

My First Visit to Dan the Dentist!



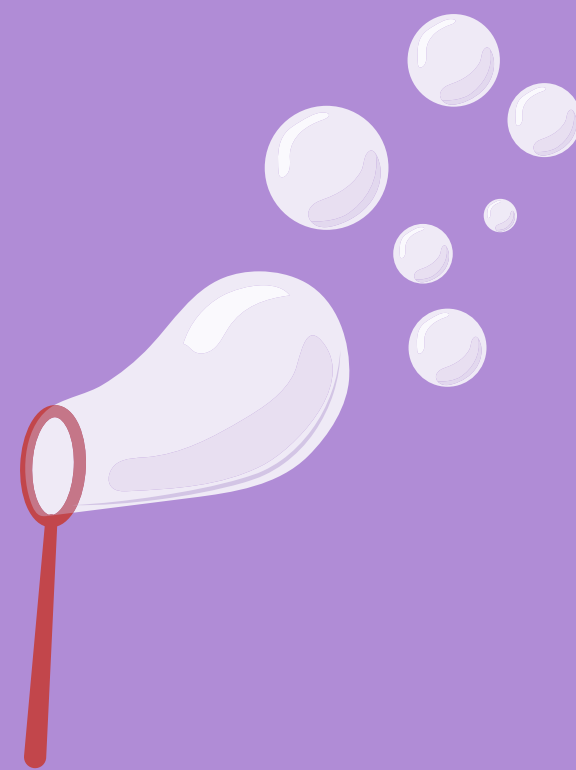
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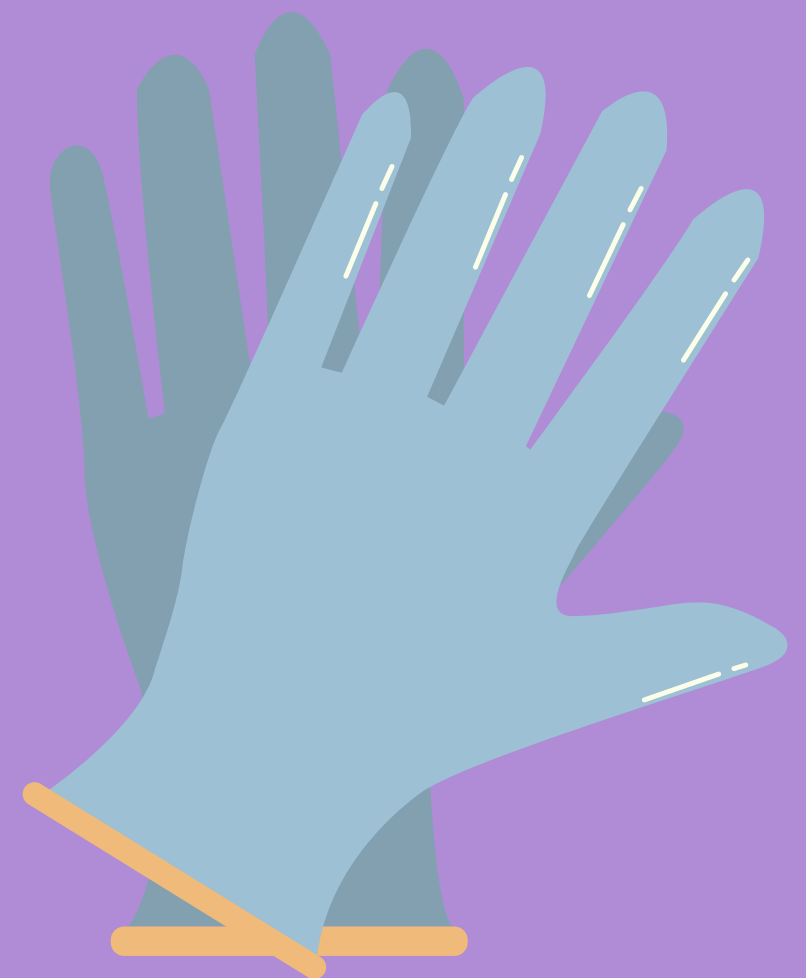
Hi! My name is _____.
Today, I'm going to visit Dr. Dan. He is a
dentist. Dentists help keep our teeth
strong and healthy!



***When I get to Dr. Dan's office, I will walk
in with _____.
There might be other people there too.
That's okay!***



I can sit and play with toys while we wait. I might see books, blocks, or even bubbles! I can pretend I'm in an airplane with _____. That sounds fun!



