



WHILE YOU WAIT

Pigs in blankets (su,g) £5.00

Harlequin olives £4.00

**Homemade focaccia, balsamic & butter
£6.50(wg, su, m)**

SMALL PLATES

Roasted butternut squash soup £8.50

with a bread roll (wg,ve)

Tomato & mozzarella salad £7

with rocket, dried cranberries,
balsamic dressing (m, su)

Cider battered fish bites £9.50

with tartare sauce (e, su, f)

Chicken liver parfait £10.50

on toasted sourdough, cranberry
(e,m,su,wg)

Breaded brie £8

with cranberry dip, rocket, toasted
seeds (m, wg, e)

MAINS

Turkey & stuffing bap £13

with gravy dip, skinny fries (wg,e,m,su)

Moving mountain burger (Vegan) £17

with cranberry relish, skinny fries
(vg wg,su)

Cider battered haddock £19

with chips, tartare sauce, peas,
(e,su, f)

Festive burger 6oz Cornish beef £17

with camembert, cranberry relish,
skinny fries (m,wg,su)

Honey roasted ham £17

with Koffmann chips, 2 hens'
eggs (e,su)

Pan-roasted sea bass £19.85

with fondant potato, buttered sprout
tops, cranberry & red wine butter,
toasted hazelnuts (f,m,su,n)

SANDWICHES

Brie cranberry & rocket £12

(m,wg,su)

Honey roast ham & Cheddar £10

(m,wg,su)

Turkey, bacon, stuffing & cranberry

£11 (wg,su)

Chicken, bacon & tarragon mayo

£10.50 (wg,e)

Smoked salmon £14

with cream cheese & rocket
(f,m,wg))

Fish finger sandwich £14.50

with tartare, baby gem and served
with chips (f,wg,e)

PIZZA

Margherita pizza £12.50

(m,wg)

Festive pizza £15

pigs in blankets, stuffing,
mozzarella, cranberry drizzle
(m,wg,su)

FRIES

Christmas fries £9.50

pigs in blankets, stuffing, gravy
& cranberry (m,wg,su)

Skinny fries £5.00

Chunky chips £5.50
add cheese (m) £2.50

JACKET POTATOES

Tuna £10 (f)

Beans £8.50

Cheese £9 (m)

**Turkey, bacon, stuffing &
cranberry £12 (wg,su)**

DESSERTS

Clementine tart £8

with white chocolate sorbet (wg,m,e)

Chocolate yule log £7.50

with winter berries (wg, su, m, e)

Christmas pudding £7.50

with brandy cream (vegan option available) (wg, su, m)

Cinnamon panna cotta £8

with mulled berry compote and shortbread (m,wg)

Parking: Please don't forget to register your car before you leave
(if you haven't already done so) to avoid a fine

Allergen Key:

wg – wheat gluten | m – milk | e – egg | su – sulphites | mu – mustard | f – fish | mo – mollusc |

Sunday Lunch



SMALL PLATES

Soup of the day
served with a bread roll

8.75

Cider battered fish bites (F, SU, E)
tartar sauce, charred lemon

9.50

Breaded Brie Bites (G, m, e)
Cranberry mayo, rocket, toasted seeds

8

CARVERY

Head to our carvery to find out **today's selection of meats**

19

or

order your **nut and butternut squash roast** (V, N, G, M)

18

with our waiting team

BIG PLATES

Pan fried Seabass (M, F, Su, N)

18

Fondant potato, buttered sprouts, red wine and cranberry butter, hazelnuts

Moving Mountains Burger

(V, M, SU, WG) 16

Brioche bun, baby gem, cranberry relish, chips

DON'T FORGET TO CHECK OUT OUR DESSERT MENU!

Parking: Please don't forget to register your car before you leave (if you haven't already done so) to avoid a fine



If you have a food allergy or special dietary requirement, please inform a member of staff

Allergens - we are not an allergen free kitchen or bar. Cross contamination could occur, and we are unable to make any guarantees that any food item can be completely allergen free.

G - Gluten | Ce - Celery/Celeriac | Cr - Crustaceans | E - Eggs | F - Fish | Lu - Lupin | M - Milk | Mo - Molluscs | Mu - Mustard | N - Nuts | P - Peanuts
Se - Sesame | So - Soups | Su - Sulphites | V - Vegetarian | Ve - Vegan | Gluten Free options available | VGO - Vegan Alternative Optional



Above The Bay

FALMOUTH

CHILDRENS MENU

MAINS

Fish Goujons, Chips and Peas (F) - 8

Chicken Goujons,
Chips & Beans (G, Su, E) - 8

Plant Based Sausage, Chips,
Peas or Beans (G, Su, V) - 8

Tomato Pasta (E, G) - 6

DESSERTS

Brownie & Ice Cream (E, G, M) - 4

Cornish Ice Cream (M) - 4

T&C'S

ONE KIDS' MAIN MEAL FOR £1 WITH EVERY ADULT
MEAL COSTING £12.50 OR MORE.

KIDS' MEAL INCLUDES MAIN ONLY - DESSERTS
AND DRINKS NOT INCLUDED.

FOR CHILDREN AGED 12 AND UNDER.

DINE-IN ONLY. NOT VALID WITH OTHER OFFERS.

OFFER MAY BE WITHDRAWN OR CHANGED AT
ANY TIME.

If you have a food allergy or special dietary requirement, please inform a member of staff

Allergens - we are not an allergen free kitchen or bar. Cross contamination could occur and we are unable to make any guarantees that any food item can be completely allergen free.

G - Gluten | Ce - Celery/Celeriac | Cr - Crustaceans | E - Eggs | F - Fish |
Lu - Lupin | M - Milk | Mo - Molluscs | Mu - Mustard | N - Nuts | P - Peanuts |
Se - Sesame | So - Soya | Su - Sulphites | V - Vegetarian | Ve - Vegan
Gluten Free options available



KIDS
EAT
FOR £1