



Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.



Unpaid family caregivers provide \$32 billion in economic value to Ohio.

Equal to the entire **Ohio construction industry.**

78% of caregivers incur out-of-pocket costs as a result of caregiving

26% of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 1

	Senate District 1	
	#	%
Total caregivers in district	64,400	24%
Caregivers experiencing negative financial impacts	26,400	41%
Caregivers who provide 40+ hours of care per week	14,800	23%
Sandwich caregivers	18,700	29%
Caregivers who assist with complex daily activities	63,800	99%
Caregivers who are trained	6,400	10%

Senate District 1

15,052 | 5.7%

adults (18+) have **independent living difficulties**

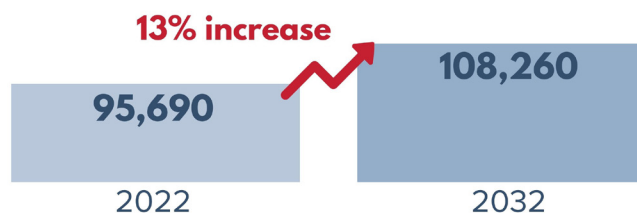
6,480 | 2.4%

adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 1 provide an estimated economic value of \$967 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

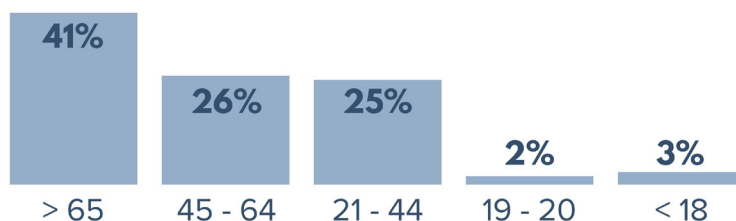
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

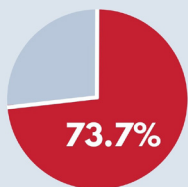
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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57% help with medical or nursing tasks

41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

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54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

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Caregiving estimates in Senate District 2

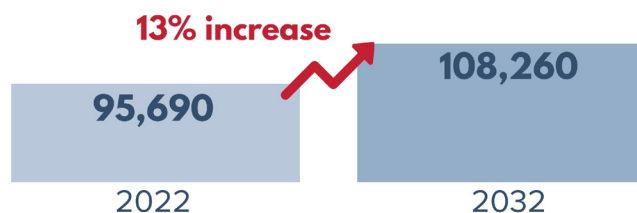
	Senate District 2	
	#	%
Total caregivers in district	65,100	24%
Caregivers experiencing negative financial impacts	26,700	41%
Caregivers who provide 40+ hours of care per week	15,000	23%
Sandwich caregivers	18,900	29%
Caregivers who assist with complex daily activities	64,500	99%
Caregivers who are trained	6,500	10%

Senate District 2
14,991 | 5.6%
adults (18+) have **independent living difficulties**
6,660 | 2.5%
adults (18+) have **self-care difficulties**

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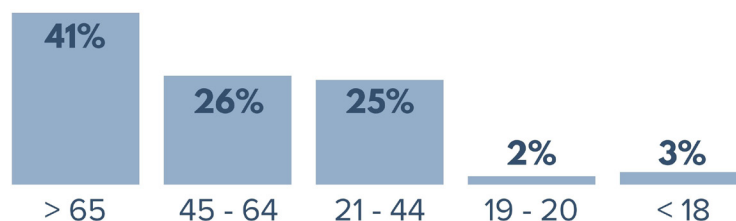
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122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

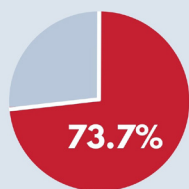
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Medicaid HCBS program enrollees, by age



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Cost of care in Ohio, 2025

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In-home care by a non-medical caregiver	Private room at a skilled nursing facility

Caregiving estimates in Senate District 3

	Senate District 3	
	#	%
Total caregivers in district	67,500	24%
Caregivers experiencing negative financial impacts	27,700	41%
Caregivers who provide 40+ hours of care per week	15,500	23%
Sandwich caregivers	19,600	29%
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Caregivers who are trained	6,800	10%

Senate District 3

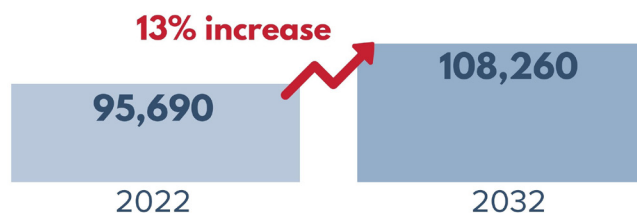
16,547 | 6.1%
adults (18+) have **independent living difficulties**

7,844 | 2.9%
adults (18+) have **self-care difficulties**

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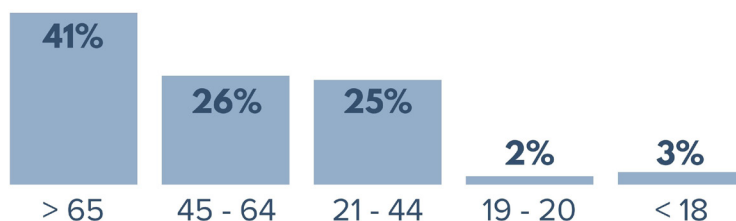
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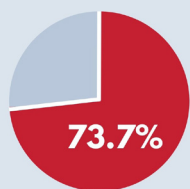
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2 in 5 have been providing care for three years or longer

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Senate District 4

15,051 | 5.4%

adults (18+) have **independent living difficulties**

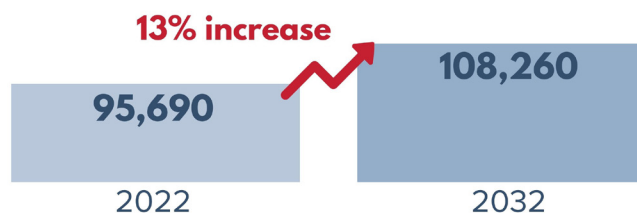
7,050 | 2.5%

adults (18+) have **self-care difficulties**

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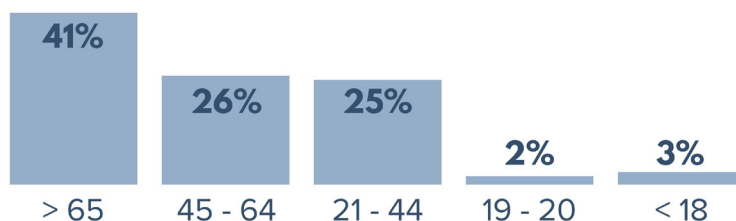
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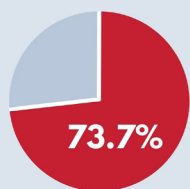
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Medicaid HCBS program enrollees, by age



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Caregiving estimates in Senate District 5

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Caregivers who provide 40+ hours of care per week	15,100	23%
Sandwich caregivers	19,100	29%
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Senate District 5

16,977 | 6.3%

adults (18+) have **independent living difficulties**

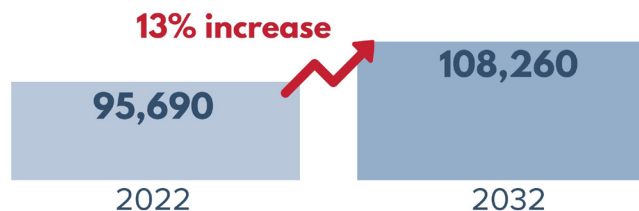
7,969 | 2.9%

adults (18+) have **self-care difficulties**

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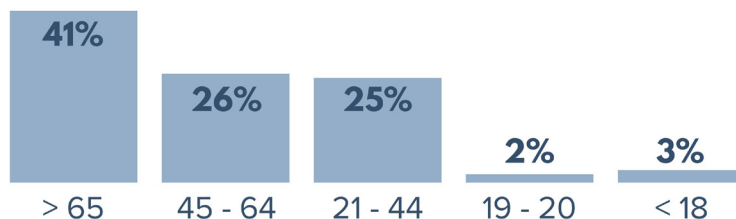
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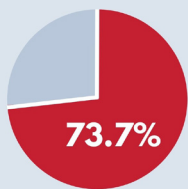
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	#	%
Total caregivers in district	69,300	24%
Caregivers experiencing negative financial impacts	28,400	41%
Caregivers who provide 40+ hours of care per week	15,900	23%
Sandwich caregivers	20,100	29%
Caregivers who assist with complex daily activities	68,600	99%
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Senate District 6

