

May 30th—June 5th, 2026



# King'sBridge Crest

## 🕒 A New Tradition Begins at King'sBridge

Introducing *The Welcome Wagon Blend*

At King'sBridge, we know that moving into a new community can bring both excitement and uncertainty. A friendly face, a warm cup of coffee, and a simple conversation can make all the difference.

Beginning Monday, June 1st, we are launching a new monthly social gathering called The Welcome Wagon Blend — a relaxed coffee mixer designed to help new residents connect with neighbors and feel even more at home at King'sBridge.

Held on the 1st Monday of every month at 10:40 AM in the Bistro, this gathering is open to:

- New residents
- Ambassadors
- Resident Council members
- And anyone who enjoys extending a **warm King'sBridge welcome**



Coffee, hot tea, pastries, muffins, coffee cakes, cinnamon rolls, and good conversation will all be part of the morning.

Whether you are new to the community or have lived here for years, we hope you will stop by, introduce yourself, and help continue the welcoming spirit that makes King'sBridge so special.

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## 📷 😊 A Friendly Dining Room Reminder

The Dining Room continues to operate on a first come, first served basis, and one of the joys of community living is never quite knowing who might end up at the next table or become a new friend.

While everyone may have favorite spots, chairs, or tables, no seats are officially reserved. So before saying, "**You're in my seat,**" perhaps try, "**Would you like to join us?**" After all, good food tastes even better with kindness and a little flexibility mixed in.

## Exercise Options

### Monday

**BAM with Bradford**  
**@ 10:00 AM in the Pavilion**

**Seated Yoga Class with Darlene**  
**@ 4:00 PM in the Pavilion**

### Tuesday

**SeniorFit with Bradford**  
**@ 10:00 AM in the Pavilion**

***No Tai Chi with Lindsay this week.***

### Wednesday

**Strength and Balance Class with Darlene**  
**@ 4:00 PM in the Pavilion**

### Thursday

**SeniorFit with Bradford**  
**@ 10:00 AM in the Pavilion**

🌸 **Celebrating 36 Years of Service –**  
**Vonceil Driver**

Please join us in congratulating Vonceil Driver on an incredible 36 years of service to King'sBridge. Such a milestone represents far more than years on a calendar—it reflects a lifetime of dedication, loyalty, and care for the residents, families, and staff who have called King'sBridge



home over the decades.

Through changing seasons and countless daily moments both big and small, Vonceil has remained a steady and caring presence in this community. Her kindness, consistency, and quiet dedication have touched generations of residents and coworkers alike. Alongside being a devoted wife, mother, coworker, and friend, Vonceil has faithfully served King'sBridge with grace and perseverance.

We are deeply grateful for the many ways Vonceil has helped shape the spirit of King'sBridge over the last 36 years. Her legacy is woven into the heart of this community, and we are honored to celebrate this remarkable milestone with her.

## Spiritual Options

### Sunday

**KING'SBRIDGE SUNDAY SCHOOL**  
**@ 10:00 AM in the Living Room**

Hymn: **"Oh How I Love Jesus"**  
Lesson: **God's Goodness & Faithfulness from Joshua**  
Teacher: Allyson Perez  
Join us for singing, study, and prayer

### VESPERS

**@ 4:00 PM in the Pavilion**  
Chaplain John Shinn will be speaking on  
**"Life-Changing Grace" from Joshua 4:1-8, 15-25**

### Thursday

**BIBLE STUDY WITH CHAPLAIN LEE SHAW**  
**@ 3:00 PM in the Living Room**

Hebrews 7

### Friday

**CATHOLIC MASS WITH FATHER DAVID**  
**@ 10:00 AM in the Living Room**

## **The Value of Being Expected**

There is something deeply meaningful about being expected somewhere. A familiar face noticed missing at a concert, a friend asking, "Were you at Tai Chi this week?" or someone sharing a smile and a greeting in the hallway—these small moments quietly remind people that they matter.

One of the beautiful things about community living is that life is shared. Activities are not simply events to fill time—they become opportunities to encourage one another, laugh together, learn together, and build friendships. Over time, routines become relationships, and relationships become part of what makes a place feel like home.

**At King'sBridge, every resident adds something valuable to the community simply by being present. A conversation, a shared memory, or a small act of kindness may brighten someone else's day more than is ever fully realized.**

I just ate what I thought was a feta cheese crumb from my salad off my shirt. Turns out it was deodorant.  
**How's your day going?**

## What's New This Week?

Saturday

### Movie ~ "Remarkably Bright Creatures"

@ 7:00 PM in the Living Room

Based on the bestselling novel, *Remarkably Bright Creatures* is a touching and uplifting story about friendship, loss, and unexpected connection. Filled with warmth, humor, and heart, the film reminds viewers that companionship and hope can sometimes come from the most surprising places.

Monday

### The Welcome Wagon Blend

10:40 AM | Bistro

Join us for the 1st of a monthly new resident coffee mixer! This social is for all residents: those that consider themselves new, Ambassadors, Resident Council Members, and anyone who would like to extend a warm welcome to our new neighbors!

We will be serving Coffee, hot tea, coffee cakes, pastries, muffins, and/or cinnamon rolls.

