My First Visit to Dan the Dentist!



Social Story Created by
Jasmine Griffith, BCBA
at EMIT Therapeutics Autism Services
400 Sheppard Rd. Voorhees, NJ



Hi! My name is ____.

Today, I'm going to visit Dr. Dan. He is a dentist. Dentists help keep our teeth strong and healthy!



When I get to Dr. Dan's office, I will walk in with ____.

There might be other people there too.

That's okay!









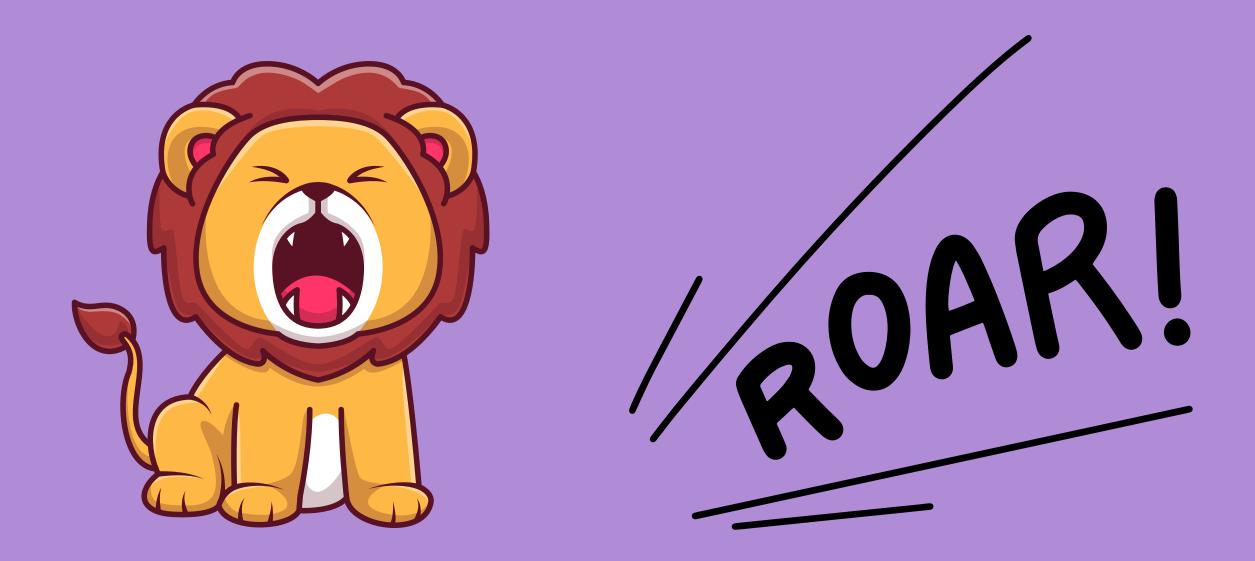
I can sit and play with toys while we wait. I might see books, blocks, or even bubbles! I can pretend I'm in an airplane with _____. That sounds fun!

