



FibroScan Patient Instructions

What is FibroScan®?

FibroScan® is a non-invasive test used to evaluate the health of your liver. This test may be ordered if you have:

- Fatty liver disease (MASLD / NAFLD)
- Liver fibrosis or cirrhosis
- Elevated liver enzymes
- Hepatitis B or C
- Obesity-related liver disease

Why do I need a FibroScan®?

Your provider has recommended this test to check for signs of liver damage or fatty liver disease. Liver disease often has no symptoms, so this test helps us evaluate your liver safely and quickly.

Please arrive 10-15 minutes before your scheduled appointment time. If you must cancel or reschedule, please call us at **312-767-3244** or email us at **help@mdhngi.com** with at least **SEVEN** days notice.

Preparation

- Do not eat for **at least 3 hours** before your appointment, or **5 hours** if on a GLP-1 agonist (Semaglutide, Tirzepatide, Liraglutide, Dulaglutide)
- You may drink small amounts of water
- Take your usual medications unless told otherwise
- Wear comfortable clothing that allows access to the right side of your rib cage
- Food in the stomach can affect the accuracy of the test.

Fibroscan®

What happens during the test?

- The exam is performed by a trained staff member
- You will lie on your back with your **right arm above your head**
- Gel will be placed on the skin
- A small probe will be placed between your ribs on the right side
- You may feel a light tapping or vibration sensation
- The FibroScan® exam usually takes **5–10 minutes**.
- The test is painless.

Results

- Once the results are interpreted, a copy will be made available through the patient portal
- The provider who ordered the study for you will receive a copy of the results and will review the results with you at your visit or follow-up appointment.