

# GREENWAYS GAZETTE

Editor: Cherie Lardner

Edition: March 2026

Dear Residents, I am pleased to announce we have renamed the Recreation Room to *'The Pavilion'*. The Recreation Room has been a familiar and meaningful place for many residents over the years. The new name is not to take away from the history, but to better reflect how the space is used today and how we envision it serving the community in the future. We hope the name *"The Pavilion"* captures the spirit of our newly renovated space as a vibrant hub for connection and community life.

Thank you all for putting the furniture back into its original layout after each activity. As a friendly reminder, please also switch off the air conditioning or heating when you're finished using any communal spaces.

Can you believe it's almost the footy season again and with that, Cath's arranging the **Footy Tipping**, so please let her know if you would like to invest \$40 to participate.

## Important update

Stage 2 renovations are now underway. In the meantime, we are using the residents' kitchen/dining area as restaurant, Unit 29 as the consultation room and apartment 207 a laundry. Your unit/apartment key provides access to the apartment building via the door near the bin area, as well as the door at the end of the corridor near the carports.

Lee, our Maintenance Officer/Bus Driver, has annual leave scheduled in March. As a result, two bus trips to Carrum Downs shops will be affected. One trip this month and one next month. If you do not drive, do not have a carer or someone available to take you, or are unable to use public transport, please let Cath know. We will arrange for a staff member to provide transport using their own vehicle.

## Maintenance and Gardening

- **Smoke detector** battery replacements are currently underway.
- Professional **tree pruning** has been completed.
- We have new Victorian and Australian **flags**.
- **Window cleaning** is scheduled for April — please book now.
- Please register your interest for **carpet cleaning**.

**Watering systems** for home and commercial gardens can only be used between 6pm and 10am to avoid the hottest part of the day and evaporation. You can water gardens at any time using a hand-held hose or watering can. Please turn off taps fully after use to prevent water wastage and minimise the risk of leaks or damage.

## Health

As you get older, it's important to do some form of physical activity every day. What you do depends on your health and lifestyle. But there are easy ways to add activity to your day.

If you have health problems, it's a matter of finding what works for you. Talk to your doctor about what activity suits you. Just a slight increase in activity each day can improve your health and wellbeing. It can help:

reduce the risk of health issues, like high blood pressure, high cholesterol, type 2 diabetes, bone and joint problems, heart disease and some cancers

## Classes and Activities

Due to lack of numbers, we cancelled the Fire Safety Presentation which was scheduled for 23<sup>rd</sup> February.

Looking ahead for March we have:

2<sup>nd</sup> – The team have first aid and CPR training.

4<sup>th</sup> – Frankston Police Presentation.

11th – Bras On Wheels

13<sup>th</sup> – Morning Melodies

17<sup>th</sup> – St Patricks Day with Vics Irish stew and entertainer, Brendon Scott.

18th – Residents outing to Blue Lotus Water Gardens

21<sup>st</sup> – Open Day

23<sup>rd</sup> – Enjoy a **complimentary** Virtual Reality wellbeing experience. There are many experiences to choose from, from wild life immersions to bucket list experiences. They can even take residents back to your hometowns or places of interest; the list is endless.

Please ensure you **BOOK asap** if you are attending any functions, outings, presentations, etc. We are also taking bookings now for April's outing to the Sand Sculptures. Puffing Billy, Wine Tasting, and "Body Worlds" outings planning are all in the works with bookings to be announced soon.

## 2026 Open Days

I'm pleased to let you know that we will have a coffee van at our Open Day on Saturday 21st March, along with 3MP broadcasting live. Together with our regular market stalls and sausage sizzle, it's sure to be a jam-packed day! This Open Day is part of the Mornington Peninsula Retirement Villages Open Day.

## Housekeeping

Please do not park **walkers** in front of the automatic doors between the foyer and the Pavilion, as this prevents the glass doors from sliding open (although they can still be opened manually).

