

May 23rd - 29th, 2026

King's Bridge Crest



I'm terrible at push-ups and sit-ups...but screw-ups? I've got a black belt in those!



More Than a Long Weekend



As Memorial Day approaches, it can be easy to think first about cookouts, travel, the beginning of summer, or simply an extra day on the calendar. Yet Memorial Day was established for a much deeper purpose—to remember and honor the men and women of the Armed Forces who gave their lives in service to the country.

For many residents of King's Bridge, this holiday carries personal meaning. Some remember friends who never returned home. Others remember family members whose sacrifice

forever shaped the lives around them. Behind every name on a memorial wall was a person with dreams, loved ones, laughter, and a story.

Perhaps Memorial Day is less about saying "Happy Memorial Day" and more about quietly pausing to remember. A flag placed carefully. A name spoken aloud. A moment of gratitude. These simple acts help ensure that sacrifice is not forgotten.

This Memorial Day, may there be time not only for gathering and celebration, but also for reflection, remembrance, and gratitude for those who gave what Abraham Lincoln called "the last full measure of devotion."

Memorial Day Schedule Reminder

Please note that Memorial Day is an Administrative Holiday. The Business Offices will be closed for the day.

Dining Services

- Cookout-Style Lunch will be served at the regular time
 - Guest Meals are \$13
 - No Dinner Meal Service
- The Bistro will remain open normal hours

Activities

- Exercise Class with Bradford 10:00 AM | Pavilion
 - Board Games 7:00 PM | Living Room
 - No Seated Yoga Class on Memorial Day.

Exercise Options

Monday

BAM with Bradford
@ 10:00 AM in the Pavilion
No Seated Yoga this Monday

Tuesday

SeniorFit with Bradford
@ 10:00 AM in the Pavilion

Tai Chi with Lindsay
@ 2:15 PM in the Pavilion

Wednesday

Strength and Balance Class with Darlene
@ 4:00 PM in the Pavilion

Thursday

SeniorFit with Bradford
@ 10:00 AM in the Pavilion

Resident Volunteers Needed for Waldrop's Store

King'sBridge is looking for resident volunteers interested in helping shape the future of **Waldrop's Store!**

Volunteers would assist with light inventory, offer ideas for new merchandise, and help identify items residents would enjoy seeing in the store.

King'sBridge will continue to purchase and stock all merchandise, but we believe greater resident involvement can help create a more enjoyable and meaningful shopping experience for everyone. Many retirement communities are finding success with resident-led store support, and we are excited about the opportunity to bring more resident creativity, purpose, and community involvement into Waldrop's.

If interested, please see Edde Johnson, Director of Life Enrichment.

A Quick Carpet Reminder

Our light-colored carpet helps keep King'sBridge looking bright and welcoming, but stains can appear quickly. While we regularly schedule carpet cleaning, immediate spot cleaning is often most effective.

If a spill occurs—especially in hallways or common areas—please contact the Front Desk as soon as possible so Housekeeping can respond quickly. Thank you for helping us care for our community spaces!

Spiritual Options

Sunday

KING'SBRIDGE SUNDAY SCHOOL
@ 10:00 AM in the Living Room

Hymn: "I Love To Tell The Story"

Lesson: **Sharing Christ's Message** from Acts 13

Teacher: Allyson Perez

Join us for singing, study, and prayer

VESPERS

@ 4:00 PM in the Pavilion

Chaplain John Shinn will be speaking on "**Memorial Day: Memorial Stones**"

from Joshua 4:1-8, 15-25

Thursday

BIBLE STUDY WITH CHAPLAIN JOHN SHINN
@ 3:00 PM in the Living Room This Week

"Jesus: The Unique High Priest" from Hebrews 5

Friday

CATHOLIC COMMUNION

@ 10:00 AM in the Living Room

Prestige Auto and Spa Detailing – Service Update

Prestige Auto and Spa Detailing will no longer be providing service at King'sBridge. We are currently exploring other onsite car wash and detailing options for residents.

If anyone has a company they would recommend, please contact Edde Johnson. We appreciate your patience as we work to find a new provider.

I just bought a donut with no sprinkles.
Wow, diets are so hard!

What's New This Week?

Saturday

Movie ~ "Terms of Endearment"

@ 7:00 PM in the Living Room

Terms of Endearment is a beloved classic about the touching and often humorous relationship between a mother and daughter. Filled with laughter and heartfelt moments, this Academy Award-winning film remains both moving and timeless.

What Else is New This Week?

Monday

Memorial Day

(Please see the front page.)

Tuesday

ALPHA HEARING HERE TODAY FROM 1:00–4:00 PM IN THE

4TH FLOOR EAST LOUNGE

SIGN UP IN THE MAIL CENTER

Men's Group

1:00 PM | Patio Lounge

Enjoy a game of pool, a good snack, and even better conversation. The fellowship and time together are what make Men's Group a favorite gathering for many of the gentlemen of King'sBridge.

Wednesday

Dr. Cheree Eldridge, Podiatrist

3rd Floor Meeting Room

(Between Memory Care and Apartment 310)

Estimated Start Time: 11:30 AM

Dr. Eldridge's make up appointments from the 14th are this Wednesday, May 27th.

Appointment start times for Dr. Eldridge are estimates, as she sees Assisted Living and Memory Care residents before Independent Living residents. Residents are kindly asked not to arrive early, as seating is limited near the Dining Room elevator.

