

ASPIRE

FOR SKATERS AGES 5 - 10



FALL 2025

SEPTEMBER 15 - DECEMBER 19

**No classes October 3 & November 17, 21, 24 & 28*

The Aspire Program marks the transition from skater to figure skater and teaches athletes ages 5 - 10 the skills they need to make the most out of their figure skating journey. Aspire offers skaters an affordable, comprehensive package program in a safe and supportive group training environment. Skaters will learn proper skill development and training technique while sampling different skating opportunities and fine-tuning their fundamental skating skills.



Mondays 4:30-4:50pm: Off-Ice

Program consists of dynamic warm-up, stretching and off-ice jumps.

Mondays 5:00-5:30pm: On-Ice

Program will teach the basics of stroking, edges and Skating Skills

Fridays 5:30-6:20pm: On-Ice

Program consists of 50 minutes of on-ice instruction. Participants are divided into groups based on skill level, covering spins, edges and jumps.

Introductory Ballet ****Optional****

We strongly encourage our Aspire Skaters to take advantage of this option to learn introductory Ballet!

Ballet with Bella Miller: Details Coming Soon!
You can pay by cash, check or Venmo: (@belladmillar)

**The full fall payment must be paid to Bella prior to the first day of classes. Ballet will run concurrently to Fall Aspire. Dates & Times Coming Soon!*



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