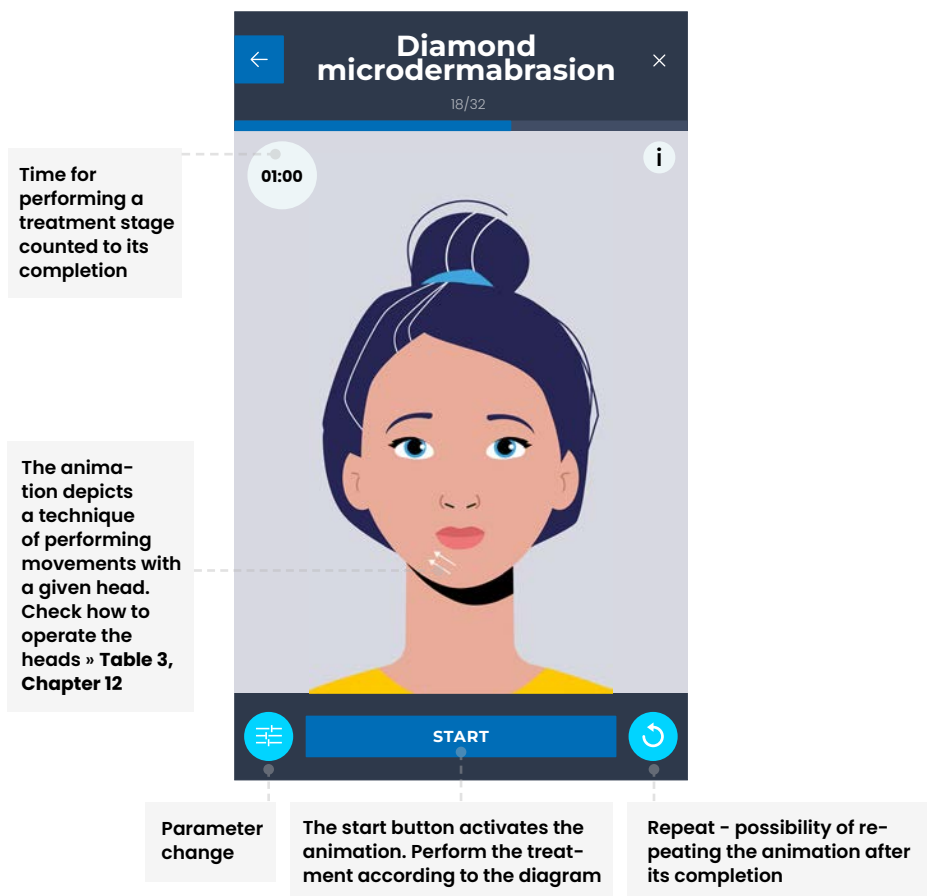


Fig. 8.1.8

WARNING!

Large pump maximum operation time (Shallow kinetic massage, Oxybrasion, Oxygen infusion) is 20 minutes. After this time, wait 15 minutes until it can be used again. If the device works more than 20 minutes, there may be a message displayed concerning the activation of the cooling process. See “14. Troubleshooting”.

In the event of other treatments (Enderm massage, Diamond microdermabrasion, Nano-needle mesotherapy, LED light therapy), the maximum uninterrupted operation time is **60 minutes**. After this time, stop the operation of the device for at least **10 minutes**.

9

After completing the treatment, disconnect the lines and clean the head, following the hints displayed on the screen (Fig. 8.1.9). See “**13. Maintenance, disinfection**”.

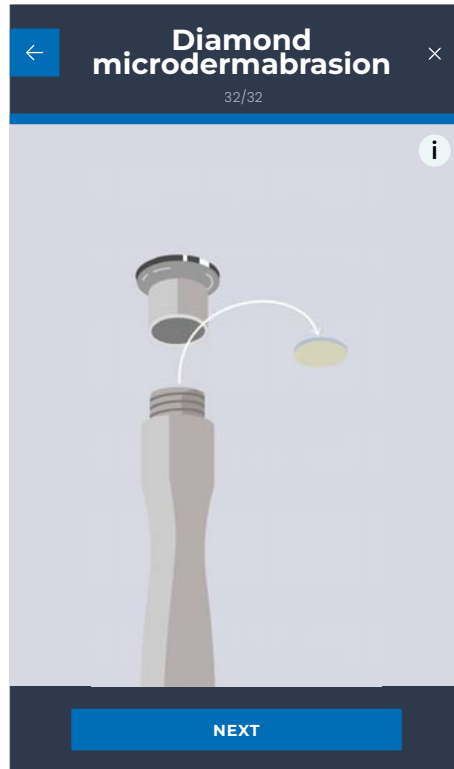


Fig. 8.1.9

- 10 Remember about after-treatment recommendations which you will be informed about on the screen (Fig. 8.1.9). See “12. Informative tables » After-treatment recommendations”.

INFORMATION!

You can add the completed treatment to your favourites. You can do it by pressing the dedicated “Add to favourites” press button.

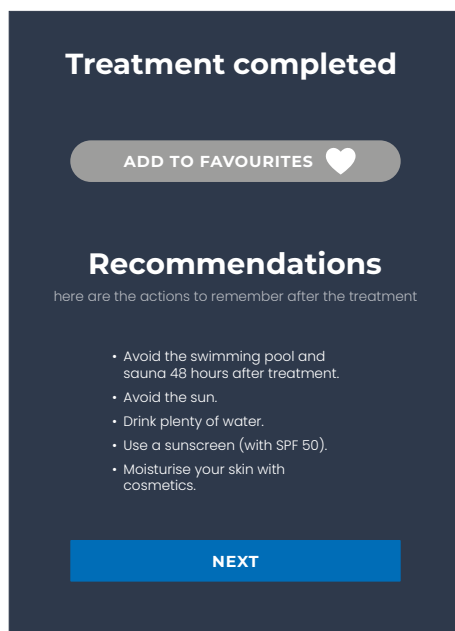


Fig. 8.1.10

INFORMATION!

When you complete the treatment, switch the device off by one of the following means:

- A** Press the top button (17) which will start flashing. When this press button stops flashing, switch the device off with the rear button (19).
- B** Click the icon ⚙️, and then click the “Switch the device off”. The top press button will start flashing, when it stops flashing, switch the device off with the rear button (19).

8.2 Programmes

The **Programmes** mode is a set of treatments dedicated to a specific part of the body with a given problem.

The task of this mode is to improve the looks of the skin by selecting proper treatments carefully (**with a properly selected sequence, duration and power**).

- 1 Select a part of the body on which you want to perform the programme (Fig. 8.2.1).

WARNING!

Before you start the programme, read chapter “8. Operating modes » Treatments”.

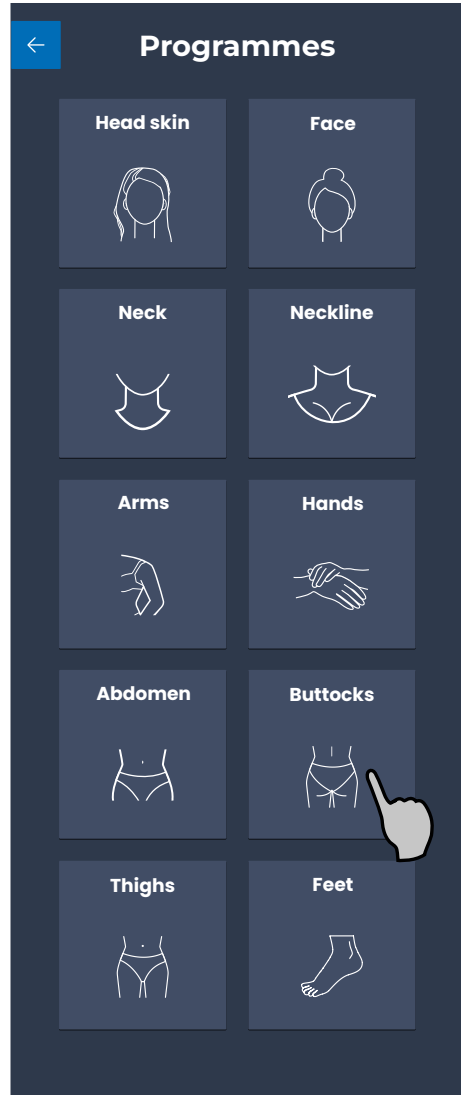


Fig. 8.2.1 Start screen of the “Programmes” mode

2 Select a problem and start your programme.

INFORMATION!














Coloured blocks on diagrams provided below illustrate treatments which will be performed during a given programme.

Ensure that you have accessories necessary for performing each treatment, see "12. Informative tables » Accessories".
































In order to maximise the effects of a given programme, use cosmetics for each treatment which contain active substances. Check the full list of recommended cosmetics, see "12. Informative tables » Cosmetics".

Programmes dedicated to the specific parts of the body (+frequency of repetitions)




























A. Head skin

Problem	Treatments performed during a programme			Frequency	
Intense stimulation of head skin hair growth	 Oxybrasion	+	 Nano-needle mesotherapy	 LED red	every 4 weeks (7 in a single series)
Stimulating hair growth on the head	 Oxybrasion	+	 Oxygen infusion	 LED red	once a week (7 in a single series)
Dry dandruff	 LED yellow				once a week (10 in a single series)
Oily dandruff	 LED blue				once a week (10 in a single series)
Prevention of baldness	 Oxygen infusion	+	 LED red		once a week (7 in a single series)
Oily head skin	 Oxybrasion	+	 Oxygen infusion	 LED blue	once a week (7 in a single series)



















B. Face

Problem	Treatments performed during a programme				Frequency			
Scars	 Microdermabrasion	+	 Nano-needle mesotherapy	+	 LED orange	every 4 weeks (8 in a single series)		
Lifting 1	 Nano-needle mesotherapy	+	 LED yellow	every 4 weeks (6 in a single series)				
Lifting 2	 Oxygen infusion	+	 Nano-needle mesotherapy	+	 LED yellow	every 4 weeks (4 in a single series)		
Superficial cleaning	 Oxybrasion	+	 LED blue	every 7 days (5 in a single series)				
Deep cleaning	 Microdermabrasion	+	 LED blue	every 4 weeks (4 in a single series)				
Nurturing	 Oxybrasion	+	 Oxygen infusion	+	 LED white	every 7 weeks (6 in a single series)		
Improving the facial oval	 Nano-needle mesotherapy	+	 LED red	every 4 weeks (6 in a single series)				
Reduction of hyperpigmentation 1	 Nano-needle mesotherapy	+	 LED green	every 4 weeks (6 in a single series)				
Reduction of hyperpigmentation 2	 Microdermabrasion	+	 Nano-needle mesotherapy	+	 LED green	every 4 weeks (8 in a single series)		
Wrinkle reduction 1 - reconstruction	 Microdermabrasion	+	 Nano-needle mesotherapy	+	 Oxygen infusion	+	 LED red	every 4 weeks (4 in a single series)
Wrinkle reduction 2 - regeneration	 Oxybrasion	+	 Oxygen infusion	+	 LED red	weekly (8 in a single series)		
Under-eye bags	 Nano-needle mesotherapy	+	 LED white	every 4 weeks (4 in a single series)				











C. Neck / D. Neckline

Problem	Treatments performed during a programme			Frequency		
Scars	 Microdermabrasion	+	 Nano-needle mesotherapy	 LED orange	every 4 weeks (8 in a single series)	
Lifting 1	 Nano-needle mesotherapy	+	 LED yellow	every 4 weeks (6 in a single series)		
Lifting 2	 Oxygen infusion	+	 Nano-needle mesotherapy	 LED yellow	every 4 weeks (4 in a single series)	
Superficial cleaning	 Oxybrasion	+	 LED blue	weekly (5 in a single series)		
Deep cleaning	 Microdermabrasion	+	 LED blue	every 4 weeks (4 in a single series)		
Nurturing	 Oxybrasion	+	 Oxygen infusion	 LED white	every 7 weeks (6 in a single series)	
Reduction of hyperpigmentation 1	 Nano-needle mesotherapy	+	 LED green	every 4 weeks (6 in a single series)		
Reduction of hyperpigmentation 2	 Microdermabrasion	+	 Nano-needle mesotherapy	 LED green	every 4 weeks (8 in a single series)	
Wrinkle reduction 1 - reconstruction	 Microderma-brasion	+	 Nano-needle mesotherapy	 Oxygen infusion	 LED red	every 4 weeks (4 in a single series)
Wrinkle reduction 2 - regeneration	 Oxybrasion	+	 Oxygen infusion	 LED red	weekly (8 in a single series)	



E. Arms / F. Abdomen / G. Buttocks / H. Thighs

Problem	Treatments performed during a programme	Frequency
Scars	   Microdermabrasion + Nano-needle mesotherapy + LED orange	every 4 weeks (8 in a single series)
Modelling	 Deep Endermomassage	twice a week (6 w serii)
Cellulite reduction	   Shallow kinetic massage + Deep Endermomassage + LED red	twice a week (10 in a single series)
Stretch mark reduction	    Microdermabrasion + Endermomassage + Nano-needle mesotherapy + LED purple	every 4 weeks (8 in a single series)
Muscle relaxation	  Shallow kinetic massage + Endermomassage	twice a week (8 in a single series)
Post-workout muscle relaxation	  Shallow kinetic massage + Endermomassage	after each training
Firming	   Shallow kinetic massage + Shallow Endermomassage + LED white	twice a week (10 in a single series)

I. Hands

Problem	Treatments performed during a programme	Frequency
Scars	 Microdermabrasion +  Nano-needle mesotherapy +  LED blue	every 4 weeks (8 in a single series)
Intensive peeling and rejuvenation	 Microdermabrasion +  Oxygen infusion	every 4 weeks (6 in a single series)
Rejuvenation	 Oxybrasion +  Oxygen infusion +  LED czerwony	one a week (6 in a single series)
Firming	 Nano-needle mesotherapy +  Oxygen infusion	every 4 weeks (6 in a single series)

J. Feet

Problem	Treatments performed during a programme	Frequency
Callus removal	 Microdermabrasion +  LED blue	every 3 weeks (4 in a single series)

INFORMATION!

After completion remember about after-treatment recommendations in **Chapter 12 » Table 4** and about cleaning the heads » **Chapter 13**.

8.3 PRO

The **PRO** mode is a manual mode dedicated to professionals and people who want to perform a given treatment at specific time and with specific power.

After entering the **PRO** mode you will see the list of all the possible treatments (Fig. 8.3.1).

- 1 Select a treatment you want to perform (Fig. 8.3.1).

WARNING!

Before you start the programme, familiarize with the “**Treatments**” operating mode.

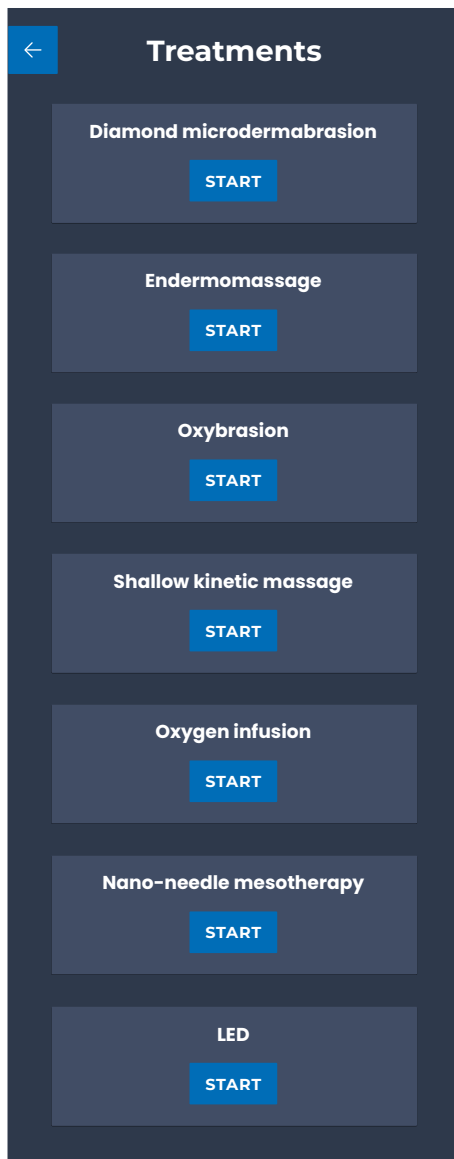


Fig. 8.3.1 Start screen of the “PRO” mode

2

Set the treatment power (power, that is pressure value) and its duration, and start by pressing **"START"**.