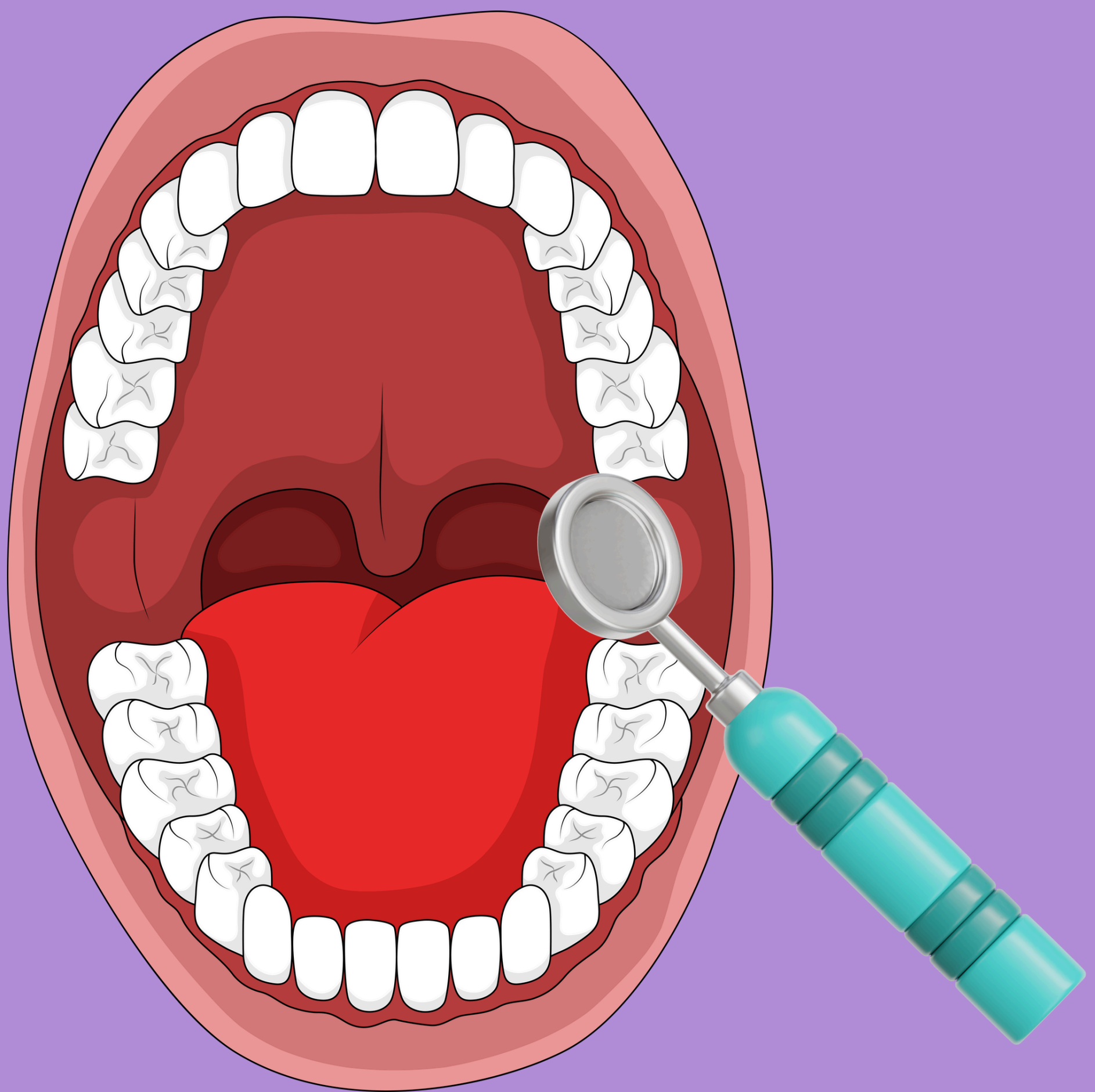
***When it's my turn, I will go with
_____ to meet Dr. Dan. He will
wear a mask and gloves to keep
everything clean. He will smile and say
hi!***