17,124 | 6.1%

adults (18+) have **independent living difficulties**

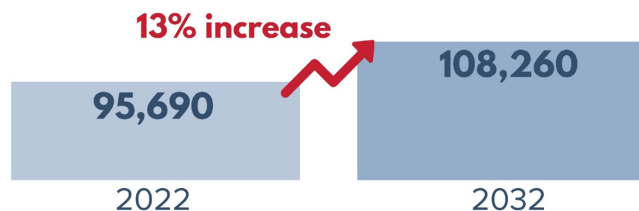
9,016 | 3.2%

adults (18+) have **self-care difficulties**

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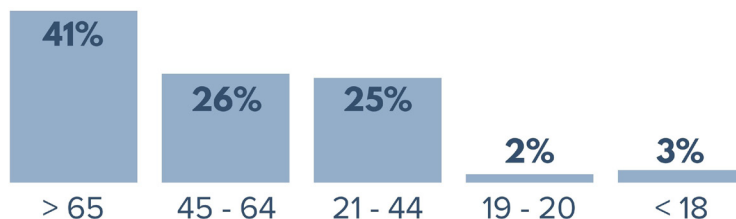
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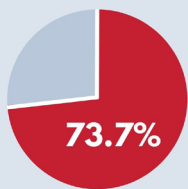
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Caregiving estimates in Senate District 7

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Caregivers who are trained	6,800	10%

Senate District 7

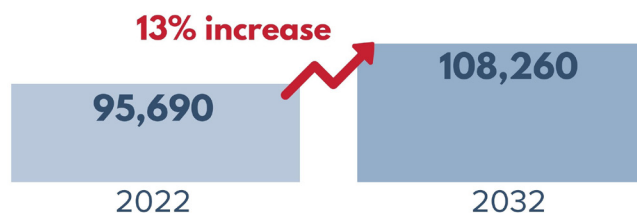
13,721 | 4.9%
adults (18+) have **independent living difficulties**

6,814 | 2.5%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 7 provide an estimated economic value of \$1 billion.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

Ohio Medicaid spends \$12,000 less per enrollee each year for in-home care compared to institutional care.

8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

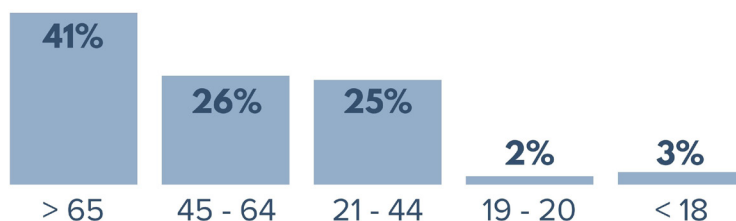
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

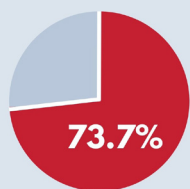
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

"I have cut back or postponed personal things that I enjoy doing to help or care for my care recipient."



62% assist with activities of daily living such as bathing, dressing, and feeding

57% help with medical or nursing tasks

41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

- ★ On average, per-person Medicaid health and long-term services and support costs were **23-30% lower following transitions to the community**.
- ★ Older adults and people with disabilities who remain in their community have an **increased quality of life and have lower associated costs**.
- ★ Family members and friends serving as caregivers improve the delivery of more **culturally and linguistically, person-centered supports**.

The shift toward home and community-based services is an intentional policy choice—it's not fraud.

Sources: AARP: Caregiving in the US 2025 Snapshot and Detailed Overview, AARP: Valuing the Invaluable 2026, AARP: Family Caregivers Struggling Financially, Census (ACS 2020-2024 5-year estimates), The Construction Association: The Economic Impact of Construction in the United States and Ohio, CareScout: Calculate the cost of long-term care, CareerOneStop: Home Health Aides, Ohio Governor's Office of Workforce Transformation: Ohio's Top Jobs List, Health Policy Institute of Ohio: 5/22 graphic, AARP Ohio: Vital Voices 2024, Data for Progress: 2026 survey of 1,213 U.S. likely voters, Ohio Department of Medicaid Data Dashboard, AOa of Northwestern Ohio: Caregiving The Hardest Second Job, Community Living Policy Center: Home and Community-Based Services Improve Outcomes While Reducing Costs



Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.



1 in 2 are employed while also caregiving



1 in 3 receive no help with caregiving (either paid or unpaid)



1 in 3 are sandwich caregivers (care for both children and adults)



2 in 5 have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.

Equal to the entire **Ohio construction industry.**

78%

of caregivers incur out-of-pocket costs as a result of caregiving

26%

of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 8

	Senate District 8	
	#	%
Total caregivers in district	64,500	24%
Caregivers experiencing negative financial impacts	26,400	41%
Caregivers who provide 40+ hours of care per week	14,800	23%
Sandwich caregivers	18,700	29%
Caregivers who assist with complex daily activities	63,800	99%
Caregivers who are trained	6,400	10%

Senate District 8

14,049 | 5.3%

adults (18+) have **independent living difficulties**

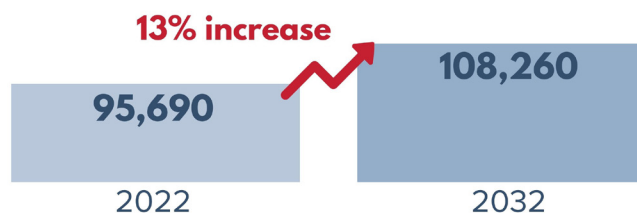
6,152 | 2.3%

adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 8 provide an estimated economic value of \$968 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



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Ohio Medicaid spends \$12,000 less per enrollee each year for in-home care compared to institutional care.

8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

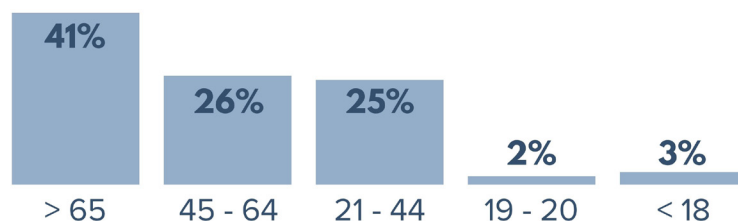
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

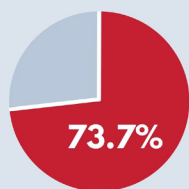
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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Caregiving in Ohio

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Caregiving in Ohio is hard work.

54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.
Equal to the entire **Ohio construction industry**.

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Cost of care in Ohio, 2025

\$77,792
In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 9

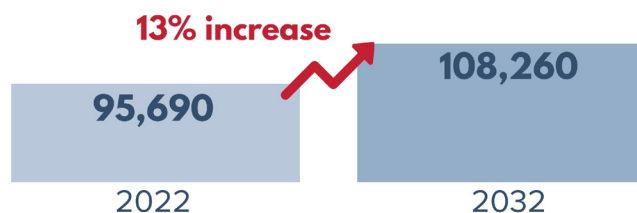
	Senate District 9	
	#	%
Total caregivers in district	66,400	24%
Caregivers experiencing negative financial impacts	27,200	41%
Caregivers who provide 40+ hours of care per week	15,300	23%
Sandwich caregivers	19,200	29%
Caregivers who assist with complex daily activities	65,700	99%
Caregivers who are trained	6,600	10%

Senate District 9
15,679 | 5.8%
adults (18+) have **independent living difficulties**
7,374 | 2.7%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 9 provide an estimated economic value of \$997 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

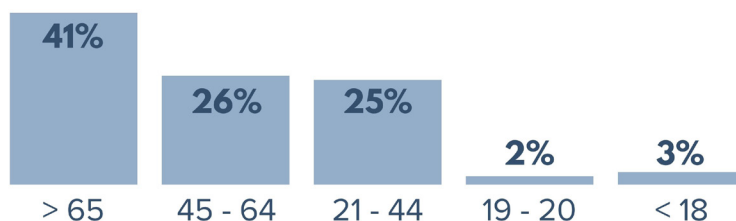
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

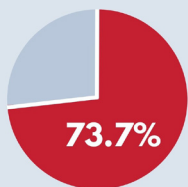
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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Caregivers fill the gap.

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Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

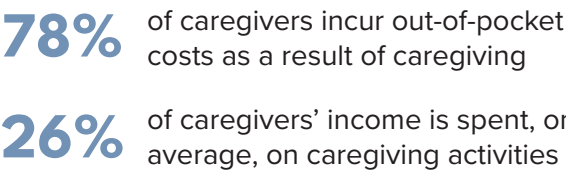
Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.



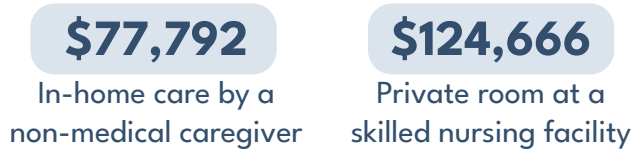
Unpaid family caregivers provide \$32 billion in economic value to Ohio.

