



August 22nd - 28th, 2026

King'sBridgeCrest



Connection Matters: Helping Hands, Caring Hearts

Something wonderful happens when we reach out to help another person: we connect. What begins as lending a hand can grow into conversation, friendship, purpose, and a sense of belonging. Helping others gets us involved, brings people together, and reminds us that what we do still matters.

We see that spirit already at King'sBridge. Our Sandwich Ministry brings residents together to prepare food for those experiencing homelessness. We collect plastic grocery bags that are put to good use when sandwiches and snacks are distributed. And soon, residents will gather to make no-sew blankets for children who could use a little extra warmth and comfort. These may seem like simple acts, but together they make a meaningful difference.

And we're just getting started.

There are many ways to share the talents, experience, compassion, and time gathered over a lifetime—and sometimes the greatest surprise is how much we receive when we give. In the months ahead, we hope to introduce even more ways to connect with and serve others, both inside King'sBridge and throughout our greater community.

Your next opportunity to make a difference may be closer than you think.



A Little Reminder from a Neighbor

We've had a few falls around our community recently, and sometimes the simplest precautions can make a big difference. Taking our time, especially when getting up during the night, and wearing shoes or slippers with good grips can help us stay steady on our feet.

Resident Betty Lemmons put the reminder into words much more creatively:

Always if to bathroom you go,
Wear shoes with grippers and be slow.
Bare feet on tile is a risk you don't take,
Lest you slip, fall, and get a bad break!

Thank you, Betty, for the clever reminder! Slow down, grip the ground, and stay
safe, King'sBridge!

If you can't think of a word, say, "I forgot the English word for it." That way, people will think that you're bilingual instead of an idiot.

Exercise Options

Monday

BAM with Bradford
@ 10:00 AM in the Pavilion
No Seated Yoga in the Pavilion

Tuesday

SeniorFit with Bradford
@ 10:00 AM in the Pavilion

Tai Chi with Lindsay
@ 3:00 PM in the Pavilion

Wednesday

Strength and Balance Class with Darlene
@ 4:00 PM in the Pavilion

Thursday

SeniorFit with Bradford
@ 10:00 AM in the Pavilion

Look What We Found!

Yes, the rumors are true...**Edde's office is clean!** With a lot of help from Mary Moccia, we tackled the office and even uncovered a few treasures along the way.

One surprise was a collection of stamps that we'd love to pass along. If you are a stamp collector—or know someone who is—please see Edde and take a look. They're available to anyone who would enjoy them.

Who knew cleaning an office could turn into a treasure hunt?

Ink-Link Pals: A Letter Just for You!

Imagine receiving something each month that's not a bill, advertisement, or request for money—but an actual handwritten letter just for you! Join our Ink-Link Pals and exchange one letter a month with a 4th or 5th grader from The GLOBE Academy, ending the school year with a special meet-and-greet with your pen pal.

Jeanne Johnson-Whatley will be here September 2 at 11:00 AM in the Living Room to sign up just 10 residents for this year's program. No postage required—Jeanne hand-delivers the letters between King'sBridge and The GLOBE Academy. All we ask is one printed letter each month and a commitment through the school year.

Ten students are waiting. Could one of them be waiting for you? 

Spiritual Options

Sunday

KING'SBRIDGE SUNDAY SCHOOL
@ 10:00 AM in the Living Room

Hymn: "Come Thou Fount of Every Blessing"
Teacher: Alyson Perez from 1 Corinthians 12:12-24

Lesson: A Way to Serve

Join us for singing, study, and prayer

VESPERS

@ 4:00 PM in the Pavilion

Chaplain John Shinn will be speaking on
"Last Days: Living Purposely" from Jude 20-25

Thursday

BIBLE STUDY WITH CHAPLAIN JOHN SHINN
@ 10:00 AM in the Living Room

"A Christ Principled Life" from Hebrews 13

Friday

CATHOLIC MASS WITH FATHER DAVID
@ 10:00 AM in the Living Room

What's New This Week?

Saturday

  **Movie: *One Flew Over the Cuckoo's Nest* (1975)**
7:00 PM | Living Room

Starring Jack Nicholson in one of his most memorable roles, this Academy Award-winning classic follows the rebellious Randle McMurphy as he challenges the rules—and the formidable Nurse Ratched—inside a psychiatric hospital. At times funny, heartbreaking, and thought-provoking, it's a powerful story about friendship, individuality, and the human spirit.

Rated R | Mature themes and language

Monday

  **Technology Class with Alex & Jamar**
10:45 AM | Living Room

Have a question about your smartphone, tablet, iPad, Kindle, or laptop? Bring your device and let Alex and Jamar help! Whether it's a quick fix or something you'd like to learn how to do, they'll work with residents individually to help make technology a little less frustrating.

What Else is New This Week?

Monday continued

Settling In with Chaplain Lee Shaw

Mondays | 10:45–11:30 AM | 4th Floor Library

This small-group conversation is designed for invited residents who are new to King'sBridge and adjusting to the transition from a longtime home to retirement community living. If you **received an invitation from Chaplain Lee, we hope you'll** join him for this meaningful time together.

Tuesday

ALPHA HEARING IS HERE TODAY IN THE 4TH FLOOR EAST LOUNGE
1:00 - 4:00 PM

SIGN UP IN THE MAIL CENTER

Cooking Class with Jake - "Soup's On!"

2:00 PM | Dining Room

Cool down with some delicious cold soups, perfect for the final days of summer! Come to learn how they're made—or simply come for the tasting, fellowship, and fun. **There's room for everyone at Jake's table!**

SIGN UP IN THE MAIL CENTER

Tai Chi – Time to Celebrate Success!