As a trial this month, a phone reminder will be sent when Dr. Eldridge is finishing downstairs appointments to help reduce wait times.

SIGN UP IN THE MAIL CENTER

Technology Class with Alex and Jamar

11:00 AM | Living Room

Need help with a phone, tablet, or laptop? Alex and Jamar are back to answer questions, offer helpful tips, and make technology a little less frustrating. Whether learning something new or solving a small problem, residents are encouraged to bring their devices and join the conversation.

May Birthday Bash Celebration

2:00 PM | Pavilion

Join us as we celebrate the residents with May birthdays! We'll enjoy cake, music, and a fun afternoon together honoring our "May Flowers." Everyone is encouraged to attend and help make this celebration extra special.

What Else Is New This Week?

Wednesday continued

May Birthday Dinner Gathering

5:00 PM | Main Dining Room

Residents with May birthdays are invited to sit together for dinner in the Main Dining Room. A special table will be reserved just for you as we continue the celebration into the evening.

Please RSVP to Jake Warren at jacobwarren@morrisonliving.com.

Thursday

Eco Shredding Returns to King'sBridge

1:00–2:00 PM | Back Parking Area Near Core 2

Eco Shredding returns to King'sBridge by popular request. Residents may bring personal documents during the scheduled hour to be securely shredded on site. For added convenience, papers may also be placed earlier in the day on the designated table outside Core 2 for collection.

Sandwich Ministry

1:00 PM | Bistro

Help prepare sandwiches for those experiencing homelessness in Atlanta. All supplies are provided, and everyone is welcome to participate in this meaningful ministry.

Friday

Outing to the Botanical Gardens

with Lunch at the Café

Leaving at 10:30 AM | Front Main Lobby

Spend the day enjoying the beauty of the Atlanta Botanical Garden. Whether strolling the paths or simply sitting to take in the scenery, this is a wonderful opportunity to relax and enjoy nature together. Lunch at the Café is included as part of the outing.

Currently featured is "Niki in the Garden," showcasing the colorful sculptures of artist Niki de Saint Phalle in one of the largest outdoor exhibits of her work in North America. Residents may also explore the stunning Fuqua Orchid Center, home to one of the world's most impressive orchid collections.

Tickets are \$27.95 online or \$29.95 in person. Due to frequent cancellations, residents are asked to purchase their own tickets.

SIGN UP IN THE MAIL CENTER

This Week's Entertainment

Saturday

Music to My Ears "Memorial Day Program" 2:00 PM | Pavilion

This talented group returns with a special Memorial Day program featuring patriotic favorites and stories behind the music. Join us for an afternoon of remembrance, reflection, and honor.

Tuesday

Steve Hilton

"The Road to Bach: A Harpsichord Journey" 6:30 PM | Pavilion

Join us in welcoming Steve Hilton for his first performance at King'sBridge. Steve performs on the harpsichord, a fascinating historical keyboard instrument whose strings are plucked rather than struck like a modern piano. His engaging style and interaction with the audience make this both a musical performance and a unique musical experience.

Wednesday

The Whiting's Birthday Bash Concert 2:00 PM | Pavilion

For this month's Birthday Bash concert, we welcome Tammy and Jamey Whiting. This talented husband-and-wife duo has performed from Nashville to Atlanta, bringing their unique blend of jazz, storytelling, and soulful music to audiences everywhere. Their smooth sound and easy stage presence always make for a wonderful afternoon.

Thursday

The Jazz Cats Trio 2:00 PM | Pavilion

The Jazz Cats always bring a wonderful blend of jazz, Motown, and 50s favorites. Their energetic singer and lively style are sure to have toes tapping and smiles all around!

A blonde man shouts frantically into the phone, "My wife is pregnant and her contractions are only 2 minutes apart!"
"Is this her first child?", asks the doctor.
"No!" he shouts, "This is her husband!"

Weekly Scheduled Options

Saturday

Board Games @ 2:30 PM in the Bistro
Movie @ 7:00 PM in the Living Room

Sunday

New Show Alert! TV Watching ~ "The House of Elliott"
@ 7:00 PM in the Living Room

Monday

Board Games @ 7:00 PM in the Living Room

Tuesday

Mahjong @ 10:45 AM in the 6th Floor East Lounge
Mexican Train Dominoes @ 6:30 PM in the Living Room

Wednesday

Publix @ 9 AM & 2 PM loading from the Front Lobby
Kroger @ 10 AM & 3 PM loading from the Front Lobby

Thursday

Board Games @ 2:30 PM (4th Floor East Lounge)
Mexican Train Dominoes
@ 6:30 PM in the Living Room

Friday

Poker @ 1:30 PM (6th Floor West Lounge)
Regular Bingo @ 3:00 PM in the Pavilion
Social Gathering @ 4:00 PM (West Patio)

How are y'all's summer bodies coming along?
Mine's looking like I have a great personality!

Updated Resident Handbooks Have Arrived!

The newest edition of the Resident Handbook is now available and includes updated information on topics such as thermostat use, Housekeeping services, the new ATM machine, and options for enhancing Wi-Fi in apartments.

Residents are asked to bring their current handbook to the Director of Life Enrichment Office to exchange the inside pages, or simply stop by to pick up the newest insert for their binder. These updates are hot off the presses, so please pick up your copy as soon as possible!