Should I Post This Online?

Think before you post or comment online.

> Is this something I might regret in the future?

Here's an important thing to keep in mind when you're commenting or posting online: once it's out there, it can stick around forever, even if you try to delete it. That post you made as a teen might come back to haunt you when you're older or trying to build your adult life.

Before you hit that "post" button, ask yourself: Am I okay with these comments, posts, or images following me into adulthood? It's all too easy to get caught up in the moment and forget about the long-term impact of what you're sharing.

Remember, what you post online can shape how others see you and can even affect your future opportunities. So, take a moment to consider the consequences before sharing something that you might regret later.

Stay mindful of your digital footprint, and think before you post! Stay savvy and responsible online!

Choose dialogue over drama, and let's work towards resolving conflicts peacefully and constructively.

Stay cool-headed and considerate online!

Indigenous Women & Inclusive Communities
Virtual Resource Centre