

GREENWAYS GAZETTE

Volume 15 Issue 33

Editor Cherie Lardner

October Edition 2025

Hello everyone,

I'm back and feeling refreshed after a wonderful break! The weather was sunny, the views were stunning, and the historical sites were truly fascinating. While it was lovely to get away, I'm pleased to be back.

The Lions defeated the Cats by 47 points in the flag decider at the MCG as Will Ashcroft won his second consecutive Norm Smith medal. Our two new units are nearing completion, & we're hopeful they'll be ready to showcase during our upcoming **Open Day on Saturday, 18th.**

We have an **influx of mail** awaiting your collection from our office. The deadline has passed for expressions of interest in seeing 'Cats' at the Melbourne Arts Centre in **January 2026.** If you're still keen to attend, please let Cath know **asap &** we'll do our best to accommodate. Last month's planned trip to Bunnings was unfortunately cancelled due to low numbers. However, we've scheduled another visit this month & are hopeful for a stronger turnout, so be sure to book in.

On a similar note, we've noticed a recent dip in attendance at our exercise classes. To keep offering these sessions twice a week, we'd love to see more residents come along. Casual classes are just \$5, however, for a limited time only, we are offering a package of 10 classes for just \$40 which is valid for 14 weeks! Offer ends 10th Oct. It's a great way to keep mobile, stay active & social to.

While the library is closed for renovations, you'll now find a temporary **book station set up in the restaurant** for your convenience.

Lastly, a gentle reminder: if you're enjoying a cuppa in the restaurant, please kindly wash & dry your cup & saucer afterward or feel free to bring your own if you prefer.

The rotunda will be 'out of action' from Wednesday 1st October for about one week. We apologise for any inconvenience this may cause & thank you again for your patience during the renovation period.

Looking forward to a great month ahead!

Dining & Catering

Steve from Sunset Caterers - Mark your calendars:

Thursday 9th - Birthday Roast &

Thursday 23rd - Chicken pie with chips, side salad and dessert.

Don't forget to claim your free meal provision for September and October!

Garden & Maintenance Updates -

- Numerous gutters cleaned.
- Communal lights repaired &/or globes replaced.
- Gardeners are focusing on preparations for our upcoming open day including, but not limited to, manicuring round garden, lawn seeding in patchy grass areas, garden beds along external fencing, weeding & repairs to garden edging.

Events & Activities-

We have a fantastic line up of activities and events to enjoy together. Mark your calendars!

RSL Lunch - Register for a free meal at the Frankston RSL.

Morning Melodies - Enjoy tunes with Rhonda Burchmore.

Monthly Birthday Roast - Let's celebrate our birthday stars with a delicious roast and good cheer.

Residents' Outing - Time to head out for a fun change of scenery.

Seafood Van visit - Fresh & frozen seafood delights right at our doorstep.

Movie Days - Two great documentary films coming your way this month. Ice-cream provided at interval for \$1.50.

Open Day - Invite your friends and family to come see what makes our community so special.

Live Entertainer - Get ready to tap your toes and sing along; an afternoon of fun awaits. Including afternoon tea. This is a **FREE** event with the general public also invited.

Please refer to the calendar below for dates & full event details.

Health & Wellbeing-

A few simple tips to help you feel your best: **Stay hydrated** - even on cooler days, it's important to drink enough water. **Stretch and move** - gentle daily movement keeps the joints happy and the mind sharp. **Consider attending one or both of our weekly, low impact (& easy), exercise classes.**

Warmest regards,

Cherie, Sandra, Cath, Lou, Darren,
Aaden, Lee, Sharon & Jules

President's Report

Spring has arrived!

The days are warming up, and the gardens are bursting with colour. Birds are in full song, even the young magpies are joining in!

AGM Update:

Only 22 residents attended this year's Annual General Meeting. The Committee remains unchanged, except for Secretary Viv Ellam, who has retired. We thank Viv for her service. Lee Monkhouse will now take on the role of Secretary; welcome, Lee!

Entertainment News:

Alicia O'Brien, our recent entertainer, was outstanding. Management will do their best to book her again for Seniors Month in 2026.

Open Day - 18th October:

We're facing a few challenges with space in the dining room, but we're hopeful that residents will still come along to enjoy the stalls and BBQ.

Recent Milestone Birthdays:

Sheila Rohans turned 90 and Sandra Glancy turned 70! HAPPY BIRTHDAY!

Volunteers Needed:

We'd love some help from residents with setting up and packing away tables and chairs before and after some of our events. It would only require a small time commitment perhaps 2 or maybe 3 times a month on a roster basis. This is to support Vic and is also an opportunity to connect with other residents.

If you're able to lend a hand (ladies or men), please let me know!

Jan



**Birthday roast lunches are
on the
2nd THURSDAY** of each month.

9th October

Veni

Aileen

Brian

Norma

Val

Jim

Graeme

Katie

Bea

Derek

Peter

Shirley



Daylight Saving Time begins at
2am on Sunday 5th October, when
clocks are put **forward one** hour.

Everyone welcome
Bring family &/or friends.
FREE if it's your birthday!

MOVIES

9th October

"LIZA"

Biography. Documentary.

History. Music.

A tribute to a young artist of unlimited raw talent & the deep, creative relationships she has with her mentors & influences.

Starring: Liza Minnelli & Peter Allen.

Rated M.