INFORMATION!

After completion, remember about after-treatment recommendations:

"12. Informative tables » After-treatment recommendations" and about disinfecting the heads: **"13. Maintenance, disinfection"**.

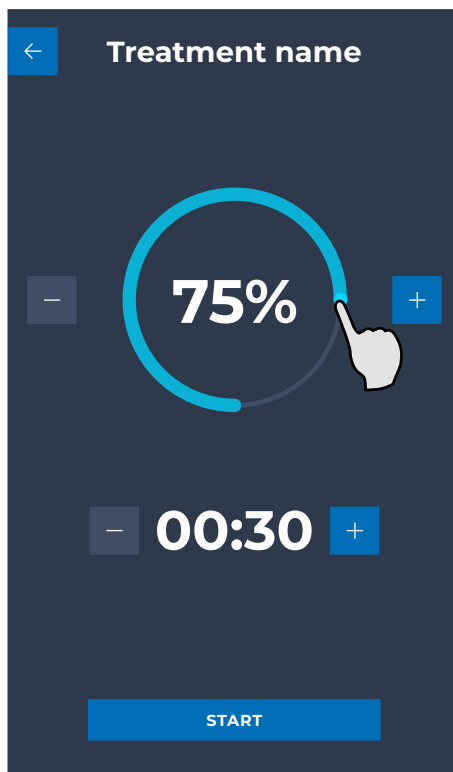


Fig. 8.3.2 Setting the treatment pressure value and duration



9. TREATMENT INDICATIONS



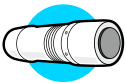
Oxygen infusion

- **Skin hydration and nourishment** – Oxygen infusion is an effective method of hydrating even dry and dehydrated skin.
- **Ageing signs reduction** – Oxygen infusion may facilitate the reduction of visible wrinkles, tiny lines and other signs of ageing. Being active at the cellular level, oxygen therapy may stimulate the production of collagen which is responsible for skin elasticity and firmness.
- **Skin tone improvement** – If you have an uneven skin tone, hyper-pigmentation or acne scars, oxygen infusion may help you brighten your skin and improve its overall looks. In addition, some ampoules for oxygen infusion may contain brightening or whitening ingredients.
- **Preparation for special occasions** – Oxygen infusion is often used as a treatment before special occasions, such as weddings, parties or photo sessions. It has a refreshing effect and provides skin with healthier and more radiant looks.



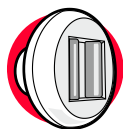
Oxyabrasion

- **Skin texture improvement** – Oxyabrasion helps to exfoliate dead epidermis, which results in the smoothening and normalising of the skin texture. This treatment may be effective with rough and polluted skin with visible surface unevenness.
- **Reduction of fine lines and wrinkles** – Oxyabrasion may help to reduce the visibility of fine lines and wrinkles by stimulating collagen production. It is responsible for skin elasticity and firmness, and its increased production may lead to the improvement of the looks of your skin.
- **Hyper-pigmentation brightening** – The oxyabrasion treatment may help to brighten after-sun hyper-pigmentation, acne marks and hyper-pigmentation after various injuries. By exfoliating the callous epidermis, oxyabrasion may contribute to skin brightening and its tone improvement.
- **Reduction of skin pore visibility** – Oxyabrasion may contribute to the reduction of the visibility of enlarged skin pores. By removing the excess of sebum and pollutions, this treatment may help to cleanse the pores and improve their looks.
- **Skin preparation for other treatments** – Oxyabrasion is often used as skin preparation before other cosmetic treatments, such as the application of active substances or revitalising treatments. Eliminating dead epidermis and oxygenation of skin may increase the effectiveness of other procedures.



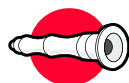
Shallow kinetic massage

- **Skin firming up and cellulite reduction** – the Shallow kinetic massage treatment may contribute to cellulite reduction and better skin looks. It boosts cell metabolism and stimulates collagen production which leads to the improvement of skin elasticity.



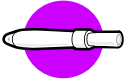
Endermomassage

- **Skin firming up and cellulite reduction** - Endermomassage is used for non-invasion skin firming up and loosening of the subcutaneous tissue. This method is completely safe. The head does not generate any electromagnetic radiation and energy is generated only by the compressor pressure. The treatment consists in the effect of mechanical waves on the selected parts of the body and, as a result, it improves skin tensioning and reduces the visibility of cellulite significantly.
- **Body shaping** - Endermomassage may be used as a method supporting body shaping and may contribute to better body contours, especially, in the areas such as abdomen, bottoms, thighs or arms.
- **Improvement of blood circulation and lymphatic drainage** - Skin massage and suction may boost the flow of blood and lymph, which facilitates the transport of nutrients, the oxygenation of cells and the elimination of toxins.



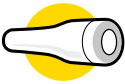
Diamond microdermabrasion

- **Improvement of the overall skin condition** - Diamond microdermabrasion is an effective method of skin refreshing, which helps to remove the dead epidermis. It is used to improve the overall looks and texture of skin, making it smooth and radiant.
- **Wrinkles reduction** - Diamond microdermabrasion may help to reduce the visibility of wrinkles by stimulating the production of collagen and elastin. Regular treatments may lead to skin smoothening and firming up, which will make you look younger.
- **Reducing the visibility of acne scars** - Diamond microdermabrasion may be used to reduce acne scars. Through the delicate abrasion of the outer skin layer, microdermabrasion may help to smoothen unevenness and reduce the visibility of scars.
- **Reduction of hyper-pigmentation and dark spots** - Diamond microdermabrasion may contribute to the brightening and reduction of hyper-pigmentation, such as age spots and acne spots. In the treatment, the outer skin layer, which is more susceptible to abnormal pigmentation, is removed.
- **Removal of black heads and acne** - Diamond microdermabrasion may help to cleanse skin and reduce black heads and acne. The removal of dead epidermis cells may prevent skin pores blocking and it makes skin cleansing more effective.



Nano-needle mesotherapy

- **Revitalisation and nourishment** – Nano-needle mesotherapy may be used in order to hydrate and nourish the skin, especially the skin which is dry, damaged, lacking radiancy and elasticity. Active ingredients supplied into the skin help to strengthen its condition and bring its natural beauty back.
- **Wrinkles reduction** – Nano-needle mesotherapy may help to reduce the visibility of tiny wrinkles. Active ingredients supplied directly into the skin stimulate the production of collagen and elastin, which results in skin smoothening and better elasticity.
- **Reducing the visibility of acne and scars** – Nano-needle mesotherapy may be used to reduce the visibility of acne and acne scars. Active ingredients, such as antibacterial substances or retinoids, may help to cleanse the skin.
- **Brightening of dark spots** – Nano-needle mesotherapy may be an effective method for reducing skin hyper-pigmentation, such as age spots, solar spots or melasma. Active ingredients, such as kojic acid or vitamin C may brighten and even the skin tone.
- **Improvement of the undereye skin condition** – Nano-needle mesotherapy treatment may be used to improve the condition of skin around eyes. Active ingredients may reduce swelling, brighten undereye dark circles, improve skin elasticity and have an anti-wrinkle effect.
- **Cellulite reduction** – Nano-needle mesotherapy may be used to reduce cellulite. Active ingredients may boost micro blood circulation, facilitating toxin removal and improving skin elasticity.



LED

- **Improvement of the overall skin condition** – LED light therapy may be used to improve the overall looks and condition of your skin. LED rays penetrate into the deeper layer of skin, stimulating the processes of cell regeneration, improving skin tone, texture and elasticity.
- **Acne reduction** – LED light with a proper wavelength may be an effective tool in fighting against acne. LED rays with a proper wavelength may reduce inflammation, control serum secretion, speed up the healing of acne skin and give an antibacterial effect.
- **Reduction of hyper-pigmentation** – LED light therapy may be used to brighten and reduce the various types of skin hyper-pigmentation, such as age spots, acne spots or melasma. LED rays with a proper wavelength may hinder the production of melanin and brighten the skin tone evenly.
- **Stimulation of collagen production** – LED rays may stimulate the production of collagen which is crucial for skin firmness and elasticity. LED light therapy may help to reduce the visibility of fine lines, wrinkles and it can improve the overall looks of your skin.
- **Reducing the visibility of scars and damaged skin** – LED light therapy may facilitate the reduction in visibility of scars and other skin damage. LED rays may aid the production of new skin cells, improving skin texture and elasticity.

10. TREATMENT CONTRAINDICATIONS

WARNING!

Before starting any cosmetic treatment you must read all the contraindications provided below. Contraindications are circumstances in which the performance of a given treatment may be dangerous or lead to undesirable side effects. **This is important not only for the effectiveness of the treatment but for its safety.**



Oxygen infusion

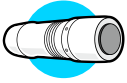
- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Pregnancy suspected, pregnancy and breastfeeding
- Allergy to the preparation needed for the treatment
- Retinoid therapy (six months after the end of treatment)
- Previously performed acid treatments
- Psoriasis in the active phase
- Colds
- Sinusitis, ear infection
- Cold allergy
- Fever, weakness
- Sun erythema (fresh tan, sunburn)
- Facial operations performed in the last 6 months
- Botox at the treatment site injected in the last 6 months
- Chemotherapy
- Skin disease at the treatment site
- Other serious illness



Oxyabrasion

- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Pregnancy suspected, pregnancy and breastfeeding
- Psoriasis in the active phase
- Colds
- Sinusitis, ear infection
- Cold allergy
- Fever, weakness
- Sun erythema (fresh tan, sunburn)
- Facial operations performed in the last 6 months,
- Botox at the treatment site injected in the last 6 months
- Chemotherapy
- Skin disease at the treatment site
- Other serious illness





Shallow kinetic massage



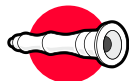
- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Allergies (mainly to nickel)
- Pregnancy suspected, pregnancy and breastfeeding
- Psoriasis in the active phase
- Cracked blood vessels
- Fever, weakness
- Untreated hypertension
- A tendency to bleeding and petechiae formation
- Sun erythema (fresh tan, sunburn)
- Chemotherapy
- Skin disease at the treatment site
- Venous thrombosis or post-thrombotic symptoms
- Anticoagulants
- Medication with Cortisol
- Metabolic diseases (diabetes – unregulated, lipid disorders, gout, osteoporosis and rare hereditary diseases such as phenylketonuria)
- Other serious illness



Endermomassage



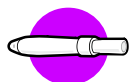
- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Scarring tendencies
- Allergies (mainly to nickel)
- Pregnancy suspected, pregnancy and breastfeeding
- Allergy to the preparation needed for the treatment
- Psoriasis in the active phase
- Cracked blood vessels
- Fever, weakness
- Untreated hypertension
- A tendency to bleeding and petechiae formation
- Sun erythema (fresh tan, sunburn)
- Albinism
- Chemotherapy
- Skin disease at the treatment site
- Venous thrombosis or post-thrombotic symptoms
- Anticoagulants
- Medication with Cortisol
- Metabolic diseases (diabetes – unregulated, lipid disorders, gout, osteoporosis and rare hereditary diseases such as phenylketonuria)
- Other serious illness



Diamond microdermabrasion



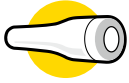
- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Scarring tendencies
- Very sensitive couperose skin
- Allergies (mainly to nickel)
- Pregnancy suspected, pregnancy and breastfeeding
- Retinoid therapy (six months after the end of treatment)
- Previously performed acid treatments
- Psoriasis in the active phase
- Cracked blood vessels
- Untreated hypertension
- A tendency to bleeding and petechiae formation
- Sun erythema (fresh tan, sunburn)
- Albinism
- Facial operations performed in the last 6 months,
- Botox at the treatment site injected in the last 6 months.
- Chemotherapy
- Skin disease at the treatment site
- Venous thrombosis or post-thrombotic symptoms
- Anticoagulants
- Medication with Cortisol
- Metabolic diseases (diabetes - unregulated, lipid disorders, gout, osteoporosis and rare hereditary diseases such as phenylketonuria)
- Other serious illness



Nano-needle mesotherapy



- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Scarring tendencies
- Allergies (mainly to nickel)
- Pregnancy suspected, pregnancy and breastfeeding
- Allergy to the preparation needed for the treatment
- Retinoid therapy (six months after the end of treatment)
- Previously performed acid treatments
- Psoriasis in the active phase
- Cracked blood vessels,
- A tendency to bleeding and petechiae formation
- Sun erythema (fresh tan, sunburn)
- Albinism
- Facial operations performed in the last 6 months,
- Botox at the treatment site injected in the last 6 months.
- Chemotherapy
- Skin disease at the treatment site
- Venous thrombosis or post-thrombotic symptoms
- Anticoagulants
- Medication with Cortisol
- Metabolic diseases (diabetes - unregulated, lipid disorders, gout, osteoporosis and rare hereditary diseases such as phenylketonuria)
- Other serious illness

**LED**
(światłoterapia)

- Viral infections at the treatment area
- Bacterial infections at the treatment site
- Fungal infections at the site of treatment
- Pimple acne at the treatment site
- Acne suppurativa, acne rosacea at the treatment site
- Damage to the epidermal continuity at the treatment site
- Nevi at the treatment site
- Tumour
- Pregnancy suspected, pregnancy and breastfeeding
- Retinoid therapy (six months after the end of treatment)
- Sun erythema (fresh tan, sunburn)
- Facial operations performed in the last 6 months,
- Botox at the treatment site injected in the last 6 months.
- Chemotherapy
- Skin disease at the treatment site
- Sensitisation to light
- Taking photo-degradable drugs, FA, FU, FT
- Other serious illness

11. POSSIBLE ADVERSE REACTIONS

In most cases, minor ailments after cosmetic treatments are temporary and they disappear by themselves. After a treatment you must follow recommendations concerning skin care and the use of proper products, see **"12. Informative tables » Cosmetics"**. If you have any concerns or developed some alarming symptoms after the treatment, consult a specialist (cosmetologist / dermatologist).

WARNING!

After-treatment ailments disappear usually after a few days from the treatment. If they do not disappear or an allergic reaction occurs, it is necessary to **consult immediately a specialist (dermatologist / allergist-immunologist)**.

Possible adverse reactions after the Oxygen infusion:

- Redness and swelling in the place of oxygen application. These symptoms are usually mild and temporary, disappearing by themselves within a few hours from the treatment.
- Skin dryness – some people may feel temporary skin dryness after the oxygen infusion treatment. This may be caused by oxygen or other procedure-related factors. In such a case, it is recommended to use proper preparations to recover the balanced hydration of the skin.
- Tightness feeling – after the oxygen infusion some people may feel a mild tightness or roughness of skin. Generally, this is a result of oxygen insertion under high pressure. This symptom is temporary and it usually disappears by itself within a few hours.
- Allergic reactions – some people may develop an allergic reaction to ingredients used in the oxygen infusion (active or hydrating substances) may occur. This may lead to redness, itching, a rash or hives. **In the event of any allergic symptoms, it is necessary to consult immediately a specialist (dermatologist / allergist-immunologist).**
- Infection – there is a prospective risk of infection if proper hygiene and aseptic procedures are not adhered to during the oxygen infusion treatment. Always use properly disinfected tools.