Equal to the entire **Ohio construction industry.**



In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025



Caregiving estimates in Senate District 10

	Senate District 10	
	#	%
Total caregivers in district	65,300	24%
Caregivers experiencing negative financial impacts	26,800	41%
Caregivers who provide 40+ hours of care per week	15,000	23%
Sandwich caregivers	18,900	29%
Caregivers who assist with complex daily activities	64,600	99%
Caregivers who are trained	6,500	10%

Senate District 10

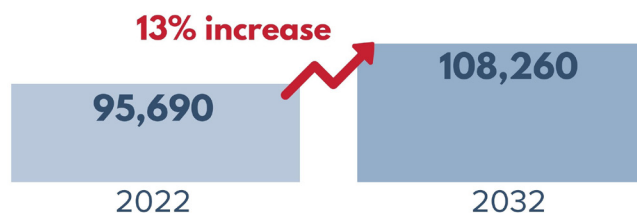
17,549 | 6.6%
adults (18+) have **independent living difficulties**

7,857 | 3.0%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 10 provide an estimated economic value of \$980 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

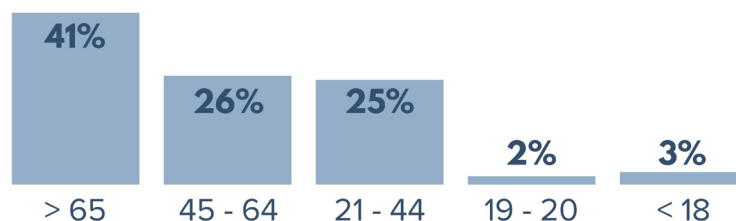
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

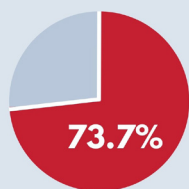
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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Caregiving in Ohio

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Caregiving in Ohio is hard work.

54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.
Equal to the entire **Ohio construction industry.**

78% of caregivers incur out-of-pocket costs as a result of caregiving
26% of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792
In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 11

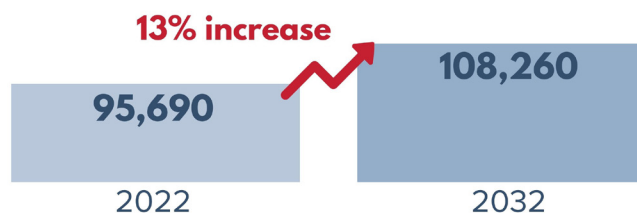
	Senate District 11	
	#	%
Total caregivers in district	63,100	24%
Caregivers experiencing negative financial impacts	25,900	41%
Caregivers who provide 40+ hours of care per week	14,500	23%
Sandwich caregivers	18,300	29%
Caregivers who assist with complex daily activities	62,400	99%
Caregivers who are trained	6,300	10%

Senate District 11
18,291 | 7.1%
adults (18+) have **independent living difficulties**
8,534 | 3.3%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 11 provide an estimated economic value of \$947 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

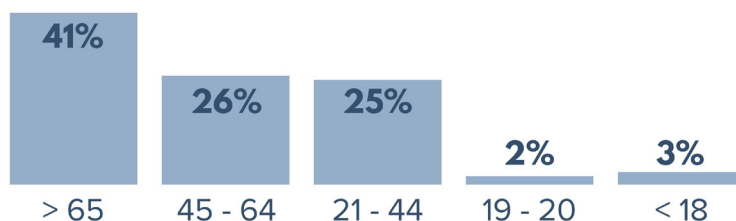
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

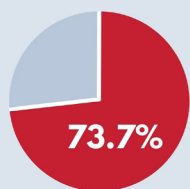
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

"I have cut back or postponed personal things that I enjoy doing to help or care for my care recipient."



- 62%** assist with activities of daily living such as bathing, dressing, and feeding
- 57%** help with medical or nursing tasks
- 41%** engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

- ★ On average, per-person Medicaid health and long-term services and support costs were **23-30% lower following transitions to the community**.
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Caregiving in Ohio

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Caregiving in Ohio is hard work.

54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

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78% of caregivers incur out-of-pocket costs as a result of caregiving
26% of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792
In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 12

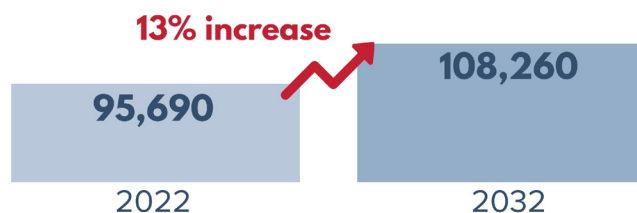
	Senate District 12	
	#	%
Total caregivers in district	62,800	24%
Caregivers experiencing negative financial impacts	25,800	41%
Caregivers who provide 40+ hours of care per week	14,400	23%
Sandwich caregivers	18,200	29%
Caregivers who assist with complex daily activities	62,200	99%
Caregivers who are trained	6,300	10%

Senate District 12
15,529 | 6.0%
adults (18+) have **independent living difficulties**
6,808 | 2.6%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 12 provide an estimated economic value of \$943 million.**

Home health aides are critical to Ohio's economy.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

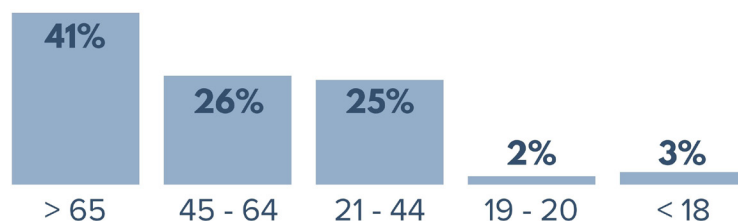
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voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

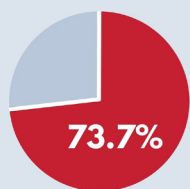
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Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

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Caregiving in Ohio



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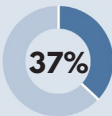
1 in 2 are employed while also caregiving



1 in 3 receive no help with caregiving (either paid or unpaid)



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26%

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Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 13

	Senate District 13	
	#	%
Total caregivers in district	69,100	24%
Caregivers experiencing negative financial impacts	28,400	41%
Caregivers who provide 40+ hours of care per week	15,900	23%
Sandwich caregivers	20,100	29%
Caregivers who assist with complex daily activities	68,500	99%
Caregivers who are trained	6,900	10%

Senate District 13

18,826 | 6.7%

adults (18+) have **independent living difficulties**

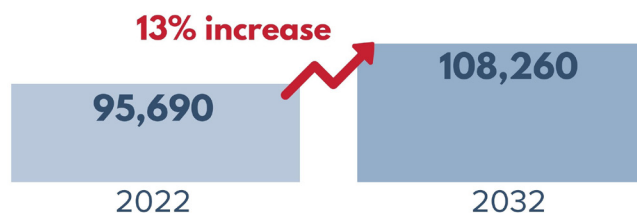
8,588 | 3.0%

adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 13 provide an estimated economic value of \$1 billion.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

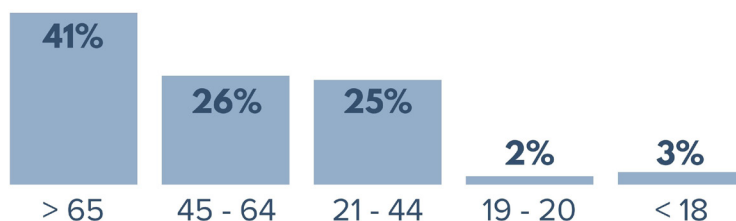
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

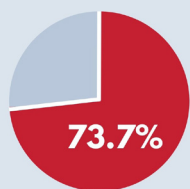
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

"I have cut back or postponed personal things that I enjoy doing to help or care for my care recipient."



62% assist with activities of daily living such as bathing, dressing, and feeding

57% help with medical or nursing tasks

41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

- ★ On average, per-person Medicaid health and long-term services and support costs were **23-30% lower following transitions to the community**.
- ★ Older adults and people with disabilities who remain in their community have an **increased quality of life and have lower associated costs**.
- ★ Family members and friends serving as caregivers improve the delivery of more **culturally and linguistically, person-centered supports**.

The shift toward home and community-based services is an intentional policy choice—it's not fraud.

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Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.