**Bins** – If you are able to, please put your own bins out and bring them back in. Our team is more than happy to assist residents who are unable to manage their bins independently.

**Vic Emergency APP** – We recommend residents download the APP on your mobile device. If you need help, please ask a team member to assist.

**Feeding birds is discouraged** as it can attract pests, create mess, and negatively impact local wildlife health.

**Cats are not permitted** outdoors to protect native wildlife and to ensure the safety and wellbeing of pets.

**After hours** - Please ensure you have the afterhours mobile number handy for afterhours medical and maintenance - **0492 870 723**

**Warmest regards,**

Cherie, Sandra, Cath, Lou, Darren, Aaden, Lee, Sharon & Jules.

### President's Report

We are now enjoying the newly refreshed and renamed "**The Pavilion**", complete with new furniture, coffee tables and a bar area.

A big thank you to Viv and Elaine for hosting our Shrove Tuesday pancakes. It was very well attended, and the morning tea pancakes were delicious. The addition of a dishwasher has certainly made cleaning up much easier!

March is shaping up to be a very busy month, with many special events alongside our regular weekly calendar activities.

#### **March 17 – St Patrick's Day**

Join us for an Irish stew and sweets from 5pm, along with entertainment by Brendon Scott, a very popular performer who plays multiple musical instruments.

#### **Open Day – 21st March**

Open Day is always a highlight for the Village, and this year will be no exception. We will have 3MP broadcasting live as well as a coffee van on site. There will also be our usual vendors, cake stalls and raffle.

Donations for the cake stalls are always greatly appreciated. Enjoy a free BBQ sausage and take in the wonderful Village atmosphere as residents come together.

We hope to see you there!

Jan

### *Podiatrist*

Is at the Village on the  
**1<sup>st</sup> Monday** of every month.  
Call **8759 0987** to book.



**Birthday roast lunches are on the  
2<sup>nd</sup> THURSDAY** of each month.

**We have 'O' March milestone  
birthdays.**

Ian

Pat

Rod

Andrew

Anne

Marg

Bill

Joan

Aaden

*Everyone welcome 😊  
Bring family &/or friends.  
FREE if it's your birthday!*

## *MOVIES*

**12<sup>th</sup> March**

### **'The Travellers'.**

Starring Bryan Brown.

Drama. Rated M.

Stephen Seary, a stage designer, returns to Australia to say goodbye to his dying mother. A quick trip descends into chaos, drama, and funny moments as he juggles family tension, past lovers, and returning to Europe for an opera contract.

**26<sup>th</sup> March.**

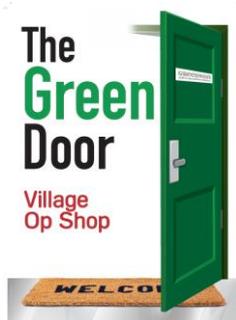
### **'Jimmy Barnes- Working Class Man'.**

Documentary. Rated M.

Rock star Jimmy Barnes rose from Cold Chisel to solo fame in Australia. Despite success, marriage and hit albums, he battled finances, drugs, touring stress, US market struggles and past trauma, ultimately expressing it all in writing.

## *Library*

Re-opening soon!



## *OPEN*

**Mondays 3pm-4pm**

**Thursdays 11am-12pm**

## *Residents Sundays*

BBQ every Sunday except Reddy Roast last Sunday of the month.

## *Stamps*

Patricia would like to thank everyone for the stamps and has asked that everyone keep up the donations.

## *Mepacs Alarm Check*

Please remember to check your alarms on the 5<sup>th</sup> of every month...AND please wear your pendant.

It could save your life!

## *Rotunda near unit 75*

Please make bookings directly with Rod

## *After hours emergency*

**Call 0492 870 723**

**We recommend downloading the Vic Emergency APP on your mobile device.**



## *Risk Management*

The committee meets bi-monthly on the **2<sup>nd</sup> Wednesday**. The next meeting will be held on **8<sup>th</sup> April, 2026**. Please let the Risk Management Committee know if you have any non-urgent safety concerns in your common areas. Our aim is to keep our village safe for everyone.

