

VITA

COFFEES & MATCHAS

VANILLA INFUSION	4.50	THE MATCHA CLUB	5
iced latte with sweet vanilla syrup		iced matcha latte mixed with the syrup of your choice	
CRÈME DE NOISETTE	4.50	MATCHA AMOUR	5.50
iced latte with sweet hazelnut syrup		iced matcha latte layered with strawberry pure, mixed in with our perfectly sweetened strawberry syrup	
CARAMEL SALÉ	5.50		
chilled espresso with milk and caramel syrup, topped with our signature cold foam with caramel drizzle			
ESPRESSO	2.50		
DOUBLE ESPRESSO	3.25		
MACCHIATO	3.00		
CAPPUCCINO	3.75		
LATTE	4		
AMERICANO	3.95		
MATCHA LATTE	5.25		

COLD FOAMS | +1.00

- CARAMEL
- VANILLA
- HAZELNUT
- STRAWBERRY

SWEETENERS | +0.50

- VANILLA
- CARAMEL
- HAZELNUT
- HONEY
- MAPLE SYRUP

MILKS

- ALMOND MILK
- 2% MILK
- OAT MILK
- MACADAMIA MILK +0.50

SMOOTHIE BAR menu



VITA

PROTEIN SMOOTHIES | 12

MAISON PB

strawberry, banana, peanut butter, GFW chocolate or vanilla protein, almond milk
30g protein

THE ESPRESSO EDIT

banana, espresso, peanut butter, GFW chocolate or vanilla protein, almond milk
31g protein

VITA VERDE

mango, spinach, red apple, ginger, collagen, GFW vanilla protein, almond milk
32g protein

CHEESECAKE MUSE

strawberry, cottage cheese, cinnamon, GFW vanilla protein, almond milk, topped with strawberry puree and graham crackers
41g protein

BERRY ROYALE

blueberry, strawberry, avocado, almond butter, GFW vanilla protein, almond milk
27g protein

DAILY DATE

banana, dates, peanut butter, cinnamon, GFW vanilla protein, almond milk
30g protein

GOLDEN BLEND

orange, mango, pineapple, GFW vanilla protein, almond milk
24g protein

PROTEIN OPTIONS

- ATP VEGAN +\$0.50
- ATP ISOLATE +\$0.85
- ATP SUPREME BEEF +\$1.00

ALL DAY SMOOTHIES

ROSÉ PALMS

10

dragon fruit, mango, pineapple, coconut milk, coconut water

IMMUNITÉ

10

pineapple, mango, orange, ginger, coconut water

BLU VITALIS

11

banana, mango, pineapple, blue spirulina, hemp hearts, collagen, coconut water



BOWLS & BITES

NUT E NOIR

16.50

BASE: banana, cacao powder, peanut butter, almond milk

TOPPINGS: banana, blueberry, peanut butter, granola, chia seeds, chocolate shavings

ROSAÉ

16.50

BASE: dragon fruit, pineapple, strawberry, almond milk

TOPPINGS: kiwi, strawberry, coconut, granola, hemp hearts

L'AZURE

17.50

BASE: banana, pineapple, mango, blue spirulina, almond milk

TOPPINGS: banana, kiwi, blackberry, granola, coconut, chia seeds

VITA BITES

2.50/ea

gluten free oats, vanilla protein powder, cinnamon, chia seeds, hemp hearts, maple syrup, honey, sliced almonds, chocolate chips, peanut butter, almond milk



ADD ONS

- ATP LAB - GLUTAMINE +\$2.00
- ATP LAB - PRE WORKOUT +\$2.85
- ATP LAB - GFW +\$3.00 *
- ATP LAB - SUPREME BEEF +\$3.85 *
- ATP LAB - VEGAN +\$3.25 *
- ATP LAB - ISOLATE +\$3.50 *
- HEMP HEARTS +\$1.25
- CHIA SEEDS +\$1.25
- PEANUT/ALMOND BUTTER +\$1.50
- CREATINE +\$2.25
- COLLAGEN +\$2.50

* protein

TOASTS & SANDWICH

LE CLASSIQUE

9

avocado, lemon, olive oil, cucumber, everything bagel seasoning, alfalfa sprouts

CAPRESÉ FETA

9

avocado, cherry tomato, red onion, lemon, olive oil, basil, feta, balsamic glaze

SAUMON FUMÉ

12.50

avocado, goat cheese, smoked salmon, lemon, olive oil, red onion, dill

THE SIGNATURE TUNA

11

tuna, whole grain bread, avocado, lettuce, tomato, olive oil, lemon, dill, red onion, mayo, dijon