Possible adverse reactions after the Oxyabrasion treatment:

- Redness and stinging: – this is usually a result of intense exfoliation and removal of dead epidermis. These symptoms are generally mild and temporary, they disappear by themselves within a few hours after the treatment.
- Skin dryness – this results from the removal of the dead epidermis layer which may lead to the loss of natural skin humidity. It is recommended to use proper preparations to recover the balanced skin hydration.
- Skin hypersensitivity – this may be demonstrated by increased sensitivity to touching, cosmetic products or external factors. In such a case, it is recommended to avoid strong irritating substances and follow directions for after-treatment skin care.
- The feeling of skin tightness or roughness – this is usually a result of intense exfoliation and skin stimulation. This symptom is temporary and it usually disappears by itself within a few hours or days.
- Allergic reactions – during the oxyabrasion no active ingredients are administered. If there is an allergic reaction, it is related to allergy to cold. **In such a case, it is necessary to consult immediately a specialist (dermatologist / allergist-immunologist).**
- Infection – there is a prospective risk of infection if proper hygiene and aseptic procedures are not adhered to during the oxyabrasion treatment. Always use properly disinfected tools.

Possible adverse reactions after the Shallow kinetic massage:

- Redness and swelling on the area subject to the treatment – this is a typical skin response to sound waves. These symptoms usually disappear by themselves within a few hours or days.
- Painfulness and discomfort – in some cases, patients may feel a slight pain or discomfort during and after the sound wave treatment. The intensity of these symptoms may differ depending on individual sensitivity. Usually, this pain is mild and it disappears by itself in short time.
- Bruising – after the treatment we may observe some bruises on the area subject to the therapy. These are generally mild and temporary symptoms, which result from the effect which the sound waves have on the tissues. Bruises usually disappear by themselves within a few days or weeks.
- Itching or stinging – Some people may complain about mild itching or stinging on the surface which was subject to the therapy. This may result from skin stimulation and inflammation. In most cases these symptoms are short-term and disappear by themselves.
- Dry or exfoliating skin – after the treatment some people may observe temporary skin dryness or exfoliation. The intense effect of sound waves on skin tissues may cause the exfoliation of dead epidermis. It is recommended to use proper preparations to keep the appropriate level of skin hydration.

Possible adverse reactions after the Enderm massage treatment:

- Redness in the area subject to the vacuum massage – this is a normal response of skin to the massage and blood circulation improvement. Redness usually disappears by itself within a few hours.
- Swelling – in some cases we can observe mild swelling in the place subject to the treatment. Swelling is usually mild and it results from the increased flow of blood and lymph in the area subject to the treatment. It usually disappears by itself within a few hours or days.
- Tightness feeling – after the endermomassage some people may feel the mild tightness or stiffness of skin. This is usually an effect of the vacuum massage and tissue stimulation. This symptom is temporary and it usually disappears by itself within a few hours or days.
- Bruising – after the endermomassage, in some cases, we may observe bruises in the area subject to the massage. They are generally mild and temporary, they are the result of the pressure and manipulation within the tissues during the massage. Bruises usually disappear by themselves within a few days or weeks.
- Painfulness – after the endermomassage some people may complain about mild painfulness or discomfort in the place subject to the vacuum massage. The intensity of this symptom may differ depending on individual sensitivity. Usually, this pain is mild and it disappears by itself in short time.

Possible adverse reactions after the Diamond microdermabrasion treatment:

- Redness – this is a normal reaction and it usually disappears within a few hours or days. **If redness is strong or it persists for a long time, it is necessary to consult a specialist (dermatologist / allergist-immunologist).**
- Photosensitivity – skin may be more sensitive to sunlight. That is why it is important to avoid excessive exposure to the sun and use a proper cream with a UV filter.
- Dryness and exfoliation – some users may observe skin dryness or exfoliation in the places subject to the treatment. This may be caused by the removal of dead epidermis. In such a case it is important to hydrate skin with proper preparations and avoid strong irritating substances.
- Swelling – mild swelling may occur in the place subject to the treatment. This is usually mild swelling which disappears by itself within a few hours or days.
- Irritation which may have the form of stinging, itching or mild discomfort. If these symptoms are strong or persist for a long time, it is necessary to consult a specialist.
- Infection – although it is rare, there is a risk of infection in the place subject to the treatment, especially if proper hygiene procedures are not followed. It is important that skin is prepared properly for a treatment. It is required to use appropriate antiseptic products.
- Allergy to nickel – the diamond microdermabrasion treatment may lead to the increased probability of developing an allergy to nickel.

Possible adverse reactions after the Nano-needle mesotherapy treatment:

- Redness – after the treatment skin may be red in the puncturing places. This is a normal reaction and it usually disappears within a few hours or days. But in some cases redness may persist for longer.
- Swelling – in some cases after the nano-needle mesotherapy we can observe mild swelling in the puncturing place. It is usually mild and disappears by itself within a few hours or days.
- Itching and stinging – some people may observe mild itching or stinging in the places subject to the treatment. This may be a result of skin reaction to active substances administered during the treatment. These symptoms usually disappear by themselves in a short time.
- Petechiae and bruises – especially with a higher number of punctures there may be tiny petechiae or bruises visible on the skin. They are usually mild and disappear by themselves within a few days or weeks.
- Rash – some people may develop a rash in the places subject to the treatment. This may be an allergic reaction or hypersensitivity to the ingredients applied during the treatment. **In the event of a rash, it is necessary to consult a specialist (dermatologist / allergist-immunologist).**
- Infection – there is an infection risk after the nano-needle mesotherapy, especially if proper hygiene procedures are not followed. It is important that skin is prepared properly for a treatment. It is required to use appropriate antiseptic products.

Possible adverse reactions after the LED light therapy treatment:

- Redness and irritation on the area subject to the therapy – this is a typical skin response to light. Redness usually disappears by itself within a few hours.
- Photosensitivity – after the LED light treatment skin may be temporarily more sensitive to sunlight. That is why it is important to avoid excessive exposure to the sun without proper UV protection.
- Skin dryness – some people may develop temporary skin dryness after the LED light treatment. This may be caused by the light effect on the skin. In such a case, it is recommended to use proper preparations to recover the balanced hydration of the skin.
- Acne intensification – some people, especially in the initial therapy phase, may complain about the temporary intensification of acne. This is a typical organism reaction to the light therapy which may result from the elimination of bacteria or processes of cleansing the skin. It usually disappears by itself within a few days.
- Feeling of warmth – during the LED light treatment some people may feel delicate warmth on skin. It is typical and results from the light effect on the skin tissues. This symptom is temporary and usually disappears after finishing the treatment.
- Allergic reactions – some people may develop an allergic reaction to ingredients used during the LED light treatment, such as active substances or gels used for light conducting. This may lead to redness, itching, a rash or hives. **In the event of any allergic symptoms, it is necessary to consult immediately a specialist (dermatologist / allergist-immunologist).**

12. INFORMATIVE TABLES


Table 1. Treatments dedicated to the respective parts of the body

The table includes treatments possible to perform on a given part of the body.

	Oxygen infusion	Oxy-brasion	Shallow kinetic massage	Endermo-massage	Diamond micro-dermabrasion	Nano-needle meso-therapy	LED
Head skin	✓	✓	-	-	-	✓	✓
Face	✓	✓	-	-	✓	✓	✓
Skin under the eyes	-	-	-	-	-	✓	✓
Neck	✓	✓	-	-	✓	✓	✓
Neckline	✓	✓	-	-	✓	✓	✓
Arms	-	✓	✓	✓	✓	✓	✓
Hands	✓	✓	-	-	✓	✓	✓
Abdomen	-	✓	✓	✓	✓	✓	✓
Buttocks	-	✓	✓	✓	✓	✓	✓
Thighs	-	✓	✓	✓	✓	✓	✓
Stopy	-	-	-	-	✓	-	✓

Table 2. Accessories required for the performance of a given treatment » **Head skin**

Head skin



Oxygen infusion	Oxybrasion
<ul style="list-style-type: none"> • cleansing shampoo • oxygen infusion ampoule • disinfectant fluid • dryer • comb • gloves 	<ul style="list-style-type: none"> • cleansing shampoo • headband • safety goggles • saline • disinfectant fluid • towel • gloves

Shallow kinetic massage	Endermomassage	Diamond microdermabrasion
no treatment	no treatment	no treatment

Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • cleansing shampoo • nano-needle mesotherapy ampoule • disinfectant fluid • skin disinfectant • towel • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • cleansing shampoo • disinfectant fluid • towel • dryer • comb • gloves

Table 2. Accessories required for the performance of a given treatment » **Face****Face**

Oxygen infusion	Oxybrasion	Diamond microdermabrasion
<ul style="list-style-type: none"> washing gel tonic micellar lotion/biphasic liquid oxygen infusion ampoule treatment sling cosmetic pads gloves disinfectant fluid 	<ul style="list-style-type: none"> washing gel tonic micellar lotion/biphasic liquid moisturising cream disinfectant fluid treatment sling cosmetic pads safety goggles saline headband gloves 	<ul style="list-style-type: none"> washing gel micellar lotion/biphasic liquid tonic disinfectant fluid treatment sling gloves cosmetic pads abrasive tip for diamond microdermabrasion filter for abrasive nozzle
Shallow kinetic massage	Endermomassage	
no treatment	no treatment	
Nano-needle mesotherapy	LED	
<ul style="list-style-type: none"> washing gel micellar lotion/biphasic liquid tonic disinfectant fluid treatment sling gloves cosmetic pads regenerating or calming mask nano-needle mesotherapy ampoule cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> washing gel tonic micellar lotion/biphasic liquid disinfectant fluid treatment sling gloves cosmetic pads regenerating, calming mask or facial moisturiser 	

Table 2. Accessories required for the performance of a given treatment » **Skin under the eyes**


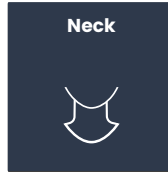
<div> <div>Skin under the eyes</div>  </div>		
<div>Nano-needle mesotherapy</div> <div> <ul style="list-style-type: none"> • washing gel • nano-needle mesotherapy ampoule • moisturising cream • disinfectant fluid • skin disinfectant • treatment sling <ul style="list-style-type: none"> • gloves • cosmetic pads • cartridge for nano-needle mesotherapy </div>		
Oxygen infusion	Oxybrasion	Shallow kinetic massage
no treatment	no treatment	no treatment
Endermomassage	Diamond microdermabrasion	LED
no treatment	no treatment	no treatment

Table 2. Accessories required for the performance of a given treatment » **Neck**

Oxygen infusion	Oxybrasion
<ul style="list-style-type: none"> • washing gel • tonic • oxygen infusion ampoule • treatment sling • cosmetic pads • gloves • disinfectant fluid 	<ul style="list-style-type: none"> • washing gel • moisturising cream • disinfectant fluid • treatment sling • cosmetic pads • saline • headband • gloves

Shallow kinetic massage	Endermomassage
no treatment	no treatment

Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • washing gel • tonic • disinfectant fluid • treatment sling • gloves • cosmetic pads • abrasive tip for diamond microdermabrasion • filter for abrasive nozzle • regenerating or calming mask 	<ul style="list-style-type: none"> • washing gel • tonic • facial disinfectant • nano-needle mesotherapy ampoule • moisturising cream • disinfectant fluid • treatment sling • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • washing gel • tonic • disinfectant fluid • treatment sling • gloves • cosmetic pads • moisturising cream

Table 2. Accessories required for the performance of a given treatment » **Neckline**


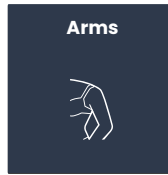
<div><div>Neckline</div><div></div></div>		
Oxygen infusion	Oxybrasion	
<ul style="list-style-type: none">• washing gel• tonic• oxygen infusion ampoule• treatment sling• cosmetic pads• gloves• disinfectant fluid	<ul style="list-style-type: none">• washing gel• tonic• moisturising cream• disinfectant fluid• treatment sling• cosmetic pads• saline• headband• gloves	
Shallow kinetic massage	Endermomassage	
no treatment	no treatment	
Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none">• washing gel• tonic• disinfectant fluid• treatment sling• gloves• cosmetic pads• abrasive tip for diamond microdermabrasion• filter for abrasive nozzle• regenerating or calming mask	<ul style="list-style-type: none">• washing gel• tonic• facial disinfectant• nano-needle mesotherapy ampoule• moisturising cream• disinfectant fluid• treatment sling• gloves• cosmetic pads• cartridge for nano-needle mesotherapy	<ul style="list-style-type: none">• washing gel• tonic• disinfectant fluid• treatment sling• gloves• cosmetic pads• moisturising cream

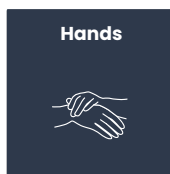
Table 2. Accessories required for the performance of a given treatment » **Arms**

Oxygen infusion
no treatment

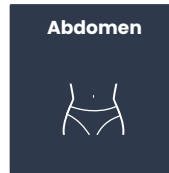
Oxybrasion	Shallow kinetic massage	Endermomassage
<ul style="list-style-type: none"> • washing gel • saline • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • ultrasound gel • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • massage oil • disinfectant fluid • treatment sling • moisturising lotion

Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • washing gel • moisturising lotion • disinfectant fluid • treatment sling • gloves • abrasive tip for diamond microdermabrasion • filter for abrasive nozzle 	<ul style="list-style-type: none"> • washing gel • nano-needle mesotherapy ampoule • moisturising lotion • disinfectant fluid • skin disinfectant • treatment sling • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • washing gel • disinfectant fluid • treatment sling • gloves • moisturising lotion

Table 2. Accessories required for the performance of a given treatment » **Hands**



Oxygen infusion	Oxybrasion	
<ul style="list-style-type: none">• soap• tonic• oxygen infusion ampoule• moisturising hand cream• treatment sling• cosmetic pads• disinfectant fluid	<ul style="list-style-type: none">• soap• tonic• moisturising hand cream• treatment sling• cosmetic pads• saline• disinfectant fluid	
Shallow kinetic massage	Endermomassage	
no treatment	no treatment	
Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none">• soap• tonic• moisturising hand cream• treatment sling• cosmetic pads• disinfectant fluid• skin disinfectant• abrasive tip for diamond microdermabrasion• filter for abrasive nozzle	<ul style="list-style-type: none">• soap• tonic• nano-needle mesotherapy ampoule• moisturising hand cream• treatment sling• cosmetic pads• disinfectant fluid• skin disinfectant• cartridge for nano-needle mesotherapy	<ul style="list-style-type: none">• soap• moisturising hand cream• treatment sling• disinfectant fluid

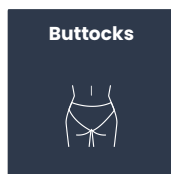
Table 2. Accessories required for the performance of a given treatment » **Abdomen**

Oxygen infusion
no treatment

Oxybrasion	Shallow kinetic massage	Endermommassage
<ul style="list-style-type: none"> • washing gel • saline • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • ultrasound gel • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • massage oil • disinfectant fluid • treatment sling • moisturising lotion • gloves

Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • washing gel • moisturising lotion • disinfectant fluid • treatment sling • gloves • abrasive tip for diamond microdermabrasion • filter for abrasive nozzle 	<ul style="list-style-type: none"> • washing gel • nano-needle mesotherapy ampoule • moisturising lotion • disinfectant fluid • skin disinfectant • treatment sling • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • washing gel • disinfectant fluid • treatment sling • gloves • moisturising lotion