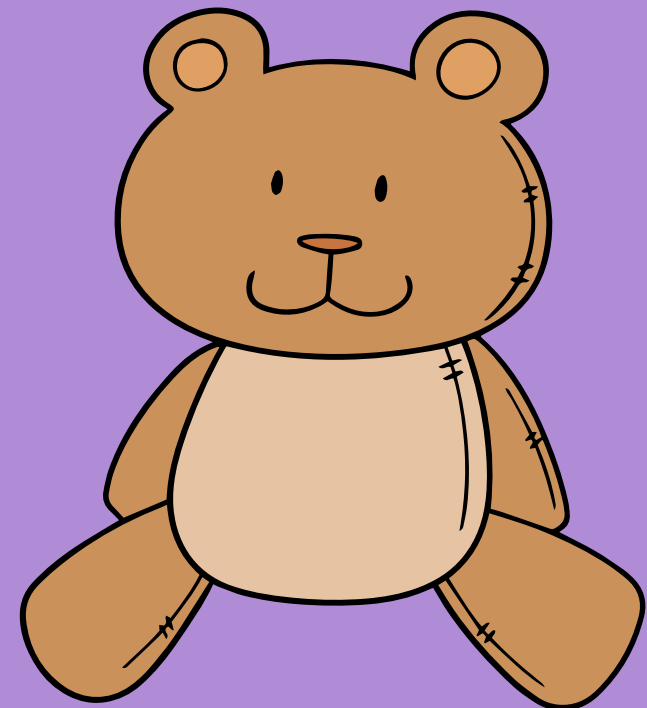
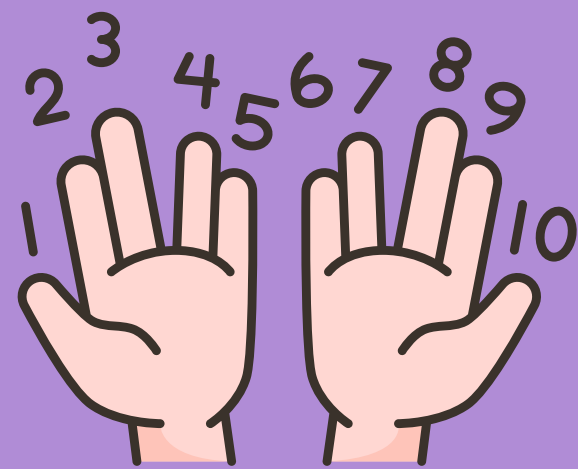
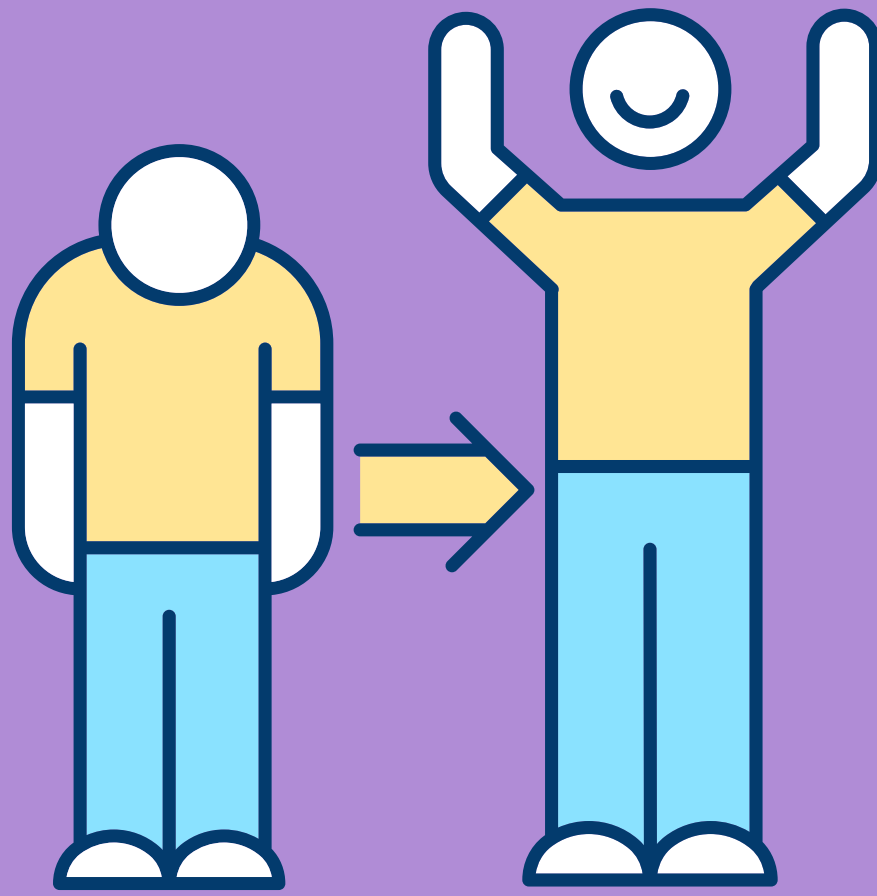
Dr. Dan will check my teeth, gums, and jaw. He wants to make sure everything is healthy and strong.



ROAR!



***Dr. Dan might use a little mirror to look
inside my mouth.
It won't hurt. I can open my mouth like
a lion: ROAR!***



If I feel a little scared, that's okay. To feel better, I have some choices:

- I can hold _____'s hand.***
- I can hold a favorite toy.***
- I can count to 10.***
- I can take deep breaths.***



***When we're all done, Dr. Dan will say,
"Great job!" I can pick a toy from the
prize center. I will feel proud of myself!***

***Going to the dentist helps keep my smile
shiny and clean. I did it! Yay me!***