3:00 PM | Pavilion

Let's celebrate everyone who participated in all four Tai Chi classes! Lindsay will be rewarding those who attended all four classes. Since one class was canceled, you will still receive credit for that class. Residents can either pick up their gift card or sign up for the lunch trip on Friday to Babinelli's Italian Restaurant for a free meal courtesy of King'sBridge.

Wednesday

Craft Corner with Darlene

11:00 AM | Living Room

Create a beautiful bookmark using dried flowers! Make one for yourself or as a thoughtful gift for a friend. No experience needed—just come ready to create!

SIGN UP IN THE MAIL CENTER

September Calendar Reveal

1:00 PM | Living Room

Come pick up your fresh, printed September calendar and see all the fun activities happening throughout the month! There's lots to look forward to!

What Else Is New This Week?

Birthday Bash Celebration featuring Live Music with Bill Gleeson

2:00 PM | Pavilion

(See back page for more information.)

August Birthday Celebration

5:00 PM | Main Dining Room

All residents celebrating an August birthday are invited to dine together at our special birthday table. Enjoy dinner with your fellow celebrants while friends and neighbors stop by to wish you one more **"Happy Birthday!"** as we close out the month.

Thursday

Flower Arranging

10:30 AM | Bistro

Help create the fresh arrangements that brighten King'sBridge. No experience needed—newcomers are always welcome!

Sandwich Ministry

1:00 PM | Bistro

Join our assembly line as we make sandwiches for those experiencing homelessness in Atlanta. Many hands make quick work, and everyone is welcome!

Friday

Lunch Bunch to Babinelli's Italian Restaurant

Leaving @ 11:00 AM | Front Main Lobby

Join the Lunch Bunch for a taste of Italy at Babinelli's! Enjoy classic Italian favorites, including pasta, pizza, and other hearty dishes, while sharing a relaxed lunch with friends. Good food and good company—what more could you ask for?

SIGN UP IN THE MAIL CENTER

Drop-In Birthday Celebration

Celebrating Barb Connelly's 95th Birthday

1:00–2:30 PM | Living Room

Barb's family invites all of King'sBridge to drop by and wish her a very Happy 95th Birthday! Barb has celebrated **13 wonderful birthdays at King'sBridge**, but this one is extra special. Stop in, share a smile and a birthday wish, and help make 95

This Week's Entertainment

Saturday

🎷 🎵 **The New Vintage**

2:00 PM | Pavilion

It's one of our favorite Saturdays! Matthew Smith and J.T. Alesse return with the beautiful harmonies and familiar songs of Simon & Garfunkel, the Everly Brothers, the Beatles, and more. The Pavilion fills quickly for this King'sBridge favorite, so come early, find your seat, and enjoy!

Wednesday

🎂 🎵 **Bill Gleeson – August Birthday Celebration**

2:00 PM | Pavilion

It's birthday celebration time! Join Bill Gleeson for an afternoon of music as we honor all of our residents celebrating August birthdays. There will be music, cake, and plenty of fun—and remember, **you don't need an August** birthday to join the party!

Thursday

🎹 🎷 **Judy Boehm with Del**

2:00 PM | Pavilion

Our own "Belle of King'sBridge" returns! Longtime favorite Judy Boehm brings her musical talent, warm smile, and special guest Del for an afternoon of familiar music and fun. Come enjoy a delightful Thursday concert with a performer who always feels right at home at King'sBridge.



🍀 😊 **Who IS This Smiling Face?**

This cheerful character has been hanging around King'sBridge for quite some time—literally! Some say he, some say she, but everyone agrees on one thing: our smiling friend needs a name!

So, King'sBridge residents, the job is yours. Submit your funniest, cleverest, or most fitting name in Round One of our Name That Face Contest!

We'll collect the suggestions, choose the finalists, and then YOU will vote to determine the winning name.

Take a good look at that face. The glasses...the flowers...that smile. What name do you see?

Weekly Scheduled Options

Saturday

Board Games @ 2:30 PM in the Bistro & Living Room

Movie @ 7:00 PM in the Living Room

Sunday

TV Watching ~ "The House of Elliott" @ 7:00 PM in the Living Room

Monday

Board Games @ 7:00 PM in the Living Room

Tuesday

Mahjong @ 10:45 AM in the 6th Floor East Lounge

Men's Group @ 1:30 PM in the Patio Lounge

Mexican Train Dominoes @ 6:30 PM in the Living Room

Wednesday

Publix @ 9 AM loading from the Front Lobby

Kroger @ 10 AM loading from the Front Lobby

Thursday

Board Games @ 2:30 PM (4th Floor East Lounge)

Mexican Train Dominoes

@ 6:30 PM in the Living Room

Friday

Mahjong for Beginners @ 10:30 AM in the 6th Floor East Lounge

Poker @ 1:30 PM (6th Floor West Lounge)

Pattern Bingo @ 3:00 PM in the Pavilion

Social Gathering @ 4:00 PM (West Patio)

📦 🗨️ **What's Up at Waldrop's?**

There are some new helping hands at Waldrop's! Residents Carolyn Walker and Geo Daniels are volunteering to help price and shelve merchandise, keep an eye on inventory, and communicate with staff about items residents would like to see in the store.

They have your suggestions from the recent survey, but keep the ideas coming! A suggestion sheet is available in Waldrop's for items you'd like us to consider.

A special kudos to Geo and her husband, Dick, for the recent makeover and organization of the store—it looks great! Stop by and check it out, and while you're there, take a look at the many, many birthday cards available for just 50¢ each! At that price, you might want to stock up!