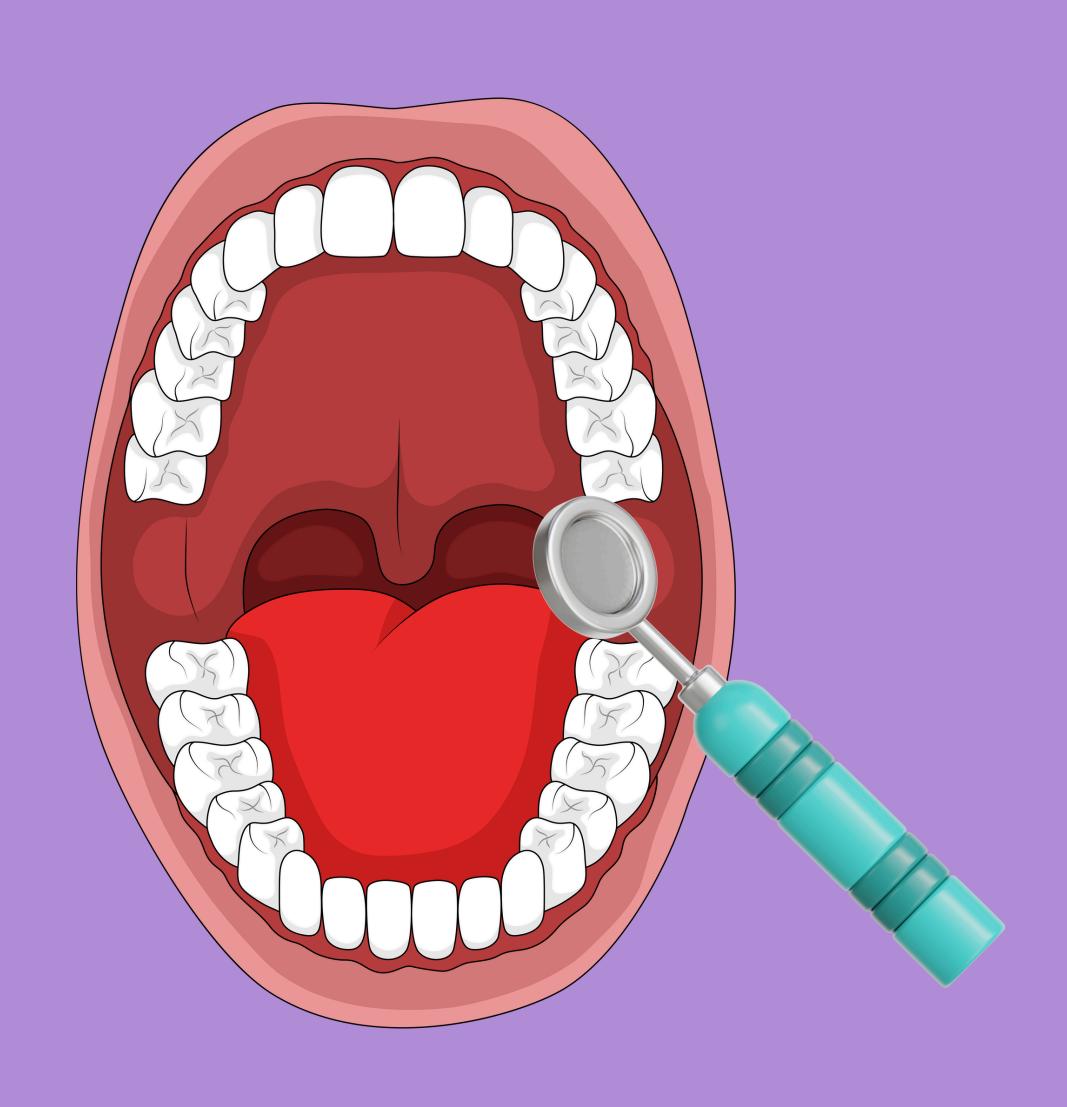


When it's my turn, I will go with _____ to meet Dr. Dan. He will wear a mask and gloves to keep everything clean. He will smile and say hi!



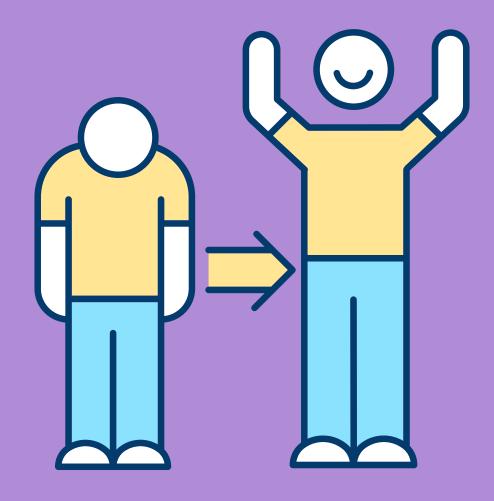
Dr. Dan will check my teeth, gums, and jaw. He wants to make sure everything is healthy and strong.



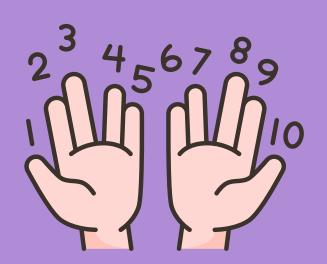


Dr. Dan might use a little mirror to look inside my mouth.

It won't hurt. I can open my mouth like a lion: ROAR!











If I feel a little scared, that's okay. To feel better, I have some choices:

- I can hold _____'s hand.
- I can hold a favorite toy.
- I can count to 10.
- I can take deep breaths.





When we're all done, Dr. Dan will say, "Great job!" I can pick a toy from the prize center. I will feel proud of myself!

Going to the dentist helps keep my smile shiny and clean. I did it! Yay me!