54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.
Equal to the entire **Ohio construction industry.**

78% of caregivers incur out-of-pocket costs as a result of caregiving

26% of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792
In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 14

	Senate District 14	
	#	%
Total caregivers in district	66,300	24%
Caregivers experiencing negative financial impacts	27,200	41%
Caregivers who provide 40+ hours of care per week	15,200	23%
Sandwich caregivers	19,200	29%
Caregivers who assist with complex daily activities	65,600	99%
Caregivers who are trained	6,600	10%

Senate District 14

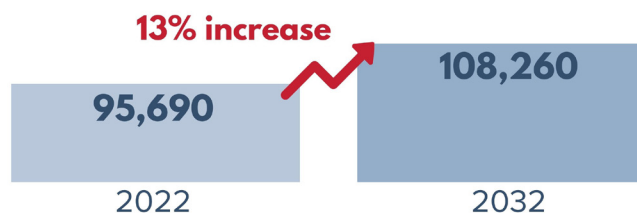
20,455 | 7.5%
adults (18+) have **independent living difficulties**

8,091 | 3.0%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 14 provide an estimated economic value of \$995 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

Ohio Medicaid spends \$12,000 less per enrollee each year for in-home care compared to institutional care.

8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

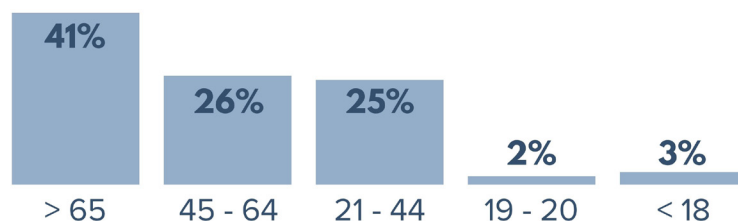
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

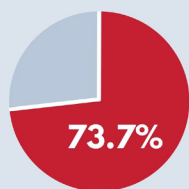
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Medicaid HCBS program enrollees, by age



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Caregiving in Ohio is hard work.



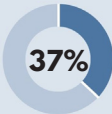
1 in 2 are employed while also caregiving



1 in 3 receive no help with caregiving (either paid or unpaid)



1 in 3 are sandwich caregivers (care for both children and adults)



2 in 5 have been providing care for three years or longer

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Equal to the entire **Ohio construction industry.**

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Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 15

	Senate District 15	
	#	%
Total caregivers in district	65,800	24%
Caregivers experiencing negative financial impacts	27,000	41%
Caregivers who provide 40+ hours of care per week	15,100	23%
Sandwich caregivers	19,100	29%
Caregivers who assist with complex daily activities	65,100	99%
Caregivers who are trained	6,600	10%

Senate District 15

17,486 | 6.4%

adults (18+) have **independent living difficulties**

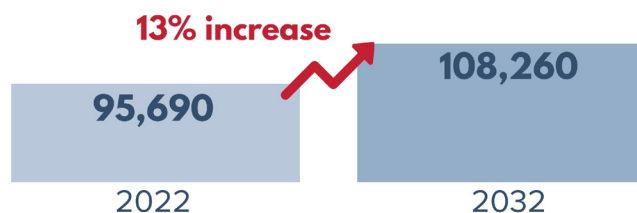
7,662 | 2.8%

adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 15 provide an estimated economic value of \$988 million.**

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8 in 10

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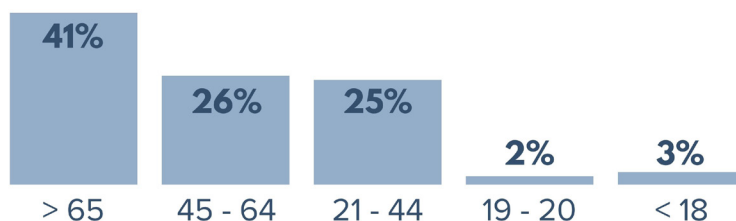
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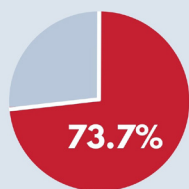
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Medicaid HCBS program enrollees, by age



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\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 16

	Senate District 16	
	#	%
Total caregivers in district	66,400	24%
Caregivers experiencing negative financial impacts	27,200	41%
Caregivers who provide 40+ hours of care per week	15,300	23%
Sandwich caregivers	19,300	29%
Caregivers who assist with complex daily activities	65,800	99%
Caregivers who are trained	6,600	10%

Senate District 16

10,969 | 4.0%

adults (18+) have **independent living difficulties**

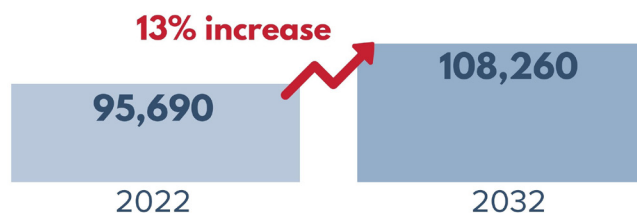
4,800 | 1.7%

adults (18+) have **self-care difficulties**

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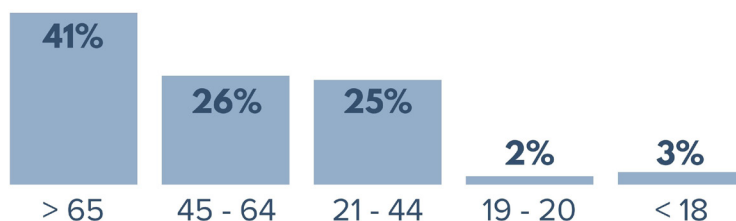
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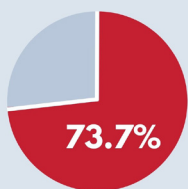
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Medicaid HCBS program enrollees, by age



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Caregiving in Ohio

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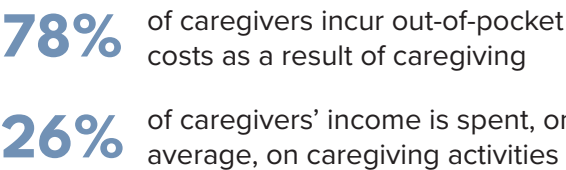
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Caregiving in Ohio is hard work.



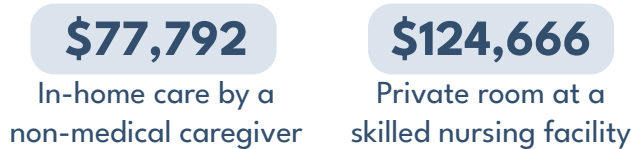
Unpaid family caregivers provide \$32 billion in economic value to Ohio.

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In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

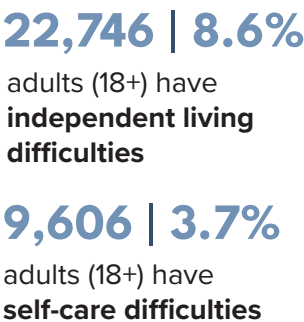
Cost of care in Ohio, 2025



Caregiving estimates in Senate District 17

	Senate District 17	
	#	%
Total caregivers in district	64,900	24%
Caregivers experiencing negative financial impacts	26,600	41%
Caregivers who provide 40+ hours of care per week	14,900	23%
Sandwich caregivers	18,800	29%
Caregivers who assist with complex daily activities	64,300	99%
Caregivers who are trained	6,500	10%

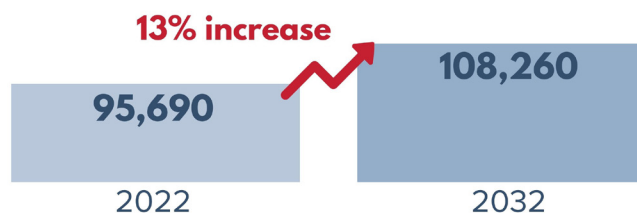
Senate District 17



*** Unpaid family caregivers in Senate District 17 provide an estimated economic value of \$974 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

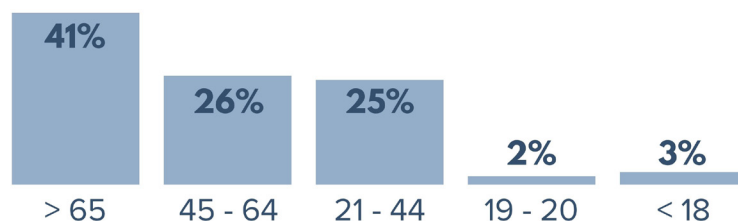
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

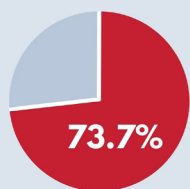
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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Cost of care in Ohio, 2025

\$77,792	\$124,666
In-home care by a non-medical caregiver	Private room at a skilled nursing facility