Table 2. Accessories required for the performance of a given treatment » **Buttocks**

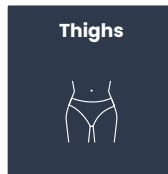


Oxygen infusion

no treatment

Oxybrasion	Shallow kinetic massage	Endermomassage
<ul style="list-style-type: none"> • washing gel • saline • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • ultrasound gel • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • massage oil • disinfectant fluid • treatment sling • moisturising lotion • gloves

Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • washing gel • moisturising lotion • disinfectant fluid • treatment sling • gloves • abrasive tip for diamond microdermabrasion • filter for abrasive nozzle 	<ul style="list-style-type: none"> • washing gel • nano-needle mesotherapy ampoule • moisturising lotion • disinfectant fluid • skin disinfectant • treatment sling • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • washing gel • disinfectant fluid • treatment sling • gloves • moisturising lotion

Table 2. Accessories required for the performance of a given treatment » **Thighs**

Oxygen infusion
no treatment

Oxybrasion	Shallow kinetic massage	Endermomassage
<ul style="list-style-type: none"> • washing gel • saline • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • ultrasound gel • moisturising lotion • disinfectant fluid • treatment sling • gloves 	<ul style="list-style-type: none"> • washing gel • massage oil • disinfectant fluid • treatment sling • moisturising lotion • gloves

Diamond microdermabrasion	Nano-needle mesotherapy	LED
<ul style="list-style-type: none"> • washing gel • moisturising lotion • disinfectant fluid • treatment sling • gloves • abrasive tip for diamond microdermabrasion • filter for abrasive nozzle 	<ul style="list-style-type: none"> • washing gel • nano-needle mesotherapy ampoule • moisturising lotion • disinfectant fluid • skin disinfectant • treatment sling • gloves • cosmetic pads • cartridge for nano-needle mesotherapy 	<ul style="list-style-type: none"> • washing gel • disinfectant fluid • treatment sling • gloves • moisturising lotion

Table 2. Accessories required for the performance of a given treatment » **Feet**



Diamond microdermabrasion		LED	
<ul style="list-style-type: none">• soap• moisturising foot cream• foot peeling• treatment sling• disinfectant fluid• abrasive tip for diamond microdermabrasion• filter for abrasive nozzle• gloves		<ul style="list-style-type: none">• soap• moisturising foot cream• treatment sling• disinfectant fluid• gloves	

Oxygen infusion	Oxybrasion	Shallow kinetic massage
no treatment	no treatment	no treatment

Endermomassage	Nano-needle mesotherapy
no treatment	no treatment

Table 3. The techniques of moving the heads on a given part of the body » **Oxygen infusion****Oxygen infusion****INFORMATION!**

Do not put the head directly to the skin. Hold the applicator 0.5-1cm away from the treatment area.

Follow the diagram shown on the screen.

How to perform the head movement correctly?

1. On the batch shown in the diagram, apply the serum by pulling the button on the applicator towards you – keeping the head about 2 cm away from the skin.
2. To inject the active ingredients, release the button and hold the applicator 0.5-1 cm from the skin.
3. Make slow, steady movements.
4. Repeat the movement until the treatment time is over.



Fig. 12.1 Keep a proper distance

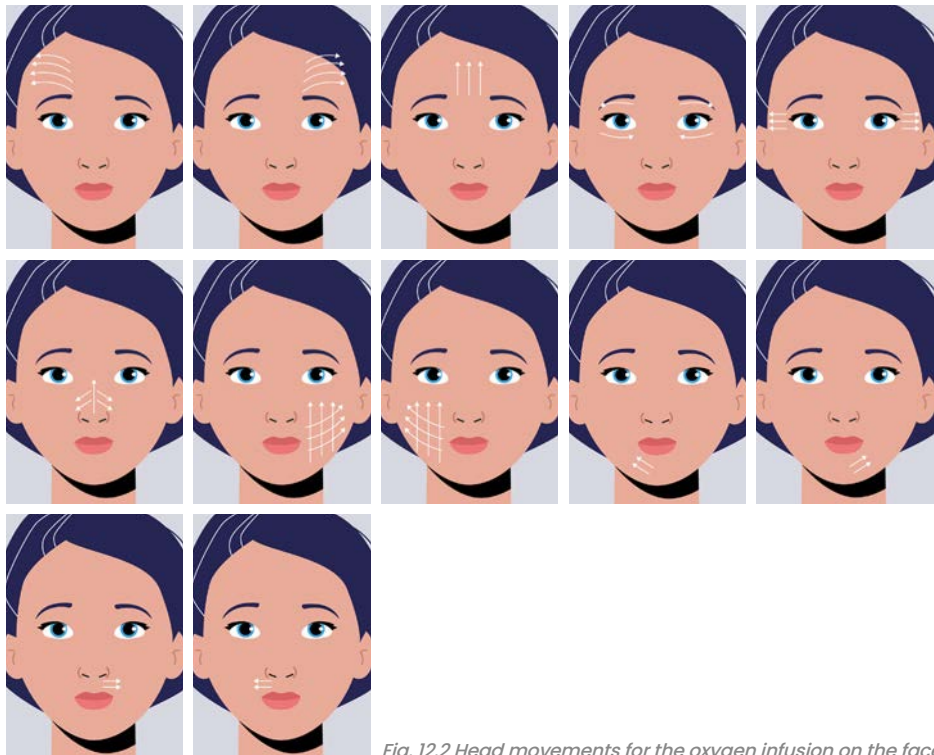
Oxygen infusion » Face

Fig. 12.2 Head movements for the oxygen infusion on the face

Table 3. The techniques of moving the heads on a given part of the body » **Oxygen infusion**



Oxygen infusion

Oxygen infusion » Neck

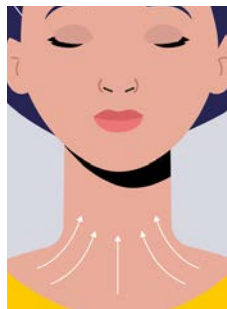


Fig. 12.3 Head movements for the oxygen infusion on the neck

Oxygen infusion » Hands

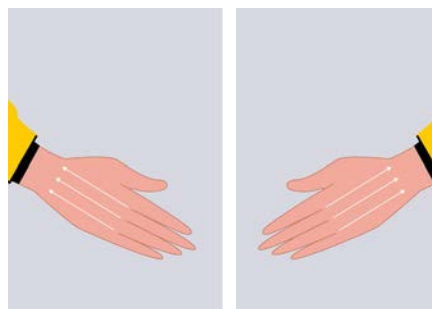


Fig. 12.4 Head movements for the oxygen infusion on the hands

Oxygen infusion » Neckline

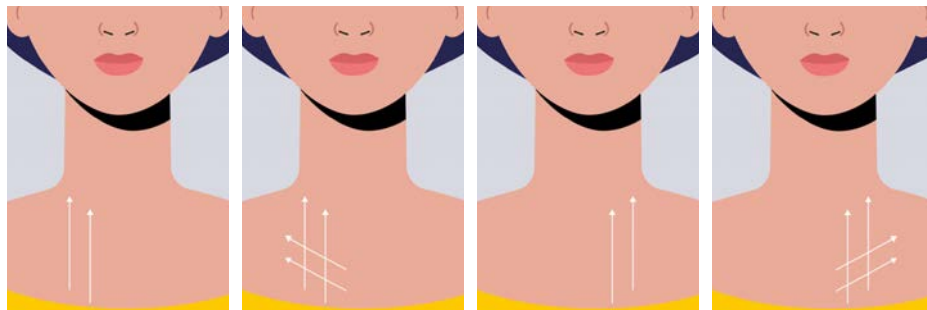


Fig. 12.5 Head movements for the oxygen infusion on the cleavage

Oxygen infusion » Hair

Divide the hair into 2 cm wide sectors.

Follow the diagram, making movements from the hairline to the occipital with the treatment head.

How to perform the head movement correctly?

1. On the batch shown in the diagram, apply the serum by pulling the button on the applicator towards you - keeping the head about 2 cm away from the skin.
2. To inject the active ingredients, release the button and hold the applicator 0.5-1 cm from the skin.
3. Make slow, steady movements.
4. Repeat the movement until the treatment time is over.



Fig. 12.6 Head movements for the oxygen infusion on the head

Table 3. The techniques of moving the heads on a given part of the body » **Oxybrasion****Oxybrasion****INFORMATION!**

Do not put the head directly to the skin. Hold the applicator 0.5-1cm away from the treatment area.

Follow the diagram shown on the screen.

How to perform the head movement correctly?

1. Maintain approx. 0.5 –1 cm distance between the head and the skin.
2. Make slow, steady movements.
3. Repeat the movement until the treatment time is over.



Fig. 12.7 Keep a proper distance

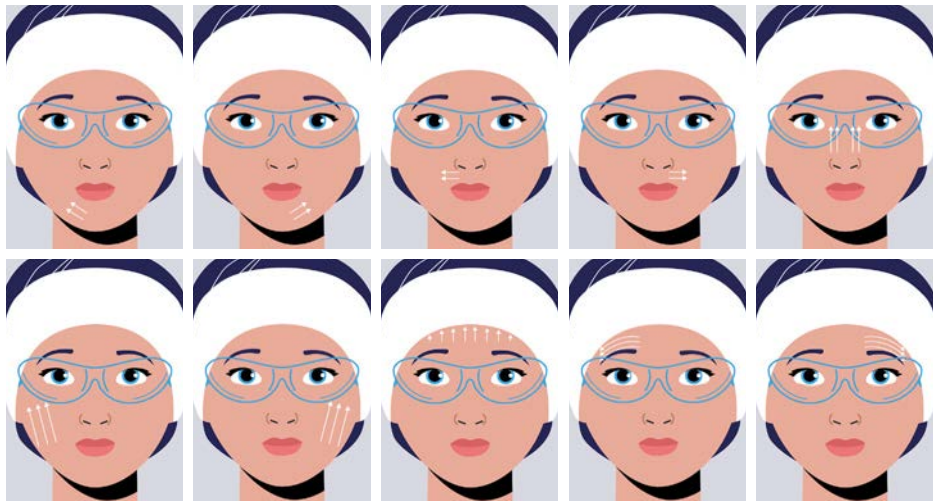
Oxybrasion » Face

Fig. 12.8 Head movements for the oxybrasion on the face

Table 3. The techniques of moving the heads on a given part of the body » **Oxybrasion**



Oxybrasion

Oxybrasion » Neck

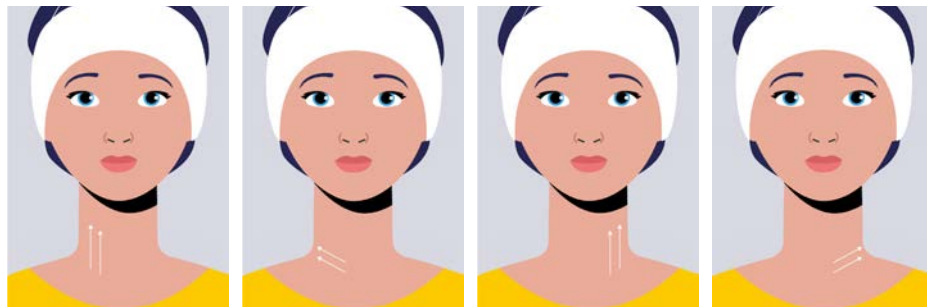


Fig. 12.9 Head movements for the oxybrasion on the neck

Oxybrasion » Neckline

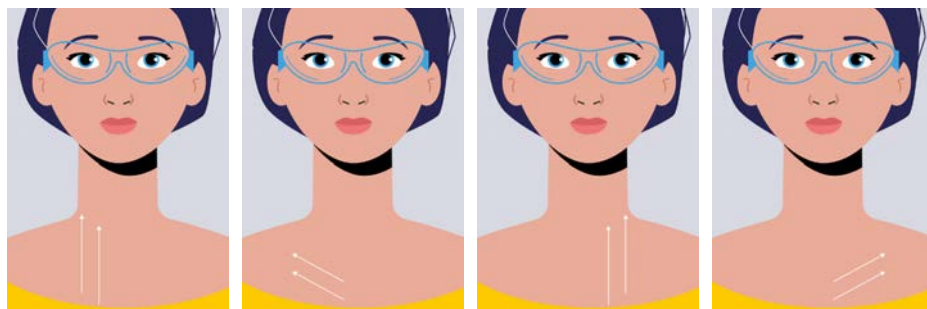


Fig. 12.10 Head movements for the oxybrasion on the cleavage

Oxybrasion » Hands

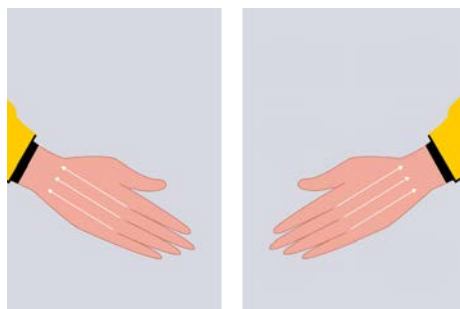


Fig. 12.11 Head movements for the oxybrasion on the hands

Table 3. The techniques of moving the heads on a given part of the body » **Oxybrasion****Oxybrasion****Oxybrasion » Head skin**

Divide the hair into 2 cm wide sectors.

Follow the diagram shown on the screen.

How to perform the head movement correctly?

1. Maintain approx. 0.5 –1 cm distance between the head and the skin.
2. Make slow, steady movements.
3. Repeat the movement until the treatment time is over.

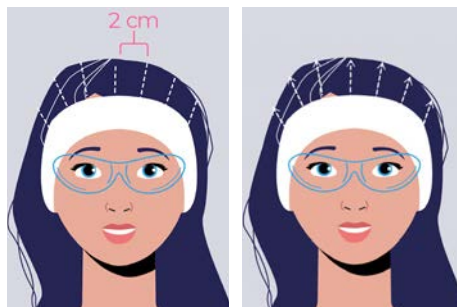


Fig. 12.12 Head movements for the oxybrasion on the head

Oxybrasion » Arms / Abdomen / Buttocks / Thighs

Follow the diagram shown on the screen.

Perform the diagram shown on the screen on an area of 10 cm² of skin

How to perform the head movement correctly?

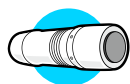
1. Maintain approx. 0.5 –1 cm distance between the head and the skin.
2. Make slow, steady movements.
3. Repeat the movement until the treatment time is over.

IF THE AREA IS LARGER THAN 10 cm² REPEAT THIS STEP.



Fig. 12.13 Head movements for the oxybrasion on the arms, abdomen, bottoms and thighs

Table 3. The techniques of moving the heads on a given part of the body » **Shallow kinetic massage**



Shallow kinetic massage

INFORMATION!

The head should be applied directly to the skin vertically (the maximum tilt angle of effective head operation is 90 degrees, as shown).

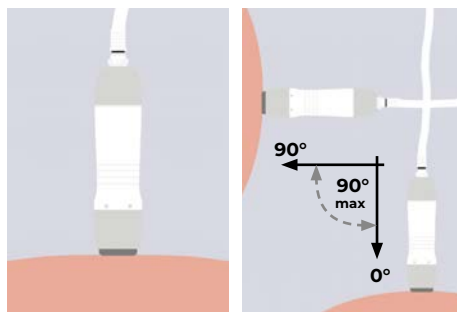


Fig. 12.14 Application of the head to the body

Follow the scheme.

How to perform the head movement correctly?

1. Press the head against the skin.
2. Make quick steady movements.
3. The next move should be close to the previous one.
4. Be sure to apply ultrasound gel to the treatment site to keep the transducer sliding.
5. The head should not be in one place for an extended period of time.
6. Repeat the movement until the treatment time is over.

