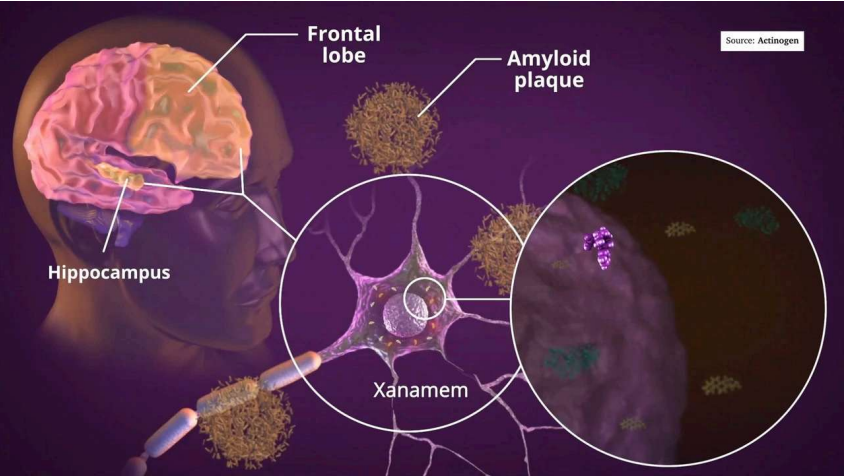


BREAKING

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Health Conditions Dementia

## Alzheimer's disease: World Health



A once-a-day pill that targets the production of the stress hormone cortisol in the brain has the potential to be the “holy grail” in the treatment of Alzheimer’s disease, Australian researchers say. Xanamem, a new therapy...

A once-a-day pill that could be the “holy grail” in the treatment of Alzheimer’s

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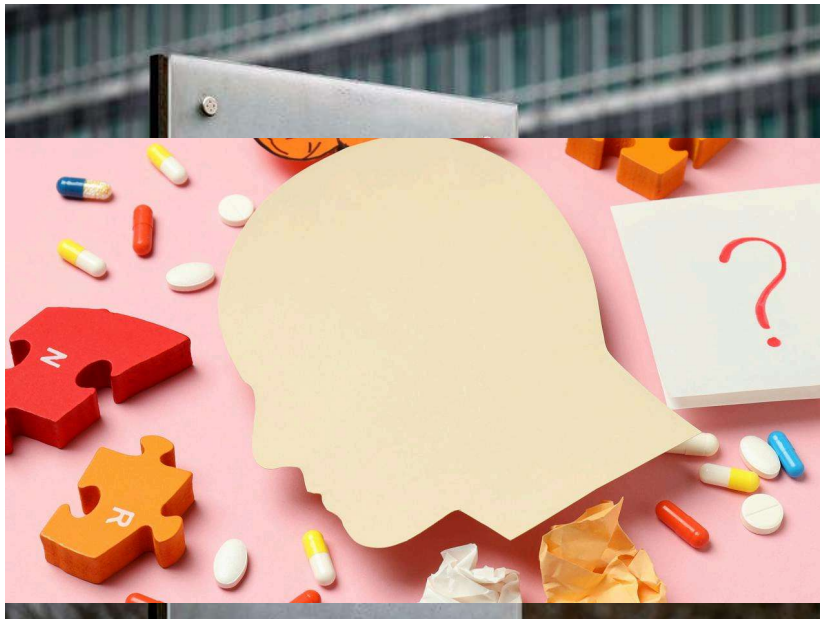
Australian firm behind the potential wonder drug.

The World Health Organisation has granted Actinogen Medical the nonproprietary name, or generic name, ‘emestedastat’ for [its new drug](#)



Dementia

How a change in your eye can detect dementia and diabetes



Dementia

Xanomem has been granted a nonproprietary name by the World Health Organisation. Picture: AFP)

### The four things you can do now to delay dementia

Xanomem helps slow down the course of Alzheimer's disease and address cognitive decline.



Dementia

frontotemporal dementia, and dementia associated with Parkinson's disease,

Actinogen's CEO Professor Steve Gourlay said.

### This tool can predict if and when you'll get early Alzheimer's disease

A new online tool has been able to predict what age older adults will get Alzheimer's. And it may give people the chance to plan their dementia care while they are still able to.



Health

## How **Xanamem** works

Xanamem is a once-a-day pill that targets the production of the stress hormone cortisol in the brain, helping to slow down the course of Alzheimer's disease and address cognitive decline.

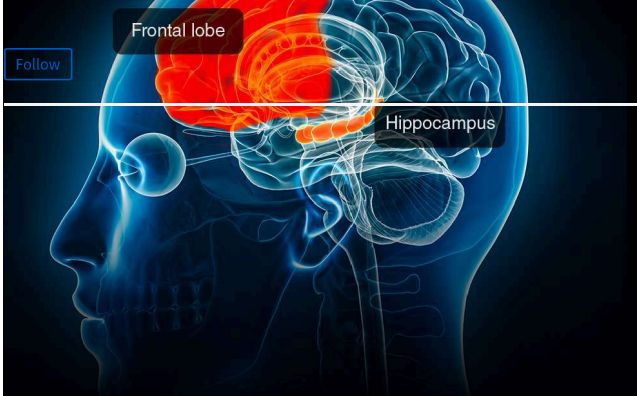


Excess cortisol is associated with memory loss, amyloid plaques and neurodegeneration - the hallmarks of Alzheimer's disease.



