

ABOVE THE BAY BREAKFAST MENU

BREAKFASTS

ON MALTED OR WHITE TOAST

FULL CORNISH 12.75

Bacon, sausage, hogs pudding, hashbrowns, eggs, mushroom, tomatoes and beans (wg,e,su)

VEGGIE BREAKFAST 12.75

Veggie sausages, tomatoes, mushrooms, hashbrowns, eggs and beans (v,e,su,wg)

SMOKED SALMON MUFFIN 14

Cream cheese capers, lemon olive oil (wg,m,f,su)

SMOKED MACKEREL HASH 12

Bacon, poach egg, lemon butter (f,e,m,su)

HOMEMADE BUTTER BEANS 10

In tomato sauce, on herb toast (wg)

FREE RANGE 3-EGG OMELETTE 10

Mature cheddar, cherry tomatoes (e,m)
add ham 2

SMASHED AVOCADO 10

2 poached eggs on focaccia (e,wg)

WAFFLES 10

Fresh berries, clotted cream, spicy honey (wg,m,e)

NATURAL YOGHURT 7

Fresh fruit & granola (m,wg)

PORRIDGE 6.50

Homemade berry compote (m)

TOASTED TEA CAKE 4

Butter and jam (wg,su)

SANDWICHES

ON MALTED OR WHITE BREAD OR ON A BAP

GOLFERS SANDWICH 10.50

Bacon, sausage, fried egg (wg,e,su)

SAUSAGE SANDWICH 7.50

(wg,su)

BACON SANDWICH 7.50

(wg)

EXTRAS

BACON 1.50

SAUSAGE 1.50

(wg,su)

HASH BROWN 0.75

(su)

HOGS PUDDING 0.80

(wg)

EGG 0.75

(e)

Allergen Key:

wg – wheat gluten | m – milk | e – egg | su – sulphites | mu – mustard | f – fish | mo – mollusc
cr – crustacean | ve – vegan | v – vegetarian | n – nuts | tn – tree nuts