Shallow kinetic massage » Buttocks

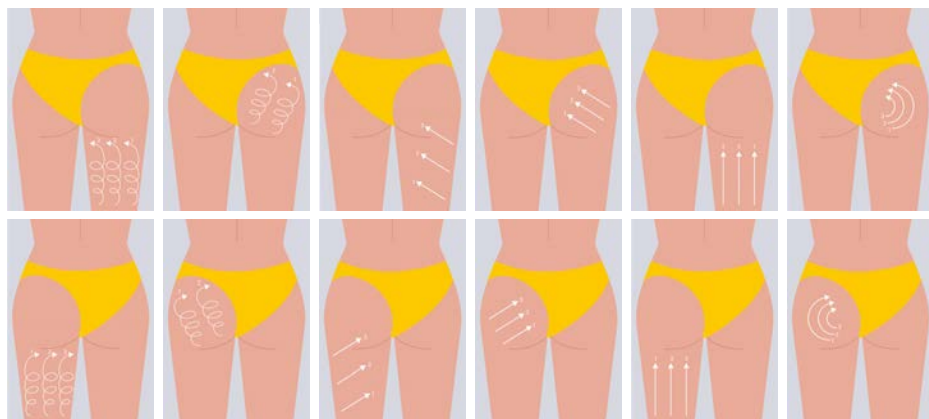
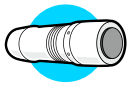
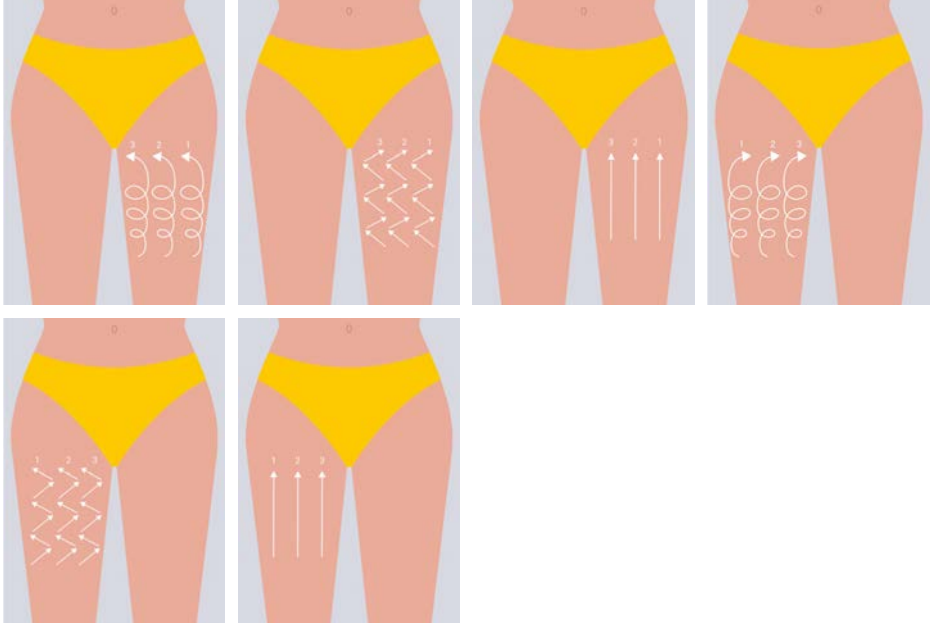


Fig. 12.15 Head movements for the shallow kinetic massage on the bottoms

Table 3. The techniques of moving the heads on a given part of the body » **Shallow kinetic massage**

Shallow kinetic massage

Shallow kinetic massage » Thighs

*Fig. 12.16 Head movements for the shallow kinetic massage on the thighs*

Shallow kinetic massage » Arms

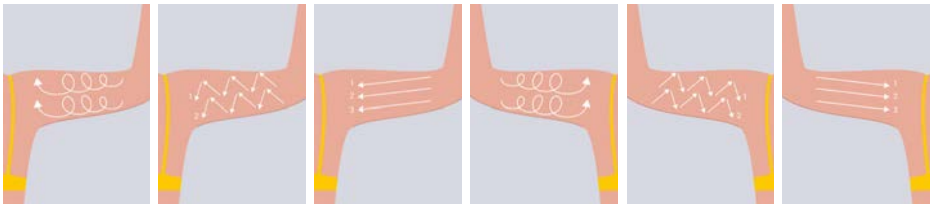
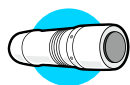
*Fig. 12.17 Head movements for the shallow kinetic massage on the arms*

Table 3. The techniques of moving the heads on a given part of the body » **Shallow kinetic massage**



Shallow kinetic massage

Shallow kinetic massage » Abdomen

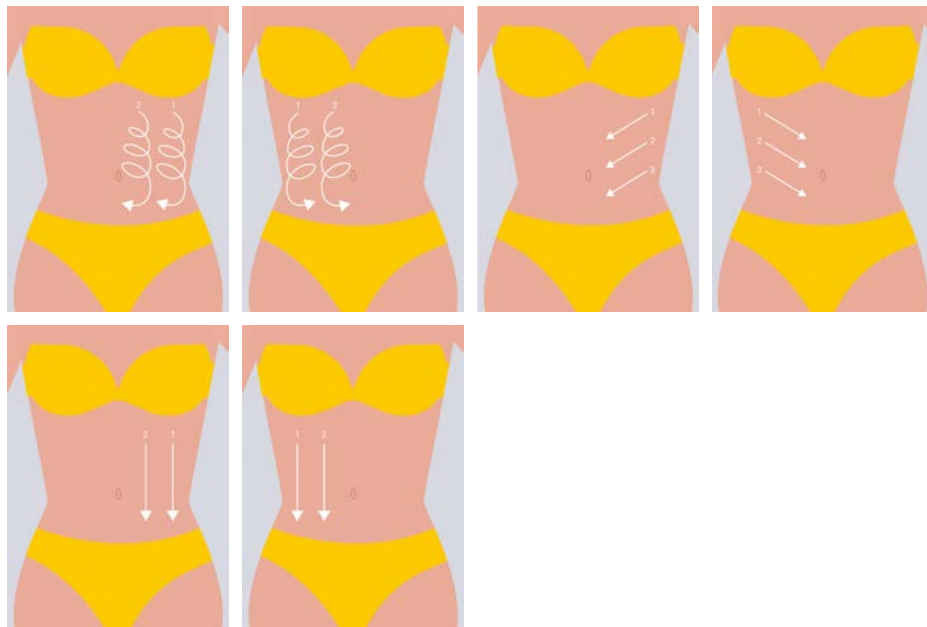
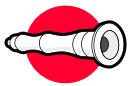


Fig. 12.18 Head movements for the shallow kinetic massage on the abdomen

Table 3. The techniques of moving the heads on a given part of the body » **Diamond microdermabrasion**

Diamond microdermabrasion

INFORMATION!

Apply the head directly to the treatment site. It should fit snugly and the vacuum set on the device should gently suck in the skin fold. **DO NOT HOLD THE APPLIED HEAD IN ONE PLACE.**

The treatment should not be experienced as painful. If not, reduce the vacuum.

Follow the diagram shown on the screen.

How to perform the head movement correctly?

1. Tighten the fold of skin with your fingertips.
2. Guide the head in the opposite direction with the other hand.
3. Make quick movements in a short and vigorous manner.
4. The next move should be close to the previous one.
5. Remember to ensure that the movements do not overlap.
6. Repeat the movement until the treatment time is over.
7. Keep a safe distance from the eyeball.

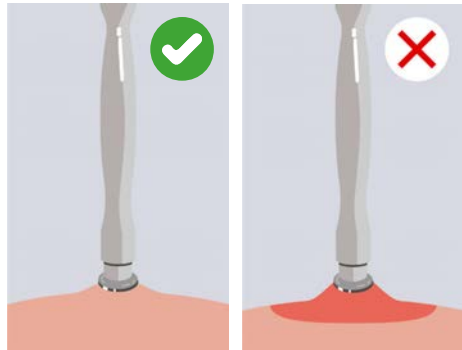


Fig. 12.19 The head should not suck-up the skin too hard

Diamond microdermabrasion » Face

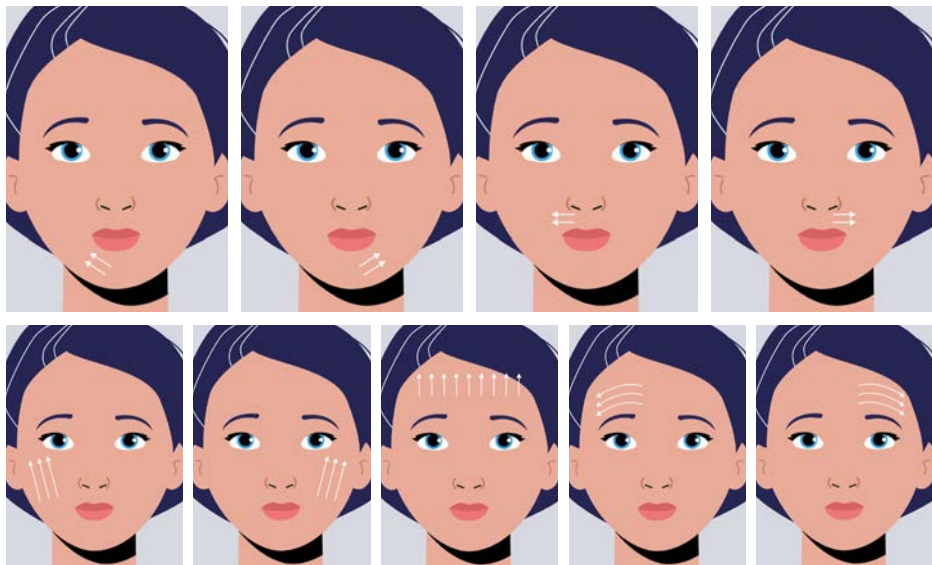
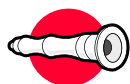


Fig. 12.20 Head movements for the microdermabrasion on the face

Table 3. The techniques of moving the heads on a given part of the body » **Diamond microdermabrasion**



Diamond microdermabrasion

Diamond microdermabrasion » Neck



Fig. 12.21 Head movements for the microdermabrasion on the neck

Diamond microdermabrasion » Neckline

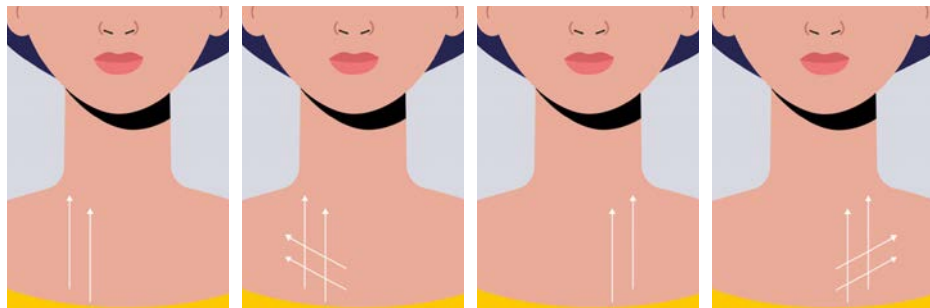


Fig. 12.22 Head movements for the microdermabrasion on the cleavage

Diamond microdermabrasion » Feet

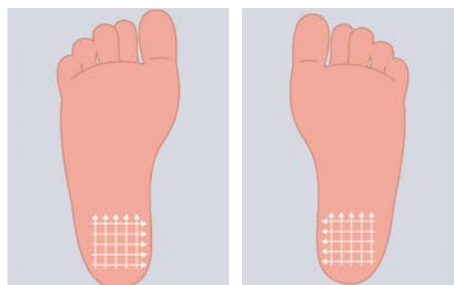


Fig. 12.23 Head movements for the microdermabrasion on the feet

Diamond microdermabrasion » Hands

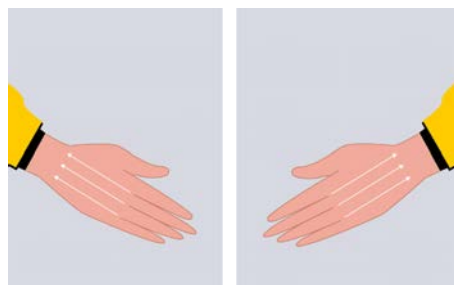
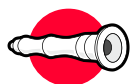


Fig. 12.24 Head movements for the microdermabrasion on the hands

Table 3. The techniques of moving the heads on a given part of the body » **Diamond microdermabrasion**

Diamond microdermabrasion

Diamond microdermabrasion » Arms / Abdomen / Buttocks / Thighs

INFORMATION!

Apply the head directly to the treatment site. It should fit snugly and the vacuum set on the device should gently suck in the skin fold. **DO NOT HOLD THE APPLIED HEAD IN ONE PLACE.**

The treatment should not be experienced as painful. If not, reduce the vacuum.

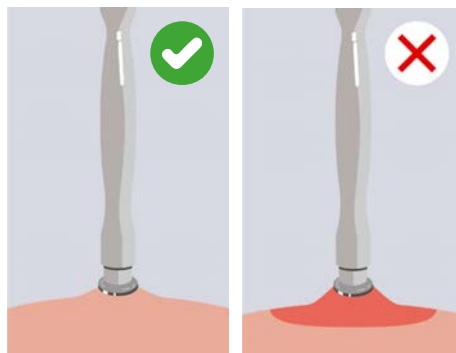


Fig. 12.25 The head should not suck-up the skin too hard

Make vertical and then horizontal movements, creating what is known as a 'Grille'.

Perform the diagram shown on the screen on an area of 10 cm² of skin.

How to perform the head movement correctly?

1. Tighten the fold of skin with your fingertips.
2. Guide the head in the opposite direction with the other hand.
3. Make quick movements in a short and vigorous manner.
4. The next move should be close to the previous one.
5. Remember to ensure that the movements do not overlap.
6. Repeat the movement until the treatment time is over.

IF THE AREA IS LARGER THAN 10 cm² REPEAT THIS STEP.

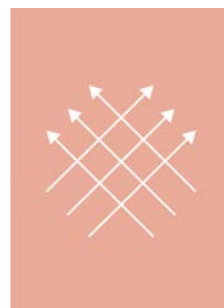
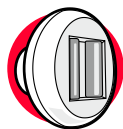


Fig. 12.26 Head movements for the microdermabrasion on the arms, abdomen, bottoms and thighs

Table 3. The techniques of moving the heads on a given part of the body » **Endermomassage****Endermomassage****INFORMATION!**

Apply the head directly to the treatment site. It should fit snugly and the vacuum set on the device should gently suck in the skin fold.

DO NOT HOLD THE APPLIED HEAD IN ONE PLACE.



Fig. 12.27 Application of the head to the body

Follow the diagram shown on the screen

How to perform the head movement correctly?

1. Tighten the fold of skin.
2. Make quick, continuous movements.
3. The next move should be close to the previous one.
4. To keep the head gliding, remember to apply oil to the treatment area.
5. The head should not be in one place for an extended period of time.
6. Repeat the movement until the treatment time is over.