Caregiving estimates in Senate District 18

	Senate District 18	
	#	%
Total caregivers in district	71,400	24%
Caregivers experiencing negative financial impacts	29,300	41%
Caregivers who provide 40+ hours of care per week	16,400	23%
Sandwich caregivers	20,700	29%
Caregivers who assist with complex daily activities	70,600	99%
Caregivers who are trained	7,100	10%

Senate District 18

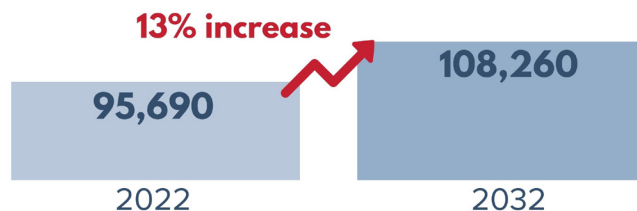
16,644 | 5.7%
adults (18+) have **independent living difficulties**

8,084 | 2.7%
adults (18+) have **self-care difficulties**

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

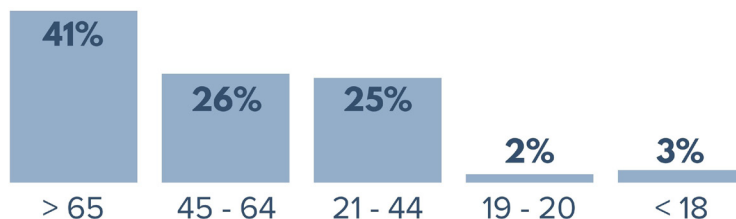
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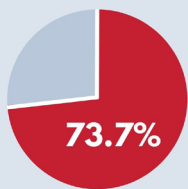
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Caregiving in Ohio is hard work.

1 in 2 are employed while also caregiving

1 in 3 receive no help with caregiving (either paid or unpaid)

1 in 3 are sandwich caregivers (care for both children and adults)

2 in 5 have been providing care for three years or longer

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Cost of care in Ohio, 2025

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In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 19

	Senate District 19	
	#	%
Total caregivers in district	66,800	24%
Caregivers experiencing negative financial impacts	27,400	41%
Caregivers who provide 40+ hours of care per week	15,400	23%
Sandwich caregivers	19,400	29%
Caregivers who assist with complex daily activities	66,100	99%
Caregivers who are trained	6,700	10%

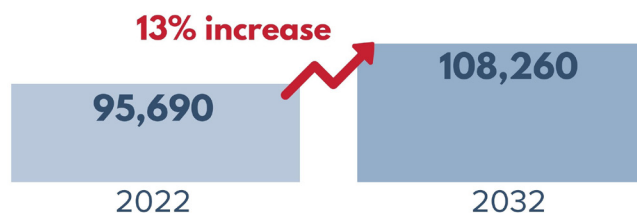
Senate District 19
12,017 | 4.4%
adults (18+) have **independent living difficulties**

5,563 | 2.0%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 19 provide an estimated economic value of \$1 billion.**

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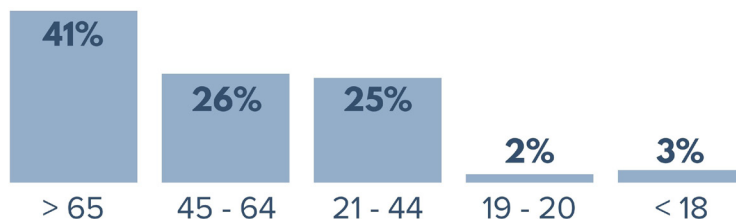
2 in 3

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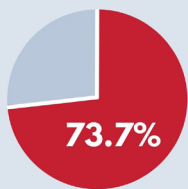
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

"I have cut back or postponed personal things that I enjoy doing to help or care for my care recipient."



62% assist with activities of daily living such as bathing, dressing, and feeding

57% help with medical or nursing tasks

41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

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- ★ Family members and friends serving as caregivers improve the delivery of more **culturally and linguistically, person-centered supports**.

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Caregiving in Ohio

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Caregiving in Ohio is hard work.

1 in 2 are employed while also caregiving

1 in 3 receive no help with caregiving (either paid or unpaid)

1 in 3 are sandwich caregivers (care for both children and adults)

2 in 5 have been providing care for three years or longer

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\$124,666
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Caregiving estimates in Senate District 20

	Senate District 20	
	#	%
Total caregivers in district	67,500	24%
Caregivers experiencing negative financial impacts	27,700	41%
Caregivers who provide 40+ hours of care per week	15,500	23%
Sandwich caregivers	19,600	29%
Caregivers who assist with complex daily activities	66,800	99%
Caregivers who are trained	6,800	10%

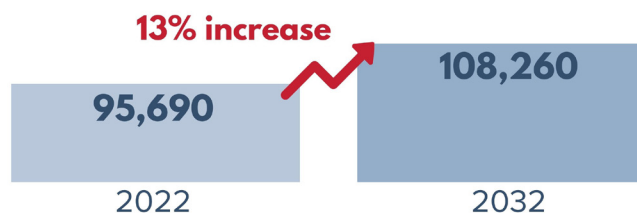
Senate District 20
17,486 | 6.3%
adults (18+) have **independent living difficulties**

8,160 | 3.0%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 20 provide an estimated economic value of \$1 billion.**

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

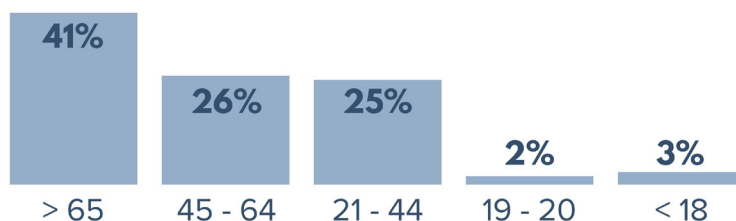
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

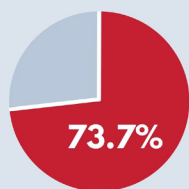
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Medicaid HCBS program enrollees, by age



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Caregiving estimates in Senate District 21

	Senate District 21	
	#	%
Total caregivers in district	69,100	24%
Caregivers experiencing negative financial impacts	28,300	41%
Caregivers who provide 40+ hours of care per week	15,900	23%
Sandwich caregivers	20,000	29%
Caregivers who assist with complex daily activities	68,400	99%
Caregivers who are trained	6,900	10%

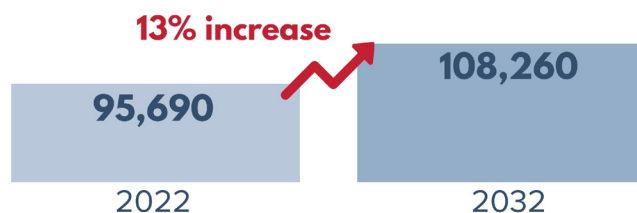
Senate District 21
22,020 | 7.7%
adults (18+) have **independent living difficulties**

10,484 | 3.7%
adults (18+) have **self-care difficulties**

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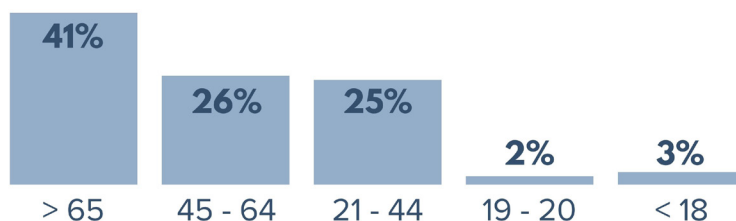
2 in 3

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122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

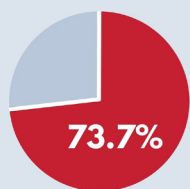
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Medicaid HCBS program enrollees, by age



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54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

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Caregiving estimates in Senate District 22

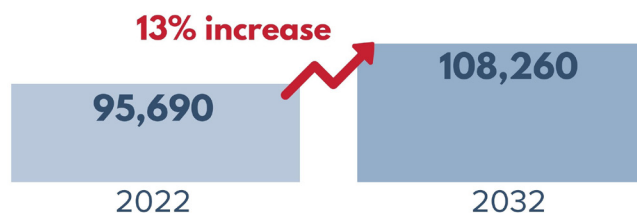
	Senate District 22	
	#	%
Total caregivers in district	67,900	24%
Caregivers experiencing negative financial impacts	27,800	41%
Caregivers who provide 40+ hours of care per week	15,600	23%
Sandwich caregivers	19,700	29%
Caregivers who assist with complex daily activities	67,200	99%
Caregivers who are trained	6,800	10%

Senate District 22
17,305 | 6.3%
adults (18+) have **independent living difficulties**
7,814 | 2.8%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 22 provide an estimated economic value of \$1 billion.**