23rd October

"NEVER LOOK AWAY"

Adventure. Biography.

Documentary.

An incredible life of CNN camerawoman Margaret Moth who fearlessly captures footage of war zones.

Rated M.

The Green Door Op Shop



Trading Hours

Mondays 3.00pm to 4.00pm

Thursdays 11.00am to
12.00pm

DONATIONS NEEDED

Residents Sundays

BBQ every Sunday

except

Reddy Roast last

Sunday of the month

Library

Closed during
renovations.

**However, a book exchange
station has been set up
in the dining room.**

Stamps

Patricia would like to thank everyone for the stamps and has asked that everyone keep up the donations.

MEPACS Alarm Check

Please remember to check your alarms on the 5th of every month...AND please wear your pendant.

It could save your life!

After hours emergency

Call 0492 870 723

Risk Management

The committee meets bi-monthly on the **2nd Wednesday**. The next meeting will be held on **8th October**. Please let the Risk Management Committee know if you have any non-urgent safety concerns in your common areas. Our aim is to keep our village safe for everyone.

Village Security

Sometimes we may see something in the Village that doesn't look quite right, an uninvited person or someone who makes you feel uncomfortable, please call the police:

- 000 (emergency)
- 131 444 (non-urgent)

Back Rotunda

Please make bookings
directly with
Rod

RESTAURANT

Thursday 9th

Birthday roast and cake.

Thursday 23rd

Chicken pie with chips and
side salad and apple
crumble with cream.

DATE	DAY	ACTIVITY	AREA	TIME	COST
2 nd	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50
2 nd	Thursday	Bingo 	Restaurant	1.30pm	\$1 per book
7 th	Tuesday	Frankston RSL lunch. Please book ASAP.	Bus	11.45am	\$3.50
9 th	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50
9 th	Thursday	BIRTHDAY ROAST. All welcome. 2 courses \$18.50. Please book by 3 rd . 	Restaurant	12.00pm	FREE if it's your birthday
9 th	Thursday	Movie: "LIZA" Biography. Documentary. History. Music. A tribute to a young artist of unlimited raw talent & the deep, creative relationships she has with her mentors & influences. Starring: Liza Minnelli & Peter Allen. Rated M. 	Restaurant	2.00pm	\$1.50 ice-cream
13 th	Monday	Committee Meeting	Restaurant	1.30pm	
15 th	Wednesday	Residents Outing: Sail to Queenscliff for lunch at Tarra Restaurant. 2 courses & glass of wine or beer.	Bus	9.30am	\$10 \$79
15 th	Wednesday	Craft Group - Bring along whatever you are working on, EG: sewing, embroidery, quilting/patchworkers.	Restaurant	10.00am	
15 th	Wednesday	Seafood Van.	Car Park	11.30am	
16 th	Thursday	Bus Karingal 	Bus	9.30am	\$4.50
16 th	Thursday	Bingo 	Restaurant	1.30pm	\$1 per book
17 th	Friday	Morning Melodies	Bus Ticket	9.30am	\$3.50 \$22.00
18 th	Saturday	OPEN DAY		10.30am to 1.30pm	
21 st	Tuesday	Bus to BUNNINGS	Bus	9.30am	\$3.50
22 nd		Entertainer , John Carlo Bellotti returns to perform for residents & guests, followed by complimentary afternoon tea. BOOKINGS ESSENTIAL.	Restaurant	2.00pm	FREE
23 rd	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50
23 rd	Tuesday	Restaurant open for lunch. Chicken pie with chips & side salad. Apple pie. Book by 19th.	Restaurant	12.00pm	\$18.50
23 rd	Thursday	Movie: "NEVER LOOK AWAY". Adventure. Biography. Documentary. An incredible life of CNN camerawoman Margaret Moth who fearlessly captures footage of war zones. Rated M. 	Restaurant	2.00pm	\$1.50 Ice-cream
30 th	Thursday	Bingo 	Restaurant	1.30pm	\$1 per book
30 th	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50

November 2025 Upcoming Events

4th		Public Holiday			
10th		Committee Meeting			
19th		Residents Outing			

Greenways Weekly Activities

Rummikub + Scabble	Monday	Restaurant	2pm	Free
Tai Chi	Tuesday	Restaurant	9.10am	\$5.00
Drop In	Tuesday	Restaurant	2pm	\$1.00
Card Games	Tuesday	Restaurant	7pm	Free
Exercise Class	Thursday	Restaurant	9.10am	\$5.00
Indoor Bowls	Cancelled during renovations			
Happy Hour	Friday	Restaurant	4.30 pm	\$2.00 Wine + BYO Beer
Lawn Bowls	Weekends	Bowling Green	1.30 pm	Free
Mahjong	Saturday	Restaurant	9.50am	Free

Greenways Village - Services

Doctor Wynn Zaw	Wednesdays Weekly	Consult Room	9am-1pm	Bulk Billed. Book at our office
Pathology Jenny or Vic	Thursdays Weekly	In home	From 9.00am	Bulk Billed. Book at our office
Prescriptions Direct Chemist	Mon, Wed, Thurs & Fri	Unit 29		Collection/drop off at office
Beauty Therapist Mishelle	Tuesdays Fortnightly	Consult Room	By Appointment	Call Mishelle
Hairdresser Jan	Thursdays Weekly	Consult Room	By Appointment	Call Jan