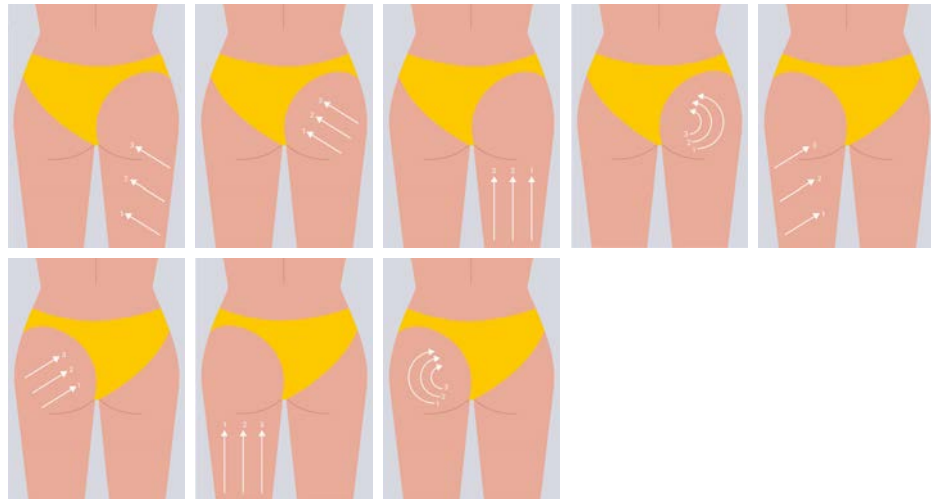
Endermomassage » Buttocks

Fig. 12.28 Head movements for the endermomassage on the bottoms

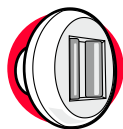
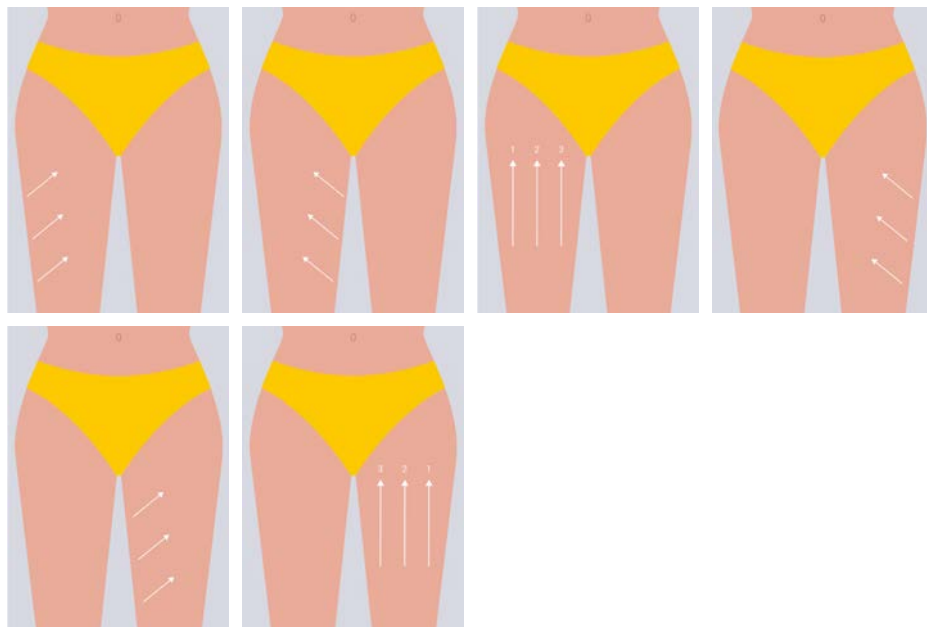
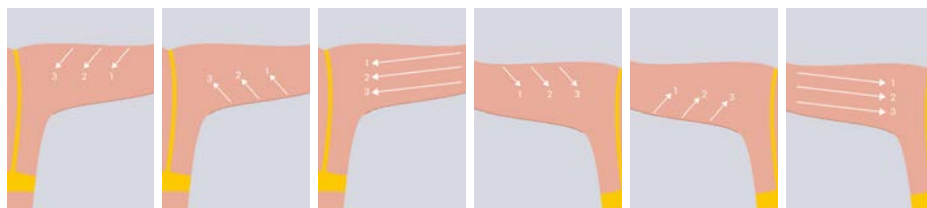
Table 3. The techniques of moving the heads on a given part of the body » **Endermomassage****Endermomassage****Endermomassage » Thighs***Fig. 12.29 Head movements for the endermomassage on the thighs***Endermomassage » Arms***Fig. 12.30 Head movements for the endermomassage on the arms*

Table 3. The techniques of moving the heads on a given part of the body » **Endermomassage**



Endermomassage

Endermomassage » Abdomen

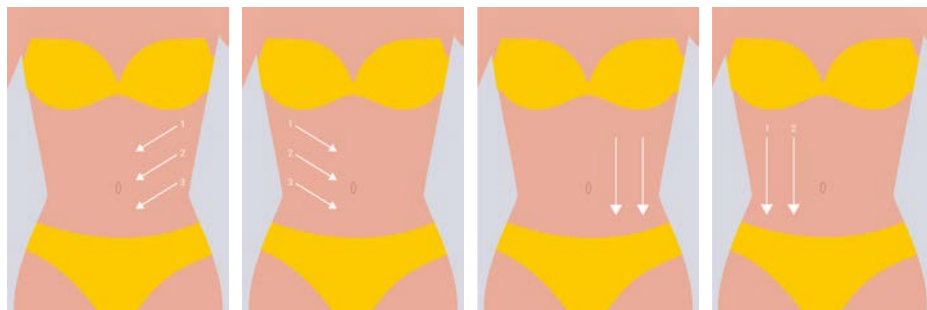
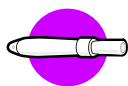


Fig. 12.31 Head movements for the endermomassage on the abdomen

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy****Nano-needle mesotherapy****Nano-needle mesotherapy » Face****INFORMATION!**

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Follow the scheme.

How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.

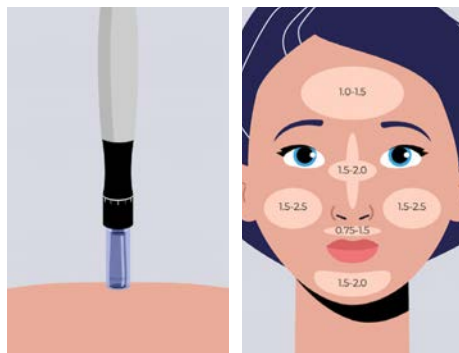


Fig. 12.32 Technique of applying the head to the skin / Line feed depth on the parts of the face

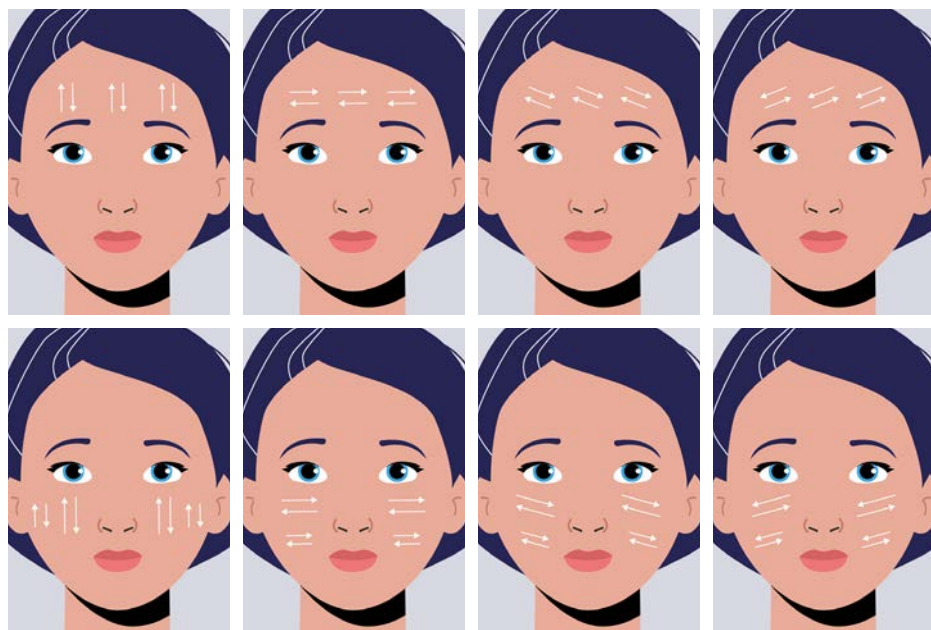
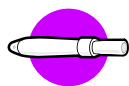


Fig. 12.33 Head movements for the mesotherapy on the face

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy**



Nano-needle mesotherapy

Nano-needle mesotherapy » Face (continuation)

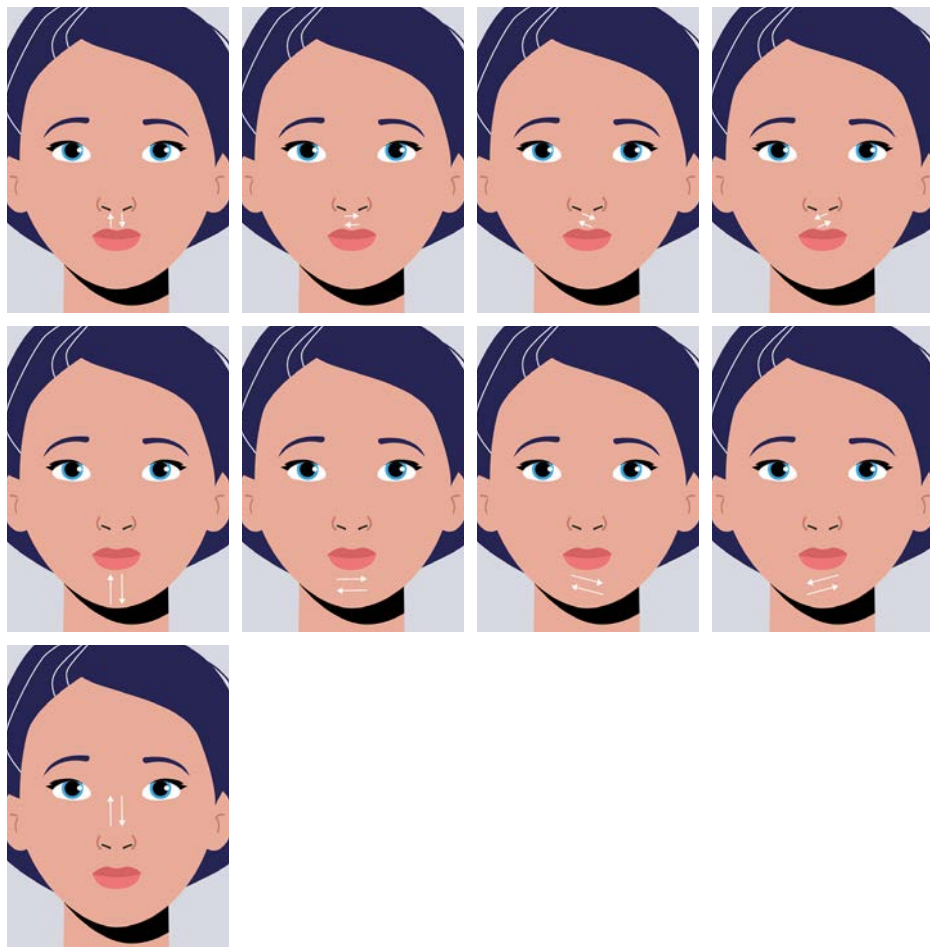
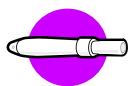


Fig. 12.34 Head movements for the mesotherapy on the face (continuation)

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy****Nano-needle mesotherapy****Nano-needle mesotherapy » Neck****INFORMATION!**

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Follow the scheme.

How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.

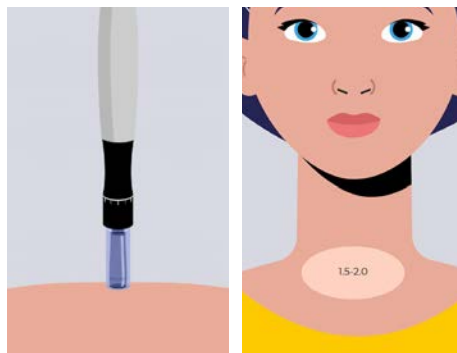


Fig. 12.35 Technique of applying the head to the skin / Line feed depth 1.5-2.0

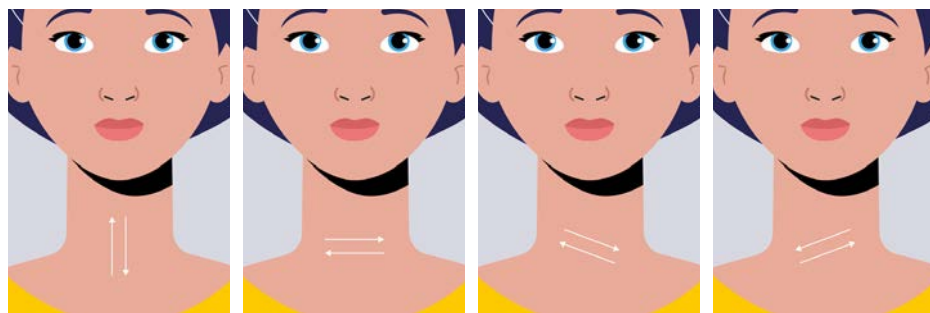
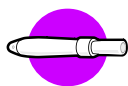


Fig. 12.36 Head movements for the mesotherapy on the neck

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy**



Nano-needle mesotherapy

Nano-needle mesotherapy » Neckline

INFORMATION!

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Follow the scheme.

How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.

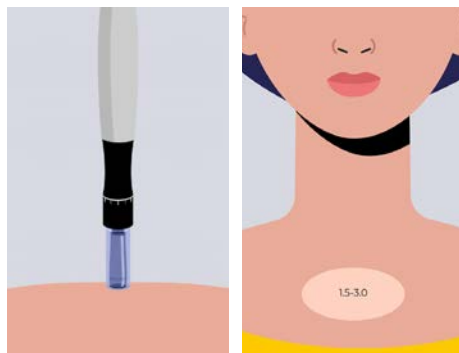


Fig. 12.37 Technique of applying the head to the skin / Line feed depth 1.5-3.0

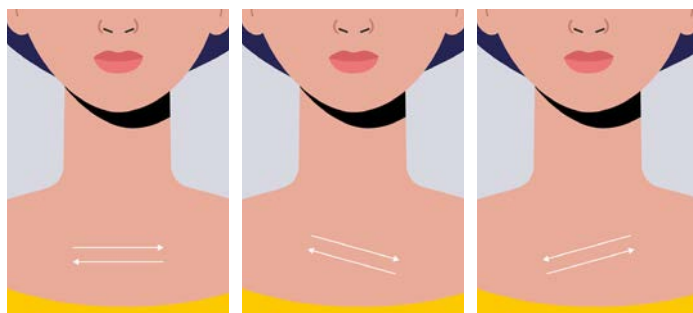
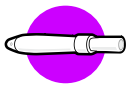


Fig. 12.38 Head movements for the mesotherapy on the cleavage

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy****Nano-needle mesotherapy****Nano-needle mesotherapy » Arms / Abdomen / Buttocks / Thighs****INFORMATION!**

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Follow the scheme

Perform the diagram shown on the screen on an area of 10 cm² of skin.

How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.

IF THE AREA IS LARGER THAN 10 cm² REPEAT THIS STEP.

