

TEA (LOOSE LEAF - PER CUP)

Yoga Tea	170₺
Ginger, cinnamon, cardamom, cloves, black tea	
Well-Being Tea	170₺
Chamomile, mint, fennel, lemon balm	
Turmeric Chai	170₺
Turmeric, cinnamon, ginger, black tea, black pepper	
Blossom Tea	185₺
Jasmine, rose or hibiscus flowers	
Caramel Cream Tea	185₺
Black tea, caramel, vanilla, creamy notes	
Moroccan Mint Tea	185₺
Green tea, mint	
Milk Oolong	175₺
Oolong, milky notes	
Green Dragon	185₺
Green tea	
White Tea (Beyaz Çay)	185₺
White tea	
Wake Up Tea	170₺
Black tea with coffee beans	
English Breakfast	170₺
Black tea	

MATCHA DRINKS

You can choose different types of milk

Classic Matcha	250₺
Matcha powder, water, and milk	
Iced Matcha Latte	265₺
Matcha powder, water, milk and ice	
Matcha Tonic / Juice	270₺
Matcha powder, water, tonic or juice, ice	
Matcha Latte with Fruit Puree	300₺
Matcha powder, water, fruit puree, milk, ice (optional)	

CLASSIC COFFEE

You can choose different types of milk and coffee without caffeine

Espresso	130₺
Americano	200₺
Turkish Coffee	100₺
Filter Coffee	165₺
Long Black	190₺
Cappuccino	200₺
Latte	200₺
Flat White	245₺
Mocha	260₺
Iced Mocha	260₺
Ice Latte	250₺
Ice Americano	240₺
Coffee extra shot	50₺

Smoothies

Apple Cinnamon Banana Almond Milk
Slim Apple
250₺

Carrot Celery Orange juice
Vitamin Peak
250₺

Pineapple Banana Coconut Milk
Pina Colada Smoothie
250₺

Peanut butter Banana Oat milk Vanila Protein
Nut Bomb
365₺

Apple Kiwi Mint Water
Detox Kiwi
250₺

Strawberry Banana Milk
Clasic Fusion
250₺

Oats Banana Milk
Oat-Banana
235₺

Celery Apple Cucumber Chia Seeds Water
Detox Green
190₺

Milkshakes

280₺



Fruity Iced Matcha

300₺



MILKSHAKES

Vanilla Matcha Milkshake	300₺
Vanilla ice cream, milk, matcha powder	
Vanilla Milkshake	280₺
Vanilla ice cream, milk, ice	

FRAPPE

Frappe Classic	250₺
Espresso, ice and milk	
Frappe Matcha Strawberry	300₺
Matcha, milk and strawberry puree	
Frappe Choco	300₺
Espresso, cacao, ice and milk	
Matcha Frappe	300₺
Matcha, ice and milk	

SOFT DRINKS

Cola Zero (330ml)	120₺
Fresh Juice (250ml)	260₺
Water (330ml)	90₺
Water (750ml)	150₺
Tonic (330ml)	125₺
Soda (250ml)	110₺
Organic Smoothie	240₺

SPECIALTY COFFEE

Aerocano	160₺
Espresso, ice and water	
Bumble Coffee	265₺
Espresso, orange juice and vanilla syrup	
Fresh Tonic	250₺
Espresso, tonic, lemon and mint	
Teddy Graham	265₺
Espresso, milk, honey, cinnamon	
Matcha Affogato	300₺
Espresso, ice cream, matcha powder	

SPORT DRINKS

BCAA Drink	145₺
Supports muscle recovery and reduces fatigue during or after workouts. Ideal for maintaining performance and hydration.	
L-Carnitine Drink	330₺
Helps support fat matabolism and energy production. A great choice for active lifestyle and light pre-workout boost.	
Protein Shake	250₺
Rich in proteib to support muscle growth and recovery. Perfect after training or as a nutritious meal supplement	
Gainer	165₺
High-calorie shake designed to support weight gain and muscle building. Best for those looking to increase mass and energy intake.	
Pre-Workout	150₺
Boosts energy, focus and endurance before exercise. Ideal for maximizing performance during training sessions.	

BALANCE CAFE

Lanches



Shrimp & Sweet
Potato Plate
475₺



Chicken & Village
Potato Plate
425₺



Salmon & Rice
Plate
570₺



Tuna & Buckwheat
Plate
490₺



Chicken & Rice
Bowl
490₺

Toast



Salmon Toast
450₺



Chicken Toast
420₺



Avocado Toast
385₺



French Toast
350₺

Quesadillas



Chicken Quesadilla
600₺



Tuna Quesadilla
575₺



Vegetable Quesadilla
500₺

Soups



300₺

Desserts



350₺

Chia Cups



250₺

Granola



350₺

Salads



Warm Potato
Chicken Bowl
575₺



Shrimp Fresh Mix
680₺



Mediterranean Fuel
Bowl
575₺



Protein Veggie Bowl
575₺



Shrimps Energy Salad
750₺



Nordic Tuna Salad
575₺



Rusric Lentil Salad
575₺



Salmon Green Bowl
750₺



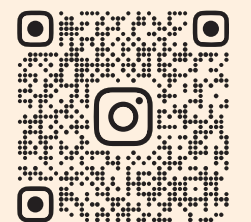
Green Bean
Chicken Bowl
575₺



Protein Garden
Chicken Bowl
575₺



WEBSITE



BALANCE.CAFE.CAESAR

Place Your
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