Tuesday

### Trip to the Toco Hill/Avis G. Williams Library or Toco Hills Shopping Center

Leaving at 10:00 AM | Front Main Lobby

Choose between a relaxing visit to the library to browse books or attend Book Club, or enjoy time shopping and exploring the Toco Hills Shopping Center. Whether looking for a good read or a fun outing, there is something for everyone.

### SIGN UP IN THE MAIL CENTER

#### Men's Group

1:30 PM | Patio Lounge

Whether for pool, snacks, laughter, or conversation, Men's Group continues to be a great way for the gentlemen of King'sBridge to connect and enjoy time together. New faces are always welcome.

#### Emory Health Talk – "Mindfulness for Optimal Health"

with Leroygo Shedrick

2:00 PM | Pavilion

Join us for an informative presentation exploring how mindfulness practices may support overall health, reduce stress, and encourage greater focus and well-being in everyday life.

## What Else Is New This Week?

Wednesday

### Educational Lecture on Current Events with Professor Glenn Sharfman

6:30 PM | Living Room

Professor Glenn Sharfman of Oglethorpe University returns to lead another thoughtful and engaging discussion on current events shaping our world today. Known for his approachable style and insightful commentary, Professor Sharfman always encourages lively conversation and fresh perspectives.

Thursday

### Flower Arranging

10:30 AM | Bistro

Help create beautiful floral arrangements for the Dining Rooms and common areas around King'sBridge. It's a relaxing and creative morning filled with flowers, conversation, and community spirit.

Friday

### Shopping Trip: The Forum

Leaving at 10:00 AM | Front Main Lobby

Spend about 3 hours exploring The Forum, home to a wonderful variety of shops and restaurants. Browse stores such as Belk, Barnes & Noble, Talbots, and **Trader Joe's**, or relax with friends over lunch at one of the many dining options throughout the center. With several hours to enjoy the outing, there will be plenty of time to shop, stroll, and unwind.

### SIGN UP IN THE MAIL CENTER




### Resident Handbook Update... Again!

It has been brought to our attention that page 43 of the updated Resident Handbook incorrectly lists guest meals at \$13. In reality, guest meals have been \$15 for quite some time. Apparently that one page did not get the memo!

Residents who have already picked up the updated handbook pages are asked to please make this correction in their binders. Independent Living residents may also stop by the Director of Life Enrichment Office to pick up the newest handbook pages if they have not already done so.

## This Week's Entertainment

Monday

 **Judy & Brent**  
2:00 PM | Pavilion

Judy and Brent return for another lively afternoon of music, laughter, and fun featuring piano, drums, trumpet, voices, and perhaps even the accordion! Their concerts are filled with familiar favorites, but longtime residents know to listen for the always-requested **"Butter Bean" song**. Bring a friend and come enjoy a joyful afternoon together.

Wednesday

**Amber Brooke ~ "Legacy of Song"**  
2:00 PM | Pavilion

Amber Brooke is delighted to present a special new program titled **"Legacy of Song."**

This nostalgic and heartfelt musical journey celebrates treasured songs passed down through generations, featuring melodies shared by her grandmother and mother, along with beloved favorites from the 1940s through the 1960s and memorable selections from classic musical theater.

The performance also includes a beautiful backdrop and elegant convertible costumes, creating a charming visual experience that you are sure to enjoy.

Thursday

 **Rick Hinkle & Susan Bennett**  
2:00 PM | Pavilion

Married couple Rick Hinkle and Susan Bennett bring years of musical experience and personality to the stage. With **Rick's love of rock and roll and Susan's country music roots**, their concerts feature a wonderful mix of familiar favorites that invite singing along, toe tapping, and lots of smiles. Bring a neighbor and join the fun!

According to my weight to height ratio, I should be 9 feet and 5 inches tall.  
**So...my weight is okay. It's my height that's the problem.**

## Weekly Scheduled Options

Saturday

Board Games @ 2:30 PM in the Bistro  
Movie @ 7:00 PM in the Living Room

Sunday

**TV Watching ~ "The House of Elliott"** @ 7:00 PM in the Living Room

Monday

Board Games @ 7:00 PM in the Living Room

Tuesday

Mahjong @ 10:45 AM in the 6th Floor East Lounge  
Mexican Train Dominoes @ 6:30 PM in the Living Room

Wednesday

Publix @ 9 AM loading from the Front Lobby  
Kroger @ 10 AM loading from the Front Lobby

Thursday

Board Games @ 2:30 PM (4th Floor East Lounge)  
Mexican Train Dominoes  
@ 6:30 PM in the Living Room

Friday

Poker @ 1:30 PM (6th Floor West Lounge)  
Pattern Bingo @ 3:00 PM in the Pavilion  
Social Gathering @ 4:00 PM (West Patio)

Bob forgot his wedding anniversary. His wife **was mad. She told him, "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200 in 6 seconds, AND IT BETTER BE THERE!"**

The next morning when his wife woke up, she looked outside to find a gift wrapped box in the middle of the driveway. She opened it to find a brand new bathroom scale...Bob has not been seen since then.

### A Little Kindness Goes a Long Way

A kind word in the hallway. Holding the elevator.  
Inviting someone to sit together at lunch. Small gestures may seem ordinary, but they often become the moments people remember most.

Community living works best when residents look out for one another with patience, flexibility, and kindness. **Those simple acts continue to help make King'sBridge feel warm, welcoming, and special.**