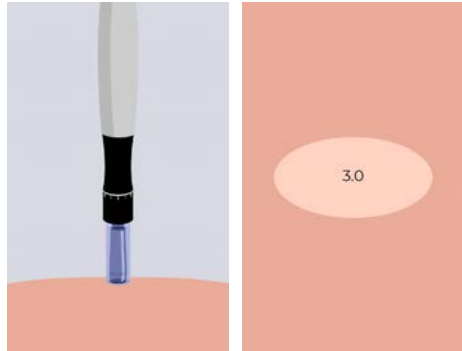


Fig. 12.39 Technique of applying the head to the skin / Line feed depth 3.0

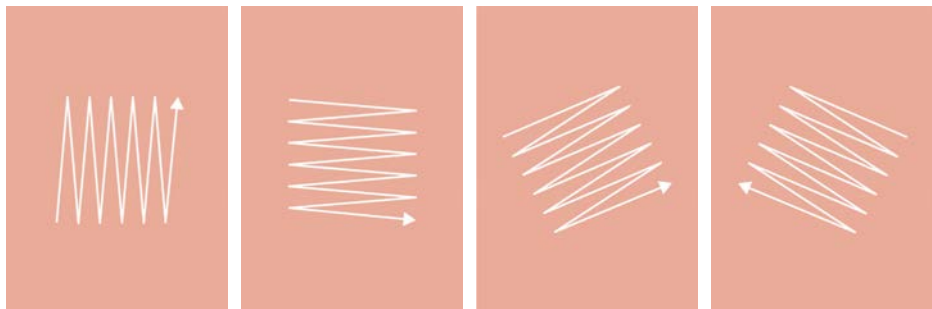
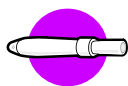


Fig. 12.40 Head movements for the mesotherapy on a given part of the body

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy**



Nano-needle mesotherapy

Nano-needle mesotherapy » Hands

INFORMATION!

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Follow the scheme

Perform the diagram shown on the screen on an area of 10 cm² of skin.

How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.

IF THE AREA IS LARGER THAN 10 cm² REPEAT THIS STEP.

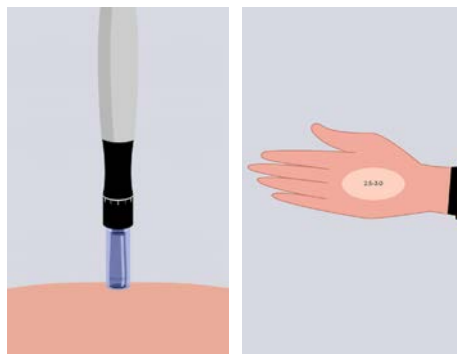


Fig. 12.41 Technique of applying the head to the skin / Line feed depth 2.5-3.0

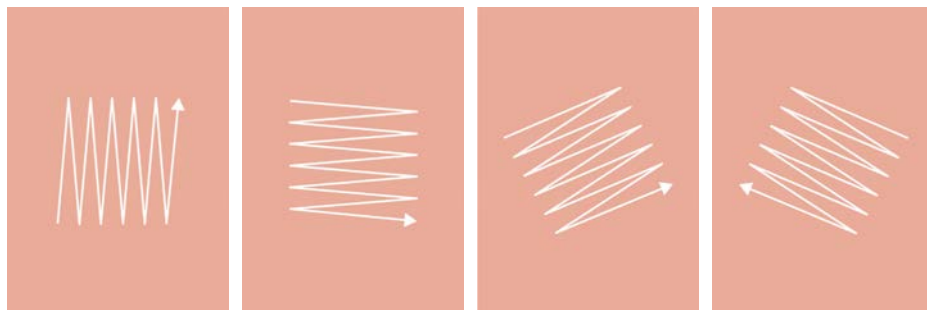
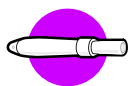


Fig. 12.42 Head movements for the mesotherapy on the hands

Table 3. The techniques of moving the heads on a given part of the body » **Nano-needle mesotherapy****Nano-needle mesotherapy****Nano-needle mesotherapy » Head skin****INFORMATION!**

Set the correct depth on the treatment head by following the diagram shown on the screen. (Fig. opposite).

The head should be applied directly to the skin.

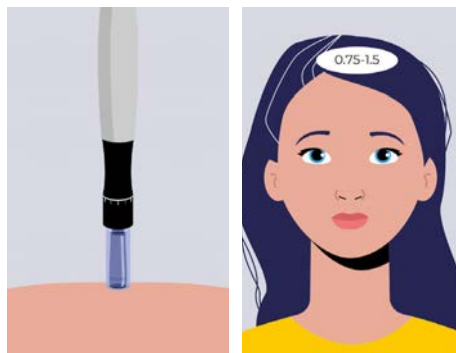


Fig. 12.43 Technique of applying the head to the skin / Line feed depth 0.75-1.5

Switch on the nano-needle mesotherapy head by pressing the button (2s). Then select the operating speed (1- 5) by pressing the button (1s).

Divide the hair into 2 cm wide sectors.

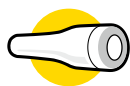
How to perform the head movement correctly?

1. Make steady, sure and quick movements.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. The next move should be close to the previous one.
4. Remember to ensure that the movements do not overlap.
5. Repeat the movement until the treatment time is over.



Fig. 12.44 Head movements

Table 3. The techniques of moving the heads on a given part of the body » **LED**



LED

LED » Face / Neck / Neckline / Abdomen / Arms / Buttocks / Thighs / Hands

INFORMATION!

The head should be applied directly to the skin.

Follow the diagram, making spiral movements.

Perform the diagram shown on the screen on an area of 10 cm² of skin.

How to perform the head movement correctly?

1. Work out the entire treatment area.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. Movements can overlap.
4. The next move should be close to the previous one.
5. Repeat the movement until the treatment time is over.

IF THE AREA IS LARGER THAN 10cm² REPEAT THIS STEP.

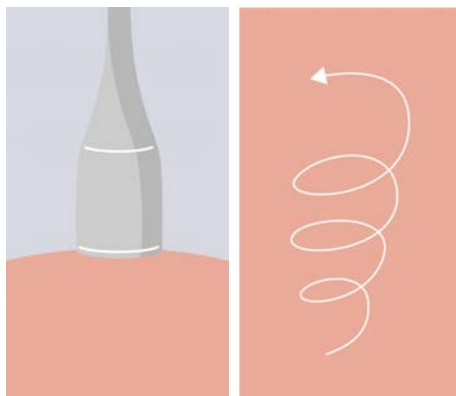


Fig. 12.45 The head should be applied directly to the skin / Perform spiral movements

LED » Feet

INFORMATION!

The head should be applied directly to the skin (Fig. above).

Develop feet by following the diagram.

How to perform the head movement correctly?

1. Work out the entire treatment area.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. Movements can overlap.
4. The next move should be close to the previous one.
5. Repeat the movement until the treatment time is over.

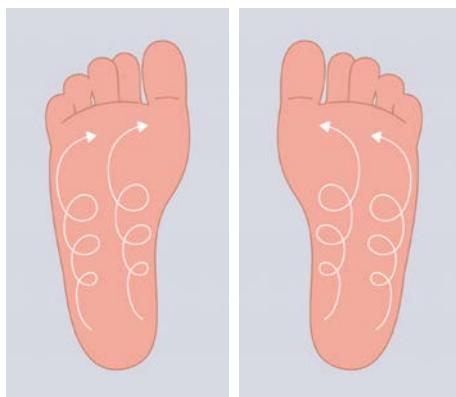
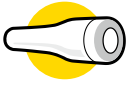


Fig. 12.46 The head should be applied directly to the skin / Perform spiral movements

Table 3. The techniques of moving the heads on a given part of the body » **LED****LED**

LED » Head skin

INFORMATION!**The head should be applied directly to the skin.**

Divide hair into 2 cm wide vertical partings. Follow the scheme.

Follow the scheme

How to perform the head movement correctly?

1. Work out the entire treatment area.
2. The head must be gently pressed against the area in order to carry out the treatment correctly.
3. Movements can overlap.
4. The next move should be close to the previous one.
5. Repeat the movement until the treatment time is over.

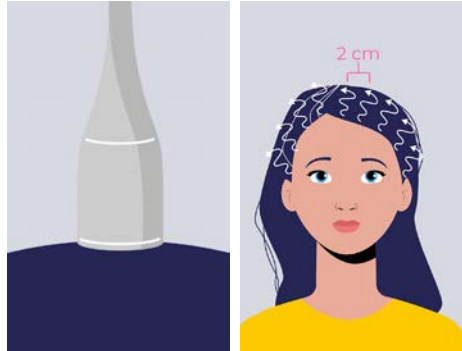


Fig. 12.47 The head should be applied directly to the skin / Perform spiral movements

Table 4. After-treatment recommendations

Activities which must be carried out after the treatment.

	Oxygen infusion	Oxybrasion	Shallow kinetic massage
Head skin	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Give up hair colouring and treatments that use irritant products. • Use mild cosmetics for one month after treatment. • Cleanse your head skin with mild products. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	no treatment
Face	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	no treatment
Skin under eyes	no treatment	no treatment	no treatment
Neck	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	no treatment
Neckline	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Drink plenty of water. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	no treatment
Arms		<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics.

Table 4. After-treatment recommendations

Activities which must be carried out after the treatment.

	Endermo- massage	Diamond microderm- abrasion	Nano-needle mesotherapy	LED
Head skin	no treatment	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Give up hair colouring and treatments that use irritant products. • Use mild cosmetics for one month after treatment. • Cleanse your head skin with mild products. 	NO POST-TREAT- MENT RECOM- MENDATIONS
Face	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREAT- MENT RECOM- MENDATIONS
Skin under eyes	no treatment	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREAT- MENT RECOM- MENDATIONS
Neck	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREAT- MENT RECOM- MENDATIONS
Neck- line	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREAT- MENT RECOM- MENDATIONS
Arms	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Moisturise your skin with cosmetics. • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREAT- MENT RECOM- MENDATIONS

Table 4. After-treatment recommendations

Activities which must be carried out after the treatment.

	Oxygen infusion	Oxybrasion	Shallow kinetic massage
Hands	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	no treatment
Abdomen	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics.
Buttocks	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics.
Thighs	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics.
Feet	no treatment	no treatment	no treatment

Table 4. After-treatment recommendations

Activities which must be carried out after the treatment.

	Endermo- massage	Diamond microderm- abrasion	Nano-needle mesotherapy	LED
Hands	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Drink plenty of water. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREATMENT RECOMMENDATIONS
Abdomen	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Moisturise your skin with cosmetics. • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREATMENT RECOMMENDATIONS
Buttocks	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Moisturise your skin with cosmetics. • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREATMENT RECOMMENDATIONS
Thighs	<ul style="list-style-type: none"> • Drink plenty of water. • Remember to be physically active. • Eat healthy. • Moisturise your skin with cosmetics. 	<ul style="list-style-type: none"> • Moisturise your skin with cosmetics. • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50).w. • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Avoid the sun. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. • Remember to supplement with vitamins, especially vit. A, C and E a minimum of two weeks before the treatment to provide the skin with the necessary ingredients and maximise the effect. 	NO POST-TREATMENT RECOMMENDATIONS
Feet	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics. 	no treatment	<ul style="list-style-type: none"> • Avoid the swimming pool and sauna 48 hours after treatment. • Use a sunscreen (with SPF 50). • Moisturise your skin with cosmetics.

Table 5. Cosmetics recommended for use in the Programme mode » **Head skin**

Head skin



Intense stimulation of head skin hair growth

For a NANO-NIGLE MEZOTHERAPY treatment, use a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Panthenol, INCI: Panthenol
- Thiamine, INCI: Thiamine
- Biotin, INCI: Biotin
- Field Horsetail, INCI: Equisetum Arvense
- Common nettle, INCI: Urtica dioica L
- Peppermint, INCI: Mentha Piperita
- Caffeine, INCI: Caffeine
- Arginine, INCI: Antistatic

Stimulating hair growth on the head

To perform a TLEN INFUSION treatment, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):

- Panthenol, INCI: Panthenol
- Thiamine, INCI: Thiamine
- Biotin, INCI: Biotin
- Field Horsetail, INCI: Equisetum Arvense
- Common nettle, INCI: Urtica dioica L
- Peppermint, INCI: Mentha Piperita
- Caffeine, INCI: Caffeine
- Arginine, INCI: Antistatic

Prevention of baldness

To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):

- Panthenol, INCI: Panthenol
- Thiamine, INCI: Thiamine
- Biotin, INCI: Biotin
- Field Horsetail, INCI: Equisetum Arvense
- Common nettle, INCI: Urtica dioica L
- Peppermint, INCI: Mentha Piperita
- Caffeine, INCI: Caffeine
- Arginine, INCI: Antistatic

Oily head skin

To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):

- Common nettle, INCI: Urtica dioica L
- Peppermint, INCI: Mentha Piperita
- Zinc, INCI: Zinc
- Tea tree extract, INCI: Melaleuca alternifolia leaf
- Salicylic acid, INCI: Salicylic Acid
- Glycolic acid, INCI: Glicolic Acid
- Azelaic acid, INCI: Azelaic acid

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

Table 5. Cosmetics recommended for use in the Programme mode » **Face****Face**

Scars	Nutrition
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Hyaluronic acid, INCI: Hyaluronic Acid • Ascorbic acid, INCI: Ascorbic Acid • Vitamin E, INCI: Tocopheryl Acetate • Avocado extract, INCI: coloured avocado seed extract
Lifting 1	Lifting 2
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

Table 5. Cosmetics recommended for use in the Programme mode » **Face** (continuation)

Face



Reduction of hyperpigmentation 1

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Kojic acid, INCI: Kojic Acid
- Azelaic acid, INCI: Azelaic Acid
- Glycolic acid, INCI: Glycolic acid
- Ascorbic acid, INCI: Ascorbic Acid
- Mandelic acid, INCI: Mandelic Acid
- Retinol, INCI: Retinol
- Papain, INCI: Papain
- Niacinamide, INCI: Niacinamide

Reduction of hyperpigmentation 2

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Kojic acid, INCI: Kojic Acid
- Azelaic acid, INCI: Azelaic Acid
- Glycolic acid, INCI: Glycolic acid
- Ascorbic acid, INCI: Ascorbic Acid
- Mandelic acid, INCI: Mandelic Acid
- Retinol, INCI: Retinol
- Papain, INCI: Papain
- Niacinamide, INCI: Niacinamide

Wrinkle reduction 1 - reconstruction

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Retinol, INCI: Retinol
- Ceramides, INCI: Ceramide
- Peptides, INCI: Hexapeptide
- Niacinamide, INCI: Niacinamide
- Vitamin E, INCI: Tocopheryl Acetate
- Coenzyme Q10, INCI: Ubiquinone
- Ascorbic acid, INCI: Ascorbic Acid
- Hyaluronic acid, INCI: Hyaluronic Acid
- Glycolic acid, INCI: Glycolic acid
- Lactic acid, INCI: Lactic Acid
- Citric acid, INCI: Citric acid
- Malic acid, INCI: Malic Acid
- Tartaric acid, INCI: Tartaric acid
- Mandelic acid, INCI: Mandelic Acid

Wrinkle reduction 2 - regeneration

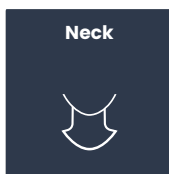
To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):

- Retinol, INCI: Retinol
- Ceramides, INCI: Ceramide
- Peptides, INCI: Hexapeptide
- Niacinamide, INCI: Niacinamide
- Vitamin E, INCI: Tocopheryl Acetate
- Coenzyme Q10, INCI: Ubiquinone
- Ascorbic acid, INCI: Ascorbic Acid
- Hyaluronic acid, INCI: Hyaluronic Acid
- Glycolic acid, INCI: Glycolic acid
- Lactic acid, INCI: Lactic Acid
- Citric acid, INCI: Citric acid
- Malic acid, INCI: Malic Acid
- Tartaric acid, INCI: Tartaric acid
- Mandelic acid, INCI: Mandelic Acid

