



SANDWICHES

Chicken

havarti, arugula, pickles,
chipotle aioli

12

Turkey

dijonnaise, smoked turkey,
bacon, greens, mozzarella
cheese

12

Roast Beef

caramelized onion marinated
sirloin, arugula, red onion,
horseradish mayo

12

Italian Grinder

calabrese, napoli, finocchio,
prosciutto, iceberg,
pepperoncini, red onion,
parmesan, provolone, aioli

12

Vegetable

portobello mushroom, roasted
garlic, arugula, rosemary,
white bean spread, pickled red
onion [v]

12





SALADS

Garden Salad

seasonal ingredients
from growers station [gf/v]
7

Dressings

chipotle ranch
apple basil
maple garlic

Caesar Salad

romaine, local bacon,
parmesan, garlic dressing,
focaccia croutons
7

SWEETS

Granola Bites

oats, zante currants, pumpkin
seeds, almonds [v]
2

Cookies

dark chocolate walnut **or**
carrot cake & icing [gf/v]
3

Donut

new weekly flavour
4

Butter Tart

toasted pecan
5