## *Village Security*

Sometimes we may see something in the Village that doesn't look quite right, an uninvited person or someone who makes you feel uncomfortable, please call the police:

- 000 (emergency)
- 131 444 (non-urgent)

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# *RESTAURANT*

**12<sup>th</sup> – Birthday roast and birthday cake.**

**26<sup>th</sup> – Chicken or lamb souvlaki and ice-cream with or without tinned fruit.**

- Held in the new resident's kitchen dining.
- Seating capacity is limited to approx. 20-24.
  - Take away available.

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## **Received an Emergency Alert warning message on your phone?**

Emergency Alert is the national telephone warning system used by emergency services to send voice messages to landlines and text messages to mobile phones within a defined area about potential emergencies. ie "Floods, fires and other significant events can impact pose significant threat to members of the community in impacted area. Emergency Alert allows telephony notifications to be distributed to these areas, through both mobile and land line services, to provide warning of these events.

DATE	DAY	ACTIVITY	AREA	TIME	COST
3 <sup>rd</sup>	Tuesday	Frankston RSL lunch. Fully booked.	Bus	11.45am	\$3.50
4 <sup>th</sup>	Wednesday	Trip to Bunnings.	Bus	9.30am	\$3.50
4 <sup>th</sup>	Wednesday	Seafood Van.	Car Park	11.30am	
4 <sup>th</sup>	Wednesday	Frankston Police Presentation – <b>BOOK NOW</b>	The Pavilion	2.00pm	FREE
5 <sup>th</sup>	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50
5 <sup>th</sup>	Thursday	Bingo. 	Library	1.30pm	\$1 per book
9 <sup>th</sup>	Monday	Office Closed Labour Day Public Holiday			
11 <sup>th</sup>	Wednesday	Bras On Wheels – bras, nighties, etc at retail prices. RSVP 10 <sup>th</sup> March	The Pavilion	2.00pm	
12 <sup>th</sup>	Thursday	Bus Carrum Downs shops. 	Bus	9.30am	\$3.50
12 <sup>th</sup>	Thursday	Movie: The Travellers- Starring Bryan Brown. Drama. Rated M. Stephen Seary, a stage designer, returns to Australia to say goodbye to his dying mother. A quick trip descends into chaos, drama, and funny moments as he juggles family tension, past lovers, and returning to Europe for an opera contract.	The Pavilion 	2.00pm	\$1.50 ice-cream
13 <sup>th</sup>	Wednesday	Morning Melodies- “Oh, what a beautiful mornin”. Fully booked.	Bus Ticket	9.30am	\$3.50 \$24.00
16 <sup>th</sup>	Monday	Committee Meeting	The Pavilion	1.30pm	
17 <sup>th</sup>	Tuesday	St Patricks Day – Irish stew dinner, dessert & entertainer, Brandan Scott	The Pavilion	5.00pm	\$25.00
18 <sup>th</sup>	Wednesday	Residents outing. A visit to the Blue Lotus Gardens in Warburton. The Lotus Flowering Season is in full splendour! Located amongst 14 acres of exotic flowers, stunning lakes and water gardens, in the picturesque Yarra Valley. Lunch will follow at the Heritage Listed Warburton Hotel, which offers rustic charm and hearty meals. Booking deadline: Thurs 12 <sup>th</sup> March.	Ticket Bus Lunch	9.15am	\$21.00 \$9.00 Own expense
19 <sup>th</sup>	Thursday	Bus Karingal. 	Bus	9.30am	\$4.50
19 <sup>th</sup>	Thursday	Bingo. 	Library	1.30pm	\$1 per book
21 <sup>st</sup>	Saturday	OPEN DAY		10.30am – 1.30pm	
23 <sup>rd</sup>	Monday	Enjoy a complimentary Virtual Reality wellbeing experience. There are many experiences to choose from, from wild life immersions to bucket list experiences. They can even take residents back to your hometowns or places of interest; the list is endless.	The Pavilion	10.30am	FREE
26 <sup>th</sup>	Thursday	No bus available to Carrum Downs shops. If you do not drive, do not have a carer or someone available to take you, or are unable to use public transport, please let Cath know. We will arrange for a staff member to provide transport using their own vehicle. 			
26 <sup>th</sup>	Thursday	Movie: Jimmy Barnes- Working Class Man. Documentary. Rated M. Rock star Jimmy Barnes rose from Cold Chisel to solo fame in Australia. Despite success, marriage and hit albums, he battled finances, drugs, touring stress, US market struggles and past trauma, ultimately expressing it all in writing.	The Pavilion 	2.00pm	\$1.50 Ice-cream

