



Frequently Asked Questions

God's Pantry Food Bank Volunteering

How to register

Where/How do I sign up to volunteer?

Register or sign up to volunteer on our **Volunteer Portal**.

Volunteer Age Requirements

What is the minimum age to volunteer?

Children ages 10–15 may volunteer at the Volunteer Center with adult supervision. Other opportunities may require volunteers to be 16+ or 18+. Please check the [volunteer portal](#) for specific requirements.

Can my kids volunteer with me?

Yes! For Volunteer Center shifts, we require one to two adults per four children ages 10–13.



Frequently Asked Questions

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I'm too young to volunteer. How can I help?

You can still support the food bank in fun and meaningful ways:

[Host a food drive](#)

[Make cards for seniors](#) as a virtual volunteer

[Try our Family Activity Kit and coloring pages](#)

Signing Up & Scheduling

How do I check my registration?

After signing up, you'll receive a confirmation and reminder by email (and optionally, by text).

- To review or cancel, [visit your volunteer account here](#)

What should I wear or bring?

Volunteers must wear closed-toe and closed-heel shoes and dress for activity in a warehouse environment.

You may bring a water bottle with a secure lid. See individual shift details for additional info.

Group Volunteering

Can I bring a group?

Yes! Groups are welcome and encouraged.

Small groups (4–15 volunteers):

- Self-register through the portal. Each person should register individually and select the group name.
- [Watch the group registration video](#)

Large groups (16+ volunteers):

- Must be scheduled through our Volunteer Services Team.
- We recommend 2 months' notice for groups of 25+
- [Submit a group request here](#)
- Questions? Email volunteerservices@godspantry.org

Community Service & Accessibility

Can I fulfill court-compelled or school-required community service hours?

Yes, with prior approval.

- Only hours logged in the portal will be verified
- Questions? Contact D'wan Carey at dwcarey@godspantry.org

Can my client volunteer if I'm a Direct Access Community Service Provider?

Yes. Providers must accompany and participate with clients.

- Contact D'wan Carey at dwcarey@godspantry.org for support
- A guide and application process for assisted volunteerism is coming soon

Do you accept volunteers from return-to-work or disability leave programs?

Unfortunately, we do not currently offer volunteer roles for those program participants.

Volunteer Logistics

How do I check my registration?

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- To review or cancel, [visit your volunteer account here](#)

What does it mean to be on the waitlist?

- If a shift is full, you'll be added to a waitlist.
- If space opens up, you'll receive a confirmation email letting you know you've been moved into the shift.

Who do I contact for volunteer accommodations?

Please email volunteerservices@godspantry.org or call 859-207-5665.

Do I need a background check to volunteer?

Some roles may require one. If so, it will be indicated in the details section of the volunteer opportunity.