

SUMMER DENTAL EMERGENCY KIT

Be ready for poolside spills, camp chaos & vacation oopsies!!

WHAT TO KEEP AT HOME (or in your travel bag!)



PAIN & SWELLING RELIEF

- IBUPROFEN OR ACETAMINOPHEN
- COLD PACK OR INSTANT ICE PACK IN CASE OF INJURY
- ORAL NUMBING GEL (EX/ Orajel if older than 4 years old)



TEMPORARY TOOTH FIXES

- ORTHODONTIC WAX (FOR BRACES WIRES OR BROKEN TOOTH EDGES)

KNOCKED-OUT TOOTH SUPPLIES



- SMALL SEALED CONTAINER/CUP (FOR KNOCKED-OUT TEETH!)
- MILK OR A TOOTH PRESERVATION KIT (LIKE SAVE-A-TOOTH)
 - IF A TOOTH GET'S KNOCKED OUT, KEEP IT IN MILK AND CALL DENTIST ASAP

CLEAN & COMFORT TOOLS

- GAUZE PADS & COTTON SWABS
- GLOVES (NITRILE OR LATEX-FREE)
- PLASTIC DENTAL MIRROR & SMALL FLASHLIGHT
- FLOSS, TRAVEL TOOTHBRUSH & TOOTHPASTE
- SALT PACKETS (FOR WARM SALT WATER RINSE)



EMERGENCY DENTIST CONTACT:

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♥ Stay safe & smile all summer long!