## *April 2026 Upcoming Events*

2 <sup>nd</sup>	Thursday	<b>No bus available to Carrum Downs shops.</b> If you do not drive, do not have a carer or someone available to take you, or are unable to use public transport, please let Cath know. We will arrange for a staff member to provide transport using their own vehicle.			
3 <sup>rd</sup>	Friday	Public Holiday – Easter Friday			
6 <sup>th</sup>	Monday	Public Holiday – Easter Monday			
<b>From 7<sup>th</sup></b>	Tuesday	Window cleaning – Book now			
13 <sup>th</sup>	Monday	Committee Meeting	The Pavilion		
14 <sup>th</sup>	Tuesday	Hearing Test	TBA	10.30am-1.00pm	
15 <sup>th</sup>	Wednesday	<b>Australian Sand Sculpting Championships.</b> The Enchanted Realm 2026, world leading sand sculptors. Marvel at the fairytale castles, dragons and mythical creatures, and opportunities to meet a master sculptor and learn about the stories, techniques and creative process behind the sculptures. <b>Bookings open now with strict deadline 2<sup>nd</sup> April.</b>	Ticket Bus Lunch		\$17.00 \$4.00 At own cost
TBA		Carpet Cleaning, Flu Clinic, and Trivia with Shaun			
25 <sup>th</sup>	Saturday	Anzac Day			
30 <sup>th</sup>	Thursday	Morning Melodies			

## *Greenways Village - Activities*

<b>Rummikub + Scabble</b>	Monday	Library	2pm	Free
<b>Tai Chi</b>	Tuesday	The Pavilion	9.10am	\$5.00
<b>Drop In</b>	Tuesday	Lounge	2pm	\$1.00
<b>Card Games</b>	Tuesday	Library	7pm	Free
<b>Craft Group</b>	3 <sup>rd</sup> Wednesday monthly	Library	10am	Free
<b>Exercise Class</b>	Thursday	The Pavilion	9.10am	\$5.00
<b>Indoor Bowls</b>	Tuesday & Friday	The Pavilion	1.30pm	Free
<b>Happy Hour</b>	Friday	The Pavilion	4.30 pm	\$2.00 Wine + BYO Beer
<b>Lawn Bowls</b>	Weekends	Bowling Green	1.30 pm	Free
<b>Mahjong</b>	Saturday	Library	9.50am	Free

## *Greenways Village - Services*

<b>Doctor</b> Wynn Zaw	Wednesdays Weekly	Unit 29	9am-1pm	Bulk Billed. Book at our office
<b>Pathology</b> Jenny or Vic	Thursdays Weekly	In home	From 9.00am	Bulk Billed. Book at our office
<b>Prescriptions</b> Direct Chemist	Mon, Wed, Thurs & Fri	Reception		Collection/drop off at office
<b>Podiatrist</b>	First Monday of each month	Unit 29	2pm-4pm	
<b>Beauty Therapist</b> Mishelle	Tuesdays Fortnightly	Unit 29	By Appointment	
<b>Hairdresser</b> Jan	Thursdays Weekly	Unit 29	By Appointment	



