

July 11th - 17th, 2026



# King'sBridge Crest



## A Sweet Presidential Tradition

Did you know that National Ice Cream Day was established by President Ronald Reagan? In 1984, President Reagan proclaimed July as National Ice Cream Month and designated the third Sunday in July as National Ice Cream Day. In his proclamation, he noted that ice cream was enjoyed by more than 90 percent of Americans and encouraged communities across the country to celebrate one of our nation's favorite treats.



It seems only fitting that King'sBridge join in the celebration! Frozen treats have a way of bringing back wonderful memories—summer afternoons, neighborhood ice cream trucks, family vacations, and special moments shared with children and grandchildren. Sometimes the simplest pleasures become the sweetest memories.

Join us Thursday, July 16, as we celebrate National Ice Cream Day a little early with a visit from the Atlanta Ice Cream Truck from 2:30–3:30 PM in the front circle. Whether you choose ice cream, a frozen novelty, or another cool treat from the truck, come enjoy a refreshing afternoon with friends and neighbors. It's a wonderful way to celebrate a tradition that began with President Reagan more than 40 years ago!



### Did You Know?

When President Reagan proclaimed National Ice Cream Day in 1984, he noted that Americans had consumed **more than 887 million gallons of ice cream the previous year** and that nearly **10% of all U.S. milk** was used to make ice cream.

My therapist told me the way to achieve true inner peace is to finish what I start. So far, I've finished two bags of M&Ms and a chocolate cake. I feel better already!



### Don't Forget—Back-to-School Supply Drive!

Our **Back-to-School Supply Drive** is **next Wednesday, July 22, from 1:30–3:00 PM!** The **llamas are coming back**, and yes...there will be **more ice cream!** 🍦 🐫 Stop by to visit our furry guests, enjoy a sweet treat, and help support a great cause.

We're collecting **clear and fabric backpacks, pencils, pens, paper, markers, crayons, colored pencils, highlighters, notebooks, binders, folders, composition books, tape, glue, rulers, erasers, and sticky notes.** Every donation—large or small—will help King'sBridge employees and their children or grandchildren start the school year well.

For more information, contact Brandy Robinson at (770) 845-0947.

## Exercise Options

### Monday

**BAM with Bradford**  
@ 10:00 AM in the Pavilion  
**Seated Yoga Class with Darlene**  
@ 4:00 PM in the Pavilion

### Tuesday

**SeniorFit with Bradford**  
@ 10:00 AM in the Pavilion  
**Tai Chi with Lindsay**  
@ 3:00 PM in the Pavilion

### Wednesday

**Strength and Balance Class with Darlene**  
@ 4:00 PM in the Pavilion

### Thursday

**SeniorFit with Bradford**  
@ 10:00 AM in the Pavilion

**The older I get, the tighter  
companies put the lids on jars!**

### **The Next Fun Thing**

What a way to kick off July! We're still talking about the incredible fireworks show that lit up the skies over King'sBridge. It took a true team effort—from planning and choreography to setup, music, and cleanup—to make the evening such a memorable success. A heartfelt thank-you to **Carolyn Davis, Alex Malone, Jharis Jones, Jimmy Crawford, Marcia Bogues, Tasha Holman, Vonceil Driver**, and everyone else who helped make the celebration such a spectacular event!

This week Join us on **Thursday, July 16**, as we celebrate an early   **National Ice Cream Day** with a visit from the **Atlanta Ice Cream Truck** from **2:30–3:30 PM!** Meet us outside by the **front circle**, treat yourself to your favorite ice cream, and bring a friend along. It's the perfect excuse to get outside, enjoy a sweet treat, take a stroll through our beautiful community, and spend time with neighbors. We hope to see everyone there!

## Spiritual Options

### Sunday

**KING'SBRIDGE SUNDAY SCHOOL**  
@ 10:00 AM in the Living Room  
Hymn: "Breathe on Me Breath of God"  
Teacher: Alyson Perez from Luke 19  
Lesson: "Extending Grace"  
Join us for singing, study, and prayer

**VESPERS WITH GUEST SPEAKER SARA HAMBY SPICKLER**  
DAUGHTER OF FORMER RESIDENT **JANE HAMBY**  
@ 4:00 PM in the Pavilion

Sara has a beautiful story to tell!  
Come, be encouraged!