### Dementia

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This could extend to other conditions such as Lewy-Body disease, frontotemporal dementia and dementia associated with Parkinson's disease.

Source: Actinogen Medical.

Next up: 15-year-old Aussie talent making his mark. Dr Gourlay said the firm's



Beer CEO steps down. The WHO was 'backlash' Australia

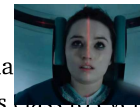


"The WHO has a naming process where you apply and they give you a name, it's not the brand name, it's the name that will always be used for that

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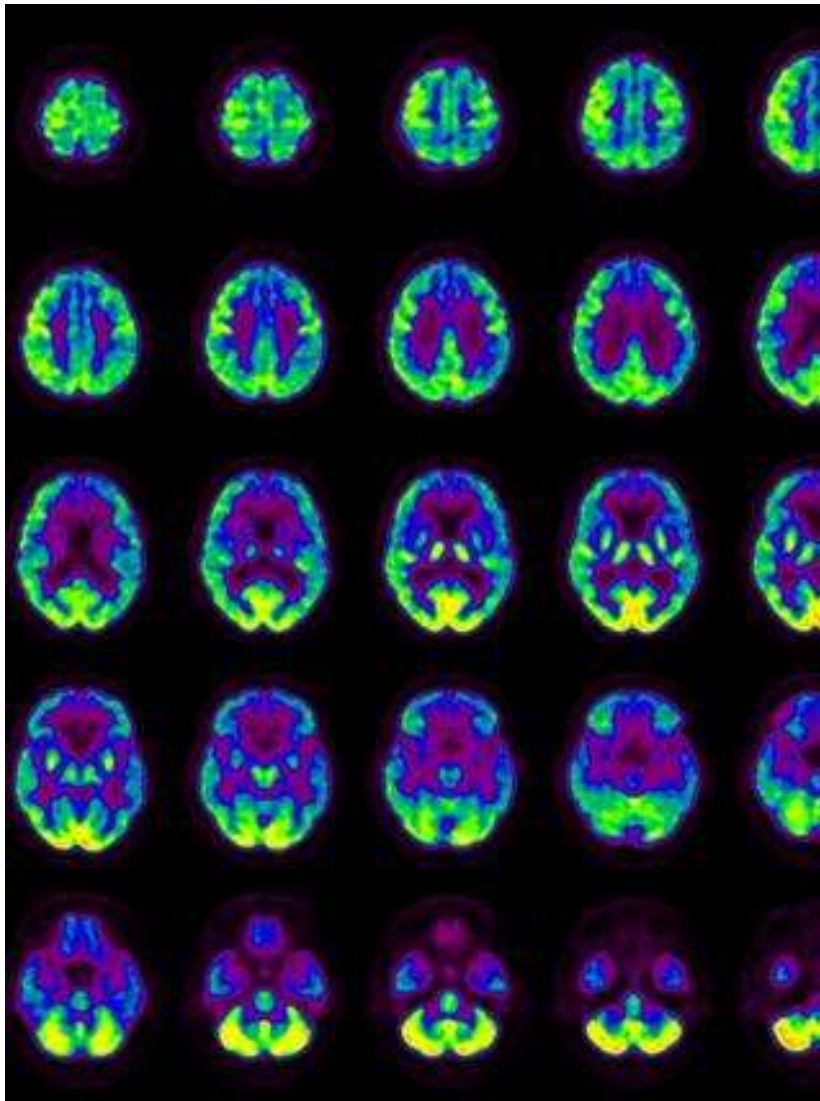
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"What's unique about our situation is that in giving us the new name, the committee recognised that this is the first of its kind to ever be named in this way."



Dr Steven Gourlay is the CEO of Actinogen Medical. Picture: Supplied



PET scan images show the cortisol-producing enzyme in the brain, which the Xanemem pill targets.

Dr Gourlay said Actinogen was bringing “a truly novel and innovative therapy” to patients and the hope was that the drug would be applicable not just to Alzheimer’s but to other types of dementia as well as potentially Parkinson’s, depression and other related psychiatric illnesses.

Alzheimer’s disease, which results in worsening symptoms over a number of years, affected 411,100 Australians in 2023, according to Australian Institute of Health and Welfare estimates.

Associate Professor Michael Woodward AM, Dementia Australia’s Honorary Medical Adviser, said Xanemem “may offer stabilisation and hopefully a slower decline for people living with dementia”.

Associate Professor Woodward said anything that could safely and conveniently assist to reduce the impact of Alzheimer’s disease was “welcome progress”.

“Xanemem has solid data from early-stage studies showing that it is effective,” he said.

“It would certainly be welcomed to have a new class of orally active drug that helps people living with dementia manage their condition.”

For anyone who is impacted by dementia, has questions or needs advice, the National Dementia Helpline is available 24 hours a day, seven days a week on 1800 100 500 or visit [dementia.org.au](https://dementia.org.au) for email or live chat options.

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Originally published as [Alzheimer’s disease: World Health Organisation win for Actinogen Medical drug Xanamem](#)

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