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8 in 10

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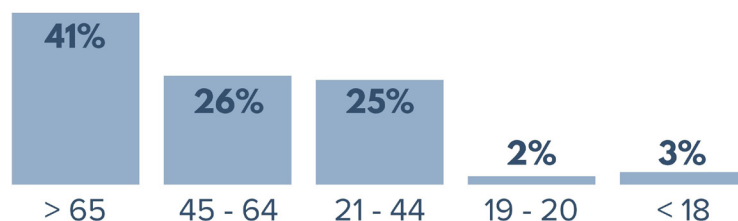
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122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

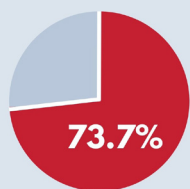
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Medicaid HCBS program enrollees, by age



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54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

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are sandwich caregivers (care for both children and adults)

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2 in 5

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Caregiving estimates in Senate District 23

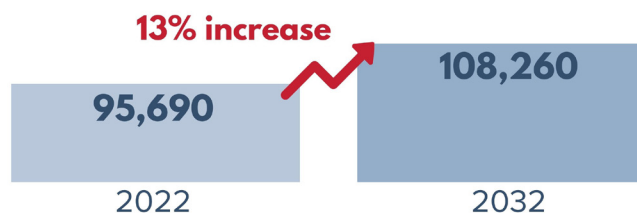
	Senate District 23	
	#	%
Total caregivers in district	70,600	24%
Caregivers experiencing negative financial impacts	29,000	41%
Caregivers who provide 40+ hours of care per week	16,200	23%
Sandwich caregivers	20,500	29%
Caregivers who assist with complex daily activities	69,900	99%
Caregivers who are trained	7,100	10%

Senate District 23
22,480 | 7.8%
adults (18+) have **independent living difficulties**
11,016 | 3.8%
adults (18+) have **self-care difficulties**

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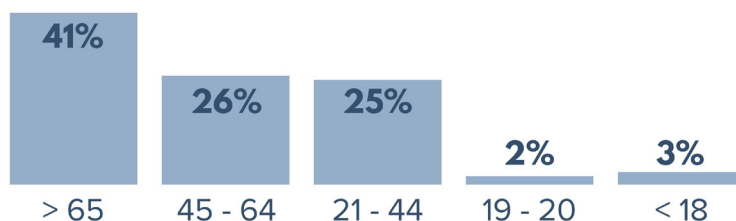
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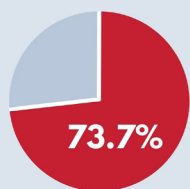
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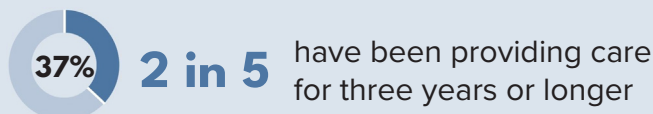
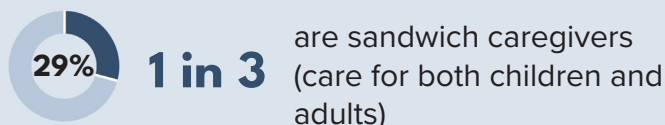
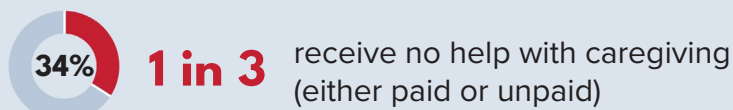
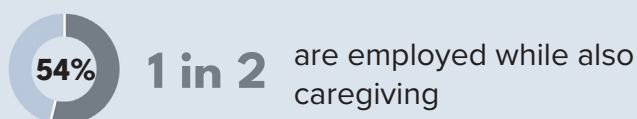


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Private room at a skilled nursing facility

Caregiving estimates in Senate District 24

	Senate District 24	
	#	%
Total caregivers in district	71,700	24%
Caregivers experiencing negative financial impacts	29,400	41%
Caregivers who provide 40+ hours of care per week	16,500	23%
Sandwich caregivers	20,800	29%
Caregivers who assist with complex daily activities	71,000	99%
Caregivers who are trained	7,200	10%

Senate District 24

19,370 | 6.6%

adults (18+) have **independent living difficulties**

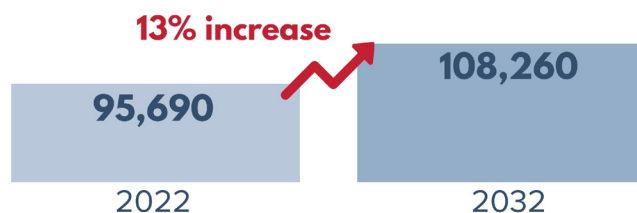
9,061 | 3.1%

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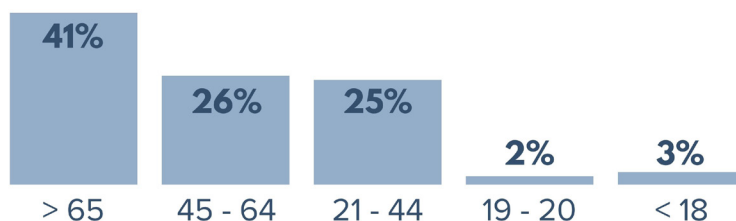
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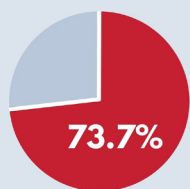
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Private room at a skilled nursing facility

Caregiving estimates in Senate District 25

	Senate District 25	
	#	%
Total caregivers in district	65,600	24%
Caregivers experiencing negative financial impacts	26,900	41%
Caregivers who provide 40+ hours of care per week	15,100	23%
Sandwich caregivers	19,000	29%
Caregivers who assist with complex daily activities	65,000	99%
Caregivers who are trained	6,600	10%

Senate District 25

11,293 | 4.2%

adults (18+) have **independent living difficulties**

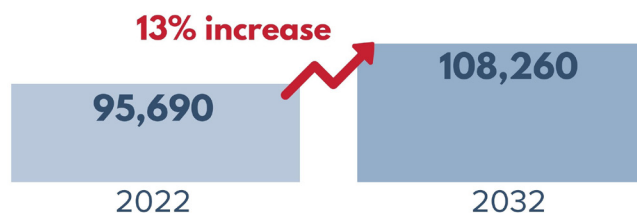
5,821 | 2.1%

adults (18+) have **self-care difficulties**

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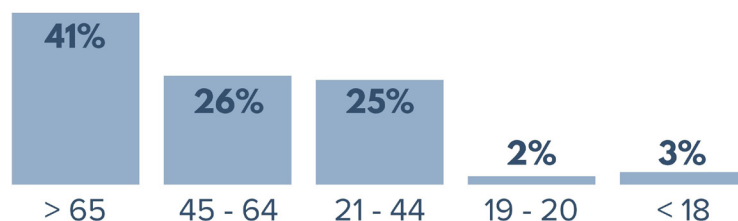
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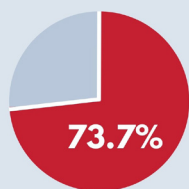
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

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62% assist with activities of daily living such as bathing, dressing, and feeding

57% help with medical or nursing tasks

41% engage in high-intensity caregiving (more hours and higher complexity of care)

Caregivers fill the gap.

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Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.



1 in 2 are employed while also caregiving



1 in 3 receive no help with caregiving (either paid or unpaid)



1 in 3 are sandwich caregivers (care for both children and adults)



2 in 5 have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.

Equal to the entire **Ohio construction industry.**

78%

of caregivers incur out-of-pocket costs as a result of caregiving

26%

of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

\$124,666

Private room at a skilled nursing facility

Caregiving estimates in Senate District 26

	Senate District 26	
	#	%
Total caregivers in district	64,400	24%
Caregivers experiencing negative financial impacts	26,400	41%
Caregivers who provide 40+ hours of care per week	14,800	23%
Sandwich caregivers	18,700	29%
Caregivers who assist with complex daily activities	63,800	99%
Caregivers who are trained	6,400	10%

Senate District 26

15,922 | 6.2%

adults (18+) have **independent living difficulties**

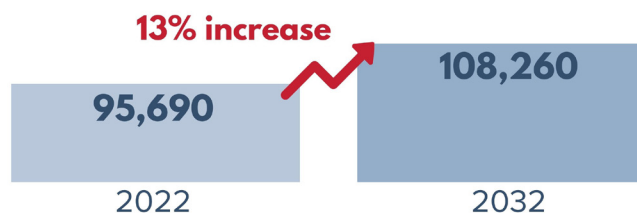
7,482 | 2.9%

adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 26 provide an estimated economic value of \$967 million.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

Ohio Medicaid spends \$12,000 less per enrollee each year for in-home care compared to institutional care.