### Thursday

**BIBLE STUDY WITH CHAPLAIN LEE SHAW**  
@ 3:00 PM in the Living Room

We will finish Hebrews 10 and start our walk through the Hall of Faith in Hebrews 11.

### Friday

**CATHOLIC COMMUNION WITH DEACON BOB**  
@ 10:00 AM in the Living Room

### **Survey Time!**

A resident survey was placed on your door this past week. It isn't anonymous, so please include your **name and apartment number**. The survey is short and asks about technology, apartment appliance use, and a few fun to know questions.

Please return your completed survey by **Friday, July 31** to **Edde Johnson** or place it in the **floral box** between the Wellness Center and Edde's office. Thank you for helping us better serve our community!

## **What Else is New This Week?**

### Saturday

 **Movie: *Wicked: For Good Part 2***  
**7:00 PM | Living Room**

The story continues in *Wicked: For Good*, the long-awaited second chapter of the beloved Broadway musical. As Elphaba and Glinda's friendship is tested by destiny, power, and difficult choices, the film brings the unforgettable story of Oz to its emotional conclusion. Filled with spectacular music, dazzling performances, and heartfelt moments, *Wicked: For Good* is a magical finale you won't want to miss.  

## What Else Is New This Week?

### Monday

  **Resident Council Meeting**  
3:00 PM | Higgins Board Room

Resident Council representatives will meet this week. If you have **ideas, suggestions, or feedback** to share, please speak with your representative before Monday's meeting. They will be happy to bring your thoughts to the Management Team.

### Tuesday

  **Coffee Break with Jake**  
10:30 AM | Tapestry Room  
(Appointments Only)

Director of Dining Services **Jake Warren** sets aside time each month to meet one-on-one with residents. Whether you have **ideas, questions, feedback, or words of appreciation** about Dining Services, schedule a 10-minute appointment and enjoy a conversation over coffee.

**SIGN UP IN THE MAIL CENTER**

  **Lunch Bunch to Nova Cucina**  
(Just Across the Street!)  
11:00 AM | Leaving from the Main Lobby

Everyone is talking about **Nova Cucina**, King'sBridge's newest dining neighbor! Featuring authentic Italian favorites such as handcrafted pasta, wood-fired pizzas, fresh salads, and classic entrées, it's quickly becoming a local favorite. Although it's just across the street, **transportation will be provided** for those who would rather ride.

*Of course, you're welcome to walk over if you prefer!*

**SIGN UP IN THE MAIL CENTER**

### Wednesday

  **Book Lovers Club**  
1:00 PM | 6th Floor Center Lounge

Found a great book? Looking for your next one? Join fellow readers as they share recent favorites, hidden gems, and lively conversation. Every meeting is different because every reader brings a new story to the table.

  **Technology Class on Viibrant,**  
our King'sBridge Communication Portal  
with Alex and Jamar  
3:00 PM | Living Room

Not signed up for **Viibrant** yet? This class will help you get started! Learn how to view **The Crest**, the monthly calendar, weekly menus, submit work orders, and more—all from your phone, tablet, or computer. Alex and Jamar will help you get connected.

## What Else Is New This Week?

### Wednesday continued

  **Educational Lecture: Art History with**  
**Professor John Tilford**  
"The Amy Sherald Exhibition at the High Museum"  
6:30 PM | Living Room

Professor John Tilford returns with another fascinating Art History lecture. His engaging presentations bring artists, masterpieces, and history to life, leaving audiences inspired and eager to learn more.

### Thursday

  **Flower Arranging**  
10:30 AM | Bistro

Help create the beautiful floral arrangements that brighten our Dining Room, First Floor hallway, and Front Desk. No experience is necessary—there's a place for everyone to lend a hand!

  **Celebrate Sandy Souther's**  
**102nd Birthday!**

1:00–2:30 PM | Living Room



Join us as we celebrate **Sandy Souther's 102nd birthday** a few days early! Stop by to share your smiles, warm wishes, and perhaps a birthday card. No gifts are needed—your presence will be the best present of all.