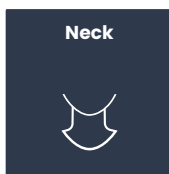
Improving the facial oval

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

Retinol, INCI: Retinol / Ceramides, INCI: Ceramide / Peptides, INCI: Hexapeptide / Niacinamide, INCI: Niacinamide / Vitamin E, INCI: Tocopheryl Acetate / Coenzyme Q10, INCI: Ubiquinone / Ascorbic acid, INCI: Ascorbic Acid / Hyaluronic acid, INCI: Hyaluronic Acid / Glycolic acid, INCI: Glycolic acid / Lactic acid, INCI: Lactic Acid / Citric acid, INCI: Citric acid / Malic acid, INCI: Malic Acid / Tartaric acid, INCI: Tartaric acid / Mandelic acid, INCI: Mandelic Acid

Table 5. Cosmetics recommended for use in the Programme mode » Neck

Scars	Nutrition
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Hyaluronic acid, INCI: Hyaluronic Acid • Ascorbic acid, INCI: Ascorbic Acid • Vitamin E, INCI: Tocopheryl Acetate • Avocado extract, INCI: coloured avocado seed extract
Lifting 1	Lifting 2
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid

Table 5. Cosmetics recommended for use in the Programme mode » Neck

Reduction of hyperpigmentation 1	Reduction of hyperpigmentation 2
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide
Wrinkle reduction 1 - reconstruction	Wrinkle reduction 2 - regeneration
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

Table 5. Cosmetics recommended for use in the Programme mode » **Neckline****Neckline**

Scars	Nutrition
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Hyaluronic acid, INCI: Hyaluronic Acid • Ascorbic acid, INCI: Ascorbic Acid • Vitamin E, INCI: Tocopheryl Acetate • Avocado extract, INCI: coloured avocado seed extract
Lifting 1	Lifting 2
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid

Table 5. Cosmetics recommended for use in the Programme mode » **Neckline** (continuation)

Neckline



Reduction of hyperpigmentation 1

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Kojic acid, INCI: Kojic Acid
- Azelaic acid, INCI: Azelaic Acid
- Glycolic acid, INCI: Glycolic acid
- Ascorbic acid, INCI: Ascorbic Acid
- Mandelic acid, INCI: Mandelic Acid
- Retinol, INCI: Retinol
- Papain, INCI: Papain
- Niacinamide, INCI: Niacinamide

Reduction of hyperpigmentation 2

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

- Kojic acid, INCI: Kojic Acid
- Azelaic acid, INCI: Azelaic Acid
- Glycolic acid, INCI: Glycolic acid
- Ascorbic acid, INCI: Ascorbic Acid
- Mandelic acid, INCI: Mandelic Acid
- Retinol, INCI: Retinol
- Papain, INCI: Papain
- Niacinamide, INCI: Niacinamide

Wrinkle reduction 1 - reconstruction

For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):

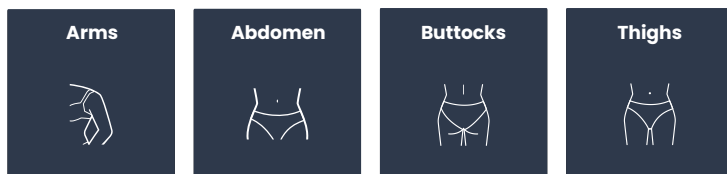
- Retinol, INCI: Retinol
- Ceramides, INCI: Ceramide
- Peptides, INCI: Hexapeptide
- Niacinamide, INCI: Niacinamide
- Vitamin E, INCI: Tocopheryl Acetate
- Coenzyme Q10, INCI: Ubiquinone
- Ascorbic acid, INCI: Ascorbic Acid
- Hyaluronic acid, INCI: Hyaluronic Acid
- Glycolic acid, INCI: Glycolic acid
- Lactic acid, INCI: Lactic Acid
- Citric acid, INCI: Citric acid
- Malic acid, INCI: Malic Acid
- Tartaric acid, INCI: Tartaric acid
- Mandelic acid, INCI: Mandelic Acid

Wrinkle reduction 2 - regeneration

To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):

- Retinol, INCI: Retinol
- Ceramides, INCI: Ceramide
- Peptides, INCI: Hexapeptide
- Niacinamide, INCI: Niacinamide
- Vitamin E, INCI: Tocopheryl Acetate
- Coenzyme Q10, INCI: Ubiquinone
- Ascorbic acid, INCI: Ascorbic Acid
- Hyaluronic acid, INCI: Hyaluronic Acid
- Glycolic acid, INCI: Glycolic acid
- Lactic acid, INCI: Lactic Acid
- Citric acid, INCI: Citric acid
- Malic acid, INCI: Malic Acid
- Tartaric acid, INCI: Tartaric acid
- Mandelic acid, INCI: Mandelic Acid

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

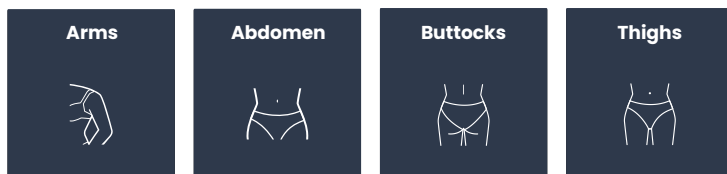
Table 5. Cosmetics recommended for use in the Programme mode » **Arms / Abdomen / Buttocks / Thighs**

Scars	Modelling
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Centella Asiatica extract, INCI: Centella Asiatica Extract • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract

Cellulite reduction	Stretch mark reduction
<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract 	<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract <p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Centella Asiatica extract, INCI: Centella Asiatica Extract • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

Table 5. Cosmetics recommended for use in the Programme mode » **Arms / Abdomen / Buttocks / Thighs**



Muscle relaxation	Post-workout muscle relaxation
<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract 	<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract

Firming
<p>For ENDERMOMASSAGE treatment, use an oil that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Guarana extract, INCI: Paullinia Cupana Seed Extract • Ginkgo biloba extract, INCI: Ginkgo Biloba Extract • Vitamin E, INCI: Tocopherol Acetate • Vitamin F, INCI: Linoleic Acid • Caffeine, INCI: Caffeine • Grapefruit extract, INCI: Citrus grandis seed extract • Ginseng, INCI: Panax Ginseng Root Extract • Ivy extract, INCI: Hedera helix Extract

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

Table 5. Cosmetics recommended for use in the Programme mode » **Hands****Hands**

Scars	Intensive peeling and rejuvenation
<p>For a NANO-NIGLE MEZOTHERAPY TREATMENT, USE a serum that has at least one ingredient from the following list in its INCI composition (found on the packaging):</p> <ul style="list-style-type: none"> • Kojic acid, INCI: Kojic Acid • Azelaic acid, INCI: Azelaic Acid • Glycolic acid, INCI: Glycolic acid • Ascorbic acid, INCI: Ascorbic Acid • Mandelic acid, INCI: Mandelic Acid • Retinol, INCI: Retinol • Papain, INCI: Papain • Niacinamide, INCI: Niacinamide 	<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid
Rejuvenation	Firming
<p>To perform a TLEN INFUSION TREATMENT, use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging):</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid 	<p>Use a serum that has at least one ingredient from the following list in its INCI composition (you will find it on the packaging) for your TLEN INFUSION and NANO-INFECT MEZOTHERAPY treatment:</p> <ul style="list-style-type: none"> • Retinol, INCI: Retinol • Ceramides, INCI: Ceramide • Peptides, INCI: Hexapeptide • Niacinamide, INCI: Niacinamide • Vitamin E, INCI: Tocopheryl Acetate • Coenzyme Q10, INCI: Ubiquinone • Ascorbic acid, INCI: Ascorbic Acid • Hyaluronic acid, INCI: Hyaluronic Acid • Glycolic acid, INCI: Glycolic acid • Lactic acid, INCI: Lactic Acid • Citric acid, INCI: Citric acid • Malic acid, INCI: Malic Acid • Tartaric acid, INCI: Tartaric acid • Mandelic acid, INCI: Mandelic Acid

INCI - International Nomenclature of Cosmetic Ingredients (International Nomenclature of Cosmetic Ingredients)

13. MAINTENANCE, DISINFECTION

How to clean it?

Clean the heads after each use, and clean the main control device regularly to prevent any failures or incorrect functioning of the device.

WARNING!

- When cleaning, disconnect the mains cord from the device and electric outlet. A failure to follow this recommendation may result in electric shock, short-circuiting or fire.
- Clean the device in a manner preventing water ingress. A failure to follow this recommendation may result in electric shock, short-circuiting or fire.

How to clean the touch panel?

- Apply a special product for cleaning matrices onto a cotton cloth (or microfibre) (this may be a liquid, gel or foam product). Remember that the cloth should be damp, not wet.
- Wipe the screen with delicate, circular movements.

How to clean the housing of the control device?

- Before wiping the stains off from the device surface, damp the cloth in water and wring it well.
- If the device is stained a lot, wipe its surface with a sponge or cloth damped in a diluted detergent solution.

How to clean the treatment heads?

- **Oxygen infusion / Oxybrasion aerograph** – after finishing the treatment, pour an alcohol-based disinfecting product into the ampoule container in order to clean the aerograph carefully from all the ampoule residues. After filling the aerograph up with a disinfecting product, start the device as during the treatment and pour the whole liquid content into the aerograph.
- **Shallow kinetic massage** – disinfect the head with an alcohol-based preparation. After each treatment, empty the condenser on the hose, then dry the head.
- **Endermomassage** – remove the dirty filter after the treatment. Disinfect the head with an alcohol-based preparation. If a head filter is not replaced on a current basis, a filter on the hose may get dirty and this may lead to its premature degradation and a need for replacement.
- **Diamond microdermabrasion** – after performing the treatment, unscrew the diamond tip. Disinfect the abrasive tip with an alcohol-based preparation. Remove the dirty filter. If a head filter is not replaced on a current basis, a filter on the hose may get dirty and this may lead to its premature degradation and a need for replacement.
- **Nano-needle mesotherapy pen** – disinfect the head and dispose of the cartridge used for the treatment (you can use a given cartridge only once!).
- **LED** – after finishing the treatment, disinfect the head carefully – make sure that there are no fingerprints on the diode glass.

Storage:

- If you do not use the device for a long time, clean it before storage.
- When you do not use the device, switch the control device off and disconnect the mains cord from the body and wall outlet.
- Avoid using and storing the device near an oven or a heater, in a bathroom or other place with a high temperature/humidity level, in locations exposed to direct sunlight or in unstable places.
- Keep out of the reach of children.

Maintenance and technical inspections:

- If the iBeautyMate device was not used for a long time, check it carefully before its use and make sure that its functioning is correct and safe.
- If the device does not work properly, go to chapter **"14. Troubleshooting"** and try to identify a trouble before handing the device over for repair. If a given trouble is not solved, contact a distributor based in your country or the manufacturer.

14. TROUBLESHOOTING

Problem	Procedure
The device does not switch on	Check whether the power cord is inserted correctly into the device and the mains. If the problem has not been solved, check the fuse and the mains.
An error message displayed (Fig. 14.1)	Switch the device off and switch it on again.
The device is warm/hot	Check whether the ventilation openings are covered. Discontinue the use of the device for at least 30 minutes.
The LCD display does not respond to touching	Switch the device off and switch it on again.

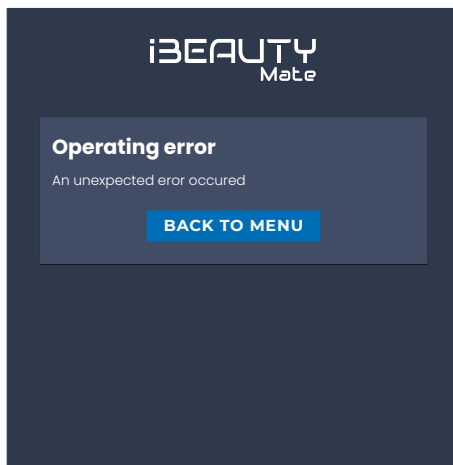


Fig. 14.1 Error message

Nano-needle mesotherapy	
The head does not want to switch on	Check whether the head plug is inserted correctly into the socket.
The cartridge does not slide out properly	Check whether the cartridge has been inserted correctly. CAUTION - use original cartridges only.
LED head	
The head does not want to switch on	Check whether the head plug is inserted correctly into the socket.

Endermomassage	
Insufficient suction of the large head	If the head does not adhere completely to the body, change it to a smaller one. If the solution did not work – replace the filter in the head. If the solution did not work – replace the filter on the hose.
Insufficient suction of the small head	Replace the filter inside the head. If the solution did not work – replace the filter on the hose.
Head rollers rotate with resistance	Dismantle the head and clean the rollers carefully with an alcohol-based preparation.
Diamond microdermabrasion	
Insufficient suction of the head	Replace the filter inside the head. If the solution did not work – replace the filter on the hose.
Shallow kinetic massage	
The head does not work	Apply the head to the body vertically or maximally at the angle of 90 degrees in relation to the body. If the problem has not been solved – shake the head.
The head is damp	Empty the condenser on the hose immediately, then dry the head.
Message: “A pump cooling process activated”	This message may be displayed after 20 minutes of intense work. If this message is displayed, the device functions will be locked for 15 minutes – pump cooling time. During this time, do not switch the device off (it would deactivate the fan and reset the memory).

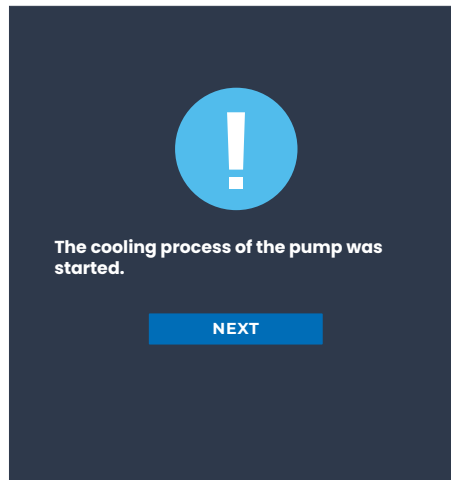


Fig. 14.2 Information – a cooling process activated

Oxygen infusion

No pressure in the gun	Check whether the quick release coupler is connected correctly to the device.
Correct pressure in the gun but no substance feeding	Adjust the level of serum feeding by the gun press button. If this solution did not work, clean the aerograph with a disinfecting preparation.
Message: "A pump cooling process activated"	This message may be displayed after 20 minutes of intense work. If this message is displayed, the device functions will be locked for 15 minutes – pump cooling time. During this time, do not switch the device off (it would deactivate the fan and reset the memory).

Oxybrasion

No pressure in the gun	Check whether the quick release coupler is connected correctly to the device.
Correct pressure in the gun but no substance feeding	Adjust the level of serum feeding by the gun press button. If this solution did not work, clean the aerograph with a disinfecting preparation.
Message: "A pump cooling process activated"	This message may be displayed after 20 minutes of intense work. If this message is displayed, the device functions will be locked for 15 minutes – pump cooling time. During this time, do not switch the device off (it would deactivate the fan and reset the memory).

WARNING!

If the recommended procedure does not make the device start, disconnect it from the mains and contact the manufacturer (or a distributor based in your country). Do not repair the device on your own. Deliver the device with the set of heads to the service.

15. CE DECLARATION OF CONFORMITY (ABRIDGED)

[SKAN]

16. DECLARATION OF MDR STANDARDS NON-APPLICABILITY

...

17. DISPOSAL



This device is subject to Directive 2012/19/EU on waste electric and electronic equipment (WEEE).

The device must be disposed of in accordance with the national and regional provisions of law concerning electric and electronic appliances. Waste devices and batteries must not be discarded together with household waste or large-sized waste.

The product packaging must be discarded to cardboard, paper and plastic bins appropriate for a given region.

18. WARRANTY

...

iBEAUTY
Mate