8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

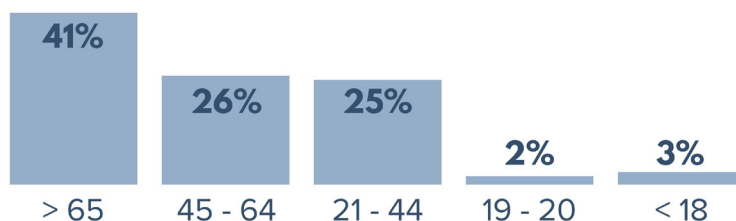
2 in 3

voters nationwide **oppose eliminating Medicaid payments** to family members who serve as caregivers.

122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

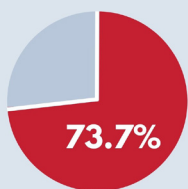
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54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

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Cost of care in Ohio, 2025

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Private room at a skilled nursing facility

Caregiving estimates in Senate District 27

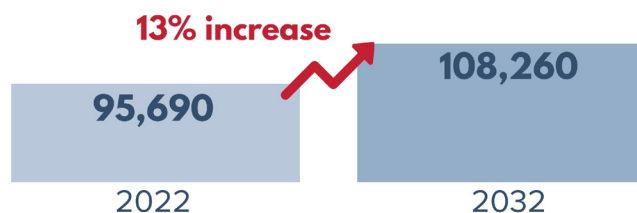
	Senate District 27	
	#	%
Total caregivers in district	71,400	24%
Caregivers experiencing negative financial impacts	29,300	41%
Caregivers who provide 40+ hours of care per week	16,400	23%
Sandwich caregivers	20,700	29%
Caregivers who assist with complex daily activities	70,700	99%
Caregivers who are trained	7,100	10%

Senate District 27
15,165 | 5.2%
adults (18+) have **independent living difficulties**
7,074 | 2.4%
adults (18+) have **self-care difficulties**

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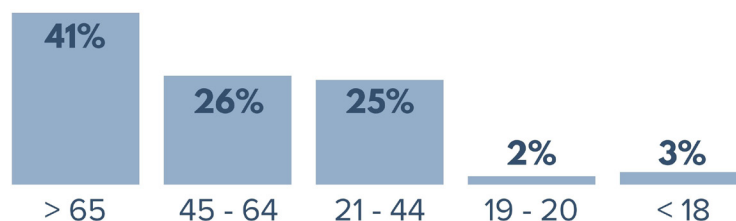
2 in 3

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122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

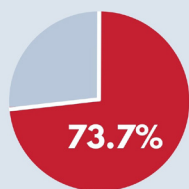
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Medicaid HCBS program enrollees, by age



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Private room at a skilled nursing facility

Caregiving estimates in Senate District 28

	Senate District 28	
	#	%
Total caregivers in district	67,100	24%
Caregivers experiencing negative financial impacts	27,500	41%
Caregivers who provide 40+ hours of care per week	15,400	23%
Sandwich caregivers	19,500	29%
Caregivers who assist with complex daily activities	66,400	99%
Caregivers who are trained	6,700	10%

Senate District 28

19,436 | 7.0%

adults (18+) have **independent living difficulties**

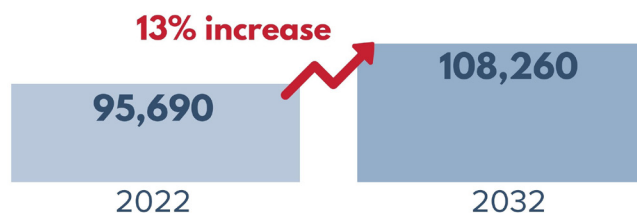
8,393 | 3.0%

adults (18+) have **self-care difficulties**

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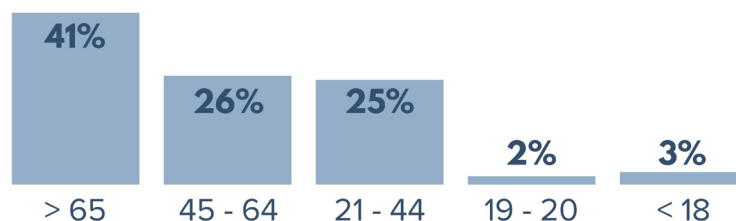
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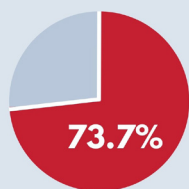
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Caregiving estimates in Senate District 29

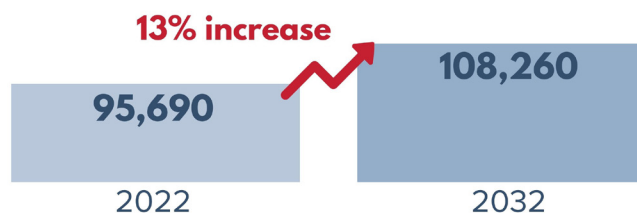
	Senate District 29	
	#	%
Total caregivers in district	66,500	24%
Caregivers experiencing negative financial impacts	27,300	41%
Caregivers who provide 40+ hours of care per week	15,300	23%
Sandwich caregivers	19,300	29%
Caregivers who assist with complex daily activities	65,800	99%
Caregivers who are trained	6,600	10%

Senate District 29
15,577 | 5.7%
adults (18+) have **independent living difficulties**
6,116 | 2.2%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 29 provide an estimated economic value of \$998 million.**

Home health aides are critical to Ohio's economy.

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8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

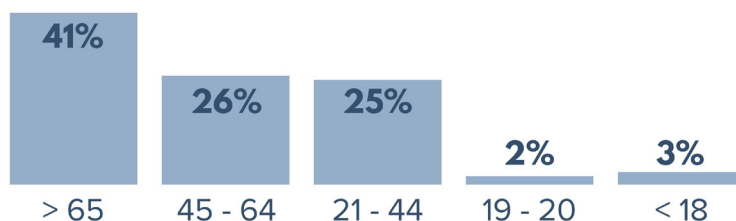
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122,000+ Ohioans rely on Medicaid HCBS to stay safe and healthy.

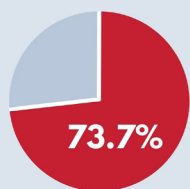
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Medicaid HCBS program enrollees, by age



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Caregiving in Ohio

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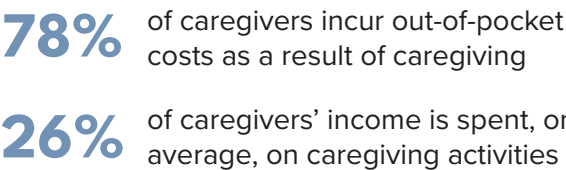
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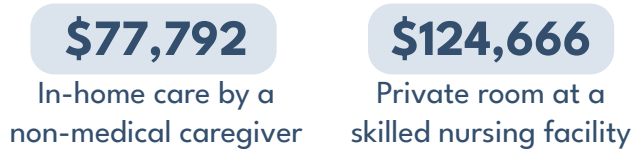
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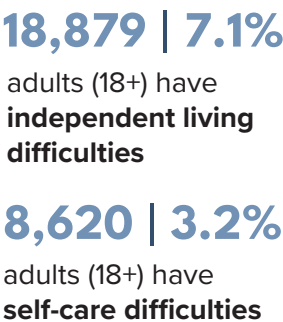
Cost of care in Ohio, 2025



Caregiving estimates in Senate District 30

	Senate District 30	
	#	%
Total caregivers in district	65,900	24%
Caregivers experiencing negative financial impacts	27,000	41%
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Sandwich caregivers	19,100	29%
Caregivers who assist with complex daily activities	65,200	99%
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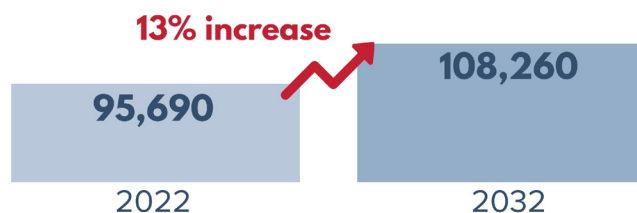
Senate District 30



