

## WHILE YOU WAIT

#### Homemade focaccia £6.50

oil, balsamic, butter (wg, su, m)

#### Harlequin olives £4

# **STARTERS**

Soup of the day £9

with a crusty roll (v, m, wg)

**Smoked duck breast £10.50** cherry puree, pickled cherries (su)

Rosemary baked camembert £14

caramelised & crispy onions focaccia, salad (wg, m, su, mu)

Cider battered fish bites £9.50

with tartare sauce (e, su, f)

## **CLASSICS**

# Grilled courgette & Cornish blue cheese tart £16.50

pickled walnut dressing, rocket salad, toasted seeds (v, m, su, wg, n)

# Honey mustard glazed ham £17

chunky chips, two fried eggs (e, mu)

#### Pan fried seabass fillet £21

charred new potatoes, samphire and fine bean salad, split chive veloute (f, m, Su)

#### Cornish Mussels £18

cider mariniere, skinny fries (mo, su, m, wg)

#### Cider battered haddock £19

chunky chips, tartare sauce, minted pea puree, charred lemon (e, su, f)

#### Breaded chicken £18.50

chicken skin rosti potato, spinach, poached egg (wg, e, m)

# **BURGERS**

#### 6oz Cornish beef burger £17

brioche bun, emmental cheese, sun blushed tomato ketchup, burger sauce, baby gem, crispy onions, skinny fries (m, wg, su, e)

#### Halloumi burger £17

brioche bun, sun blushed tomato ketchup, baby gem, crispy onions, skinny fries (v, wg, su, e)

#### 'Moving Mountain' burger £17

vegan brioche bun, sun blushed tomato ketchup, burger sauce, baby gem, crispy onions, skinny fries (vg, wg, su, e)

# **SALADS**

#### Harrisa roasted cauliflower salad £12

chickpea, beetroot hummus, mint yoghurt and toasted seeds (v, m)

#### Above the Bay Signature Salad

#### Mango & goats cheese salad £14

pomegranate and toasted coconut, maple and siracha dressing (m)

### Heritage tomato salad £7.50

basil oil, balsamic dressing, rocket (ve, su)

#### Caesar salad £13

baby gem, anchovies, boiled egg, crispy ham, parmesan (f, e, m) add chicken £5

## **SIDES**

Skinny fries or Chunky chips £5

add cheese (m) £2.50

Mixed leaf salad with french dressing (su, mu) £ 7

Hunter's fries £9

bacon, cheese, BBQ sauce (su, m)

Allergen Key:

wg - wheat gluten | m - milk | e - egg | su - sulphites | mu - mustard | f - fish | mo - mollusc |

cr - crustacean | ve - vegan | v - vegetarian | n - nuts | tn - tree nuts