### Friday

  **Shopping Trip to Target**  
11:00 AM | Leaving from the Main Lobby

Get ready for next week's **Back-to-School Drive!** Pick up a few school supply bargains to donate, then enjoy some shopping for yourself before we head home.

**SIGN UP IN THE MAIL CENTER**

   **The Great King'sBridge Round-Up!**

Some of our **Bistro coffee cups**, **Dining Room cloth napkins**, **green reusable to-go containers**, and maybe even a **grocery cart or two** have wandered away from home! If you happen to have any of these visiting your apartment, we'd love to welcome them back.

No questions asked. No judgment. Total amnesty! 😊  
Feel free to return them to the Dining Room, Bistro, or Front Desk—or load everything into one of our grocery

## This Week's Entertainment

### Saturday

🎵 🎸 Music to My Ears:  
"Tropical Summer Music"  
1:30 PM | Pavilion

Valerie Miller and her talented singers return with another fun, creative, and informative program! This month's "Tropical Summer Music" takes us on a musical getaway to the Florida Keys, Jamaica, Mexico, Hawaii, and the California coast with beach-inspired favorites, Beach Boys classics, *Summer Breeze*, and more. It's the perfect summer escape without leaving King'sBridge!

### Monday

🎹 🎸 Judy Boehm & Brent  
2:00 PM | Pavilion

Judy and Brent are back with another lively afternoon of music! With Judy at the piano (and sometimes the accordion) and Brent on the drums, trumpet, and even harmonica, these two sound like a much larger band. Be ready to sing along—and don't forget to brush up on the lyrics to "Butter Beans!"

### Thursday

🎷 🎸 Craig Hembree  
2:00 PM | Pavilion

Craig Hembree returns with a wonderful variety of music spanning easy listening, soft rock, country, jazz, and timeless favorites. Every performance is a little different, so you're sure to hear something you love—and perhaps even discover a new favorite along the way.

Thank you

From the Heart...

King'sBridge is such a special place! Especially on one's birthday. Thank you to all for the well wishes and especially for all the birthday cards.



Linda Lu Harding

## Weekly Scheduled Options

### Saturday

Board Games @ 2:30 PM in the Bistro & Living Room  
Movie @ 7:00 PM in the Living Room

### Sunday

TV Watching ~ "The House of Elliott" @ 7:00 PM in the Living Room

### Monday

Board Games @ 7:00 PM in the Living Room

### Tuesday

Mahjong @ 10:45 AM in the 6th Floor East Lounge  
Men's Group @ 1:30 PM in the Patio Lounge  
Mexican Train Dominoes @ 6:30 PM in the Living Room

### Wednesday

Publix @ 9 AM loading from the Front Lobby  
Kroger @ 10 AM loading from the Front Lobby

### Thursday

Board Games @ 2:30 PM (4th Floor East Lounge)  
Mexican Train Dominoes  
@ 6:30 PM in the Living Room

### Friday

Mahjong for Beginners @ 10:30 AM in the 6th Floor East Lounge  
Poker @ 1:30 PM (6th Floor West Lounge)  
Pattern Bingo @ 3:00 PM in the Pavilion  
Social Gathering @ 4:00 PM (West Patio)

### 🔧 ⚙️ Maintenance Update



Several maintenance projects are underway.  
Please note the following:

- **Elevator Flooring:** Beginning **Monday, July 13**, the tile flooring in the elevators will be removed and replaced with temporary flooring until new carpet is installed. This work will take place during the evening hours.
- **Carpet Cleaning:** The **4th, 5th, and 6th floor** carpets will be professionally cleaned on the night of **July 16**. To help keep our light-colored carpets looking their best, please notify the **Front Desk immediately** if a spill occurs so it can be spot cleaned.
- **Air Filters:** Due to a backorder, there were not enough air filters to complete every apartment. Once the remaining filters arrive, Maintenance will replace filters in the **1st, 4th, and 5th floor** apartments that were missed.