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8 in 10

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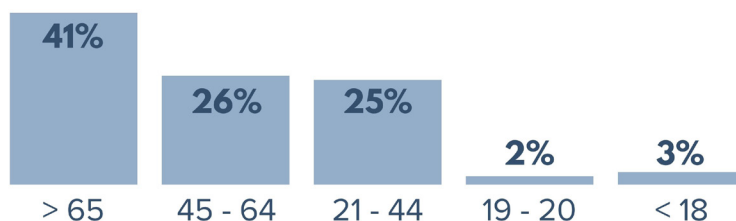
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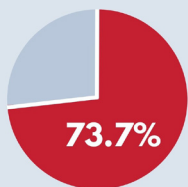
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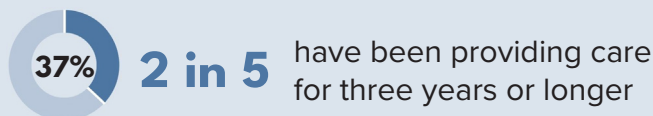
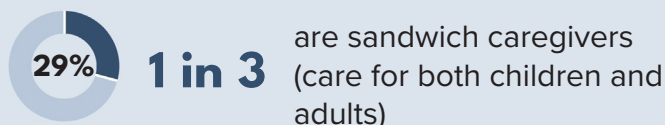
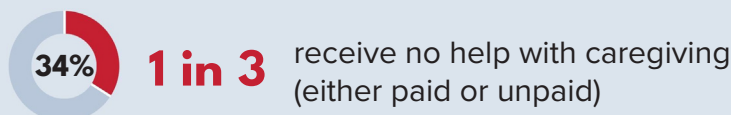
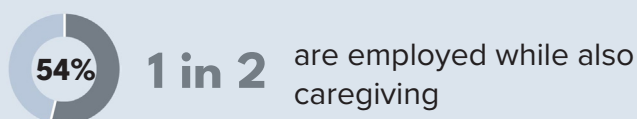


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Cost of care in Ohio, 2025

\$77,792

In-home care by a non-medical caregiver

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Private room at a skilled nursing facility

Caregiving estimates in Senate District 31

	Senate District 31	
	#	%
Total caregivers in district	63,500	24%
Caregivers experiencing negative financial impacts	26,000	41%
Caregivers who provide 40+ hours of care per week	14,600	23%
Sandwich caregivers	18,400	29%
Caregivers who assist with complex daily activities	62,900	99%
Caregivers who are trained	6,300	10%

Senate District 31

16,849 | 6.4%

adults (18+) have **independent living difficulties**

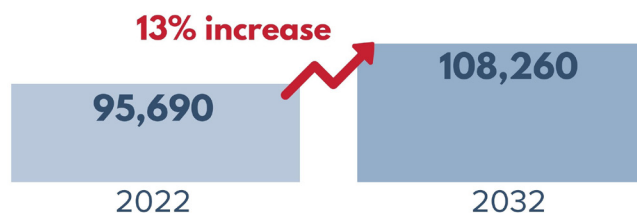
7,028 | 2.7%

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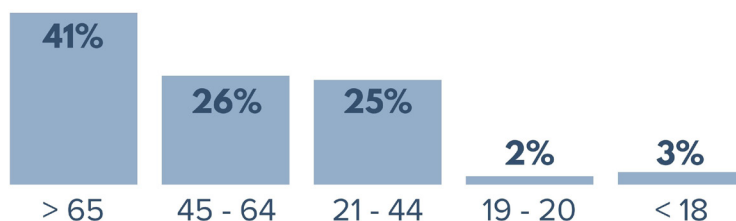
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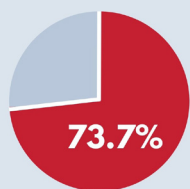
Ohioans receiving Medicaid-funded home and community-based services are older adults or people with disabilities who would otherwise need nursing home or intermediate care.

Medicaid HCBS program enrollees, by age



Caregivers make sacrifices.

"I have cut back or postponed personal things that I enjoy doing to help or care for my care recipient."



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41% engage in high-intensity caregiving (more hours and higher complexity of care)

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The shift toward home and community-based services is an intentional policy choice—it's not fraud.

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Caregiving in Ohio

1 in 4 adults in Ohio is a family caregiver, or 24%

Caregiving refers to providing ongoing practical, emotional, medical, financial, or household support to a family member, friend, or other individual who needs assistance with daily life.

Caregiving in Ohio is hard work.

54%

1 in 2

are employed while also caregiving

34%

1 in 3

receive no help with caregiving (either paid or unpaid)

29%

1 in 3

are sandwich caregivers (care for both children and adults)

37%

2 in 5

have been providing care for three years or longer

Unpaid family caregivers provide \$32 billion in economic value to Ohio.
Equal to the entire **Ohio construction industry.**

78% of caregivers incur out-of-pocket costs as a result of caregiving
26% of caregivers' income is spent, on average, on caregiving activities

In 2021, the average caregiver spent \$7,242 out-of-pocket on caregiving activities. This expense is likely higher today due to inflation.

Cost of care in Ohio, 2025

\$77,792
In-home care by a non-medical caregiver

\$124,666
Private room at a skilled nursing facility

Caregiving estimates in Senate District 32

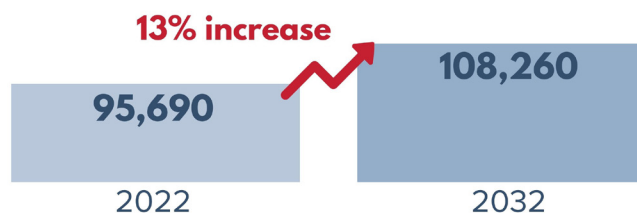
	Senate District 32	
	#	%
Total caregivers in district	70,000	24%
Caregivers experiencing negative financial impacts	28,700	41%
Caregivers who provide 40+ hours of care per week	16,100	23%
Sandwich caregivers	20,300	29%
Caregivers who assist with complex daily activities	69,300	99%
Caregivers who are trained	7,000	10%

Senate District 32
19,272 | 6.8%
adults (18+) have **independent living difficulties**
8,152 | 2.9%
adults (18+) have **self-care difficulties**

*** Unpaid family caregivers in Senate District 32 provide an estimated economic value of \$1 billion.**

Home health aides are critical to Ohio's economy.

Home health aides have the highest projected employment growth of any occupation in Ohio.



Ohioans want to remain in their homes, and it's less expensive.

Ohio Medicaid spends \$12,000 less per enrollee each year for in-home care compared to institutional care.

8 in 10

Ohio residents (45+) would **prefer to receive care at home** compared to a nursing home or assisted care facility.

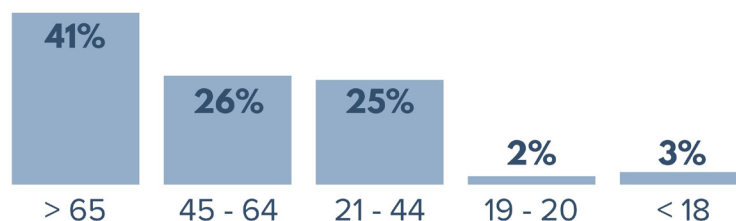
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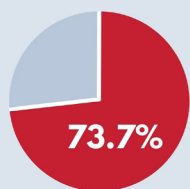
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Cost of care in Ohio, 2025

\$77,792	\$124,666
In-home care by a non-medical caregiver	Private room at a skilled nursing facility

Caregiving estimates in Senate District 33

	Senate District 33	
	#	%
Total caregivers in district	67,700	24%
Caregivers experiencing negative financial impacts	27,800	41%
Caregivers who provide 40+ hours of care per week	15,600	23%
Sandwich caregivers	19,600	29%
Caregivers who assist with complex daily activities	67,000	99%
Caregivers who are trained	6,800	10%

Senate District 33

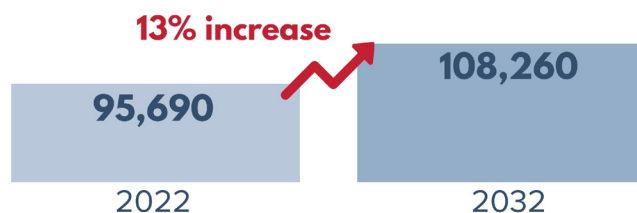
21,391 | 7.8%
adults (18+) have **independent living difficulties**

9,747 | 3.5%
adults (18+) have **self-care difficulties**

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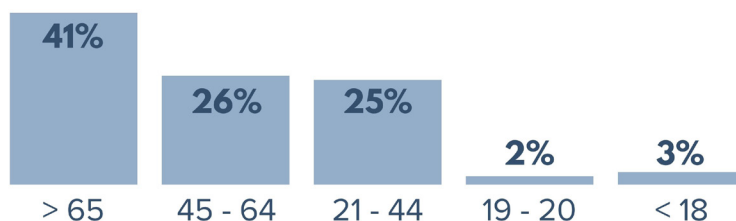
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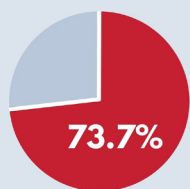
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