

PERIOD POVERTY



Period Poverty refers to limited access to menstrual products, sanitation facilities, and education.



1 in 4

U.S. teenagers faced **difficulties buying period products** in 2025



14.2%

of U.S. college-attending women **experienced period poverty**



\$3-6k

amount Ohioans spend on **period products throughout their lifetime**

Period poverty is not equal.

24%

of Latino respondents

23%

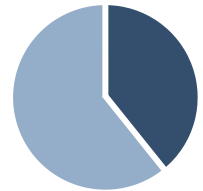
of Black respondents

8%

of white respondents

were **struggling to afford period products** in 2021

39%



of LGBTQIA+ students

had the **highest response rate of identifying as experiencing period poverty** in a study across Ohio colleges and universities.

Period poverty has an impact on education and health.

2 in 5



teenagers nationally thought that due to limited period product accessibility, they were **unable to do their best on their schoolwork**

1 in 5



of students that struggled with period poverty also **experienced clinical depression**